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In this issue we are featuring many of our doctors. Naturally all will not be included in this issue, but at a later date we plan for others to be presented to our readers.

We have looked forward to this issue for some time and have been seeking information and pictures from several doctors. Certainly all Seventh-day Adventists recognize in the medical field a most important phase of God's closing work.

WILLIAM E. COOPWOOD

WILLIAM E. COOPWOOD, M.D., son of the late Elder T. H. Coopwood, attended Oakwood Academy and finished his college work at Andrews University in 1952. He received his M.D. degree from Loma Linda University in 1956 and served his internship at Sparrow Hospital, Lansing, Michigan. He served on the staff of Riverside Sanitarium for two years, and is presently practicing in Murfreesboro, Tennessee. Evidently the hand of the Lord was leading in his

going to Murfreesboro. Early evidence of this will be seen by the fact that a building that was nearing completion was quickly found and ideally turned into a modern doctor's office with three examining rooms, waiting room, and a laboratory with X-ray equipment.

Mrs. Coopwood is the former Sarita Lawrence of Niles, Michigan, and is a graduate of Oakwood College, her major was secretarial science. The Coopwoods have five children.

Both Dr. and Mrs. Coopwood have been interested over the years in medical missionary projects. In November, 1962, Mrs. Coopwood, in cooperation with Sisters Helen Lindsay and Lavetta Dent of Nashville, Tennessee, initiated a branch Sabbath school conducted as a children's Story Hour early each Sunday morning. This branch Sabbath school is held in one of the rooms connected with the doctor's



A. R. SIMONS

Dr. William E. Coopwood.

suite of offices. The current average attendance is thirty children weekly. On Friday nights Dr. Coopwood conducts a health and Bible class, with an average attendance of approximately twenty. The program each week consists of thirty minutes' showing of



A. R. SIMONS

Boys and girls of the Murfreesboro, Tennessee, branch Sabbath school. On the extreme right are Dr. and Mrs. Coopwood. On the extreme left (back row) are Mrs. Dent, wife of Dr. Dent, and Mrs. Grace McDonald, a nurse at Riverside Hospital.

health pictures followed by questions and answers from the audience, and closing with a Bible study on filmstrips and tapes, utilizing the new twentieth Century Bible Course. Appropriate tracts and books are distributed to the class members. As a result of this missionary activity it is hoped that a new church will be added to the South Central Conference in time.

Our Seventh-day Adventist Medical Work

T. R. FLAIZ, M.D.

General Conference Medical Secretary



T. R. Flaiz, M.D.

IT SHOULD be no cause for surprise that Seventh-day Adventists maintain in proportion to their numbers a rather substantial medical work both in the home base countries and overseas.

The reason I say it is no surprise, is that this denomination, through the Spirit of Prophecy, received very specific counsel regarding this matter in its early history. Our Adventist medical work is one hundred years old. It was one hundred years ago that the first steps were taken to put Seventh-day Adventists on the record as sponsoring and standing for certain, now well accepted, principles of health. Many people little realize how much is involved in Seventh-day Adventist reform or health emphasis. Many are inclined to interpret health reform as identical with vegetarianism. Actually, vegetarianism is just one phase of the question of diet, and diet is only one phase of the total question of our health emphasis. Looking back over the years, we see how well Seventh-day Adventists have chosen those areas of emphasis now recognized to be so important to the total health. As we follow the development of Seventh-day Adventist health reform, we find the following areas of special emphasis.

1. The first strong stand taken by Seventh-day Adventists on the matter of health was that of ruling out the use of alcoholic beverages. Seventh-day Adventists took a strong stand in



Dr. and Mrs. Coopwood and family.

the matter of temperance one hundred years ago and today are at the forefront in the effort to educate against the use of alcoholic beverages.

2. Seventh-day Adventists strictly banned the use of tobacco among their membership a century ago. Today, Seventh-day Adventists lead in the program to educate people to the dangers of tobacco addiction.

3. Seventh-day Adventists next went on record concerning the adverse effects of the caffeine beverages—coffee and tea.

4. Going back seventy-five years ago, we find that the medical profession was using a very large variety of useless, poisonous drugs—calomel, strychnine, arsenic, and many others—were in common use. Through the Spirit of Prophecy, Adventists again went on record as strongly opposed to the use of these drugs. At the same time, we were given counsel in regard to the advantages of hydrotherapy and other kinds of physio-

therapy. Most of our Seventh-day Adventist institutions from that time to the present have emphasized physical therapy.

5. Again, seventy-five years ago, people had little idea as to the dangers of overwork in the absence of recreation and rest. We were given good counsel in regard to this important element in the care of our health. We were advised not to work to the point of exhaustion, thereby endangering our health for all time to come.

6. Women of that time, in adhering to the current styles, practiced binding their waists with tight corsets, thereby damaging the function of internal organs and seriously impairing the total health. Also, it was a practice to wear long flowing skirts, which swept the ground, contacting germ-laden dust, another means of spreading disease. Such practices were very roundly condemned by the Spirit of Prophecy.

7. Perhaps the most important single item of health counsel given to us

then, was in the area of diet. Perhaps no other single element in the life of people of that time or of the present is more important to present and future health than that of our eating habits. The most important single item which has a larger bearing upon our health than any other is that of overeating. Against overeating, we are strongly counseled, for we are told that this is at the foundation of much illness. The advantages of a vegetarian diet are emphasized. Today, we recognize the significant bearing of such a diet upon cardio-vascular disease, heart disease. Science recognizes that animal fats are a major source of cholesterol, the excess of which contributes to heart attacks. In this matter of nutrition, we also have clear guidance in regard to a number of other items, among which we could note the following:

We are counseled against the excessive use of fried foods. Any family which employs frying in the preparation of their food to any great extent will in many cases impair the health of the family. The excessive use of rich foods, rich cakes, pies, pastries, et cetera, is deplored. This again, we recognize to be very important in today's health. We are counseled against the excessive use of sugar-milk combinations. Here the excessive use of ice cream and similar desserts is called to our attention.

On the positive side, we are counseled concerning the great advantages of a simple diet in which there is emphasis on simply prepared food, whole-grained foods, the free use of fresh fruits, fresh vegetables, leafy vegetables, well-prepared cereals, and the limited use of dairy products and eggs. This is all counsel that came to Seventh-day Adventists through the Spirit of Prophecy some seventy-five years ago.

It is a matter of amazement to scientists today to see that Seventh-day Adventists have had this information in their hands for three quarters of a century whereas the scientific world is only now coming to a recognition of these simple principles.

As we look over this list of seven basic elements in our health reform or health emphasis, we recognize the fact that most of us accept and practice at least in a large measure the majority of these elements.

As we see and understand how much our health emphasis means to us in good health and longer lives of

service, we can recognize what a wealth of better living we enjoy because of this emphasis on the simple principles of health. In order that the ministry of healing and health might be carried to as many as possible, Seventh-day Adventists have established medical institutions across the country.

Today we operate thirty-four hospitals and sanitariums here on the North American mainland and about sixty-five overseas. In addition, there are many more operated by Seventh-day Adventists on a private basis. One of the greatest services rendered by these institutions is their program of teaching. We operate twelve schools of nursing in America from which we graduate more than three hundred nurses each year. We operate the School of Medicine in Loma Linda University from which we graduate some ninety physicians each year. These physicians are assisted in finding locations in all of our conferences across the country and so we find today, that there are several of our conferences that have as many as one hundred Seventh-day Adventist physicians located within their boundaries. These physicians and nurses, wherever they are located, are helpful in the activities of our churches, our Sabbath schools, and our young people's work and are greatly appreciated for their contribution of stability in the churches to which they belong.

Substantial additions are being built on a number of our institutions. A number of new institutions are nearing completion. The largest single medical project ever attempted by Seventh-day Adventists is the Kettering Memorial Hospital in Dayton, Ohio. This will be a more than 400-bed hospital upon its completion, and it will operate one of the best-equipped schools of nursing we have in the country.

We believe that it is in the providence of God that this health emphasis, this medical ministry, this medical education, have come to the Adventist people as one of the instrumentalities for the completion of the worldwide work.

E. EARL RICHARDS

E. EARL RICHARDS, D.D.S., is engaged in dental practice in Atlanta, Georgia, where he serves as local elder of the church, as one of the assistant Sabbath school superintendents, and

as a Sabbath school teacher. The conference has asked him to assist in the care of a small church in Athens, Georgia, where he goes twice a month to services. Dr. Richards is a 1958 graduate of Loma Linda University. Mrs. Richards is the former Ann C. Smart, of Augusta, Georgia, and is a registered nurse. The Richardses are the parents of a baby son. Dr. Richards is affiliated with the Hughes Spalding Pavilion and McLendon hospitals in Atlanta, and also serves on the dental staff of the Fulton County health department.



A. R. SIMONS

Office of Dr. E. E. Richards, located in the new Collier Heights Plaza shopping center.



A. R. SIMONS

Demonstrating X-rays to patient, Carmelita Simons.



A. R. SIMONS

"The pause that refreshes"—My wife calls to entreat me to please hurry home.

J. MARK COX and A. LEROY BOOKHARDT



Dr. Neville Ottley.

NEVILLE OTTLEY

NEVILLE OTTLEY, M.D., is a native of Trinidad, West Indies. He graduated from Andrews University in 1953 with honors, and the same year attended Howard University College of Medicine, from which he received his medical degree in 1957. His internship of one year was spent at the District of Columbia General Hospital. Dr. Ottley accepted an appointment as a resident in the surgical training program at Freedmen's Hospital (Howard University), which residency was completed in June 1962. Since July, 1962, he has been a medical officer at St. Elizabeth Hospital in Washington, D.C. He is qualified as a Diplomate of the American Board of Surgeons and is a candidate for fellowship in the American College of Surgeons.

Mrs. Ottley was formerly Esther Hariott, of Jamaica, West Indies. She was an instructor in mathematics at West Indies College in Jamaica, and is at present an instructor in mathematics at Howard University. She is working toward her Ph.D. at American University, Washington, D.C.

The Ottleys have two children, Mark, five years old; and Dawn, one and one-half years old. Dr. and Mrs. Ottley are actively engaged in the work of the Missionary Volunteer Society at the First Seventh-day Adventist church, Washington, D.C., where they are members.

J. MARK COX, M.D., and A. LEROY BOOKHARDT, M.D., are associated in the practice of medicine in the city of Orlando, Florida.

Dr. Cox is chief of professional service and chief of surgery at the Phillips Memorial Hospital in Orlando, Florida. He was born in Washington, D.C. and is a graduate of Oakwood Academy in Huntsville, Alabama, and Pacific Union College in Angwin, California. His medical training was obtained at Loma Linda University medical school at Loma Linda and Los Angeles, California, where he graduated in 1942 among the top three in his class of 82. His internship was served at the Freedmen's Hospital in Washington, D.C. In 1944 he became medical director of the Riverside Sanitarium and Hospital. It was during his stay at Riverside that the present hospital building was erected. It was dedicated in 1948. Upon leaving Riverside after six years, he went to Washington, D.C., and Baltimore, Maryland, to complete requirements for specialty certification in surgery. In 1952 he became assistant chief of surgery at the new Hadley Memorial

Hospital in Washington, D.C., and instructor in anatomy at Howard University Medical School.

In January, 1955, he began a three-year tour of active duty as a major in the United States Air Force. He was assigned as chief of surgery and chief of professional services at the 7330th USAF Hospital in Germany and was surgical consultant for the Air Force in Europe.

After his tour of duty in Europe, Dr. Cox returned to the States and became chief of surgery and director of surgical resident training at the 1912-bed Veterans Administration Hospital at Tuskegee, Alabama.

Dr. Cox is a Diplomate of the American Board of Surgery, a Fellow of the International College of Surgeons, and a Fellow of the American College of Surgeons. He is also Diplomate of the National Board of Medical Examiners.

In September, 1959, he answered the call to come to the Phillips Memorial Hospital in Orlando, Florida, as chief of professional services and chief of surgery.

The family consists of his wife, Elaine; his sons, J. Mark, Jr., 18, a pre-



Dr. A. L. Bookhardt and Dr. J. Mark Cox.

JOHN F. BOOKHARDT

JOHN F. BOOKHARDT, M.D., is in practice in Denver, Colorado, having gone there three years ago as a general practitioner. He is a member of the staff at Porter Hospital in Denver, Colorado. He is the son of the late Elder J. N. Bookhardt, and his mother resides in retirement with him. Mrs. J. F. Bookhardt is the former Patricia Goines, of Pocatello, Idaho. The Bookhardts have five children.



MITCHELL'S STUDIO

Dr. Cox and nurse in operating room.



Dr. A. L. Bookhardt attends patient.

med student at Atlantic Union College; Alfred, 14, a high school student; and daughter Edith Elaine, 10, in elementary school. Mrs. Cox, the former Elaine Butler of Washington, D.C., is an elementary teacher by profession. She is active in church and civic work, and is at present the home missionary leader of the Mount Sinai Seventh-day Adventist Church in Orlando, Florida. She is also a Sabbath school teacher for the teen-age group and assistant church organist.

A. Leroy Bookhardt, M.D., is the son of the late Elder J. N. Bookhardt. His mother, who was formerly a Bible worker, now lives in retirement in Denver, Colorado, with her son, John F. Bookhardt, who is also a physician. Dr. A. Leroy Bookhardt completed his undergraduate work at the University of Nebraska, and received his medical training at Howard University School of Medicine, where he graduated in 1957. His internship was completed at Los Angeles County General Hospital and surgical residency was spent at Veterans Administration Hospital, Tuskegee, Alabama, 1958-1961. He is board qualified in surgery and is presently awaiting examination to become a Diplomate of the American Board of Surgery. He serves as South Atlantic Conference health leader for the State of Florida.



Mrs. Bookhardt and children: Back row: Jeannie and John, Jr. Front row: Patsy, Sylvia, and Kennyth.



Dr. John F. Bookhardt.



Patients of Dr. John F. Bookhardt await his call in the reception room. To the right is his office nurse, Mrs. Lorraine Carr.

CARL A. DENT

DR. CARL A. DENT and his wife, Lavetta, a registered nurse, first came to Riverside Hospital in 1940. He has been busy ever since. In addition to serving as staff physician and medical director, Dr. Dent was the X-ray and medical laboratory technician. He was a promoter and public relations agent for the institution, taking and showing color pictures of the hospital and giving talks before audiences at camp meetings, churches, and schools. He helped with maintenance in the early days, on occasion feeding the coal stoker of the heating plant. Frequently he made trips to the city to pick up patients and guests of the institution. He operated an outpatient clinic on the hill above the old sanitarium (present site of the new 84-bed hospital); and, despite the rigorous program, he still found time to give Bible studies and make visits in the community.



A. R. SIMONS

Mrs. Chita Sanders, R.N., looks on as Dr. Carl A. Dent balances probes at the console of the new \$10,000 radio-isotope unit specifically designed for medical diagnosis and treatment.



A. R. SIMONS

Dr. Carl A. Dent teaches Sabbath school class at the Riverside chapel. He has been an enthusiastic Sabbath school teacher for many years.



A. R. SIMONS

Mrs. Chita Sanders, office nurse; Dr. Carl A. Dent; Mrs. Thelma Johnson, secretary; Mrs. Claudia Riley, laboratory technician.

From 1944 to 1950 Dr. Dent operated a growing private practice in Santa Monica, California. His community Bible studies and contacts made in connection with his practice, and his generous economic support, aided greatly in the actual building of the Santa Monica church and added to the strength of the membership there.

Dr. Dent returned to Riverside as medical director in 1950, serving in that capacity until 1955, at which time he established a private practice in Nashville.

Despite a heavy medical practice, Dr. Dent still gives liberally of his time and means to the work at Riverside. He serves on the board of trustees for both Riverside Hospital and Oakwood College. He is president of Riverside's medical staff and, as such, serves on several hospital committees. He is a local elder with the Riverside Chapel and represents the hospital and the medical department of the South Central Conference yearly at the Regional Conference camp meetings.

For many years, Dr. Dent has regularly been a spirited Sabbath school teacher. For more than ten years, he has been the author of a regular column in the *Message Magazine*, "The Doctor Answers."

Meharry Medical College in Nashville has for a number of years used his talent, intellectual acumen and years of experience, as an instructor in their department of surgery.

With it all, Dr. Dent takes time each

year to attend the American College of Surgeons and other seminars and meetings, keeping abreast of twentieth-century medicine.

The Dents have two daughters. Patricia is a student at Oakwood College, and the older daughter, Cynthia, is now Mrs. Monroe A. Burgess, Jr.



SCURLOCK

Dr. Harrison examines patient while Mignon Scott, college student and part-time nurse, looks on.

D. WARREN HARRISON

D. WARREN HARRISON is a graduate of Loma Linda University School of Medicine, and has practiced in many areas of the country including New York State, North Carolina, and Tennessee, where he was associated with the Riverside Hospital for several years. He is currently practicing in

Washington, D.C., and is affiliated with the staff of the District of Columbia General Hospital and Hadley Memorial Hospital.

Dr. Harrison has spent a number of years in Africa, and recently became the director of the Association for Higher Education of African Students.



Dr. Kenneth C. Simpson leaves his office to answer one of the many calls received daily in his crowded schedule.

KENNETH C. SIMPSON

KENNETH C. SIMPSON, M.D., is engaged in practice in the Bronx, New York. His college work was done at City College in New York, and he is a graduate of Howard University School of Medicine, 1951. He has taken a residency in internal medicine at Harlem Hospital, New York City. The

hospitals with which he is affiliated are Morrisania City Hospital, Bronx Hospital, Parkchester General Hospital, and Prospect Hospital, all in the Bronx.

Dr. Simpson is active in the work of the temperance program in connection with the Ephesus church in New York City, where he is a member. He is also interested in the Seventh-day Adventist youth activities in the city of New York.

Mrs. Simpson is the former Sylvia Marrero who taught at Oakwood College and Pine Forge Institute. The Simpsons have four children—Kenneth, Jr., 13; Anna Maria, 9; Richard, 6; and Laura Angela, 3.



Dr. Kenneth C. Simpson is seated at his desk in his consultation room.

GEORGE N. BENSON

A GRADUATE of the medical school of Loma Linda University, then called the College of Medical Evangelists, Dr. George N. Benson came to Nashville, Tennessee, in 1954 to serve as house physician at the Riverside Hos-



A. R. SIMONS

Dr. George N. Benson here speaks before the Lake Region Conference camp meeting.



A. R. SIMONS

Mrs. Joyce Watson assists Dr. George N. Benson in treatment of patient, using the ultra sound-muscle stimulator combination.

pital. He intended to remain but a year or two, but in view of the need for an additional Seventh-day Adventist physician at the hospital and in the community, in 1957 he began a private practice.

Today, Dr. Benson is chairman of the pharmacy committee and a member of the house committee at the hospital. He serves as a local elder and as temperance secretary for the Riverside Chapel church. In his missionary effort he subscribes to ten copies of the *Message Magazine* for placement in his office waiting rooms.

Each year Dr. Benson leaves his busy practice to spend a few days at one or more of the camp meetings to give health lectures and first aid, to make medical examinations and to counsel with those in attendance regarding personal medical problems.

Mrs. Benson is the former Lois Simons, and is a registered nurse. The Bensons have two children—Paul, 3, and Stephen, 2.

Lehnoff had recently been awarded first prizes in the nation's first oratorical contest on "Church State Relations." Copies of the two winning orations were inserted in the 1963 *Cardinal*, the Andrews University yearbook.

Governor Romney congratulated Norma Smith, Andrews University speech major, on her award for study at Michigan State University's Speech Department during 1963-64. The award from the Vocational Rehabilitation Administration is made for Speech Therapy Training and carries a stipend of \$2,400.



Norma Smith, Gov. George E. Romney, and Roland Lehnoff.

Oratorical Recognition

GOV. GEORGE E. ROMNEY of Michigan was extended honorary membership to the Andrews University Chapter of the International Religious Liberty Association. Roland Lehnoff, newly elected president of the chapter, presented the special membership pin and card. Norma Smith appropriately assisted in the conferral, as she and

Chaplain Powell Helps Korean Refugee

It is said that "love and patience are the keys to a man's soul." Many times in the mission field our missionaries find that love and patience are the only things that will win the hearts of those who will not be touched in any other way. During the past few months one of our Seventh-

day Adventist military chaplains, truly a missionary in uniform, has found this to be true.

Chaplain Joseph T. Powell was cited in the Korean press recently for his outstanding experience in the moral restoration of a deaf Korean boy.

"Labeled by his neighbors as a juvenile delinquent, Lee, who is now 15 years old, had spent his time wandering about from street to street. Whatever he could find to steal he used to maintain his existence, often jumping Army trucks. At 15 he had already been arrested several times, but on each occasion he was released because of his handicap.

"Kindness by the authorities had not decreased his tendencies to steal. In his soundless world he had often misunderstood the concern of others, thinking that they were mocking and laughing at him.

"Under the influence of Chaplain Powell, Lee has changed. He has returned to school and is showing eager interest in his lessons. His teacher reports that Lee was deeply moved when Chaplain Powell offered to furnish financial aid for his clothing and other needs.

"Chaplain Powell visits Lee each Saturday, taking time from his busy schedule to show practical charity at work in daily life."—From *The Center Crier*, vol. 6, No. 18.

Missions Extension Offering September 14, 1963

THE Missions Extension Offering for 1963 is to be received on Sabbath, September 14. On that day the largest Missions Extension Offering ever brought to God should be given.

Do you ask why? The answer is, the day in which we now live and work demands of us our best along all lines for God. Therefore we should gladly return to our Lord a portion of the financial blessings He gives us, because the one great objective which dominates all our desires is advancement of the program of the church and finishing the work God has given us to do.

Every hour affords privileges, openings, and opportunities to promote and advance the mission program to the regions beyond. We have accepted the challenge to teach the gospel of Jesus Christ to earth's nations, kin-

dreds, tongues, and peoples, and the church, therefore, must be ready with finances to move with every opportunity for the advancement of the gospel. The goal for the Missions Extension Offering is \$125,000. Every member of the church is asked to show a liberal, cooperative spirit and give a big Missions Extension Offering on Sabbath, September 14, 1963. F. L. B.

Dar es Salaam

THREE THOUSAND AT-
TENDED CLEVELAND
LECTURES OPENING
NIGHT.

F. G. THOMAS, *President*
Tanganyika Union



Mrs. Eugenia I. Cunningham.

Mrs. Eugenia I. Cunningham Dies at Riverside Hospital

MRS. EUGENIA ISABELLA CUNNINGHAM, who served on the staff of Oakwood College and was widely known as Mother Cunningham, died on June 20, 1963, at the Riverside Hospital in Nashville, Tennessee. Funeral services were conducted in the auditorium of Moran Hall on the Oakwood College campus.

Born Eugenia Isabella Cartwright, January 31, 1878, near Greenville, Mississippi, she was the daughter of former slaves who served on a plantation in the tidewater section of Virginia. The family later moved to Mississippi and were caught in the great flood of 1882 when the levee system

broke in more than 700 places, spreading death and desolation everywhere. Under the threat of floodwaters the family left and resettled in Stoneville, Mississippi, where Eugenia attended elementary school. When her mother died, Eugenia's academic program was interrupted in favor of jobs to help pay doctor bills. Years later when she was past 35 she went to Oakwood to begin high school work, and it was there that she was baptized into the Seventh-day Adventist Church.

In 1917 she was married to Lewey Cunningham. They had one child, Charles Coleman. Along with her schoolwork she was employed by the college as superintendent of the orphanage, and in later years she served as matron of the dining room, dean of women, manager of the college laundry and of the college store. She served the institution in various capacities for nearly fifty years, and became endeared to alumni all over the nation and in many parts of the world.

Cunningham Hall, college women's residence, on the Oakwood campus is named in her honor. Her life story is the subject of an autobiography, *Make Bright the Memories*, which was published in 1954 by the Southern Publishing Association in Nashville, Tennessee.

The writer spoke words of comfort at the funeral. Mrs. Cunningham was buried in Brandontown near Oakwood College. Mourning her loss is her son, Charles Coleman Cunningham, educational superintendent and Missionary Volunteer secretary of the South Atlantic Conference, and numerous other relatives and friends.

L. B. REYNOLDS
Associate Secretary
General Conference
Sabbath School Department

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