



CHILDREN'S MISSION

2015 • **QUARTER 1** • NORTH AMERICAN DIVISION



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On the Cover: Ryleigh, 10, is a student at Parkersburg Academy in West Virginia. She enjoys reading to her friends at the Eagle Pointe Senior Center.

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Your Offerings at Work



The South-Pacific Division (SPD) received the Thirteenth Sabbath Offering for the First Quarter, 2013. One of the projects was to provide solar-

powered "Godpods" containing the Bible and other religious literature for people in Papua New Guinea, Solomon Islands, and Vanuatu. Here is a letter of thanks:

"The Godpods have been a huge blessing for the church to use as a tool to reach the people in the SPD. For many, this is the first time they have heard the gospel message. The Godpods are

freely distributed to those who are poor, illiterate and are in isolated areas. We are making good progress in distributing 5,750 Godpods . . . [and] would like to express our deep gratitude to the General Conference and the church for their support to bring the everlasting gospel to all nations, tribes, peoples, and tongues through the Thirteenth Sabbath Offering for the Godpods.

Geraldine Przybylko, Adventist
Media Network, Wahroonga,
N.S.W., Australia



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Dear Sabbath School Leader,

Welcome to a new year, a new quarter, and a new division on which to focus our attention and our prayers.

North American Division

The North American Division includes Canada, the United States of America and its territories of Guam and Wake Island, the Federated States of Micronesia, the island nation of Bermuda, and several island possessions.

God raised up the Seventh-day Adventist Church in North America, where it was officially organized in 1863. Today the Adventist Church has more than 18 million members, and ministers in 216 countries around the world in more than 900 languages.

But growth of the church in North America, like much of Europe and Australia, has slowed. Today the North American Division (NAD) has a little more than one million members, comprising less than 7 percent of the

church's worldwide membership.

This quarter we're featuring exciting stories coming from some of the most remote parts of this division—from the warm tropical islands of Guam and Micronesia to the cool and beautiful state of Alaska and the rolling mountains and rivers of Appalachia, you will see God's hand moving in mighty ways through His people in NAD.

Offering Device

The special children's project will help provide mattresses for the campers at Camp Polaris in Alaska. Print out 2 copies of the Alaskan flag (from our website) and paste one onto a large poster. Take the other copy and cut out the stars. Invite the children to color the flag on the poster board, but leave the stars white. Then invite them to color the cut out stars yellow/gold. As your class reaches its weekly or cumulative mission offering goal, add a yellow star to the flag. When your goal has been completely reached add the large north star to the flag.

Special Feature

Mission Spotlight DVD contains several stories from North America, including one specifically for children. Download a story or stories from www.adventistmission.org/dvd.

Thank you for all you do to help children understand the joy of mission.

Wishing you God's richest blessings,

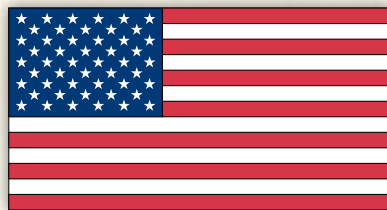
Gina Wahlen, editor

Opportunities

This quarter's Thirteenth Sabbath Offering will help:

- build bathhouses with showers and toilets at Camp Polaris, near Dillingham, Alaska
- hold 35 evangelistic meetings simultaneously across the Mountain View Conference, West Virginia
- provide gymnasiums for Adventist schools in the Guam-Micronesia Mission
- CHILDREN'S PROJECT: provide mattresses for the children at Camp Polaris.





ALASKA | January 3

Polaris

A Guiding Star

Many years ago, Mr. and Mrs. Murray and their four children lived in the little town of Humptulips, Washington. Mr. Murray was a fisherman, but during the 1930s, many people did not have jobs because of “The Great Depression.”

One day the Murray family decided to move to Alaska. Mrs. Murray’s brother was there and he said that there was plenty of good fishing in Alaska.

So the Murrays traveled more than 2,500 miles (4,023 km) north, arriving at Dillingham, Alaska. From there, they took a boat up the Wood River, finally arriving on the shores of Lake Aleknagik.

Living in a Log Cabin

The Moody family found a good place to settle beside the lake, where they built a small log cabin. Mr. Moody and the eldest son took their fishing boat to Bristol Bay to go fishing.

Things were going well for the Moody family until one day, when something very sad happened. As Mr. Moody and his son were coming home, an accident happened and they both drowned.

Every day Mrs. Moody, and her two remaining sons and daughter prayed together. On Sabbath they met with Mrs. Moody’s brother’s family. During the week, Mrs. Moody carried on the family fishing business, with the help of her younger sons, Lloyd, 14, and Roland, 13.

The two boys grew up fast and for many years they couldn’t go to school because they had to work as fishermen.

Going Back to School

Finally, Lloyd and Roland were able to return to school. But now Lloyd was 21 and Roland, 20! Even though they were much older than the other students, they still wanted to finish their education.

Early each morning, Roland built a fire in the wood stove at school. During that time he enjoyed talking with the schoolteacher, Miss Jackie, who was about the same age as Roland. After he finished school, Roland married Miss Jackie.

The Mission School

The new Mr. and Mrs. Moody built their own little home beside Lake Aleknagik. After a while, they built a Seventh-day Adventist school on their property by the lake. They called it “The Mission School.” So many students wanted to come to the mission school that soon the Moodys also built two dormitories for them. Before long the Moodys built the first Seventh-day Adventist Church in Aleknagik, Alaska.

As the school grew, Mr. and Mrs. Moody started a summer camp—a place where kids could come to have fun and also learn more about God. They named the new place “Camp Polaris”—after the guiding light of the North Star.

Camp Polaris

During the past 60 years, many children have enjoyed Camp Polaris. The parents, grandparents, and even great-grandparents of the children of today went to the camp as children, and many of them still enjoy coming to Camp Polaris on Sabbath when they have a big potluck together every year.

Many of the children who come to Camp Polaris don’t have very happy lives at home. They look forward to their one week of camp all year because they know that they will eat good food, have fun, learn about Jesus, and feel that someone loves and cares about them.

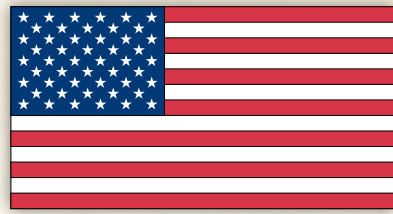
Unfortunately, the camp can only be open one week during the whole summer because it is a very old camp. There are no toilets—only outhouses that have been there since the camp started more than 60 years ago. There are no showers where the campers can wash and get warm after swimming in the very cold lake. And many of the beds have no mattresses to sleep on—just wooden planks.

The good news is that you can help the children of Alaska by bringing your Thirteenth Sabbath offering to Sabbath School. Children and adults from around the world are giving to this special mission offering so that Camp Polaris can have a new bath house with showers and toilets, and mattresses for all of the camp beds. After these improvements, the camp may be able to be open longer so that more children can enjoy coming to Camp Polaris.

Thank you for praying for the children in Alaska and for giving to the Thirteenth Sabbath Mission Offering! 🌍

Fast Facts

- The term Alaska native refers to Alaska’s original inhabitants including Aleut, Eskimo and Indian groups.
- Alaska officially became the 49th state on January 3, 1959.
- Alaska is the United State’s largest state and is over twice the size of Texas. Measuring from north to south the state is approximately 1,400 miles long and measuring from east to west it is 2,700 miles wide.
- Nearly one-third of Alaska lies within the Arctic Circle.



ALASKA | January 10

Finding Jesus at Camp

Children at Camp Polaris

Twelve-year-old Logan* was the toughest kid in the cabin at Camp Polaris. He wanted to be in charge of everyone and everything. One night, Logan decided that he wasn't going to bed. The two counselors in Logan's cabin talked quietly together and came up with a plan.

"OK," they told Logan, "you can stay up—as long as you read the Bible." Logan agreed. But there was a problem—he didn't have a Bible. In fact, he had never read one.

"Here, you can read my Bible," said the boys' counselor as he handed his Bible to Logan.

"OK," said, Logan. "So I don't have to go to bed now?" he asked.

"That's right," said the counselors. "As long as you are reading the Bible."

* Not his real name.

New Stories

Logan took the Bible and a flashlight, and stepped outside and sat down on the steps of the cabin. He opened the Bible and started reading in Genesis: "In the beginning, God created the heavens and the earth" (Gen. 1:1). Logan kept reading, and for the very first time he learned about creation, and about Adam and Eve, about Noah and the flood. He liked the stories so much that he just kept reading all the way through Genesis.

The next morning Logan was excited. "I actually found some cool stories in there," he told his counselors. "I really liked the story of Joseph. How was he able to go through all that stuff?"

Logan asked many questions, and his counselors patiently answered each one of them, explaining how Joseph loved God and trusted Him, and that the same

God who cared about Joseph cared about Logan, too.

Jesus Can Help

Many of the kids who come to Camp Polaris don't know the Bible stories. Other kids might know the Bible stories, but don't really understand that Jesus wants to be their friend.

Another camper, Heather, was kind of like that. Heather was from Delta Junction, a small town way up north at the end of the Alaska Highway. Heather loved going to camp every summer, and she kept a daily diary. One day during camp she wrote in her diary, "And of course we had to do worship, and that was dumb."

But as Heather kept coming back to camp each year, she started to like the camp worships. One worship talk she especially enjoyed involved a candle and a balloon.

The worship speaker put a candle on a table, then he lit the candle. After that he took a balloon out of his pocket, blew it up, and tied it. Then he held the balloon right over the lit candle, and . . . BANG! The balloon popped right away.

Then the speaker took another balloon and put some water in it before tying it. He then held that balloon over the lit candle, and . . . it didn't pop! All of the children were amazed.

"The presenter explained that we are like the balloon and the water represents Jesus," Heather said. "If we have Jesus in us, He calms us and gives us peace and strength—He's Someone we can hold onto."

They Keep Coming Back

Heather is now grown up and each summer she comes back to Camp

Mission Post

- The Alaska Conference of Seventh-day Adventists was established in 1901—58 years before Alaska became one of the states in the U.S.A.
- The Alaska Conference covers one of the largest territories in the world. Many areas of the conference are accessible only by boat or airplane.
- As of 2013, there were 3,842 Adventist members in Alaska, and 29 Adventist churches.

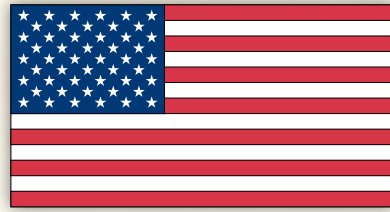
Polaris where she works as a life guard and counselor. And she tries to pass on the lessons that she learned when she was a camper there.

"I've lived in Alaska all my life," Heather says, "and Camp Polaris is the most isolated place I've ever been. But, it's definitely a place where you can feel very close to God. I really love it up there."

Let's remember our Thirteenth Sabbath Offering so that we can help the kids at Camp Polaris have better beds, and showers and toilets. Thank you. 🌍

Campers carrying their "mattresses."





ALASKA | January 17

Chad

Changing People's Lives

When I was eight years old and I couldn't go to junior camp because I was too young. Many people here in Alaska call Camp Polaris, "junior camp."

I went there to drop off my older sister and cousin, and when I had to get back in the boat to leave I started crying. I wanted to stay at camp so bad with all the other kids! They were having fun, they had a schedule, everybody seemed happy, and I wanted to be there, too!

When I turned 9 I finally got to go to camp. I was so excited and absolutely loved being there! I went every year until I was too old for camp. There were many fun and interesting experiences I had there, but one that I especially remember happened the summer I was 14 years old.

Ghost Stories

We were all in the cabin, and some of the boys wanted to tell ghost stories.

It was around 12:30 in the morning and I told them that I just wanted to go to sleep, but they started telling ghost stories anyway. Our counselor was asleep, so he didn't know what was going on.

After a while, things started getting really scary. One of my friends was sitting in the corner very quietly. After the last ghost story was told, he jumped up and ran to the other side of the cabin where I was. The only beam of light that was showing through the door was shining right by my bunk bed, and he wanted to be there beside me. "Chad," he said, "I don't know what happened, but I'm really scared—something happened to me."

I was scared, too, and said, "Let's get a Bible!" I started reading the Bible to him, and another friend joined us on my bunk because he was scared, too. I kept reading the Bible, but I could see that my friends were still scared, so I said, "Let's go outside."

Angels on the Mountain

The moon was shining brightly and we could see the lake and the huge mountains all around us. As I looked up at those tall mountains, I remembered the Bible story about when Elisha's servant was so afraid because they were surrounded by their enemies. Elisha prayed that God would open the eyes of his servant, and God answered his prayer. Suddenly the man saw angels in fiery chariots all around them.

Remembering that story, I suddenly blurted out to my friends, "You guys, look! Look at the tops of the mountains! All the angels are on this mountain!" You could just see my friends calming down. We went back into the cabin and fell asleep.

The next morning, I felt so humbled that God would have actually used me to help my friends. I was telling myself, "I can't believe that I was a part of that—I'm too young for God to use me." But now I know that God did use me to help

my friends—you don't have to be "old enough" for God to use you—you just have to be willing.

Changing Lives

Camp Polaris is really old and worn down now, but I know that people are trying hard to get money to build the camp back up again. God has used that place to help so many people who live here, and people from all over Alaska have heard about what a wonderful place it is. I believe that if we keep on building it up, making it an even better place, God will keep on using it to change people's lives for the better, like mine.

We are so happy that Camp Polaris was chosen to receive part of the Thirteenth Sabbath Offering this quarter. Even though the children love coming to camp now, I know that they will be even happier to have mattresses to sleep on, and real toilets and showers. 🌍

Chad Angasan, a native Inuit/Aleut, is a Global Mission Pioneer pastoring in the village of Togiak, Alaska.

Let's Cook

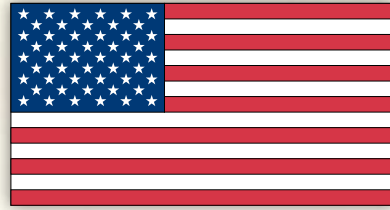
CABBAGE SOUP

Soup is very nice to eat during the long, cold winters in Alaska.

- | | |
|--|----------------------------|
| ½ head cabbage, shredded | 3 medium carrots, sliced |
| 3 medium onion, chopped | 1 cup canned green beans |
| 1 medium bell pepper, chopped in medium chunks | 1 cup canned beets |
| 4 cups vegetable juice | 1 ½ tsp. Italian seasoning |
| 1 can (16 oz.) tomato, chopped | ½ tsp. garlic powder |
| 1 packet onion soup mix, dry | salt, to taste |
| 5 stalks celery, chopped | 2 ½ cups water |

INSTRUCTIONS

Put all ingredients into a large pot and cook until tender. Makes 16 servings.



ALASKA | January 24

Ken and Debbie Reiswig

The “Camp Lady” and the “Camp Man”

Sammy had a problem—he really, really wanted to go to camp, but his family didn’t have any money. He had heard all about Camp Polaris from his friends—about the wonderful songs they had learned around the campfire, about the delicious food they ate every day, about swimming in the lake, and most importantly, that the people at camp really cared about the kids.

Sammy had also heard that it might be possible for him to go to camp—even if he didn’t have money. He would have to write a letter to the “Camp Lady”, explaining why he wanted to come to camp, and asking for help. Even though her real name was Mrs. Reiswig, everyone just called her the “Camp Lady.”

One day, Sammy got up his courage and took some of his notebook paper and started writing.

The Letter

“Dear Camp Lady, My name is Sammy. I really want to come to camp this summer, but my family doesn’t have any money to pay for it. But I still really want to come. My friends tell me how wonderful it is”

Sammy kept writing and writing. By



Fast Facts

- The Alaska Conference operates three camps—Camp Lorraine (on Vank Island), Camp Tukuskoya, and Camp Polaris.
- Visit the Alaska Camps website at www.alaskacamps.org to see photos taken at the camps.
- Watch stories from Camp Polaris on our Mission Spotlight DVD at www.adventistmission.org/dvd

the time he was finished, he had written four pages to the Camp Lady, telling her how much he wanted to come to camp and asking for her help. Then he took his letter and carefully folded the paper into a neat little packet.

But then Sammy had another problem—how would he get the letter to the Camp Lady? Being very shy, Sammy was scared to give his letter to her. What could he do?

Hiding in the Bushes

Finally, he decided to take his letter to the Camp Lady. Carefully putting the folded letter into his pocket, Sammy started walking. But when he arrived at the Camp Lady's office, he was too scared to go in so he hid in the nearby bushes for two hours!

But even though Sammy was trying to hide from her, the Camp Lady saw him and eventually went outside to see what he was doing. Very shyly Sammy pulled the folded paper packet out of his pocket. Handing the paper to Mrs. Reiswig, Sammy quickly turned and ran away.

Unfolding the packet, the Camp Lady found Sammy's hand-written letter. He desperately wanted to come to camp, but he had no money, and his parents had no

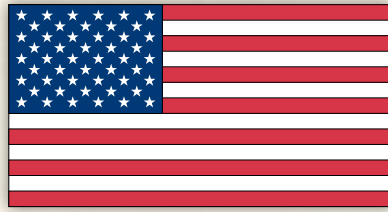
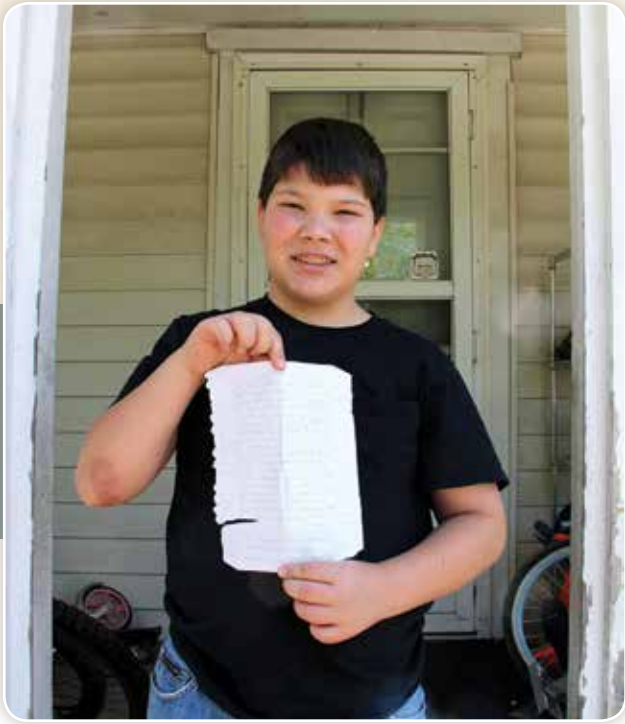
money. After reading his letter, the Camp Lady found a way, and Sammy got to go to camp.

A Little List

Another time, a boy who desperately wanted to go to camp came to see the Camp Lady and explained his plan to her. He would do all he could to earn as much money as possible so he could help pay for his time at camp. Mrs. Reiswig thought that was a great idea and made a little list to keep track of the money this boy was earning. Every few days he would come to her and empty out his pockets—pennies, nickels, dimes, and quarters all came rolling out.

They all came from his hard work such as washing cars, running errands, and other little jobs. Every few days he would give the money to the Camp Lady, who would carefully write it down on his list. One day many weeks later, the Camp Lady was happy to tell the boy that he had earned enough to go to camp. Both of them were very happy!

Mr. and Mrs. Reiswig—the “Camp Lady” and the “Camp Man”—have been looking after Camp Polaris and its campers for the past 20 years. Even during the rest of the year when camp isn't going on, the children know that the Reiswigs still love and care about them, and that they are always welcome to come to their home. The children and their parents know that the Camp Lady and Camp Man will do all they can to help them with whatever problems they are having. And most importantly, the Reiswigs teach the children and their parents about God, His love for them, and that He has a wonderful plan for their lives. 🌍



WEST VIRGINIA | January 31

A Big Heart

Payton

My dog's been shot!" Brayden* blurted out in tears to his friend Payton. "Would you speak at his funeral?"

Twelve-year-old Payton had never conducted a funeral, but wanting to help his friend, he agreed to do what he could. "I planned the whole thing out," he said. "The dog is buried in my yard—Brayden and I dug his grave." After Payton said a few words and prayed, the boys added the dog's dish, collar, and squeaky toy before filling up the grave.

When Payton and his family first moved into the neighborhood, he became friends with Brayden and learned about

Payton invited Wyatt to come with him to Pathfinders and church, but Wyatt's mother would not let him go.

some of the hard things he was going through at home. "I told him that I was a Christian and I shared what I believed about God," said Payton, and then he told me, 'I want to try that out!'"

Brayden began spending more time at Payton's house and often spent the night—especially on Fridays, so he could go with them to church the next day. Before long, Brayden's cousin, Hunter, wanted to stay too, so Payton had two other boys sharing his room.

One day, Brayden, talked about how much he appreciated Payton and his family. Here's what he said:

"A few years ago when Payton and his

* All names of neighborhood children have been changed.

family moved in, my step-grandfather asked Mr. Brown if I could mow his yard. He agreed, and soon we became friends and I found out what nice people they were.

“One day I asked Payton why they were always away from home on Saturdays. I thought it was weird. Then Payton invited me to come to church with them.

“I also joined the Pathfinder Club, and started going to the Highland Adventist School here in Elkins. Mr. Brown found sponsors for Hunter and me. I like the school a lot. The teachers are really nice, and the students are friendly.

“One day as we were going to church, Payton said he wanted to get baptized. Hunter and I said that we wanted to get baptized with him. So we all took Bible studies together and were baptized on November 2, 2013.

The church members are the nicest people I’ve ever met. They are always there for you. And the pastor, Don, there’s something about his preaching that just sticks with me. I like the people here a lot—they are like my second family that I’ve always wanted.

Being able to come here and know about the Seventh-day Adventist church has been a real blessing to me. No one else in my family are Adventists. They don’t understand why I don’t do some things I used to do. My stepdad can’t understand why I don’t eat pork—all my life I’ve eaten it, and at first it was hard not to eat it. But I’m glad I stopped eating it. I’ve seen a change in my weight and my personality. Everything has gotten better.

Another Friend

Payton is also friends with Wyatt. Even though he was just 13, Wyatt

Mission Post

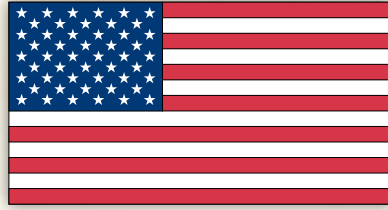
- The Mountain View Conference (MVC) encompasses nearly the entire U.S. state of West Virginia, along with two western counties of the state of Maryland.
- The MVC is the smallest conference in the North American Division, with 33 churches, 3 companies, and 7 schools.
- As of 2014, there were 2,380 members in the conference, with a population of 1,808,030.

had been kicked out of many schools. Payton invited Wyatt to come with him to Pathfinders and church, but Wyatt’s mother would not let him go. Over the next three years Payton kept being friendly to Wyatt.

One day, after hearing that Payton and his family might be moving away, Wyatt handed him and his sister, Stormy, a note:

“Dear Payton and Stormy,

Before you move I want to thank you. When you first came I had lost my way. I stopped going to church and didn’t plan on coming back. When we became friends I was trying to act tough, but on the inside, I wanted to be more like you, Payton. When the hard times came and I lost my father, talking to you was a comfort. I learned about God through you. You were and still are a hero, an inspiration, and a role model to me. Your parents should be very proud of you, knowing that you helped me find Jesus.” 🌍



WEST VIRGINIA | February 7

Ms. Starr

The Kindness Experiment

Ms. Miranda Starr, the principal and teacher at Parkersburg Academy in West Virginia, wanted to do an experiment with her first and second grade students.

“In Bible class, we were studying about kindness, and how it is contagious,” she says. “We wanted to see if it really works.”

Then Ms. Starr had an idea—why not go to Eagle Pointe, a nearby nursing home, where the students could practice reading and make friends with the older people?

She liked singing for the people, but she and her students wanted to do something more for them—to become real friends. That’s when she got the reading idea.

Ms. Starr shared her idea with her students, and all of the children were excited and wanted to learn how to read so that they could read to their new friends at Eagle Pointe. By January the

students were reading well enough to begin their “kindness experiment.”

Happy to Share

“We go to Eagle Pointe every other Friday,” explains Ben, who is eight years old. “We sing to the whole group, and we read to our partners.”

“It wasn’t hard to pick our partners,” said Reagan, who is 7. “We saw them, looked at their faces, and then chose the one that we liked!”

Every time they go to Eagle Pointe, the students get to choose the book or books that they want to read to their partner. Sometimes, if they finish reading the books that they brought, they trade books with another student and then read the new books to their friend at Eagle Pointe.

As the students read, they are also developing friendships. “My partner’s

name is Miss Jane,” says Sophia, who is 6. “One day I was reading to her about animal tracks, and I read about a red fox. She told me that she once had a red fox as a pet!”

The people at Eagle Pointe are very happy when the children come to read to them, and the students are happy, too. “I like seeing my partner smile,” Ben said.



Kindness Comes Back

The students in grades 3 to 8 also come to Eagle Pointe and read to their new friends. “I really like going there,” says Ryleigh, who is 9 years old. “There’s one man I read to—Mr. Mark. He’s always happy to see me, and says, ‘God loves you.’ I really like him and wish we could go more often.”

Fast Facts

- Nearly 75% of West Virginia is covered by forests.
- One of the first suspension bridges in the world was completed in Wheeling, WV in November, 1849.
- The first electric railroad in the world was constructed between Huntington and Guyandotte, WV.
- Mrs. Minnie Buckingham Harper, a member of the state’s House of Delegates by appointment in 1928, was the first African American woman to become a member of a legislative body in the United States.

In appreciation of the students’ visits, Eagle Pointe held a banquet in their honor, and presented Ms. Starr with an award plaque that said: “Junior Volunteers of the Year—Parkersburg Academy. You’ve warmed the hearts of many by the caring that you show. Volunteers are Shining Stars.”



As they think about their “kindness experiment,” Ms. Starr and the students know it was a success. “Kindness did come back. We tried to give them joy, but they gave more to us.”

Have you ever tried a “kindness experiment?” Maybe you and your class can do something like what the students and teachers in Parkersburg did. What other ideas can you think of for a “kindness experiment?” 🌍



GUAM/MICRONESIA | Feb 14

Becky

The Sabbath Shoes Part 1

This is an interesting story about how God used one young lady and a pair of shoes to teach a very important lesson to a shoe salesman. Here is his story:

One day a young lady entered the shoe shop where I worked. Something seemed different about her—she wasn't wearing any makeup or jewelry, but she seemed to be very happy and glowing. Her name was Becky.

I brought out some shoes for her to try on, and she found a pair that she liked. Unfortunately, we didn't have them in her size.

"That's not a problem," I told her. "We can order them and have them in the store in three days." Becky ordered the shoes, and I told her to expect them in by Wednesday afternoon. "That's great," she said. "I don't need them until Saturday."

The Missing Shoes

Becky came back to the store on Wednesday afternoon, but her shoes weren't there. I told her that I was sorry, but that I was sure her new shoes would come by the next day. But on Thursday, Becky's shoes still weren't there! I quickly telephoned the company and asked what had happened. The manager told me that he was sure the shoes would arrive the next day.

When Becky came to the store to get her shoes, I explained the problem, and she was very nice. "I don't live very far away," she said. "I can come tomorrow. Are you sure the shoes will be here by tomorrow?" she asked. "I really do need them on Saturday morning." I told her that the manager said her shoes would really be there by Friday.

Mission Post

- The Guam-Micronesia Mission (GMM) was organized in 1948 and reorganized in 2012 when it was transferred from the Southern Asia-Pacific Division to the North American Division.
- The GMM has 20 churches and a membership of 4,773. The population of its territory is 410,000 (2014 figures).
- GMM has two health clinics—one on Guam, the other in Saipan. The Mission also operates schools located on the islands of Chuuk, Majuro, Ebeye, Guam, Palau, Pohnpei, and Yap.
- The Mission owns and operates two radio stations, known as JOY FM (KSDA-FM and KORU-FM) broadcasting from Guam.
- The GMM owns and operates “Simply Food”—a successful vegetarian restaurant/grocery store on Guam.

When Becky came to the store on Friday afternoon, I was very embarrassed. The delivery truck was late and hadn't come to the store yet.

“Why don't you wait here just a little while?” I asked Becky. “I'm sure that the driver will come any minute.”

“I'm sorry,” Becky said, “but I need to be home some so I can't wait very long.”

“Why do you need the shoes tomorrow?” I asked her, hoping that her shoes would come as we were talking.

“I'm playing the organ, and my old shoes are almost worn out. It was time to buy a new pair,” she said.

Becky waited a few more minutes, then left the store without her shoes. Although she was very nice, I knew she was sad that

her shoes still weren't there.

Just 15 minutes after Becky left the store the driver arrived with Becky's shoes. Quickly I called Becky and told her that her shoes had arrived.

“Why don't you come back and pick them up?” I asked her. “That way you can wear your new shoes tomorrow!”

But suprisingly, Becky said, “It's OK. I'll wear my old shoes tomorrow and pick up the new ones on Saturday night.”

A Big Surprise

“But why don't you get them this evening?” I kept asking her. “The shoes are here just waiting for you.”

“It's OK,” Becky kept saying. “I'll get them on Saturday night.”

Finally, I gave up and said goodbye.

A few minutes later, I was surprised to see Becky walk into the store!

“I wanted to come back to tell you that I'm really not angry that the shoes didn't come in time. I know that you did everything you could to get them to come earlier,” she said. Then, she turned around and started walking back to the door.

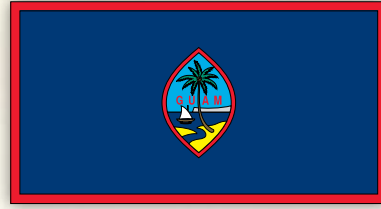
“But wait!” I said. “What about your shoes?”

“It's OK. I didn't come back to pick up the shoes now. I'll be back tomorrow night to get them.”

Maybe she doesn't have enough money today to buy the shoes, I thought. “If you would like, I'd be happy to lend you some money so that you can get your shoes tonight.”

Becky smiled, but still said no. “Don't worry,” she said. “I'll come tomorrow night and get them.” Then she walked out of the store. 🌍

To be continued next week.



GUAM/MICRONESIA | Feb 21

Dwight

The Sabbath Shoes Part 2

Editor's Note: *Last week we read about Becky, a young lady who ordered a new pair of shoes. Every day she checked to see if her shoes had arrived, but they had not. They finally arrived on Friday evening, but now Becky wouldn't take them until Saturday night.*

I was so confused! I didn't understand. *Why won't she take the shoes today?* I wondered. Suddenly, I had to know the answer. I ran out of the store and caught up to Becky.

"Please, just tell me why you wouldn't take the shoes today," I asked her. "I know you wanted them for tomorrow, and now that they have come in, you won't take them. It doesn't make any sense."

I'm so happy that this young lady refused to do something she knew wasn't right.

She waited for a minute and then said, "I'm a Christian." "I'm a Christian, too," I told her. "But why won't you take your shoes today?" Now I was *really* confused. "If you are a Christian," she said with a smile, "then you know that the Ten Commandments tell us to remember the Sabbath day to keep it holy. That means we shouldn't buy or sell or work on God's Sabbath day." "But it's only Friday," I said with conviction. "The Sabbath isn't until Sunday." "No," she smiled again. "The Sabbath is the seventh day of the week, not the first day. Check your calendar." I invited her to come with me back to the shoe store where I had a calendar on my desk. We walked back together,

Fast Facts

- Together with Guam, Micronesia includes the Commonwealth of the Northern Mariana Islands, the Republic of the Marshall Islands, the Federated States of Micronesia and Palau.
- Guam, a U.S. territory, is the largest and most populous island, considered the “gateway” to Micronesia and a hub for the region.
- Guam does not have sand! What appears to be sand is actually ground coral. This ground coral is mixed with cement in order to make Guam’s paved roads. This is much more economical than importing sand from thousands of miles away.
- Guam was a colony of Spain for 300 years, and the Spanish left a great impression on local customs, especially religion.

and I pointed to the calendar. “See?” I said. But then I looked at my calendar again—Saturday *was* the seventh day, not Sunday. *How could I have not seen this for 25 years?* I muttered to myself. Then I told her, “But today is still Friday, not Saturday. You can still get your shoes.”

An Invitation to Understand

“I’ll still wait to buy the shoes until tomorrow night,” she said. “It is a little more complicated than that, but the Bible explains it quite well. Would you be interested in learning about it? The church event that I will play for tomorrow is actually a Revelation Seminar presented by a visiting pastor. He’ll be talking about Bible prophecy, and about the Sabbath and Sunday. If you’re not afraid to learn the truth from

the Bible, I’d like for you to come.”

“No, I’m not afraid,” I said bravely. “As a matter of fact, the book of Revelation is totally confusing, and I’ve never heard anyone even attempt to explain all the symbols and beasts and kingdoms and things. Yes, I think I will go.”

So the next morning I rode my motorcycle to Becky’s house and followed her family van to church. As I was riding along, I started to worry.

“*What are you doing following strangers to a religious meeting in a church you’ve never even heard of?*” I asked myself. “*This could be a boring waste of time, or maybe it could be something even worse!*”

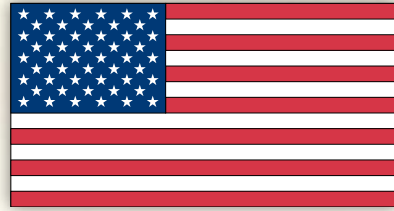
I kept thinking about these things for several minutes. Then I thought, “*I could take the next highway exit and forget this foolishness.*”

I asked God to help me decide, and all of a sudden I felt very peaceful. I decided to attend the seminar. The truth that I learned there shocked me, and I spent the next seven years trying to show that the things I had learned weren’t true.

How could so many Sunday-keeping people be so wrong? I asked myself. But the more I studied, the more I realized I could not argue against the truths I had learned in the Adventist church. Finally I could not deny the truth any longer. I stopped fighting and became an Adventist.

I’m so happy that this young lady refused to do something she knew wasn’t right—to break the Sabbath and buy the shoes she had wanted so much. Her faith led me to truths in the Bible that I had never heard of. I am so thankful that I learned about the true Sabbath. 🌍

Dwight McKeever lives with his family on the island of Guam.



CALIFORNIA | February 28

Children watching puppets

The Puppeteers

In the Bible the Apostle Paul wrote to his young friend Timothy, telling him to never let anyone say that he was too young to tell others about Jesus (1 Timothy 4:12). Two young children in California have found a fun way to share God's love with children and adults.

Puppet Ministry

"Music ready . . . Arms up . . . Listen for the cue!" Every week at puppet practice, Austin and Faith listen for these commands as they learn how to make puppets seem alive during their puppet presentations. Austin and Faith are puppeteers with a puppet team in their hometown in California.

Austin used to go with his grandfather to puppet practice. "When I saw that it was a fun way to tell others about Jesus, I wanted to do it too," he said. Faith, a friend of Austin's, wanted to become a

puppeteer after going to practice with her father and sister.

Before Austin and Faith could work with puppets, they joined Puppeteers in Training. They learned how to hold props such as butterflies and fish in the background while the main puppeteers presented the skit. It looks easy enough to hold up a prop, but Austin and Faith learned that it takes lots of practice to get it just right.

And it takes muscles, too. "We had to do special exercises called puppet aerobics to strengthen our arms," Austin explained. "It can be hard to hold your arm up high enough for the audience to see for an entire skit."

Puppeteer Graduation

Austin and Faith learned well and were promoted to working with real puppets. "My first puppet was named Dude," says

Austin. “Dude plays the guitar and sings songs.” The puppets are heavier than the props, so the children continue to do their puppet aerobics to strengthen their muscles. “Sometimes our arms get tired, but with practice we can do it,” Faith said.

Puppeteers don’t move just the puppet’s mouth; they also move the puppet’s arms and legs with special rods. This makes the puppets’ actions look more natural, but it takes lots of practice to know when and how to move the rods just right. And if the puppeteer speaks their own puppet’s parts, they must learn how to use a microphone headset. It’s hard work being a good puppeteer!

Sharing God’s Love

The puppet troupe performs short skits in schools, churches, and even in city parks. Sometimes when children come up to talk to the puppeteers after the performance, Austin and Faith tell them how much Jesus loves them. When they can, they pray with the children.

Class Questions

- How is presenting a puppet program a way to share your faith with others?
- What other ways can you think of to share your faith this week? *[List on a board or large paper the suggestions that children make. Plan to act on at least one suggested way in the coming weeks, either as a class or individually.]*

Austin likes to use puppets to tell others how much Jesus means to him. Faith adds that while puppets may not be for everyone, she hopes every child will find a way to share God’s love with others. “There are lots of ways to witness,” she says. “Find something you enjoy and use it to tell others about Jesus.”

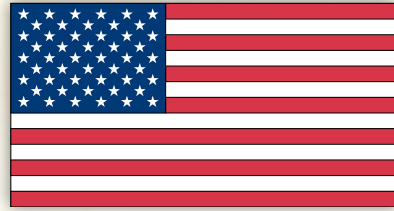
We all can find ways to share God’s love with others. And one great way to tell others about Jesus is to bring your mission offering to Sabbath School every week. 🌍

Busy Bee Puzzle

Jesus wants us to be busy bees and share His love with others. The puzzle lists 11 ways you can be a busy bee for Jesus. How many can you find? If you’re stumped, the answers are below.



Answers: CARING, FRIENDLY, HAPPY, HELPER, HOPEFUL, IRCARING, JOYFUL, KIND, LOYAL, PEACEFUL, PRAYERFUL, TRUE



PENNSYLVANIA | March 7

Wyan

Wyan's Lessons in Faith

Wyan has loved God all his life and was thrilled when his grandfather discovered a Seventh-day Adventist school not far from their home in Pennsylvania. Wyan's mother enrolled him there.

Wyan's New School

Wyan really liked his new school. He especially liked Bible class, where his teachers answered his questions about God in ways that he could understand. Wyan and his mother went to a seminar the school held, and there he learned that Sabbath was God's special day. Wyan wanted to attend Sabbath School and asked his mother to take him. But she explained that Saturday was the busiest day at her shop. "I don't think I can afford to close my shop to attend church," she said. But Wyan prayed, and in time

Mother decided they should trust God. She closed her shop and went to church with Wyan.

The Mission Trip

The church was planning a mission trip to Belize, a country in Central America. [*Locate Belize on a map.*] Wyan wanted to go on the mission trip, but he was too young to go alone. He asked his mother to go with him to Belize, but she explained that she didn't have the money to go on the three-week trip. "If we go," she said, "I would have to close my shop while we are gone. We can't afford that."

"God will work it out, Mom," Wyan said. "We just have to trust Him." Wyan prayed about the mission trip. And soon Mother learned another lesson in faith.

Some church members learned of Wyan's wish to go on the mission trip.

Class Questions

- What helped Wyan's mother and grandmother learn to trust in God? [Wyan's deep faith that God would answer his prayers and provide their needs according to His will.] How can we influence our parents and other relatives to trust in God?
- Short-term (two to four weeks) mission trips are a popular method of sharing God's love with others while seeing firsthand how people in other cultures live.

They raised the money needed for Wyan and his mother to go. Wyan's mom decided to trust Jesus and close her shop for three whole weeks so she could go with him.

The mission trip was an exciting time for Wyan. Church members held evangelistic meetings for the adults and special meetings for the children. Wyan spoke at the children's meetings, and at the end of the meetings 23 children said they wanted to follow Jesus.

God's Surprise for Mother

But even with all the good things that were happening on the mission trip, Wyan's mother still worried about her business. When they returned home, God had a surprise for Wyan's mother. "In the first week that Mom was back at her shop, she earned enough to make up for the three weeks the shop was closed!" Wyan said. "And her business just keeps growing!"

Wyan's childlike faith helped his mother trust God too. Wyan wanted to be baptized and follow Jesus all his life.

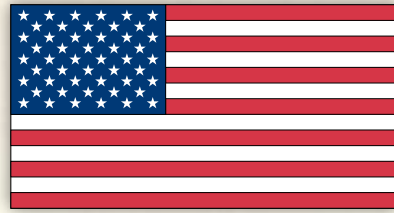
His mother decided to follow Jesus and be baptized too. And to their surprise, Wyan's grandmother decided to be baptized.

Wyan loves to tell others that Jesus loves them. His advice to others is, "If God is telling you to tell someone about Jesus, do it. Don't be afraid; just trust God, and He'll help you say the right words."

We can do that. And when we give our mission offering on Sabbath, we're telling others about Jesus without saying a word. 🌍



Each year, many hundreds of Adventist young people go on short-term mission trips around the world, building churches, running Vacation Bible schools, presenting evangelistic meetings, and helping people to learn about Jesus.



CALIFORNIA | March 14

GLOWing for Jesus

Provi

Ten-year-old Provi is on a mission. Every Monday morning he arrives early at the Seventh-day Adventist school he attends to help prepare for his class's weekly mission project. When the students arrive, they pray together and then go out into the neighborhood to give away GLOW tracts.

Giving Light

"GLOW stands for 'Giving Light to Our World,'" says Provi. "Giving away GLOW tracts is a way to share God's love with people. I've been doing this for three years. When we go out to share Jesus with others, we are learning how to be a witness for Him. We go out in pairs. I usually let my friend carry the tracts, and I do the talking."

When someone answers their knock on the door, Provi smiles and introduces

himself and his friend. "We have a gift for you," he says, as his friend gives them the tract. "Sometimes people don't want the tract," Provi says. "That's OK. Maybe someday they will want to read it."

The tracts that Provi and his classmates give away are filled with encouraging Bible texts and answers to questions that people have on different subjects. "One of our tracts tells people that Jesus is coming soon, other tracts help them to handle problems in their lives, and others answer still more questions. They all give the reader hope for the future," he says.

Prayer Ministry

Prayer is an important part of Provi and his classmates' ministry. "We always ask people if we can pray for them," Provi says. "If they agree, I ask them if they have any special prayer requests. Then I ask

God to be with them and help them with any problems they are having.

“I enjoy meeting people and telling them about Jesus,” Provi says. “I especially like to see their smiling faces when I offer them a tract that talks about something they are struggling with in their lives.”

Rewards of Service

Several people who have been contacted by Provi and his classmates have contacted the church and asked for Bible studies. “It’s exciting to hear that people I have talked to really do want to learn more about Jesus,” Provi says. “Some even attend church. That’s really special! I know of at least five people that are coming to church on Sabbath because I gave them a tract.”

Missionaries for Jesus

Provi and his father also distribute tracts on weekends. Provi hopes that other children will find ways to be missionaries in their communities. “It isn’t hard,” Provi says. “We are just kids,

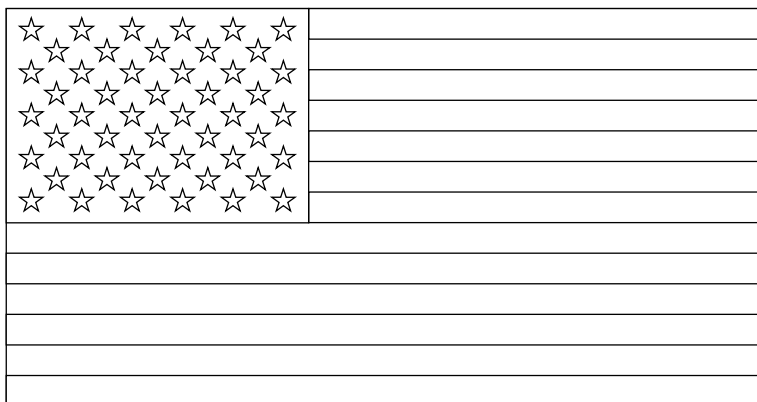
Mission Post

- Provi attends an Adventist school where mission is part of the students’ lives. His parents also share God’s love with others, so Provi has grown up telling others about Jesus. There are lots of ways to share God’s love. Provi likes sharing literature. Other ways include helping those in need, and making friends at school and in the neighborhood and telling them about Jesus.
- GLOW tracts are produced by the Adventist Church. For more information on this program, visit www.glowonline.org

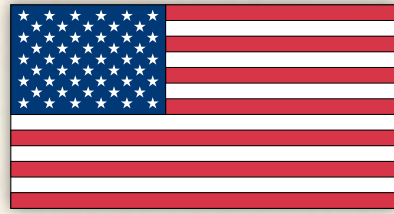
but Jesus has asked us to tell others that He loves them. And if He asks us, He will give us the courage and ability to do it.”

Let’s see who we can share God’s love with this week. And let’s not forget that giving our mission offering helps tell others about Jesus too. 🌐

Color the Flag of the USA



Stripes: Alternate red and white, beginning and ending with red
Stars: White
Background: Dark blue



NAD | March 21

Like A Family

Kaylea

There are lots of ways to introduce people to Jesus. Just ask Kaylea.

“Many people are suffering through hard times right now,” she says. “Some people have lost their jobs. Others may have so many medical bills that they can’t buy food. Helping to meet people’s needs is a good way to show others that Jesus loves them. Kaylea has learned firsthand that it’s easy to share when you really care.”

A Meal and a Hug

One day a member of Kaylea’s church said she wanted to provide a meal each week for people who needed some food and friendship. Kaylea liked the idea and wanted to help.

“My parents taught me that helping others is a big part of a Christian’s life,” Kaylea says. “And helping fix a meal every week for those who need one sounded like fun. We call our meal ‘Soup’s On’ because

we want the meal to feel like a family meal. We invite anyone who could use a hot meal.

Working Together

Every Thursday Kaylea and her mother meet other members of their church to prepare and serve a simple meal of soup, bread, and vegetables. “About 35 people come regularly,” Kaylea says.

“My sister and I make the bread,” she adds. “It smells so good when it’s baking.”

A lot of the people who come for the meal have health problems, so the church members teach their guests how to eat more healthfully. Kaylea likes to visit with the people who come to share a meal. “That makes it seem more like home,” she says. “I like making people happy.”

More than a Meal

But many people in the community can’t get to the church for a hot meal.

“We have lots of elderly people in the community who can’t drive,” Kaylea adds. “So we take a meal to them. My family helps deliver more than 30 meals every week to people in the community who can’t come and join us at the church.”

This is Kaylea’s favorite part of the meal program. She helps prepare the food and then delivers the meals to each home. “I like to sit and visit with the people,” she says. “Many of them are lonely and just want to talk to someone. Sometimes they are sad, so we cry together,” she adds. “I pray with them and let them know that Jesus loves them. I’m really happy when I can help others, and I love visiting with everyone.”

Making Friends for Jesus

“Our church isn’t very big,” Kaylea says. “We have a small church, but we can make a big difference for Jesus in our community. I am glad I can help.”

Mission Post

- So many people don’t know Jesus. Some feel no need for God; others want the hope that Jesus can give them.
- There are many ways to tell others about God. We can join a ministry in our church, as Kaylea did. Or we can find our own ministry. We can write letters to people who are lonely, offer to help our neighbors by watching their pet. We can rake leaves or shovel snow or do other good deeds. When people ask why we do these things, we can tell them that Jesus loves them and so do we.

We can all do something special to share God’s love with someone. What would you like to do? Our mission offerings are another way to tell people that Jesus loves them. Let’s give our offering faithfully. 🌍

Let’s Cook

BLACK BEAN SOUP

- | | |
|-------------------------------------|---|
| 1 tablespoon canola oil | ¼ teaspoon salt |
| 1 small onion, chopped | 1 tablespoon lime juice |
| 1 tablespoon chili powder | 4 tablespoons reduced-fat sour cream (optional) |
| 1 teaspoon ground cumin | 2 tablespoons chopped fresh cilantro (optional) |
| 2 15-ounce cans black beans, rinsed | |
| 3 cups water | |
| ½ cup prepared salsa | |

INSTRUCTIONS

Heat oil in a large saucepan over medium heat. Add onion and cook, stirring, until beginning to soften, 2 to 3 minutes. Add chili powder and cumin and cook, stirring 1 more minute. Add beans, water, salsa and salt. Bring to a boil; reduce heat and simmer for 10 minutes. Remove from the heat and stir in lime juice. Transfer half the soup to a blender and puree (use caution when pureeing hot liquids). Stir the puree back into the saucepan. Serve garnished with sour cream and cilantro, if desired.

Thirteenth Sabbath Program

If your division will present the Thirteenth Sabbath program for the adults:

- Prepare to present your theme song for this quarter.
 - Give out the questions for the quiz below to children who can speak
- clearly in front of an audience. Practice several times before the Thirteenth Sabbath program.
 - Send home a note to remind parents of the program and to encourage the children to bring their Thirteenth Sabbath Offering.

Mission Quiz

Narrator: This quarter we have heard many wonderful stories coming from places in the North American Division—Alaska, West Virginia, Guam/Micronesia and others. We would like to share a quiz with you to see if you have learned about this quarter’s mission emphasis as well as the children have. The children will ask the questions. If you think you know the answer, raise your hand.

Q 1: What countries make up the North American Division? *[Answer: Bermuda, Canada, Guam and the Micronesian islands, and The United States of America]*

Q 2: The North American Division has just over _____ million members. (a) 1, (b) 2, (c) 3, (d) 4 *[Answer: 1]*

Q 3: Currently, there are _____ Seventh-day Adventist churches in Alaska. (a) 9, (b) 19, (c) 29, (d) 32 *[Answer: c, 29]*

Q 4: The Alaska Conference of Seventh-day Adventists was established _____ years before Alaska became one of the states in the U.S.A. (a) 12, (b) 29, (c) 36, (d) 58 *[Answer: 58]*

Q 5: Which territories in the North American Division will receive part of today’s Thirteenth Sabbath Offering? *[Answer: Alaska, Mountain View Conference (West Virginia), Guam/Micronesia Mission]*

Q 6: If every Adventist in NAD shared their faith with _____ person(s) and led _____ person(s) to give their heart to Jesus this year, the number of Adventists in North America would double! *[Answers: 10, 1]*

Q 7: What is the name of the camp in Alaska that will be receiving part of this quarter’s Thirteenth Sabbath Offering? *[Answer: Camp Polaris]*

Q 8: The Mountain View Conference covers most of what state in the U.S.? (a) California, (b) Colorado (c) Montana (d) West Virginia [Answer: (d) West Virginia]

Q 9: How many Adventist members are in the Mountain View Conference? (a) 1,982 (b) 2,380, (c) 4,026 (d) 6,000 [Answer: (b) 2,380]

Q 10: This is the flag of which country in the North American Division? [Hold up flag (or picture of flag) of Bermuda.]

Q 11: The GMM operates Adventist schools located on how many islands? _____ [Answer: 7 islands—Chuuk, Majuro, Ebeye, Guam, Palau, Pohnpei, and Yap]

Q 12: In which place does the Adventist Church own and operate “Simply Food,” a successful vegetarian restaurant and grocery store? (a) Alaska, (b) Guam (c) West Virginia [Answer: (b) Guam].

Q 13: What is the name of the Adventist school in West Virginia that tried the “Kindness Experiment,” and what did the students enjoy doing with the residents of Eagle Pointe? [Answers: Parkersburg Academy; they read to them]

Q 14: Where did 10,000 people request Bible studies? (a) Alaska Conference, (b) Guam/Micronesia Mission (c) Mountain View Conference [Answer: (c) Mountain View Conference].

Q 15: To which world division did the Guam/Micronesia Mission (GMM) belong before being transferred to the North American Division in 2012? (a) Northern Asia-Pacific, (b) Southern Asia-Pacific (c) South Pacific [Answer: (b) Southern Asia-Pacific].

Narrator: For more than a century, Seventh-day Adventists have been supporting mission around the world by giving generously to the Thirteenth Sabbath Mission Offering. Today we have a wonderful opportunity to help young native Alaskans at Camp Polaris, children attending Adventist schools in the islands of Micronesia to have a safe and dry place to play, and 10,000 people in the Mountain View Conference to learn about Jesus and His love. Thank you so much for giving generously to the special offering today!

[Offering]

Future Thirteenth Sabbath Projects

Next quarter the Northern Asia-Pacific Division will be featured. Projects include a youth training center in South Korea, centers of influence in Taiwan, church plants in China, an international evangelism center in Japan, and a library for a school in Ulaanbaatar, Mongolia.

Free!

MISSION SPOTLIGHT

is back!



Starting in 2015, Adventist Mission presents “Mission Spotlight,” a DVD featuring Sabbath School mission reports from around the world. Like the old classic, the new Mission Spotlight DVD will include a video for each month of the quarter that focuses on:

1. Introducing the quarter’s featured division.
2. Highlighting Mission challenges, issues or past projects.
3. Featuring the quarter’s Thirteenth Sabbath offering projects.

Plus short video mission stories for use before or during church, in classrooms, on lobby monitors, prayer meetings, or even embedded on your church website.

DOWNLOAD AT WWW.MISSIONSPOTLIGHT.ORG

Alaska Craft

MAKE YOUR OWN INUKSUK

An inuksuk, a symbol of the Arctic, is a stone structure that acts as a messenger. Traditionally, inuksuit (plural) have been built by the Inuit to act in the place of a human being: to show the way when travelers were a long way from home, to warn of very dangerous places, or to show where food was stored.

A small Inuksuk craft is easy to make. Children just glue small stones onto a piece of paper.

WHAT YOU WILL NEED:

Cardstock, small stones no bigger than thumb size, and glue.

HOW TO MAKE:

Have your children collect small flat stones no bigger than their thumbs. Then have them experiment with different placements of the stones to see what designs they can come up with. When they have come up with a design they like, have them glue it to a piece of cardstock with tacky glue.



photo: Teles, Wikipedia Commons

Let's Cook

RECIPES FROM WEST VIRGINIA APPLE GLAZED SWEET POTATOES

½ cup apple juice

¼ teaspoon cinnamon

½ teaspoon salt

3 large sweet potatoes, cooked

INSTRUCTIONS

Cut sweet potatoes in half lengthwise. Pour apple juice into a skillet over low heat. Stir in cinnamon and salt. Add sweet potatoes. Cook over low heat, turning sweet potatoes several times until they are well coated and most of the juice is absorbed, about 6 minutes. Serves 6, 1/2 cup vegetables per person. Approximate preparation time: 30 minutes

TREASURE SALAD

Serves 2

1 cup fruit per person

Approximate preparation time: 25 minutes

1 green-skinned apple

1 cup seedless grapes—red, purple,
green, or mixed

2 Tb. Lemon-flavored non-fat yogurt

2 Tb. Slivered almonds

Core and chop apple. Mix together the apple, grapes, yogurt and almonds. Serve in small bowl.

Recipes from: "Fruit and Veggies Quantity Recipe Cookbook," <http://wvde.state.wv.us/child-nutrition/smart-foods/recipe-box.html>

RECIPE FROM GUAM JAZZY RAZZY SMOOTHIE

2 cups kale (stems removed)

2-3 cubes ice

¾ cup pure water

1 whole banana

1 cup frozen raspberries

2 tsps. Grated ginger (to taste)

Raw honey (to taste)

INSTRUCTIONS

Blend first three ingredients until smooth. Add the rest. Blend and add water to desired consistency. Enjoy!

From: <http://guamvegan.blogspot.com>

West Virginia Crafts

TREE BARK RUBBINGS

MATERIAL REQUIRED:

Sheets of white paper (tracing paper works the best) and crayons of all kinds of color.

PROCEDURE:

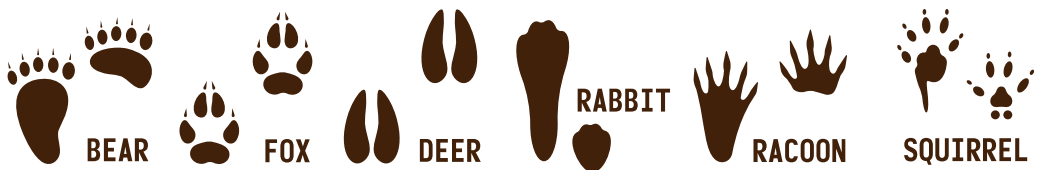
Find a tree with interesting looking bark and hold a piece of paper tight on the bark. If you have difficulty holding the paper, get someone to hold it while you do the rubbing or tie the paper to the tree with a piece of string. Take a crayon and remove the paper wrapper around the crayon. Then, rub the crayon sideways on the paper until a pattern appears. Try different colored crayons and different trees to obtain unique pictures. Collect all of your rubbings and make a book of as many trees as you can. What kind of tree gives the best result? Bigger trees will work the best and remember not to remove the bark from the trees.

TRACKING ANIMALS

Here's a fun way to find out who walks about the woods when you're not looking! Pick an area of the woods (or at the wood's edge) where you can clear an area about the size of a hula-hoop. Carefully move away any plants and debris to make a nice level surface of earth.

Test the earth with your own hands to see if a print will show up when pressure is applied. Then smooth down the surface again gently. If some more loose soil needs to be added to make the area impressionable, do so.

Place some sardines or cat food (the stinkier the better) in the center of the dirt circle. Leave the area alone overnight, then come back to see what animals checked out the food. Use a field guide such as *Peterson Field Guide to Animal Tracks* or *Stokes Nature Guides*, to identify the paw prints of the critters who walked about. Looking at the tracks, try to determine how that animal walks. Are there visible "toenails" or claws? Some animals, like raccoons and bears walk on their hands while others walk or run on their toes, like cats and coyotes. Also look for tracks near the edge of a pond where mud often makes excellent casts of prints.



Nature Activities from West Virginia Division of Natural Resources: <http://www.wvdnr.gov/Wildlife/TryIt.shtm>

art: BigStock.com

www.AdventistMission.org

Guam | Micronesia Craft

ECO-SYSTEM IN A JAR

MATERIAL REQUIRED:

- An empty glass jar with lid
- Some moss and charcoal
- Some pebbles and soil
- A small and slow-growing plant. Ensure the plant can fit into the glass jar.
- Colorful seashells (optional)



photo: BigStock.com

PROCEDURE:

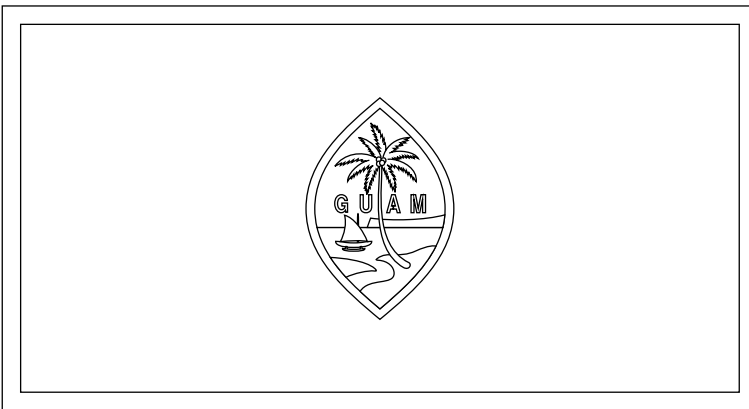
Soak moss in some water to make it damp. Put all pebbles into glass jar. Add the charcoal followed by some damp moss. Add the soil and small plant. Put the final layer of damp moss on top of soil. Do not cover the plant with the moss. Ensure the moss and soil is compact. Decorate with seashells if you want.

Sprinkle some water before covering it with the jar's lid. Put glass jar in a sunny spot.

To care for this miniature ecosystem in a jar, sprinkle water into the jar if it looks dry. Rotate the jar every couple of days to ensure every side gets an even amount of sunlight.

Adapted from "Kids Activities Learning Games," www.kids-activities-learning-games.com/nature-crafts-for-kids.html

Color the Flag of Guam



Border around flag and picture: red
Inside picture: Palm leaves—green; coconuts and trunk—brown; sky behind tree—light blue, land in distance—light brown; water—blue, letters—red; sail of boat—white; mast of boat—black; boat—brown; sand—yellow
Background: Dark blue

Leader's Resources

Following are sources of information that have proved helpful in preparing for the mission segment of Sabbath School.

Visit our website for additional photos, recipes, puzzles, and other activities that you can download and print to make mission more fun for children. Go to www.AdventistMission.org. Click on "Resources," then "Children's Activities" in the drop-down menu. Go to the current quarter and select the activity you want.

Mission Spotlight is a free DVD containing stories from this quarter's featured division. See the advertisement on page 30 for more information.

Travel Agencies: Travel agencies often have colorful brochures on tourist destinations in Alaska, the islands of Guam and Micronesia, and the Appalachian Mountains of West Virginia. Call or visit and ask what they have available to help you portray the scenery and culture of these places. Or search online for available photos and country information.

Online Resources: Check out these excellent websites for more helpful resources. For Alaska, visit www.alaskakids.org for games, pictures, literature, and other activities. For West Virginia, visit wvtravel4kids.com for fun facts, pictures, travel information and more. For Guam and Micronesia, visit www.factmonster.com/country/micronesia.html, www.factmonster.com/country/guam.html, or www.guam.gov

Be sure also to visit these denominational websites:

Alaska camps: www.alaskacamps.org

Alaska Conference: www.alaskaconference.org

Mountain View Conference: www.mtviewconf.org

Guam-Micronesia Mission: www.gmmsda.org

Remind children that their weekly mission offering and 75 percent of their Thirteenth Sabbath Offering helps the church around the world to tell people about Jesus. The remaining 25 percent goes directly to the special projects listed on the back cover of the quarterly.

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ARCTIC OCEAN

North American Division

CONFERENCE	CHURCHES	COMPANIES	MEMBERSHIP	POPULATION
Atlantic Union	572	70	113,625	34,442,859
Canada	372	73	66,789	35,256,000
Columbia Union	712	77	140,298	51,011,461
Lake Union	502	58	85,778	35,273,432
Mid-America Union	456	67	67,618	26,837,795
North Pacific Union	440	67	99,033	14,229,323
Pacific Union	699	118	225,921	51,973,265
Southern Union	1,102	185	273,855	62,801,941
Southwestern Union	574	92	109,504	39,655,924
<i>Attached Field:</i>				
Guam-Micronesia	20	11	5,068	410,000

Total: 5,450 818 1,187,514 351,892,000
 Statistics as of December 2013

PROJECTS

- 1** Harvest Time Appalachia Evangelism Program, West Virginia
- 2** Bath houses and restrooms for Camp Polaris
Youth Camp, Alaska
- 3** Gyms for Adventist schools, Micronesia
- 4** CHILDREN'S PROJECT: Mattresses for the children at Camp Polaris

CANADA

U. S. A.

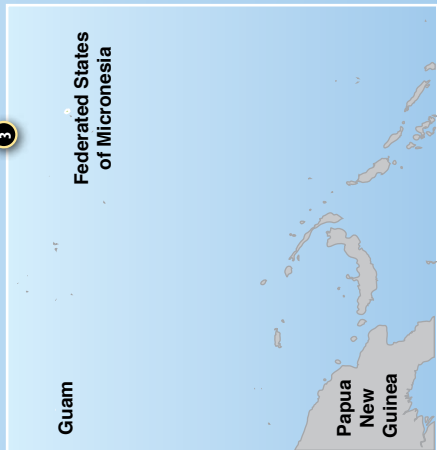
ATLANTIC OCEAN

PACIFIC OCEAN

BERMUDA

THE BAHAMAS

MEXICO



MIDWAY ISLANDS

JOHNSTON ISLANDS

GREENLAND