



ADVENTIST CHILDREN
MISSION MAGAZINE QUARTER 2
2009

SOUTHERN AFRICA-INDIAN OCEAN DIVISION

featuring:

CHIPO'S CHOICE pg 6 | **DANGER IN THE NIGHT** pg 22

www.AdventistMission.org

CONTENTS

On the Cover: *Eliza lives in southern Angola. She has hope that one day she can attend an Adventist school. Our Thirteenth Sabbath Offering will help make her dream come true.*

ZAMBIA

- 4 Harrison's New Family | April 4
- 6 Chipo's Choice | April 11
- 8 The Stolen Watermelon | April 18
- 10 Faithful Father | April 25
- 12 My Brother's Influence | May 2

NORTHERN ANGOLA

- 14 Making Friends for Jesus | May 9
- 16 The Invitation | May 16
- 18 Alfredo's Special Friend | May 23
- 20 Best Friends in Jesus | May 30

CENTRAL AND SOUTHERN ANGOLA

- 22 Danger in the Night | June 6
- 24 No More Sneaking to Church | June 13
- 26 The Perfect Sabbath | June 20

RESOURCES AND ACTIVITIES

- 28 Thirteenth Sabbath Program | June 27
- 31 Activities
- 35 Resources
- 36 Map

DEAR SABBATH SCHOOL LEADER,

This quarter we feature the Southern Africa-Indian Ocean Division, which includes 10 countries on the African continent and nine island nations. The division is home to 151 million people and 2.1 million Adventists. That's a ratio of one Adventist for every 72 people.

The Thirteenth Sabbath Offering this quarter will go to help complete three projects in war-ravaged Angola and a library at the newly established Zambia Adventist University.

Language Fun

Some words and phrases in popular local languages of Angola and Zambia are featured in the quarterly. Additional words, phrases, and songs in Portuguese, the official language of Angola, are located on our website, www.AdventistMission.org. Look for our new feature, "Say It, Sing It," which should help you pronounce the words in the local languages.

Mission Potluck

If you host a mission potluck featuring the foods and cultures of southern Africa, visit our website for additional recipes. Label the foods with their name.

Decorate the church fellowship hall with maps of southern Africa, African baskets containing fresh tropical fruits, and any other African-style crafts you can locate. Add pictures cut from travel brochures or magazines.

As people arrive, ask the children to greet people in one of the languages featured this quarter. After the meal, invite the children to sing a song or two in one of the languages that they have learned this quarter.

Make a Mission Scene

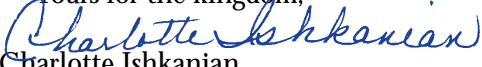
Make a mural featuring an African town or village scene, or enlarge the map of southern Africa and color the countries. As each story is presented, attach a photo of the child and a piece of yarn leading to his or her homeland. Clip photos from travel brochures or magazines and locate them on the map as well.

Offering Device

Cut a dried coconut in half to use as a mission offering device or find a dried and decorated calabash bowl at an African market. Or make one using the directions on the website.

Special Features

- **Invite a guest** who has traveled to or lived in one of the countries of the Southern Africa-Indian Ocean Division. Ask them to bring appropriate items for the children to see and touch.
 - **Adventist Mission DVD** features at least one video story specifically for children. Ask your adult Sabbath School superintendent to make a copy for you to share with your class.
 - **Further Activities.** For games, crafts, recipes, puzzles, and other mission ideas, visit www.AdventistMission.org. Click on "Resources" and "Children's Activities." Click on second quarter, and find PDF pages of crafts, additional languages and songs, recipes, and games to download or print for use in your Sabbath School.
- Yours for the kingdom,


Charlotte Ishkanian
Editor, *Children's Mission*



Z A M B I A | April 4

HARRISON

HARRISON'S NEW FAMILY

When Harrison's parents died, he went to live with his granny. But some things she did frightened him.

Harrison is a bright and happy boy who lives in Zambia. [*Locate Zambia on a map.*] But in his short life he has had some unhappy—and sometimes frightening—experiences that most of us will never have to deal with.

Living With Granny

When he was 5 years old, Harrison's parents died, and he and his older brother went to live with their grandmother. Harrison liked his granny, but sometimes she did strange things.

Granny owned a small shop that sold packaged foods, soap, and cigarettes. Harrison often played in the shop while Granny tended to customers. Harrison's brother worked in the shop after school, and when Harrison was old enough Granny asked him to work in the shop too.

Granny often talked about magic spells and curses, so Harrison knew that Granny believed in witchcraft. Then one day while Harrison was working in the shop, Granny offered him a drink, saying, "Here's a treat for you." Harrison smiled and took a swallow of the drink. But it had a bad taste, and Harrison put it down. "Drink it," Granny urged. "It's good for

FAST FACTS

- Zambia is a landlocked country in southeastern Africa. It lies between Angola, the Democratic Republic of the Congo, Tanzania, Malawi, Mozambique, Zimbabwe, Botswana, and Namibia.
- The nation is poor, and many adults cannot read or write with ease.
- Youth want to study so that they can have a better life than their parents have had. Harrison attends one of several Adventist schools in Zambia.

you and will help you to be strong.” So Harrison drank it. Granny smiled and gave him a sweet bun.

Witchcraft

Once a week Granny gave Harrison the bad-tasting drink. He didn’t like it, but he drank it because she told him to. Then one day Harrison told his brother about the drinks Granny gave him every week. “That drink won’t make you strong,” his brother said. “It’s witchcraft. Granny uses it to bring more customers to the shop. I won’t drink it, and you don’t have to either.”

The next time Granny brought Harrison the drink, he refused to drink it. Granny’s smile faded from her face, and she told him to drink it. Harrison refused, and Granny frowned. “You will drink it, or I will punish you,” she threatened. Harrison was scared, but he refused the drink. Angry, Granny picked up a stick and struck him repeatedly until he ran away from her. He stayed away until dark, when he had to return home.

Granny was still angry, but she never again insisted that he drink the potion. Harrison watched when people came to Granny’s house to buy herbs and potions to try to make someone sick, or make them well, or to make someone fall in love with someone, or help them have a baby.

Harrison’s New Home

One day Harrison’s brother went to live with their older sister, and Harrison wished he could go too. Then when he was 9 years old, an aunt came to visit. She talked to Harrison for a while, then told Granny that she was taking Harrison to live with her. Granny objected, but his aunt took him anyway.

Harrison was glad to leave. He quickly learned to love his aunt and uncle, who treated him like his parents had. They were Christians and they took him to church, where he could learn about God. His aunt and uncle had children of their own, and Harrison felt that he had a whole new set of brothers and sisters. He loved living with his aunt and uncle. But his granny wanted him back. She accused his aunt and uncle of causing his parents to die. She insisted that Harrison come back to live with her.

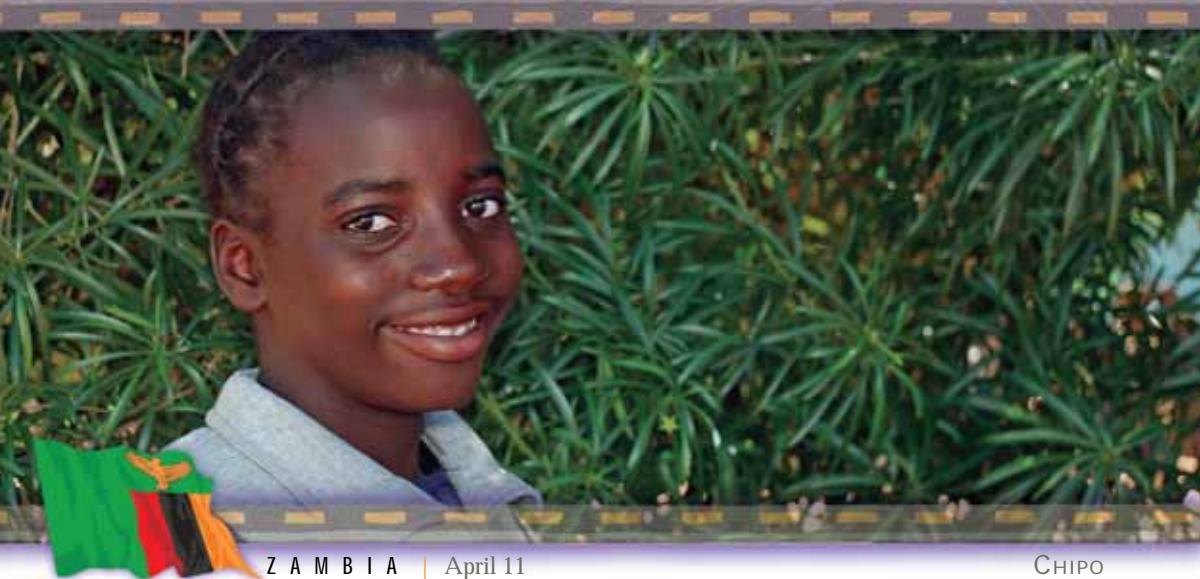
Harrison’s aunt and uncle thought that it would be best if he went to live with another aunt, whose husband was a pastor. Granny wouldn’t dare try to take him away from that family, and he would be safe there. They told him of their plan, and Harrison agreed to go.

Harrison liked living with his aunt and his pastor-uncle. There he learned more about God and learned to trust Jesus as his friend.

A New School

When he was old enough, his aunt and uncle told him that he could study at the Adventist boarding school. Harrison was excited, for he had visited the school, and he liked it.

Harrison enjoys studying at the boarding school, where he is learning even more about what it means to be a Seventh-day Adventist Christian. He knows that witchcraft, which his granny practices, is of the devil, not of God. Harrison wants to tell other children to trust in God and not allow others to lead them astray. “Remember, God is always with us and will keep us if we allow Him to,” he adds. 🌍



CHIPO'S CHOICE

Chipo is 10 years old and lives in southern Zambia. [*Locate Zambia on a map.*] When her neighbors invited her to attend church with them, she went. She loved learning about God and went to church whenever she could.

But when Chipo's father learned that she was attending the Adventist church, he became angry and warned her to stay away from the church or he would punish her. Chipo wanted to go to church and learn about God, so when her father wasn't home, she would go to church with the neighbors. But when Father learned that Chipo had gone to church, he punished her harshly.

However, Chipo kept attending church, for she had learned that Jesus loves her. Almost every week her father would punish her.

MISSION POST

- While Zambia is officially a Christian nation, more than one person out of 10 still follows traditional religions or no religion at all.
- The Seventh-day Adventist Church in Zambia has more Seventh-day Adventists per capita (one member for every 20 people) than any other country in the Southern Africa-Indian Ocean Division.
- Chipo attends the Adventist primary school at Rusangu Mission, founded by Adventist missionary William H. Anderson.

Sister Asks Why

"Why do you keep going to church when Father punishes you?" Chipo's sister asked one day.

Mother also asked Chipo why she continued going to church when her father punished her. "I love the singing and the Bible stories," she said. "I've learned that Jesus loves me, and I love Jesus!" she added. Mother decided to attend church with Chipo and see for herself what was so special.

A Change of Heart

Mother listened to the pastor's sermon, which seemed to be just for her. She decided to continue attending church. When Father returned home, Mother told him what she had heard. She told him that she wanted to attend church again and even invited Father to go with her. Father refused to go, but he allowed Mother and the girls to go. Chipo began praying that God would help Father want to go to church with the family.

A few weeks later when Mother again invited Father to go to church, he agreed to go, though he didn't seem happy to go. "I'm wasting my time in church," he said. But after church he apologized to Chipo for beating her. He told the family that he would go to

church with them.

A few months later Chipo's parents were baptized. Chipo was so happy! Now instead of chasing her from the church, he walks to church with her.

"God helped me want to go to church, even when Father punished me," Chipo said. "God helped me bring my whole family to Jesus. Now we pray together at home and in church. I'm so glad."

Chipo is a missionary. When you invite others to worship God, you are a missionary too. Who wants to be a missionary this week and invite someone to learn about Jesus?

And when you bring your mission offering to church, you're helping other missionaries share God's love around the world. 🌍

FUN WITH BEMBA

Following are some words and phrases in Bemba, one of several local languages in Zambia. Vowels are pronounced as follows: *ah* as in father; *ai* as in eye; *ay* as in hay; *ee* as in bee; *eh* as in bet; *ih* as in tip; *oh* as in toe; *oo* as in boot; *uh* as in cup. The accented syllables are written in capital letters.

Common Phrases

Pronounce it

Welcome	Mwah-EE-seh-nee
Happy Sabbath	Sah-BAH-tah LEE-soo-mah
Hello	SHAH-nee
Good morning	mwah-SHEE-voo-KEH-nee
Please	moo-KWAI-ee
Thank you	nah-TOH-teh-lah (for respect or emphasis, clap hands together, one on top of the other)
You're welcome	CHEE-soo-mah
Yes	EH
No	AH-weh
Goodbye	shah-leh-NEE-poh



Z A M B I A | April 18

TOLD TO MISSION BY MIRRIAM KASHWEKA

THE STOLEN WATERMELON

Today's story happened in southern Zambia. [*Locate Zambia on a map.*] It teaches an important lesson.

Hot and Thirsty

Two boys, Mpo [m'POH] and Tendai [TEN-dai],* were hot and thirsty after playing with their

friends. They sat down in the shade to rest.

"I'm hungry," Mpo said.

"I'm thirsty," Tendai answered.

The two boys sat in the shade a few minutes. Then Mpo jumped up. "There's a *b-i-g* watermelon growing in a field near here. Let's go get it!"

The two boys set off toward the field. "There it is!" Mpo said, running toward some vines. He bent over and broke off the stem. He picked up the melon and ran toward some bushes. "Hurry, Tendai," he said.

MISSION POST

- More than half the people in Zambia work as farmers. Most raise enough food to feed just their own family. This is called subsistence farming.
- Four out of five school-age children are enrolled in primary school, but only one out of four completes high school. Many adults cannot read or write.
- Pray for the people of Zambia, especially those who don't know that Jesus loves them.

The Stolen Watermelon

Tendai followed his friend toward the bushes. He wanted to ask permission to eat the watermelon before taking it, but when he reached the bushes, Mpo had already broken the watermelon open. The sight of the juicy melon made Tendai's mouth water. He scooped up a piece of melon and ate it. It was *so* sweet and *so* juicy. Soon the boys had eaten the entire watermelon. They sat back, full and satisfied.

It was getting late, and Tendai's mother

would expect him home soon. “I need to go,” he said, jumping up. The two boys walked down the dirt road toward their homes. They found some water and washed the sticky melon juice from their hands and faces and legs.

When Tendai arrived home, his mother greeted him. “Dinner is almost ready,” she said.

“I’m not hungry,” Tendai said. “I ate with Mpo.”

Mother frowned. “OK,” she said. “Then do your chores and come inside for worship.”

Three Dreams

After worship, Tendai lay down on his straw mat and quickly fell asleep. He dreamed that his family went to heaven, but he couldn’t enter because he had stolen the watermelon. He awoke crying. His mother heard him and asked what was wrong. “It’s OK,” he said. “I had a bad dream.”

The next night he again dreamed that his family went to heaven, but he was left behind. And a third night he dreamed the same dream. The next morning Tendai decided to tell his mother about the stolen watermelon.

“We need to visit the man whose watermelon you stole,” Mother said. “You must tell him what you did and ask him to forgive you.” Mother and Tendai walked to the farmer’s house. Tendai felt a lump in his throat, but he managed to say, “I’m sorry, sir, but my friend and I were hot and hungry. He saw the big watermelon in your field and said that no one wanted it. We ate it. Now I know it was wrong to take your watermelon. Please forgive me.”

A Lesson Learned

The farmer nodded. Then he said, “You’re right. It is wrong to take something that doesn’t belong to you. I was saving that watermelon for a family gathering this weekend. Now I have to go to town and buy another one. Do you have the money to pay for a watermelon?”

Tendai shook his head no.

“Then you will work to pay for the watermelon,” the farmer said. Mother nodded at Tendai.

“What would you like me to do?” Tendai asked.

“I need a new rubbish pit. I’ll show you where to dig it.” Tendai took the shovel from the man and followed him to a field. He began digging. It was hard work, and the sun was hot on his back. He wished he could sit down in the shade, but he kept digging. Finally he put down the shovel and cleared the rubbish from the land around the pit.

Tendai understands now that Jesus is sad when we take something that isn’t ours. And the next time Tendai is tempted to take something that doesn’t belong to him, he’ll remember the watermelon and the hot sun beating on his back as he dug the pit. He’ll remember his dreams, too, and he’ll turn away from temptation, for he doesn’t want anything to keep him out of heaven!

Boys and girls, Jesus wants each of us to spend forever in heaven. If we do something wrong, it makes Jesus sad. But if we confess our sin, Jesus will forgive us and help us to do the right thing next time. *[Close with prayer.]* 🌍

**Not their real names.*



Z A M B I A | April 25

BERTHA

FAITHFUL FATHER

Bertha lives in Zambia with her parents and younger brother and sister. [*Locate Zambia on a map.*]

Bertha's father and mother didn't attend the same church, and their disagreement over religion caused problems at home.

Father was a Seventh-day Adventist, but Mother attended a church on Sunday. Mother wanted the children to attend her church and refused to allow the children to worship at the Adventist church on Sabbath with Father.

FAST FACTS

- In the country of Zambia one person out of every 20 is a Seventh-day Adventist. This is a wonderful statistic, but it means that 19 out of every 20 people are not Adventists. Some of these people have never heard the message that Jesus loves them and is coming soon to take His people to live with Him in heaven. There is still a lot of work to do to tell the people of Zambia about Jesus.
- Our mission offerings help to tell others about Jesus. The more we give, the more people will hear God's message of love.

Bertha didn't like her mother's church. "People danced in the church," she explained. "Somehow I didn't think God wanted us to dance when we worship Him." Bertha often asked Mother to let her go to church with Father, but Mother refused.

Father told the children to pray for Mother and to obey her. He assured them that God loved them and understood that they wanted to worship Jesus in Father's church.

Mother's Surprise

Then one Saturday Father surprised the family and didn't go to church. Instead he stayed home to pray and to talk to Mother. He told Mother that the children wanted

to worship in the Adventist church, and that they could learn to read the Bible and worship God in a holy way. Father spoke quietly and didn't get angry, so Mother listened.

The next Sabbath Mother had a surprise for the family. She went to church with Father and took the children too.

"I was so happy that we could worship God as a family," Bertha said. "Mother smiled a lot and said that she liked the way people worship in Father's church."

Happy Family

Mother went to church with the family the next week and the next. One day she told Father that she wanted to join the Adventist Church. She studied the Bible with the pastor for many weeks until she understood every important Bible teaching.

Mother joined the Dorcas Society and the church choir. Bertha joined the Pathfinder Club. "I really like Pathfinders," Bertha said. "I like the marching and the singing, and I like learning to give readings and recite

poems for worship service. My younger brother and sister are in Adventurers, and they like that too.

"Our life is so different now that our family goes to the same church. Now when we have family worship, everyone takes part. I'm glad that Father was kind to Mother and didn't argue with her about religion when she wouldn't attend church with him. Because Father was kind to Mother, now we are united in our faith and happy as a family."

Telling the World

"I like to tell my friends that God loves them," Bertha added. "I invite them to visit the church. Some listen, and three of my friends have come to church with me several times. I keep sharing with them what I know about God.

"I would tell other children to give their hearts to God and trust Jesus with their lives."

Bertha is right, boys and girls. When we share our faith with others and bring our mission offering to church, we are helping to tell the world that God loves them. 🌍

SING IN BEMBA

Bemba is one of several local languages in Zambia

Jesus Loves Me

Yeh soo ahn tehm wah ee neh
Ee lahn dwe lyahn jeh beh leh
Vah nah vohn seh eh vah kweh
Yeh soo ah too tehm wee shah

Yeh soo ahn tehm wah
Ahn tehm wah ee neh
Yeh soo ahn tehm wah
N'deem wah nah wah kweh peh



Z A M B I A | May 2

ELIAS

MY BROTHER'S INFLUENCE

Elias lives in southern Zambia. [*Locate Zambia on a map.*] He is wise for his age, and he credits that to his older brother, who has taught him well.

When Elias was little, he knew that his father didn't like his mother's church. Sometimes Mother wanted to take the children to Sabbath School, but Father refused to let them go with her. So Mother went to church alone.

She prayed with the children every evening and taught them Bible stories and

songs. When Father wasn't drinking, he sometimes even joined the family for prayers. Elias wished that his father didn't drink, because sometimes the alcohol made Father say unkind things.

Then when Elias was 7 years old, his parents divorced. His mother moved back to her hometown several hours away by car. Father married another woman, who became Elias's step-mother.

Elias tried to please his step-mother, but she seemed not to like Elias and his brother and sister. She treated her own two children kindly, but often she treated Elias and his brother and sister roughly. Father tried to protect his children from her temper, but he wasn't always there when they needed him.

MISSION POST

- In Zambia and around the world most people hear of God's love from someone they know. Often it is a family member or a neighbor.
- When a person sees God's love shining in the life of another, they are more willing to study the Bible with them or attend evangelistic meetings.
- When others see God's love shining out of our life, they may ask why we are happy or kind. Then we can tell them that Jesus makes the difference and Jesus wants to be their friend too.

Going to Live With Mother

One day when Elias was 8, his brother told him, “I don’t like living here. I’m going to go live with Mother. Do you want to come too?” Elias nodded. He wanted to live with his mother, but he didn’t know how to find her. Elias’s brother knew. He called his mother on the telephone and told her the problems they were having with their new step-mother. He asked Mother to let them live with her, and she arranged to come and get them.

Elias was glad to be with his mother again. And Mother was glad that her boys wanted to live with her. She invited them to go with her to church, and they gladly went, for Father could not forbid them to go. The boys enjoyed attending Mother’s church. They liked to learn about Jesus again.

“I like living with Mother,” Elias says. “She is kind to us. She takes us to church and teaches us about Jesus. We pray with her and sing together as a family.”

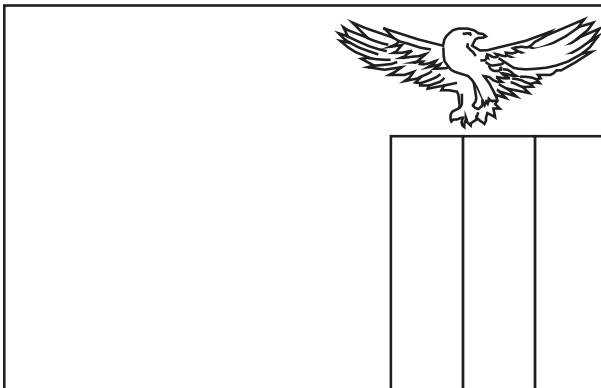
Good Examples

Elias thanks Jesus for his mom and his older brother. “My mom is kind and loving. She teaches me about God,” he says. “And my brother is always there for me. When I do something wrong, my brother helps me understand that my actions don’t please God. He encourages me to live the right way. I admire my brother!”

Elias has learned something else from his brother. “My brother has taught me that whenever problems come I must always trust God to help me solve them,” he says. “Jesus will show me the right way to go if I let Him. Jesus helps me live in triumph.”

Boys and girls, Elias has learned something very important from his brother. Jesus will be there for you, just as He is for Elias. When we give our mission offering, we help other children just like Elias and his brother learn that God loves them. Thank you for giving. 🙏

COLOR THE FLAG



ZAMBIA

Background: green

Three stripes (left to right):
red, black, orange

Eagle: Orange



MAKING FRIENDS FOR JESUS

Bruno is a friendly boy who lives in Luanda, the capital city of Angola. *[Locate Angola on a map.]* He loves to talk to people about God, even people he doesn't know. When he started school, he talked to the school bus driver about God. "He told me that he didn't attend any church," Bruno said. "So I

invited him to visit my church." Whenever Bruno had a chance, he talked to the driver about God and invited him to church.

Then one Sunday when Bruno returned from his Adventurer Club meeting, his father told him that his school bus driver had stopped by. "He told me that you have invited him to church," his father said. "He said that you're quite a little evangelist, and he's thinking about coming." Bruno was pleased and began looking for his friend at church.

The Carpenter Who Came

Bruno's family had hired a carpenter to fix some things in their home. As Bruno watched the man work, he asked, "Do you go to church?" The

MISSION POST

- Angola is the seventh largest country on the African continent. It is rich in natural resources, but its people remain poor because of poor management of resources and two wars that lasted almost 40 years.
- For 14 years (from 1961 to 1975) Angolans fought Portugal for their independence. But then civil war broke out, and a binding peace did not come until 2002. A half-million people were killed, and government buildings, hospitals, and many schools in the country were destroyed.
- Pray that the people of Angola find peace in their hearts that comes from forgiveness and accepting Jesus as their Savior.

man said that he attended church when he didn't have to work on Sundays. "Would you like to visit our church on Saturday?" Bruno asked hopefully. "You can go with my family and me. I'm sure you'd like it!"

The man smiled at the boy and said he would like to go, but he's usually really busy on Saturdays.

"That's OK," Bruno said. "You can skip work one day and go to church with us." Bruno didn't understand that the man needed to work to earn money for his family. Bruno just wanted the man to worship with them on Sabbath.

The carpenter stayed with Bruno's family while he worked on their house, and the two became friends. One day when Bruno again invited his friend to church, the carpenter agreed to visit Bruno's church when he didn't have to work on Saturday. Then he added, "I have to work on Saturdays and Sundays just to pay the bills."

Bruno's Plan

"Then you work too hard," Bruno said kindly. "You must take time to spend with God and with your family," he added. Then Bruno had an idea. "Today's Friday," he said. "Why don't you come to church with us tomorrow instead of going home?"

"Oh," the carpenter said, startled. "I can't go to church wearing these dirty clothes, and I brought nothing else to wear."

The next morning the family prepared for church. Father would drive the carpenter home and then join the family in church. Once more Bruno asked his new friend to go to church with the family.

"I can't," the man said. "I'm dirty!" "God doesn't care what you're wearing," Bruno said. "He wants you, not your clothes. Besides, I have a part in the program today, and I want you to see it." The carpenter agreed to go to church with Bruno.

It was Thirteenth Sabbath, and Bruno smiled at his friend as he took his place in front of the church. After Sabbath School, Bruno sat with his friend as the pastor spoke about how God works in people's lives. After the service, the man thanked Bruno for insisting that he attend church. "I really enjoyed it," he said.

As the family drove the man home after church, the carpenter thanked Bruno for inviting him to church. "I'd like to attend church again," he said. And he did. He didn't even wait for Bruno's family to take him; he just went!

Two Surprises

A few weeks later a famous Portuguese-speaking pastor visited Angola to preach for a series of meetings. Bruno invited his carpenter friend to attend the meetings, and he came. And so did Bruno's bus driver! Bruno was so happy to see them worshipping God. And before the end of the meetings, both men gave their lives to God. Bruno was doubly happy.

God uses children as well as adults to lead others to Jesus. If you doubt it, just ask Bruno. He still invites people to come to church whenever he can. "It's my mission," he says, "and I'm happy that God can use me."

God can use each one of us if we are willing to let him. How will he use you this week? 🌍



THE INVITATION

Rosemary lives in Luanda, the capital city of Angola. [*Locate Angola on a map.*] She attends church with her parents and two brothers and three sisters.

Last year the youth director asked Rosemary to tell a story for a special worship

service. Rosemary agreed, and then she learned that the special worship service was a large meeting of 3,000 people who would meet in the city's stadium!

"When I realized how large the meeting would be, I was really scared," Rosemary said. "Whenever I thought about the meeting, I became nervous and put off learning my story. But my mother urged me to practice the story until I had memorized it. So I did. I read it several times then told it to myself in the mirror. Then I practiced telling it to my mother until I knew it well."

A Matter of Focus

On the day of the big meeting, Rosemary sat on the platform with the other participants. She saw row after row of people sitting in front of her.

MISSION POST

- Following the long-running civil war in Angola, reconstruction has occurred in the large cities first. Schools such as the one Rosemary attends were either not destroyed in the fighting or have been rebuilt. Other students still cannot attend classes, for the only school in their area lies in ruins.
- Part of our Thirteenth Sabbath Offering will help rebuild two primary schools (Cuale in the north and Quicuco in southern Angola) and will provide funds to renovate the buildings on the campus of Bongo Mission in Huambo to provide a campus for Bongo Adventist University, which will train pastors and other church workers.

Her stomach began to feel nervous. But she remembered what her mother had told her—focus on the story, not on the people. Rosemary thought about the story and remembered that her mother and the youth pastor were somewhere in the sea of people praying for her.

As Rosemary stood up to tell the story, she focused on the first few words she would say. She spoke them clearly and with confidence. And before she knew it, she was having fun! Because she had practiced the story so many times, she was able to repeat it from memory without forgetting a thing. When she finished, she turned to sit down and heard the people in the audience say a forceful, “Amen!”

After the meeting, several people came to Rosemary and thanked her for telling the story. Some people even wanted to take a picture with her. Then her mother came to her and said, “See? I knew you could do it! You just had to trust in Jesus and practice.”

After the program, the youth director asked Rosemary to tell another story in church soon. She smiled and told him yes, if he would help her learn it.

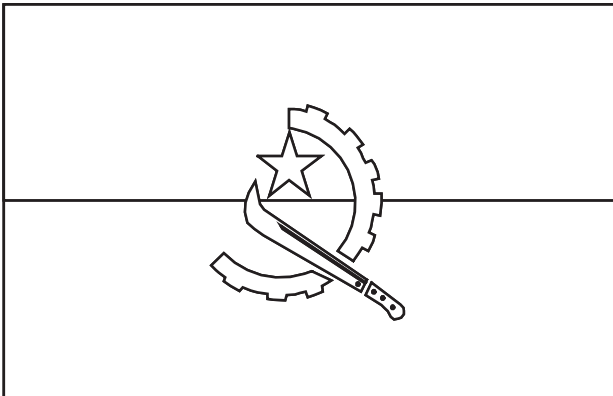
Other Chances to Serve

“I’m glad I agreed to tell the story,” Rosemary said. “I was nervous and had to work hard to memorize it, but now I know I can stand up in church and do other things. It’s a privilege to be asked to do something for God. I have learned that when we do something for God, we must do our best. Second-best just isn’t good enough for God.”

Rosemary invites her friends to visit her church. “I’m proud of my church, and I want more children to know what they’re missing when they don’t come to Sabbath School,” she says.

We all can be missionaries by inviting our friends to learn about Jesus. Another way we can help tell others about God is by bringing our mission offering to church every week. 🌐

COLOR THE FLAG

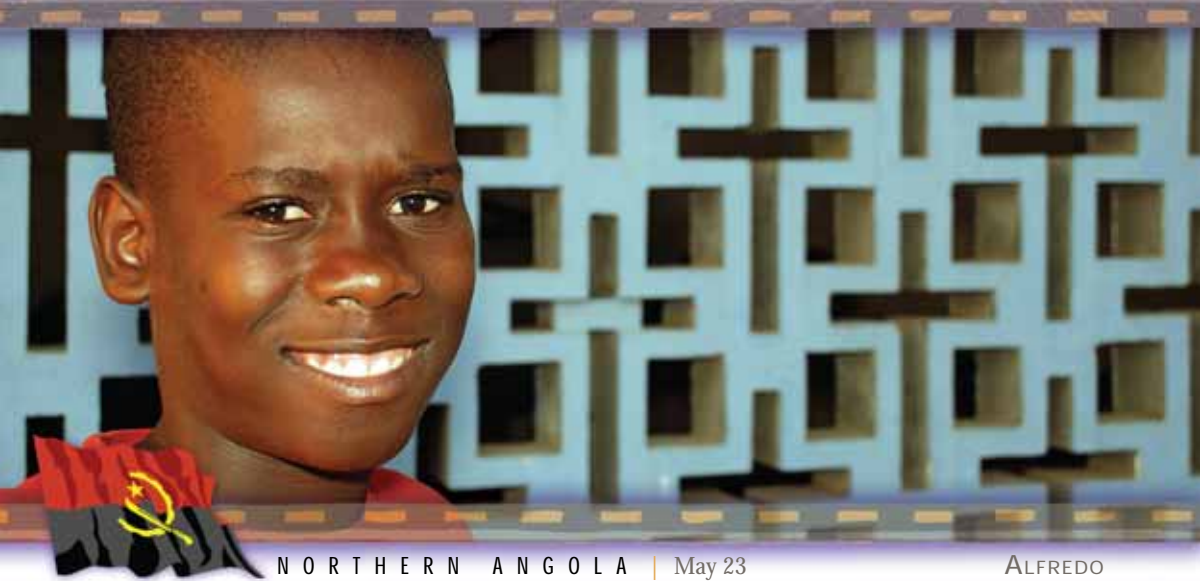


ANGOLA

Upper half: red

Lower half: black

Center design: yellow



N O R T H E R N A N G O L A | May 23

ALFREDO

ALFREDO'S SPECIAL FRIEND

Alfredo lives in Angola. [*Locate Angola on the map.*] God sent Alfredo a special friend who helped change his life. His friend is Bernardo.

A New Friend

One day as Alfredo walked down the road, he saw a young man walking toward him. He had seen Bernardo in the neighborhood, but Bernardo was several years older than Alfredo, and Alfredo was surprised when Bernardo stopped to talk. They started talking about religion, and Bernardo invited Alfredo to go to church with him on Sabbath.

“I go to my own church,” Alfredo said. Bernardo smiled and asked whether he read the Bible. Alfredo said that he didn’t read the Bible.

MISSION POST

- While evangelistic meetings bring some people to Jesus, most people come because another person invited them. Alfredo’s friend Bernardo invited him to come to the church. It took several invitations before Alfredo agreed to attend, but Bernardo didn’t give up. He continued sharing his faith with Alfredo and answering his questions about God.
- Our mission offerings help train lay people to share their faith with their neighbors and friends.

“May I come and read the Bible with you?” Bernardo asked. Alfredo agreed, and Bernardo began visiting Alfredo. The two talked about God. Alfredo could see that Bernardo really loved the Lord.

Bernardo told his new friend about the Sabbath. He explained that it’s the special day that God set aside to spend time with His children. Alfredo didn’t know about the Sabbath and decided to ask someone in his church about it. But no one in his church knew much about

the Sabbath. So when Bernardo invited Alfredo to church again, Alfredo went. He's been going to the Adventist church ever since.

Challenges to His Faith

"Bernardo not only introduced me to the Sabbath, but he introduced me to Jesus," Alfredo says. "After I met Bernardo, I realized that I knew almost nothing about God and Jesus, even though I went to church.

Alfredo is sharing what he is learning about God with his parents and his friends at school. But sometimes they aren't interested in listening. When he tells his school friends that he worships on the Sabbath, some of them laugh at him. Some say that the Sabbath isn't kept anymore, but Alfredo knows better.

Alfredo loves to play basketball, and after he committed his life to God, he told his friends that he would not play basketball on Friday evenings anymore. "Some of them tease me and call

me 'holy' because I want to keep the Sabbath sacred," Alfredo says. "I play pretty well, and I know that they want me to play on their team. But I don't want to break the Sabbath. I told them that I'm an Adventist now, even though I haven't been baptized. I want to be faithful to what God is teaching me through the Bible, through church, and through my friend Bernardo.

A Friend of Jesus

"I want to lead my friends to Jesus, just as Bernardo led me. I invite them to come to church, and I share what I have learned about God. I'm so glad that Bernardo is my friend. I want to be that kind of friend to other boys."

Being that kind of friend is a great way to bring others to Jesus. Let's try to be a special friend to someone who needs to know Jesus this week. And when you give your mission offering, remember, you're helping tell the whole world about God's love. 🌍

SPINACH PATTIES

- | | |
|--|-----------------------------------|
| 1 pound spinach (fresh or frozen, thawed) | ¼ cup flour |
| 1 clove garlic, mashed with salt (or minced) | Dash of salt |
| 2 Tablespoons regular soy milk powder | Vegetable or olive oil for frying |
| ½ teaspoon baking powder | |

Directions:

Boil fresh spinach with garlic for two or three minutes in pressure cooker or until tender; drain. If using frozen spinach, add garlic and steam according to directions; drain. In a separate bowl, mix soy milk powder, baking powder, and half the flour together; stir to blend. Add powdered ingredients to spinach and mix thoroughly. Sprinkle additional flour into mixture until it binds together and thickens slightly. Form into patties using two large spoons. Fry in shallow oil until browned. Drain on paper towels. Serve hot.

From the kitchen of Adelina Adelaide Lucas, Lubango, Angola



N O R T H E R N A N G O L A | May 30

NEIDI AND CAROL

BEST FRIENDS IN JESUS

[Ask two primary or junior girls to present this first-person report.]

Neidi: I'm Neidi [NAI-dee]. I live in Luanda [loo-AHN-dah], the capital city of Angola [an-GOH-lah]. Carol [*indicate other girl*] is my neighbor and my best friend. We play together a lot.

On Sabbath morning my mom gets us up early so we can get to church on time. We live a long way from the church and have to ride a little bus to get there.

I asked her mom for permission to take Carol with me to church. She's been coming to church with me nearly every week for two years.

MISSION POST

- Whether we live in a country with many Adventists (Angola has more than 300,000, about one Adventist for every 50 people) or few, the best way to bring someone to Jesus is by being their friend and showing them God's love. Neidi did that for her friend Carol, and now Carol is sharing God's love with her own friends. This is called "friendship evangelism" and means making friends with people and sharing Jesus.
- Even though one person out of every 50 in Angola is an Adventist, 49 out of 50 are not. That means lots of people still need to know that God wants to be their special friend. And someone has to tell them.

Carol: I like Sabbath School. I especially enjoy hearing the stories about Jesus and the mission stories the teacher tells every week. I like singing the songs too. When Neidi and I play together during the week, we often sing the songs we sing in Sabbath School.

Sometimes Neidi and I play Sabbath School together. We sing, we tell each other stories, and we pray together. It's fun! We live a long way from the

church, sometimes we stay at church and eat with our friends. We don't want to miss out on the afternoon Adventurer Club meeting, which meets while the adults are having another meeting. In Angola, church lasts all day on Sabbath, and we like it that way.

I especially like the Adventurer program in the afternoon. We learn about nature, sing songs, and pray together. Sometimes our leaders take us on a nature walk, where we can learn more about God's creation. Other times we learn how to organize things, how to take care of the environment, or how to tell others about Jesus. And we have learned the Ten Commandments.

Neidi: Carol and I were best friends even before I invited her to go to church

with me. Now we're best friends with Jesus, too. We like to do things together, and our favorite thing to do is worship God! It's fun to worship God together.

I wish every child would invite their best friend to Sabbath School. That's what I did! They may accept, and then you can have a best friend in church as well as in your neighborhood.

Carol: I agree. I'm so glad that Neidi invited me to go to church with her. I didn't know much about Jesus until I came to church. Now Jesus is my special friend.

Leader: And don't forget to bring your mission offering to Sabbath School. That's another great way to help people learn that Jesus loves them. 🌍

FUN WITH PORTUGUESE

Although almost everyone speaks another language too, Portuguese is the official language of Angola. Roll the letter *r* so it sounds almost like a *d*. Pronounce vowels as follows: *ah* as in father; *ai* as in eye; *ay* as in hay; *ee* as in bee; *eh* as in bet; *ih* as in tip; *oh* as in toe; *oo* as in boot; *uh* as in cup. The accented syllables are written in capital letters.

Common Phrases

Good morning
Happy Sabbath
Welcome
(to Sabbath School)
Hello
Please
Thank you
You're welcome
Yes
No
Goodbye

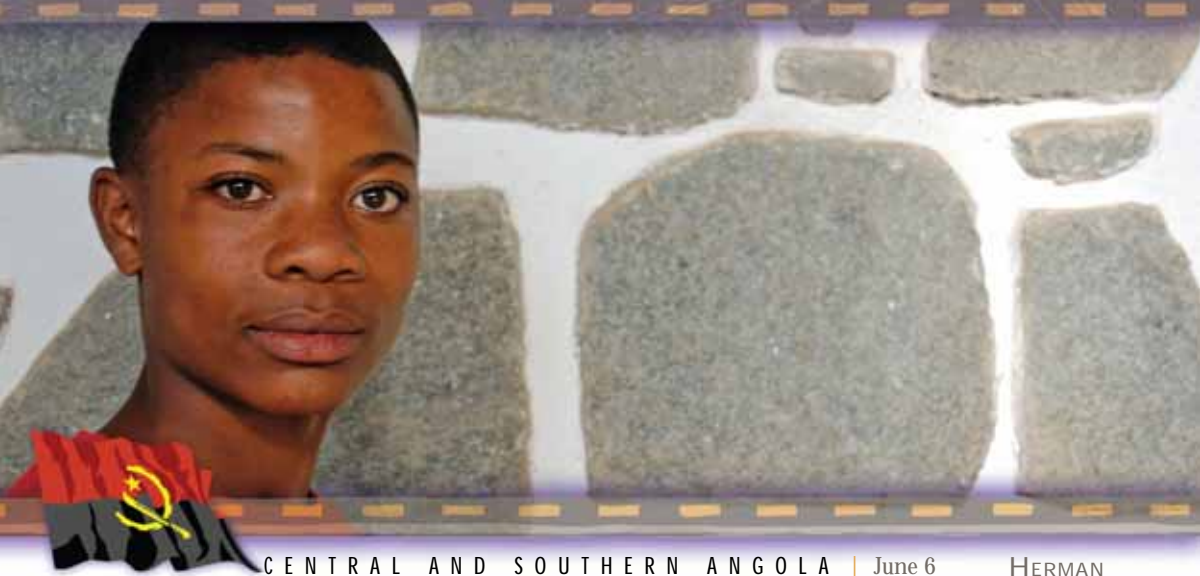
Write it

Bom dia
Feliz Sábado
Bem vindo
a escola Sabatina
Oi (ola)
Por favor
Obrigado* -a
De nada
Sim
Não
Tchau

Pronounce it

bohn DEE-ah
fay-LEEZ SAH-bah-doh
bayn VEEN-doh
ah es-KOH-lah sah-bah-TEE-nah
oy (OH-lah)
por fah-VOR
oh-bree-GAH-doh* (dah)
jee NAH-dah
seen
now
chow

* A boy uses the O ending; a girl uses the A ending.



DANGER IN THE NIGHT

[Ask a junior boy to present this first-person report.]

Herman loves to help his father during evangelistic meetings. But one time his willingness to help got him into big trouble. Let's let Herman tell us what happened.

MISSION POST

- It was frightening for children and adults alike to live through the civil war in Angola. The war was especially difficult in the area near Huambo, where Herman lives. This is also the location of the Adventist Church's headquarters in Angola. Many of the buildings belonging to the church were destroyed or severely damaged. But soldiers avoided destroying the churches, and many found refuge inside during the difficult times.
- Bongo Mission, where the Adventist Church work started in Angola, was seriously damaged. Some buildings must be destroyed and rebuilt. Part of this quarter's Thirteenth Sabbath Offering will help transform the mission complex into the site of Bongo Adventist University.

Herman's Story

I was just 6 years old, and Angola, my homeland, was at war. Some fierce fighting took place not far from where we live. It was a scary time for everyone.

My pastor knew that people needed the hope of Jesus, so he arranged to hold evangelistic meetings in a village where only a few Adventists lived. He asked my father to operate the public address system, and Dad invited my sister and me to go with him.

We arrived and set up for the meetings. Lots of people came to the first meeting. As I watched people walk in and sit down in the tent, I noticed some men dressed in heavy overcoats. This was strange, because it wasn't winter. Just then a deacon whispered to me, "Tell your dad not to show the slide presentation. There are strangers here, and they have guns!" I

ran to tell my dad what the deacon had told me.

Some people left the meeting when they saw the strangers come in, but others stayed to hear the pastor's sermon. Because my family did not live in that village, we didn't know whether these strangers were villagers or had been sent to disrupt the meeting.

The meeting ended without any trouble, and Dad sent my sister and me to our tent, which he had set up nearby. We ate our supper and went to bed. I was really tired, so I fell asleep quickly.

Shots in the Night

I awoke with a shock when I felt someone grab my foot and pull me from the tent. "What—?" I cried, trying to figure out what was happening. Then I heard shots being fired. Bullets flew through the air just above our tent.

"Run!" My sister shouted at me. I stumbled to my feet and ran after her. We found a small school nearby and ran inside. We found some other people hiding there. We crouched in the corner and stayed quiet. The men who had chased us couldn't find us, but we could hear them talking. They were looking for us.

The voices faded, but we didn't move. We knew they could be waiting outside for us. We stayed still for quite a while, and then my sister grabbed my hand and said, "Let's run!"

We raced out of the school and into the surrounding bush. Suddenly we heard someone shouting, "There they are!" All around us we heard shouts and gunfire. We realized that the men

who were shooting were rebel soldiers. We hid behind some bushes and stayed as quiet as possible. We barely moved until early the next morning. As the sun began to light the sky, we ventured out to find our dad.

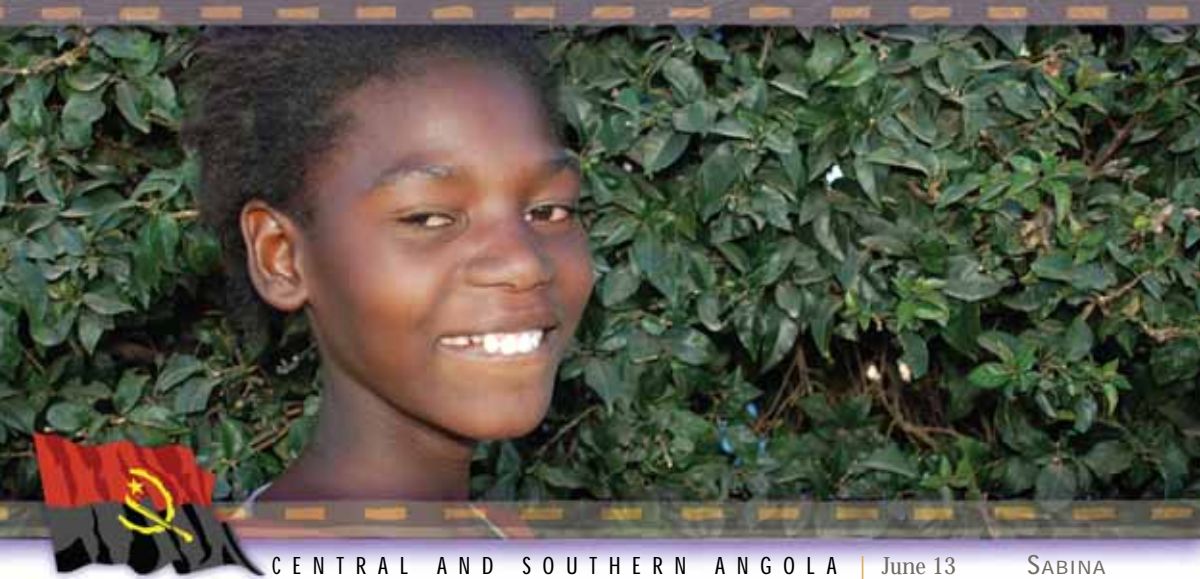
Safe at Last

We found him, and we hugged tightly for several minutes. Father thanked God that we were OK. We learned that no one had been killed or injured in the shooting. The generator we were using was destroyed and a speaker was missing, but everything else was where we had left it. It was too dangerous to stay in this village, so we packed our things and returned home.

We couldn't return to the village until the fighting stopped. Then the pastor returned to the village and held a series of meetings there. During those meetings a man stood and said that he had taken part in the raid on the meetings during the war. Now he had come to hear the gospel for himself.

Today there's a church of 200 in that village. I'm glad that God didn't abandon the village because of the war. I'm old enough now to realize the danger we were in that dark night. But I'd do it again if God asked me to.

Angola has many Adventists. Now that peace has come to our country, we want to rebuild the schools that were damaged or destroyed during the fighting. Part of this quarter's Thirteenth Sabbath Offering will help rebuild three schools in Angola. Thank you for helping us teach others about God. 🌍



NO MORE SNEAKING TO CHURCH

Today's story comes from southern Angola. Who can find Angola on the map? *[Let a child try.]* It's about a girl named Sabina. She is in the third grade and has five brothers and sisters.

MISSION POST

- Sabina lives in southern Angola. During the war in Angola, Quicuco [kee-KOO-koh] mission school was badly damaged and had to close. It's still closed, waiting to be rebuilt with the help of our Thirteenth Sabbath Offering this quarter. Hundreds of children who live near Quicuco are waiting to go back to school, for it's the only school in the region. It cannot open until its buildings are repaired and new roofs are put on.
- Pray for the children of Angola who are suffering because they cannot attend school. They want to study so that they can have a better life when they grow up.

Father's Threat

Every week Sabina and her brothers and sisters went to church on Sabbath with their mother. Her father went to church on Sunday. Then one day Father told Mother that the children would attend his church on Sunday.

Sabina loved Sabbath School and didn't want to stop going. But Father threatened to punish them if they went with Mother to church. Quietly Mother and the children prayed that somehow they could go to church on Sabbath morning.

Sneaking Off to Church

The next morning the children got up and ate breakfast. Father was still asleep, so they dressed quietly and slipped out of the house with Mother. They had a wonderful Sabbath at church. When they returned home from church, they found Father had been drinking. No one said a word about church.

On Sunday morning Father slept late, so Mother sent the children to their grandmother's house. When Father got up he went to church alone. The children returned home later that afternoon and found Father asleep.

During the week Mama and the children prayed that Father would allow them to go to church on Sabbath.

Sleepy Father

The next Sabbath morning, Father was still asleep when Mother and the children got up and ate breakfast. The children dressed and went to church with her. And when they returned home later in the afternoon, Father was sleeping again. When he woke up and realized the family had gone to church, he threatened the children, but he never punished them.

For many weeks Father threatened to punish the children if they went to church with Mother, and every Sabbath morning he was sound asleep when they left for church. Sometimes he was angry

when he realized that the children had disobeyed him, but he never punished them. And all the time the family prayed for him.

Father's Surprise

Then Father stopped going to his church. Mother and the children wondered what had happened. Then Sabina invited her father to go to church with them on Sabbath. To their delight, he went. "We were so happy to have Father come to church with us," Sabina said. After worship Father offered to go to church with the family the next week and then the next.

In time Father stopped drinking. He asked the pastor to study the Bible with him, and last year he was baptized. "Now we're a happy family," Sabina says. "We don't have to sneak away to church, and Father doesn't threaten us. Our home is peaceful now."

Sabina would like to tell children in Sabbath School to pray for their parents, especially if they don't know Jesus. 🌍

FUN WITH MBUNDU

Following are some words and phrases in Mbundu, one of several languages spoken in Angola. Vowels are pronounced as follows: *ah* as in father; *ai* as in eye; *ay* as in hay; *ee* as in bee; *eh* as in bet; *ih* as in tip; *oh* as in toe; *oo* as in boot; *uh* as in cup; *u* as in cube. The accented syllables are written in capital letters.

Common Phrases

Happy Sabbath
Welcome
Hello
Thank you
Yes
No
Goodbye

Write it

Esambata Liwa
okuia kua
kalunga
twapandula
oco
sio
lalepo

Pronounce It

eh-sahm-BAH-tah LEE0wah
oh-KWEE_ah KOO-wah
kah-LOON-gah
Twah-pahn-DOO-lah
OH-cho
SEE-oh
lah-LEH-poh



CENTRAL AND SOUTHERN ANGOLA | June 20 JOAQUINA AND MARIA

THE PERFECT SABBATH

Maria and Joaquina [whah-KEE-nah] are sisters. They live in Lubango, a city in southern Angola. [Locate Angola on a map.] On Sabbath, Mother and the girls went to church. But Papa didn't go to church with the family.

Papa, Please Come

The girls and their mother often invited Papa to go to church with them, but usually he said he was too busy to go.

Then one day, Papa smiled and said he would go to church with them. And he did!

MISSION POST

- Next Sabbath is Thirteenth Sabbath. This means that a special mission offering will be taken, to help complete several important projects.
- In Zambia a new university is just starting. Our Thirteenth Sabbath Offering will help provide a library for the university's thousands of books.
- In Angola many schools were destroyed during the long civil war. Many children have no school to attend. Our offering will help rebuild two primary schools and remodel Bongo Mission to provide a home for Bongo Adventist University.
- Bring a big offering next week so all these important projects get the help they need.

On Sabbath the family walked to church together. Maria held Papa's hand, for she wanted him to know how glad she was that he was going to church with them. Mama held Papa's other hand. Papa laughed at how happy they were that he was going to church with them.

"I sat with my papa until it was time for the children to go to our class for our lesson," Maria said. "All through Sabbath School I thought about Papa sitting in Sabbath School with Mama. My little sister Linda wriggled on my lap. I think she was happy too. I

really like Sabbath School, and usually I feel sad when it's over.

"After lunch that day, we returned to the church for the afternoon meeting. And Papa went with us. It was a perfect Sabbath. When the sun set, we thanked Jesus for such a happy day.

A New Family Tradition

"The next Sabbath, Papa was ready for church before we were! He knows we want him to come. Papa is happier now since he started worshipping God with us. We all are happier now that Papa has joined us."

Joaquina says that the family has worship together every evening. "We sing and pray and sometimes we listen to a Bible story. We don't have Sabbath School lesson books, so Mama tells us a Bible story or she reads a story from the

Bible. But the best part is when Papa prays with us."

Two Happy Missionaries

Maria and Joaquina were surprised when we told them that they are missionaries. They invite friends at school and in their neighborhood to come to church with them. And if someone doesn't come the first time, the girls continue inviting them.

Joaquina and Maria would like to ask you who brought you to church today. If one of your parents doesn't come to church, invite them to come and to accept Jesus as their Savior.

We can be missionaries by inviting people to come to Jesus and by giving our mission offering every week. Who has been a missionary this week? 🌍

AFRICAN HUT CAKES

Make these up ahead of time to serve as a dessert, or provide children with cupcakes and decorating needs and let them decorate their own.

- **baked cupcakes**
- **marshmallows, cut in half**
- **candy flowers**
- **frosting tinted tan and green**
- **chocolate wafers (Hershey's bar broken into pieces or Andes wafers)**

Bake a batch of cupcakes (spice flavor looks most realistic) in paper cupcake liners. Remove cupcake liners, leaving a corrugated surface on the cupcakes. Place a dab of frosting on top of the cupcake and top with a marshmallow half to create some height. Using the writing tip from a decorating kit, stroke downward from the top of the marshmallow to the edge of the cupcake to create a thatched roof.

Pipe a small amount of frosting onto the side of the cupcake and press a chocolate wafer into place to resemble a door. Pipe some green frosting around base of cupcake and press miniature candy flowers into it.



THIRTEENTH SABBATH PROGRAM

If your division will present the Thirteenth Sabbath program for the adults:

- Practice one or more songs from the quarterly or the website (www.AdventistMission.org) to sing during the program or as an offertory.
- Arrange for the children to carry “bricks” (made from Styrofoam, wood, or cardboard boxes painted brown or red) onto the platform to represent the schools in Angola and Zambia that will benefit from the Thirteenth Sabbath Offering. Ask an adult to mention each of the special projects as the children place their brick on top of one another as if laying a brick wall. Practice this so they will know how to balance the bricks. If necessary, place some glue on top of a layer so that the next layer will stick. (See the box on the map on the back cover of Children’s Mission for a list of the projects).
- Send home a note to remind parents of the program and to encourage the children to bring their Thirteenth Sabbath Offering on June 27.
- If your division will not join the adults for a special program, present the following story during the mission time or invite a guest to speak to the children about life in one of the countries of southern Africa.
- Remind the children to bring their Thirteenth Sabbath Offering. Count the money and let the children know how much they have brought for missions during the quarter and how much they gave for Thirteenth Sabbath today. Praise them for what they have done and let them know that their offerings will make a big difference to children just like them who live in Angola and Zambia.

HE WALKED WITH LIONS

When we are willing to go where Jesus leads, God will protect us.

Takila [tah-KEE-lah] is a Global Mission pioneer in the country of Zambia [*locate on map*]. A Global Mission pioneer is a person who volunteers to work in an area where no one knows that Jesus is coming soon.

Takila went to special meetings to learn how to share his faith in Jesus with others. He learned a little bit about the people he would be working with, too. He learned that the people believe in witchcraft. They go to the witch doctor

when they are sick or when things in their life seem to be going wrong. The witch doctor may chant some strange words, then throw some charms and old bones onto the ground. Then he “reads” the bones and charms and tells the person what the spirits think the problem is. Sometimes he says that the problem is an angry ancestor who has not been worshipped properly, or perhaps the witch doctor thinks someone has placed a curse on the

person, and for a price he will remove the curse. People often test someone's honesty by placing a curse on them. If the person dies, then they must not have been honest and truthful. But if they live, then they can be trusted.

Takila was eager to start working for Jesus. He walked to the first village in his new territory and talked to the chief. Then he talked to the people of the village about Jesus. Soon it was time for him to go to the next village. Takila did not know how far it was to the village, but from what the villagers told him, he thought it was quite near. Takila started out for the next village in the afternoon, when the sun's heat wasn't so fierce.

Tested by Lions

Takila didn't know it, but the people in the village he'd just left wanted to know if what Takila had told them was true. So they had asked the witch doctor to test Takila's honesty by calling on the lions that lived in the grasslands that surround their village.

Takila walked along the path toward the next village. He watched as the sun slipped behind the distant hills. He could see no village in the distance and wondered how far it was. If he didn't find it soon, he wondered where he could stay during the night. As darkness set in, Takila saw lions in the distance. Nighttime was their favorite time to hunt. Takila was frightened, but it wouldn't do any good to cry for help, because no one was around to help him.

He stopped along the path and asked God to send His angels to protect him. Then Takila continued walking. He noticed that the lions were walking in the same direction as he was, but

they did not come closer to him. In the moonlight Takila could see the lions' eyes glowing. Then he said to the lions, "Are you the guardian angels I asked God to send to protect me?"

Takila felt his fear drain away. He continued walking. The lions walked along beside and behind him. Takila grew tired, but there was no place to sleep, so he kept walking. Finally he stopped to rest, and the lions stopped too. When he stood up and started walking again, the lions started walking with him.

All night long Takila walked, and the lions walked with him. Then as the sun began to peek over the distant hills, he saw a village in the distance. With new energy he walked toward it. For a moment he forgot about the lions.

When he arrived in the village, he turned and looked for the lions, but they had disappeared into the tall grass.

The people of the village were surprised to see a stranger enter their village. They asked where he had come from. He told them the name of the village he had come from and that he had walked all night to get to their village.

"The grasslands are full of lions," the villagers said. "How could you walk all night and not be attacked? Many villagers have died when they were caught out of the village after dark."

Takila told the villagers he had asked his God to send angels to protect him. He told them about the lions that had walked beside him all night long. He told them that when he had stopped to rest, the lions had stopped too. And when he had walked on, they had walked on as well.

Word of Takila's walk with the lions quickly spread through the village. Soon a crowd of people gathered around him. The chief asked Takila to tell them again how he arrived at the village without being eaten by hungry lions. Takila told them how he was able to walk safely through the night because the God he serves sent the lions to walk with him.

The chief invited Takila to talk to the villagers about his God. Many people listened and believed in the God Takila serves. When the rainy season ended, a pastor came to baptize those who gave their hearts to God. Many more

people in the villages that are scattered across the plains of Zambia have asked Takila to come and tell them about the powerful God he serves, the God who can send lions to protect a man who trusts in Him.

Our mission offerings help people such as Takila share God's love with those who have never heard about it. Today our Thirteenth Sabbath Offering will help build a school library in Zambia, where Talika lives. Let's share our offering joyfully today so that many others will learn of God's love.

[Offering]

Your Offerings at Work

Three years ago, part of the Thirteenth Sabbath Offering went to Lake View Seminary and Training Center to build a dormitory for women students. Soon a new group of students will call it home.



ELEPHANT PRAYER REMINDER

They say that elephants never forget. So make simple elephant cutouts to remind children to pray for the children of Southern Africa-Indian Ocean Division.

YOU WILL NEED:

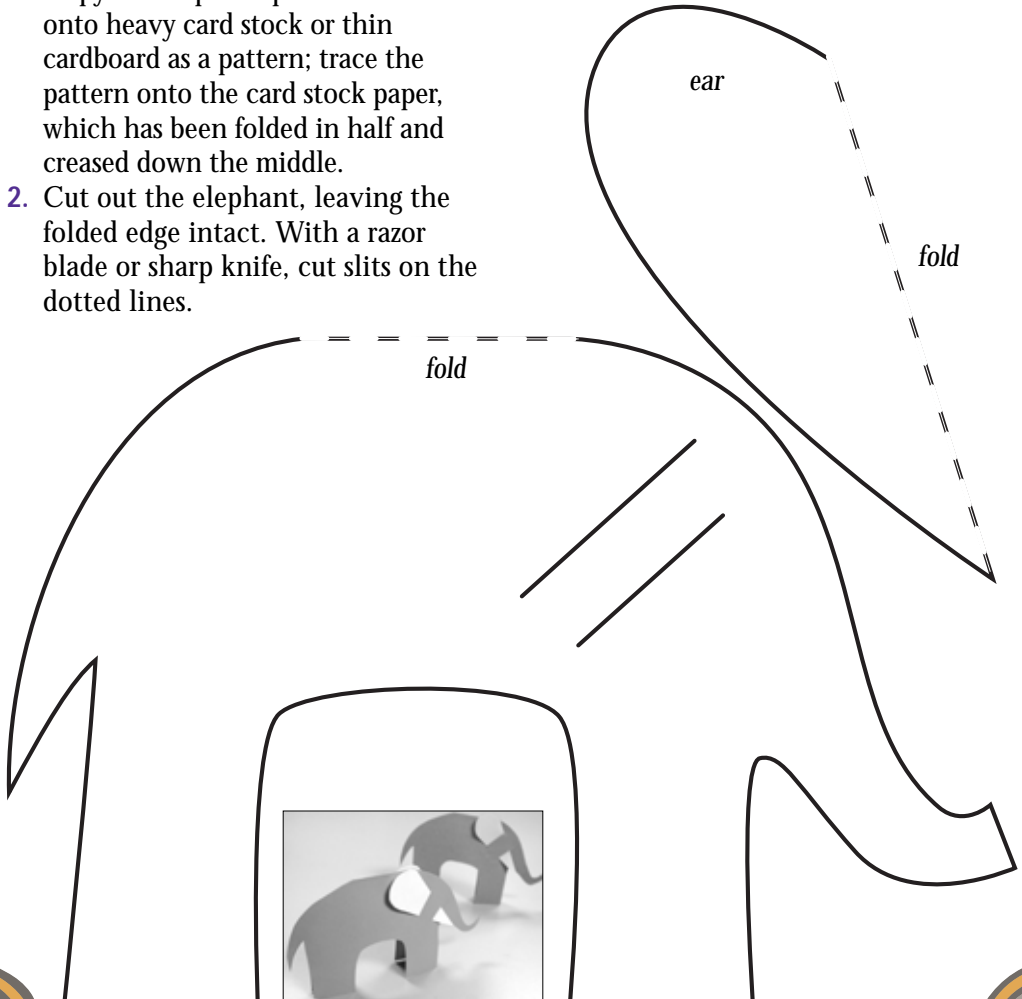
- 1 sheet of heavy paper stock (80-pound stock works well), any color
 - 1 contrasting piece of colored paper for ears and tusks
- patterns below

3. Cut two hearts from contrasting paper and fold each in half lengthwise. Let the children write a message on each of the hearts, then refold and insert one into the slits on each side of the elephant's head.

DIRECTIONS:

1. Copy the elephant pattern below onto heavy card stock or thin cardboard as a pattern; trace the pattern onto the card stock paper, which has been folded in half and creased down the middle.
2. Cut out the elephant, leaving the folded edge intact. With a razor blade or sharp knife, cut slits on the dotted lines.

Children can write "Pray for the children of Africa" on the elephant.



AFRICAN SAFARI PUZZLE

If you were to really visit Africa, what would you see? Find the words in the puzzle below.



Foods

Bananas
Cassava
Cocoa
Nsima
Peanuts
Plantains
Potato
Rice
Yams

Animals

Camel
Elephant
Giraffe
Hippo
Lion
Monkey
Parrot
Toad
Wildebeest

Landscape

Desert
Lake
Mountains
Ocean
Palm
Rain forest
Trees

Places

Africa
Angola
Zambia

When photo copying, enlarge this page to fit full page on paper.

NSIMA (NSHIMA)

Nsima is a thick porridge eaten by many in Africa. While most Africans like it thick enough to form into a ball and eat with their fingers, Angolans, highly influenced by the Portuguese, like their nsima thinner and eat it with a spoon or fork. The thickness of the porridge is determined by the proportion of cornmeal to water. For a thinner nsima, add less cornmeal during the final stage.

- 1 quart hot (not boiling) water
- 1½ cups finely ground cornmeal
- 1-1½ cups additional cornmeal

Heat water in a two-quart pan on a burner turned to low or medium-low heat. Slowly sprinkle 1½ cups cornmeal into water, stirring briskly to prevent lumps from forming. When the cornmeal is completely dissolved, cover and let stand about 10 minutes, stirring every couple minutes to prevent it from burning or sticking. Watch heat carefully. Porridge should thicken as cornmeal absorbs the water.

Slowly sprinkle in additional cornmeal, stirring to blend. Porridge will thicken as you add the additional cornmeal. Stop adding cornmeal when porridge is *almost* as thick as you want it. It will continue to thicken as it stands. If porridge becomes too thick, add a small amount of *boiling* water and stir well. Serve warm (not hot) in place of starch in a meal. Because nsima is bland, most people dip it into accompanying foods, such as cooked beans or a soupy stew.

LONBI (LONG-BEE) (SPINACH AND OKRA)

- ½ pound fresh spinach (remove veins from larger leaves and wash) or 10 ounce package frozen, chopped spinach
- 2-3 large (4-inch) okra, sliced thin
- 1 small to medium onion, finely diced
- 2 or 3 small tomatoes, finely diced
- 2 cloves garlic, minced or mashed with salt in pedestal
- 1 Tablespoon olive oil

Steam or boil fresh spinach and okra two or three minutes in pressure cooker or until tender. Set aside. In a frying pan, fry onion, tomatoes, and garlic in olive oil, stirring until onion is transparent. Add onion mixture to okra and spinach; stir well to blend, and serve immediately.

Contributed by Adelina Adelaide Lucas of Lubango, Angola.

BEAN STEW FOR NSIMA

Cook beans, adding garlic, onions, bay leaves, and chopped tomatoes to taste. Beans can be somewhat soupy.

IFISASHI (ZAMBIAN STEW TO ACCOMPANY NSIMA)

Most Zambians wouldn't feel they have eaten a meal unless they eat nsima and some form of ifisashi, or stew. Often this stew is vegetarian, since meat is not readily available in many households.

1 onion, sliced
2 medium tomatoes, sliced
2 bunches fresh collard greens
(or spinach), washed and chopped

1 cup raw peanuts, ground
Salt to taste
Water

In a medium saucepan, place about $\frac{1}{2}$ cup water. Add the onion, tomatoes, ground peanuts, and salt to taste, and bring to a boil. Let simmer a few minutes, adding water if needed. Add the chopped greens and stir occasionally while cooking until the peanuts are soft and the mixture has become fairly thick and buttery (15 to 20 minutes). Serve hot with nsima.



While people in Angola prefer to eat nsima with a fork, the proper way to eat nsima in Zambia and most of eastern Africa is with your fingers.

Following are sources of information that have proved helpful in preparing programs for *Children's Mission*. You may want to order these for your own Sabbath School.

ADVENTIST MISSION RESOURCES

Visit our website for additional photos, recipes, language pages, puzzles, and other activities that you can download and print to make mission more fun for children. Go to www.AdventistMission.org. Click on "Resources" then "Children's Activities" in the pop-up menu. Choose the activity you want to download and print.

Adventist Mission DVD is a free video that features stories from the featured countries as well as the worldwide mission of the Church. Ask your Sabbath School superintendent for it. Or go online at MissionDVD.org to download the DVD.

BOOKS

Children Just Like Me, by Barnabas and Anabel Kindersley (New York: Dorling Kindersley Books, 1995). A beautifully illustrated large-format book that introduces children to many different cultures through children. Includes information on the children's hobbies, homes, schools, and lifestyle. Also available: *Children Just Like Me Sticker Book*.

MISCELLANEOUS

Library: Browse through the children's and travel sections of a public library or bookstore for picture books on Angola, Zambia, or southern Africa in general. Children will be especially interested in books about the African animals that live in game reserves throughout this region.

Travel Agencies: Travel agencies often have colorful brochures on tourist destinations in southern Africa. Call or visit one and ask what they have available to help you portray the scenery and culture of this region.

Embassies and Tourism Offices sometimes can provide interesting information on their country. In North America contact:

The Embassy of the Republic of Angola, 2100-2108 16th Street NW, Washington, DC 20009, (202) 452-1042 or (202) 785-1156. Or visit the embassy's website at www.angola.org/. The Embassy of the Republic of Zambia, 2419 Massachusetts Avenue, NW, Washington, DC 20008, (202) 265-9717, e-mail: embzambia@aol.com. Or visit www.zambiaembassy.org/.

MCHILDREN'S MISSION

SECOND QUARTER 2009
SOUTHERN AFRICA-INDIAN OCEAN
DIVISION

EDITORIAL

Charlotte Ishkanian Editor
Hans Olson Managing Editor
Emily Harding Layout Editor

OFFICE OF ADVENTIST MISSION

Gary Krause Director
Ganoune Diop Study Centers Director
Rick Kajjura Communication Director
Nancy Kyle Marketing Director
Marti Schneider Programs Director
Homer Trecartin Planning Director

COMMUNICATION

Laurie Falvo Projects Manager
Charlotte Ishkanian Mission Editor
Andrew King Video Producer
Hans Olson Projects Manager
Daniel Weber Video Producer

Children's Mission (ISSN 0190-4108) is produced and copyrighted © 2009 by the Office of Adventist Mission, General Conference of Seventh-day Adventists, 12501 Old Columbia Pike, Silver Spring, MD 20904

Printed in U.S.A.

Second Quarter 2009
Volume 55, Number 2

ADVENTIST® and SEVENTH-DAY ADVENTIST® are the registered trademarks of the General Conference of Seventh-day Adventists®.

Internet: www.AdventistMission.org

Permission is granted to reproduce material from this quarterly for use in local Sabbath Schools and children's ministries programs. Permission to reproduce any portion of this material for sale, publication in another periodical, or other commercial use must be authorized in writing by the editor at the above address.

For subscription inquiries, e-mail Julie Haines at jhaines@rpha.org or call 1-800-456-3991 or 1-301-393-3280. Annual subscription rates per edition: domestic, US\$7.50; international, US\$14.50.

Southern Africa-Indian Ocean Division

