

Missionary Worker.

Vol. 7.

LONDON, WEDNESDAY, JANUARY 7, 1902.

No. 1.

THE GOOD HEALTH SCHOOL AT BIRMINGHAM.

RECENTLY a Good Health School was held in the Central Hall, Birmingham, and although it was near the holiday season, and consequently an unfortunate time in which to hold such meetings, the attendance was good from the first, and the interest shown by the people was excellent in every respect. Both the attendance and the interest increased each day, and the attendance at the last meeting was more than double that of the first.

There was an exhibit of Health foods, literature, and various cooking appliances, etc. Lectures were given on the selection of foods, food values, and the combination of foods; the cooking of food, and the process of digestion; the advantages of a natural diet, and the best substitutes for flesh foods; physical culture, or the building of the body; common errors in diet, and some simple remedies, and how to use them.

Mrs. Scott gave the directions for the treating of a common cold, and then gave an actual demonstration, which highly pleased the audience. She gave the patient a hot full bath, with lemonade to drink, followed by a cold hand bath. All listened eagerly to her explanation of the various procedures. Such practical demonstrations are of great value in teaching the people exact methods in giving hygienic treatment.

Mrs. H. R. Salisbury took charge of the cookery demonstrations, as well as the physical culture drills. The friends in Birmingham had spent a lot of time in preparing for the School, and worked faithfully in making it known amongst the people. The splendid success of the enterprise was largely due to the efforts of Brethren Bartlett, Scott and Haughey, and Sisters Bartlett, Scott, Timings, and the Sisters Burbridge, as well as others, whose names space forbids mentioning. We trust that the seed sown at this School will bear fruit, and be the means of helping in a practical way a large number of people who attended these sessions. Preparations are now going on for a Good Health School in Leicester, to be held the last week in January.

A. B. OLSEN.

SCOTLAND.

WEEK OF PRAYER.

THE week of prayer season which has just closed, has been a time of rich refreshing to our souls. The Readings specially prepared for this occasion were full of timely messages, and as they were read from day to day a revival of the true missionary spirit came in.

Elder O. A. Olsen spent the whole of the time with us and the Lord blessed his visit among us in a marked manner. Each evening after a season of prayer and the reading of the lesson, Elder Olsen gave a Bible Study on Organisation. Many precious truths were thus presented from time to time.

At the close of the week, Sabbath Dec. 27, the first S.D.A. church in Scotland, known as the Glasgow S.D.A. church, was organised. The Spirit of the Lord came very near to each one, binding all together in loving unity. Thirty-seven adult members present were enrolled, and thirteen others who were not present through sickness and other causes will unite with us later. For this we do thank and praise our God.

HARRY ARMSTRONG.

A BIBLE SCHOOL AT HOME.

THERE are many who would like to attend the Bible School in London, who cannot. But if we cannot have all the privileges we would like, that is no excuse for us in neglecting those that we have. If we have but few opportunities for development, we certainly ought to make the most of them. Now, every church and every family have it in their power to do in a limited way just what the Bible class in London is doing.

You will notice that the Sabbath-school lessons for this quarter cover four psalms, 104, 105, 106, 107. The lessons average twelve verses each, which gives two verses a day during the week, to be mastered. Who is there that cannot absolutely master two verses of the Bible each day? Begin the first thing in the morning, and take a few minutes to read the verses over several times carefully. Note exactly what is said. Then copy the

two verses for the day on a bit of paper, so that you can carry them with you, and refresh your mind frequently during the day. Get the first sentence fixed in your mind, then join the next one to it, thinking of their relation to each other, and you will soon find yourself in complete possession of the verses. Do this each day of the week, with the succeeding verses of the lesson, and by Sabbath you will be master of the lesson, and can answer any question on the text. Keep this up every week, and at the close of the quarter you will have four psalms at your command, covering a wide range of truth. You cannot imagine what a storehouse of help and comfort they will be to you.

Do not neglect to review the verses from the beginning each day. The secret of learning is observation and repetition. Try this, and you will find the Sabbath school hour more interesting than it has been before; and you will be surprised to see how much the study opens up the rest of the Bible to you.

E. J. W.

A GIRL who understands book-keeping and type writing can find employment with the London Nut Food Company. Address, J. P. Clement, 465 Battersea Park Rd., London, S.W.

"Present Truth" Agents' Record for Week ending Jan. 7, 1903.

Territory.	Agent's Name.	G. H.	P. T.	Territory.	Agent's Name.	G. H.	P. T.	Territory.	Agent's Name.	G. H.	P. T.
Irish Mission Belfast,	n Field. Fry, S. Swan Hugh, Yeates, W. H. Barker, J. V. Marks, Miss Tract Society, Byron, M. D.		200	South England Bath,	nd Conference. Blackwell, Miss E. Cricklaw, Miss Tract Society, Jessup, C. Piekard, Mrs. Clark, H. D. White, Miss J. C. Sargent, Mrs. Clark, Miss Rose Miles, W. T. Meadows, Wm. Bicketts, Miss J. Erior, W. B. Guyton, A. P. Westbourne Pk. T. S.			Welsh Mission Aberdare, Bridgend, Cardiff,	on Field. Evry, Miss M. A. Johnson, Mrs. Parry, E. D. Churchill E. G. Meadows, Mrs. King, Wm. Briggs, T. Hampton, Miss S.		
			178				84				100
Londonderry,			200	Bristol,			300	Ebbw Vale, Merthyr,			150
			188				160				212
Total,			144	Cheltenham, Chatham, Cowes, Crayford, Croydon, Gloucester,			100	Newport, Mon.			225
			910				20				912
North England Batley, Birmingham,	nd Conference. Wilkinson, Wm. Buxton, W. Willmore, T. F. Revers, Miss Timings, Miss E. Tract Society, Hearl, L. E. Cushaw, T. Buchman, Mrs.		200	Hastings, Leigh-on-Sea, London,			300	Pontypridd, Pontypool, Swansea,			150
			125				225				150
Birkenhead, Bolton, Bradford, Burton on Trent Derby, Gateshead, Grimsby,	Gresswell, Miss E. Winstanley, Mrs. T. Foss, Mrs. Johnson, W. H. Johnson, J. Harwood, Mrs. Allarston, Miss G. Brandt, J. Tract Society, Tract Society, Bramhill, Thos. Kennington, Mrs. Buckland, R. Richardson, J. Bell, J. E. Cowley, S. G. Jackson, H. M. Clarke, W. Chapman, W. Morton, G. Simpson, Miss Davies, Mrs. Slatyer, W. A. James, W. O. Musgrave, W. H. Gill, Miss J. McPherson, Mrs.		140	Westbourne Pk. T. S. Werge, E. Spicer, Mrs. R. Eades, J. Heide, J. Cross, Mrs. Balkan Tract Soc. Leytonstone T. S. N. London T. S. Penning, E. R. Lucey, G. H. Catford T. Society Shone, Mr. Murdoch, Mrs. Armstrong, E. Golding, Gladys Collins, E. Borrowdale, R. Etheridge, Mrs. Holt, Miss Sealey, J. Jerome, S. J. Warne, J. W. Stubbs, H. Scivier, Miss A. Tract Society, Hoseason, S. W. Local, Mrs. E. Barbridge, Mrs.							
			478			150		114		100	
Hull,			290	Plymouth, Portsmouth,			159	London, students.	Asay, Mrs. Austin, Mr. Armstrong, D. Bates, A. E. Brooks, H. Brooks, Miss M. Brown, S. Baker, D. Brandt, Miss Cross, Miss Davies, C. Eastcott, Misses Hale, Miss E. Jensen, Mr. Jenson, Miss D. Keough, G. Kennington, F. Loveday, Miss Mainwaring Miss Munro, Robert Marchus, Mr. Nethery, J. Niner, Miss Pike, T. Parsons, D. Rambart, Miss Roach, A. Shorley, H. A. Shaffer, W. A. Sisley, Mrs. Spicer, E. & G. Seoggin, Miss Whitgrove, Mrs.		
			300				300				125
Leicester, Liverpool,			100	Southampton,			124	Total,			2187
			600				100				50
Lincoln, Manchester,			400	Ventnor, I. W.			100	Various.	Gilbert, A. D. Mailing List, News Agents, Miscellaneous,		150
			600				500				500
Ne-wcastle Tyne			100	Streatham,			177	Total,			990
			320				200				1053
Nottingham,			112	Total,			3608	Total,			2243
			229				100				18000
Oldbury, Rotherham, Sheffield, St. Helens, Stockton-on- Tees, Wellingborough Wigan, Wolverhampt'n Worcester,	Scotch Mission Edinburgh, Glasgow,		125	Total,			100	Total,			
			840				500				
Total,			150				300				
			24				177				
Total,			125				200				
			100				177				
Total,			175				200				
			6785				1277				18000
Total,			175				1277	Grand Total,			18000
			6785				1277				18000

Canvassers' Report for Week ending December 19, 1902

Agent's Name.	Territory.	Name of Book.	No. Agt.	No. of days.	No. of H'rs.	No. of Ord'rs Tak'n	Value of Helps sold.		Books delivered	
							£ s. d.	£ s. d.	No. of B'ks.	Value
Irish Miss on Field.										
A. A. Carscalle,	Belfast	Home Hand-Book,		1	4	1		18 6	1	18 6
L. A. Hartford,	"	" " "		5	24	2	6 6	2 3 6	8	3 3 6
Robt. Whiteside,	"	" " "								
James Barker,	"	Christ Our Saviour,		3	14	25		2 16 6	31	5 10 0
Miss S. Barker,	"	" " "								
Wm. Shaw,	"	" " "								
Miss E. M. Jackson,	"	" " "								
Miss Sarah Pace,	"	Christ's Object Lessons,								
Miss M. Hanna,	"	" " "								
Miscellaneous,	"	" " "								
Total,			10	9	42	28	6 6	5 18 6	35	9 12 0
North England Conference.										
R. Compton,	Blackbur,	Home Hand-Book,		5	17½	2	17 2	1 12 2	13	4 17 6
G. W. Short,	Doncaster,	Patriarchs and Prophets,		2	7	2	5 1	1 0 1	19	8 2 6
Walter R. Short,	"	" " "								
C. E. Holmes,	Leeds,	Great Controversy,								
Joseph Brant,	Hull,	" " "								
A. E. Freeth,	Barrow-in-F'ness	Christ Our Saviour,								
John Ellis,	Wolverhampton,	" " "								
Mrs. M. J. Ellis,	"	" " "								
W. O. James,	Newcastle,	Christ's Object Lessons,								
W. H. Musgrave,	"	" " "								
W. A. Slater,	"	" " "		2	5½	4		16 0		
T. Winstanley,	Gateshead,	" " "								
A. Wood,	Ten Acres,	Bible Readings,								
J. Gillatt,	Newcastle,	" " "								
Mrs. A. Cope,	Nottingham,	Eden to Eden,								
Total,			15	9	30	8	1 2 3	3 8 3	32	13 1 0
South England Conference.										
Mrs. Loal,	Ventnor,	Great Controversy,								
Miscellaneous,	"	" " "								
J. Pickard,	Bristol,	Christ Our Saviour,								
E. Armstrong,	London, W.	" " "								
Mrs. S. Joyce,	London,	Ladies' Guide,		1	2	2		1 5 0	2	1 5 0
E. Brown,	West'n-Sup'r-Mare	Prophetic Lights,								
Total,			6	1	2	2		1 5 0	2	1 5 0
Scottish Mission Field.										
E. S. Taylor,	Glasgow,	Home Hand-Book,		2	8	3		2 15 6	1	18 6
W. B. Booth,	"	" " "								
C. Dyer,	"	" " "								
R. M. Lennie,	"	Christ Our Saviour,								
Miss E. Call,	Falkirk,	" " "			30	60		7 10 0		
Miss A. Sparks,	"	" " "								
A. E. Earle,	Trean,	" " "		4	7½	11	1 9 6	2 15 6		
Wm. Brown,	Salcoats,	" " "		11	40½	30	3 5 8	13 2 2		
Chas. Apin,	Glasgow,	" " "								
James Rodney,	Larkhall,	His Glorious Appearing,								
Total,			10	17	86	164	4 15 2	26 8 2	1	18 6
Welsh Mission Field.										
A. Rodd,	Cardiff	Home Hand-Book,								
C. J. Howard,	"	" " "								
W. H. Olmsted,	St. David's,	Great Controversy,					4 2	4 2	15	6 2 6
G. W. Bailey,	Fishguard,	" " "					13 4	13 4	5	1 17 6
A. C. Johnson,	Port Talbot,	Christ Our Saviour,								
Thos. Briggs,	Merthyr,	" " "								
M. Hussey,	Swansea,	Steps to Christ, (Welsh)								
Mrs. M. A. Parry,	Cardiff,	His Glorious Appearing,								
Total,			8				17 6	17 6	20	8 0 0
Students.										
T. Pike,	London.	Great Controversy,								
Geo. Nickels,	"	" " "								
R. Mussen,	"	" " "								
Bertie Armstrong,	"	Christ Our Saviour,								
H. A. Shorley,	"	" " "								
Eddie Spicer,	"	" " "								
Grace	"	" " "								
Miss W. Kennington	"	" " "								
Douglas Armstrong,	"	" " "								
Miss M. Niner,	"	Christ's Object Lessons,								
C. Davies,	"	" " "								
George Keough,	"	" " "								
Miss Ruby Cross,	"	" " "								
Frank Bond,	"	" " "								
Walter Bond,	"	" " "								
Miss M. Brown,	"	Prophetic Lights,								
A. Roach,	"	" " "								
Mrs. Nethery,	"	" " "								
Miscellaneous	"	Ladies' Guide,								
Total,			18					12 4 3		
Grand Total,			67	36	160	302	27 1 5	49 16 8	90	£32 18 6

The Missionary Worker

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SAMPLE COPIES OF "PRESENT TRUTH"

IN order to get the Holiday Number of *Present Truth* out to the agents in good time, it was necessary to print the preceding numbers without waiting, as usual, to receive orders. This resulted in our having left on hand several hundred copies of these numbers which we shall be glad to have put to some good use. As they are all of recent date, they could be left at the houses as sample copies, and would doubtless gain some new regular subscribers. They will be sent free for this purpose to those whose orders are first received, who will have only the carriage to pay.

A GENERAL MEETING FOR THE NORTH ENGLAND CONFERENCE.

A General Meeting of Workers' Institute has been called for the North England Conference to be held at Nottingham, to begin Friday evening, Jan. 2, and continue daily to Sunday, the 11th.

A hall has been secured near the centre of the city, and we feel that the Lord has especially favoured us in this way. The address of the hall is, Shakespeare Assembly Room, 8 Shakespeare Street, Nr. Central Station. Any coming on the Midland Railroad may take the electric car in front of the Station, which passes near the hall at Central Station.

We hope to have a good representation from all the Churches and most of the Companies in the Conference. Many questions of great importance to the work in this Conference will receive careful consideration, among which are those of the plans for our aggressive work to the next General Meeting, the organisation of a Tract Society and the location of the headquarters of our Conference, the location of our Institutions for the Union Conference, the School and Sanitarium work, the Canvassing work, and general church work. We would be glad if all could be present; although this may be impossible, yet all may be represented at the meeting. If you cannot come for the whole time it is possible that you can come for the last few days of the meeting.

We hope to have with us Elder Olsen, Brother Joyce, Brother Gilbert, Professor Salisbury, and Dr. Olsen, besides the brethren who recently came among us to help us carry forward the work of the

Conference,—Elders Corliss and McCord, Brother and Sister Castle, and Brother O'Donnell. Most of the labourers of the Conference will also be present, excepting some of the Canvassers who cannot get away from their work.

We ask those who cannot come to pray that the Lord may especially bless in the instruction given, and in the plans laid for the future of the work.

E. E. ANDROSS.

We believe the following letter just received by Dr. Olsen, sufficiently interesting to justify its insertion in the WORKER. Let us hope that this spirit of self-sacrifice may take hold of all our children, and of the parents as well. Then we shall soon have a sanitarium.

Dear Doctor:—

I am sending you 1/6 for to help buy the sanitarium. I was saving up to get a corset like Mr. Champness, but I thought I would wait and help you to get the sanitarium first, so that me and my brothers can go and be trained to be doctors. Now I must close my letter, hoping you will get all the money in a week. With love, I remain,

Your little friend,

ROBBIE BORROWDALE.

THE January number of *Good Health* has been ready for delivery for some time, and we should be glad to receive all orders without delay. It contains, among other interesting things, the sequel to the cancer article in the Christmas number, bearing the title, "Why People Have Cancer." There is also an excellent contribution from Dr. Kellogg on "How the Sick Are Healed," the first of a series of articles on "The Food Problem," "A Bad Cough, and What to Do for It," "A Cure for Cold Feet," "Simple Gymnastics for Children," "Dainty Trays for the Sick," "How to Treat Earache," etc., etc.

We have learned of some who are setting apart the earnings from the sale of *Good Health* for a little time, to swell the fund for our Sanitarium. Perhaps others will wish to do the same. In addition to the features already mentioned, this January *Good Health* contains a fine out of the new Battle Creek Sanitarium, and a few words to the effect that we hope soon to start an institution in this country. Thus it will help greatly to interest the public in our work, and should be circulated very widely. Shall we not have the prompt and hearty co-operation of all the churches and individual workers?

M. E. O.