

PACIFIC UNION RECORDER

"THEN THEY THAT FEARED THE LORD SPAKE OFTEN ONE TO ANOTHER"

VOL. 2

OAKLAND, CAL., NOVEMBER 20, 1902

No. 8

THE CHURCH

The Canvassing Work

We are living in a time when a great work is to be done. There is a famine in the land for the pure gospel, and the bread of life is to be given to hungry souls. There is no better opportunity to do this work than that offered by the consecrated canvasser. Thousands of books containing the precious light of present truth should be placed in the homes of the people in our large cities.

Canvassers are needed to take up the work of carrying these silent messengers of truth to the people,—canvassers who feel a burden for souls, and who can speak words in season to those who are seeking for light. Some may say, "I am not a minister; I can not preach to the people." You may not be able to preach, but you can be an evangelist, ministering to the needs of those with whom you come in contact; you can be God's helping hand, working as the disciples worked; you can ask those you meet if they love the Lord Jesus:

The canvassing work is a work of great responsibility, and it means much not only to those who are engaged in it, but to the people for whom they labor. Let the canvasser remember that his work is evangelistic in its nature, and that God wants those whom he meets to be saved. Let him keep his

heart under the influence of the Holy Spirit. Let him keep the Bible near him for reference, and when an opportunity presents itself to speak words of truth, let him pray for grace to speak wisely, that to those to whom he speaks his words may be a savor of life unto life.

The canvasser should make every effort in his power to let the light of truth shine forth in good works. In his discharge of duty he should shed about him the fragrance of Christian courtesy, improving every opportunity to perform acts of helpful service. He should educate himself to speak distinctly and impressively. He should learn daily in the school of the great Teacher. Christ will surely help those who hide in Him, depending on Him for strength.

The temperance question is to receive decided support from God's people. Intemperance is striving for the mastery; self-indulgence is increasing, and the publications treating on health reform are greatly needed. Literature bearing on this point is the helping hand of the gospel, leading souls to search the Bible for a better understanding of the truth. The note of warning against the great evil of intemperance should be sounded; and, that this may be done, every Sabbath-keeper should study and practise the instruction contained in our health periodicals and our health books. And they should do more than this: they should make earnest efforts to circulate these publications among their neighbors.

The sale of our health literature

will in no way hinder the sale of publications dealing with other phases of the third angel's message. All are to prepare the way for the coming of the Lord.

Canvassers should call the attention of those they visit to our health publications, telling them of the valuable instruction these periodicals contain regarding the care of the sick and the treatment of disease. Tell them this instruction, studied and practised, will bring health to the family. Explain how important it is for every family to understand the science of life. Direct their minds to Him who formed and who keeps in motion the wonderful machinery of the body. Tell them that it is our part to cooperate with God, caring wisely for all our faculties and organs. The proper care of the body is a great responsibility, and requires an intelligent knowledge of its parts. Tell them that God is dishonored when, for the gratification of appetite and passion, man misuses the machinery of the body, so that it does its work feebly and with difficulty. Tell them that the books you have for sale give much valuable instruction regarding health, and that, by practising this instruction, much suffering, and also much of the money spent in paying doctors' bills, will be saved. Tell them that in these books there is advice which they can not possibly obtain from their physician during the short visits he makes.

In his association with those whom he meets, the canvasser can do much to show the value of

healthful living. Instead of staying at a hotel, he should if possible obtain lodging with a private family. As he sits at the table with the family, let him practise the instruction given in the health works he is selling, holding up the banner of strict temperance. As opportunity is offered, let him speak of the value of a healthful diet. He should never be ashamed to say, "No, thank you; I do not eat meat." If tea is offered, let him refuse it, explaining that it is harmful; that, though for a time stimulating, the stimulating effect passes off, and a corresponding depression is felt. Let him explain the injurious effect of intoxicating drinks, and of tobacco, tea, and coffee, on the digestive organs and the brain.

As the canvasser goes from place to place, he will find many who are sick. He should have a practical knowledge of the causes of disease, and should understand how to give simple treatments, that he may relieve the suffering ones. More than this, he should pray in faith and in simplicity for the sick, pointing them to the great Physician. As he thus walks and works with God, ministering angels are beside him, giving him access to hearts. What a wide field for missionary effort lies before the faithful, consecrated canvasser! what a blessing he will receive in the diligent performance of his work!

Young men, young women, you are called by the Master to take up His work. His requirements are too sacred to be tampered with. In the name of the Lord, I ask you to conquer every unlawful appetite and passion and to purify your souls by a belief of the truth. Overcome by the blood of the Lamb and the word of your testimony. Discharge faithfully your obligations, looking to God for strength.

Church-members, awake to the importance of the circulation of our literature, and devote more time to this work. Place in the homes of the people, papers, tracts, and books that will preach the gospel in its several lines. There is no time to be lost. Let many give themselves willingly and un-

selfishly to the canvassing work, and thus help to a warning that is greatly needed. When the church takes up her appointed work, she will go forth "fair as the moon, clear as the sun, and terrible as an army with banners."

Ellen G. White.

THE FIELD

To the People of the California Seventh-Day Adventist Conference

Dear Brethren and Sisters: You who were at the late camp-meeting and conference held at Fresno will remember, and you who were not there doubtless have heard of, the missionary spirit that characterized the meeting and that sent into the fields outside of California a large number of those who have been active laborers in this conference.

Brethren Corliss, McCord, and Castle have gone to England to labor; Brother Parsons has gone to Ireland; Brother Everson has gone to Rome; Brother and Sister Shaeffer and Brother Douglass have gone to Georgia. By the time this letter reaches you, Brother Gauterau, Brother Amos Marchus, Brother Halliday, and Brethren Walter and Frank Bond will have gone—Brother Gauterau to France, Brother Halliday to England, and the Brethren Bond to England for a while, on their way to Spain, Brother Marchus to England for a while, on his way to Natal, South Africa. Others who are to go, but can not go for a few months, are Brother Albrecht, to Germany; Brother Harmon, to Ontario, Canada, and Dr. Keem, to China. Nearly all of these are still California workers, to be paid from the California treasury after they reach their foreign fields.

This gives to the people of the California Conference a personal hold in missionary effort upon a goodly part of the world. The California Conference is thus sending its workers to the East in both directions. But surely this is the only thing to do. There are in the California Conference only about one and a quarter millions of

people altogether. In the British Isles, alone, there are forty-two millions; and in the other countries many more, as they are larger. In those countries there are very few Sabbath-keepers, and far fewer active preachers of the message. Should we keep here, where there are so few people, the many workers, when we have also nearly four thousand Sabbath-keepers besides?

Read again what was presented on this subject at the opening of the conference at Fresno. Read it carefully; and if you were not there, see if you do not say with all those who were there, "Yes," and, "Amen."

But now, brethren and sisters, there is just as much work to do in the spreading of the third angel's message in California as there was before these of our active workers went abroad. There is just as much work to do in California in proclaiming the third angel's message as though all who have gone abroad were here. But these have gone, and we remain. Then, since these are all gone, and only we remain, and there is just as much work to do in California as if they were all here, who is there that shall do the work in California?—Plainly, only we who remain. Then this calls in a more urgent way than ever before that every Seventh-day Adventist man, woman, and child in the California Conference shall enter into the work of proclaiming the third angel's message whenever and wherever and by every means that can be employed.

Come, then, let us all wake up, and stand up, and enter heartily, prayerfully, and vigorously upon the work of filling California with the third angel's message as never before. Please do not wait to be licensed or otherwise "recognized" by formal action of the conference committee. Ask the Lord what there is that you can do. Consecrate yourself to Him, and ask earnestly what He will have you to do. Then begin just where you are, at whatever Christian work your hand shall find to do. And there is abundance of this that can be done everywhere by all.

Many of our people have lived

where they now are long enough for all the people of the community to know that they are Seventh-day Adventists, and, through them, that the seventh day is the Sabbath. Many have distributed literature in the neighborhood where they are to such an extent that they think that the people do not want to read any more. But there is one phase of the work of the third angel's message that has not been so fully employed. That is the Christian help work, or medical missionary work—personally visiting, to help the sick, the sorrowing; taking a personal interest in the daily life and affairs of all who are round about you, to help them in every possible way that need may demand or opportunity offer. This is now the wide-open door through which all our people can enter into the very heart of the work of the third angel's message. And this work, taken up carefully, prayerfully, and considerately, will open the way for the distribution of literature, and also will cause all the people to take a deeper interest in what is the meaning of your being a Seventh-day Adventist, and the seventh day being the Sabbath.

And this is precisely what the Holy Spirit is given to you for; for thus it is written of our Leader, our Example, our Head. Read it:—

“The Spirit of the Lord God is upon Me; because
The Lord hath anointed Me to preach good tidings unto the meek;
He hath sent Me to bind up the broken-hearted,
To proclaim liberty to the captives,
And the opening of the prison to them that are bound;
To proclaim the acceptable year of the Lord, and the day of vengeance of our God;
To comfort all that mourn.”

That is the purpose for which the Holy Spirit is poured out upon you. Will you fulfil the purpose? When the Holy Spirit is poured upon you for that purpose, if you should not step in and fulfil the purpose, then of what benefit can the pouring out of the Holy Spirit be to you? Come, brethren and sisters, step in.

Another thing: The delegates

and people at the conference also voted to give \$5,000 from the California Conference treasury to the General Mission Board for the work in foreign fields, in addition to the tithes to the Pacific Union Conference. The amount that will thus go from California to foreign fields the coming year is nearly \$24,000. These faithful workers who have gone into strange lands, a number of them into lands of strange languages, must not be neglected in the matter of material support. Our careful attention in this respect, as well as our prayers and hearts' wishes, must follow these dear brethren and sisters who have gone far away to strange lands. Others must be called from among the people into the field, to take the place of those who have gone. This calls, therefore, for faithfulness on the part of every one in bringing into the treasury the Lord's tithe. You see how through your conference treasury there is now flowing so largely to the wide world that which you are giving. You see that your conference treasury is now only a channel through which you can pour into foreign fields that with which the Lord has blessed you, to be devoted to the work of His ministry and the spread of His gospel.

I know that many of our people in the California Conference were getting restless at seeing so much money spent in California alone. This was right. Because of this, some had really slackened in their interest in faithfully paying the Lord's tithe. Others have been seriously thinking of themselves sending their tithes to foreign lands. But now, since the Lord's regularly-established channels of receiving and distributing His own funds are so open that such large sums are constantly flowing directly to foreign fields, surely now all our people can with confidence faithfully bring the Lord's tithe to His treasury.

We are sure that all who were at the Fresno camp-meeting at the last Sabbath meeting, as well as those who were not, will be glad to have in print the words that Sister White spoke that day on these subjects. We therefore in-

sert them; and her closing sentence can very appropriately be ours:—

SENDING MISSIONARIES ABROAD

“Before His ascension, Jesus told His disciples not to depart from Jerusalem till they had received the promise of the Father. ‘Ye shall be baptized with the Holy Ghost not many days hence,’ He declared. ‘Ye shall receive power, after that the Holy Ghost is come upon you; and ye shall be witnesses unto Me both in Jerusalem, and in all Judea, and in Samaria, and unto the uttermost part of the earth.’

“The day of Pentecost came. Great additions were made to the church. In one day five thousand were converted. The disciples began to think that they had a work to do in Jerusalem, in shielding the members of the church from the snares of the enemy. They did not realize that strength to resist temptation is best gained by active service. They did not educate the new church-members to become workers together with God in carrying the gospel to those who had not heard it. Instead, they were in danger of being satisfied with what had been accomplished. To scatter His representatives abroad, where they could work for others, the Lord permitted persecution to come upon His church. Stephen and several others died for their faith; then the members of the church were scattered; and the gospel was proclaimed with power ‘in all Judea, and in Samaria, and unto the uttermost part of the earth.’

“In every age since the first advent of Christ, the gospel commission has impelled men and women to go to the ends of the earth as missionaries for God. We thank the Lord that during this camp-meeting several of our workers have given themselves as missionaries to go to different countries outside our land. My brethren, we bid you Godspeed. Our prayers shall follow you wherever you go. How glad we are to send men and means to these countries!

“Years ago, I little realized that I should spend many years of service as a pioneer missionary in distant lands. But when the call came to go to Europe, I responded. Afterward, when asked to go to

Australia, I went, notwithstanding I was over sixty years of age. Nine years I worked in that field. My heart is filled with the missionary spirit, and, although nearly seventy-five years old, I feel such a desire to see souls saved that it seems to me I could go to the ends of the earth to bring men and women a knowledge of the truth for this time.

"To these our friends who expect soon to go from us to other lands, I wish to say: Remember that you can break down the severest opposition by taking a personal interest in the people whom you meet. Christ took a personal interest in men and women while He lived on this earth. Wherever He went He was a medical missionary. We are to go about doing good even as He did. We are instructed to feed the hungry, clothe the naked, heal the sick, and comfort the sorrowing.

"The sisters can do much to reach the heart and make it tender. Wherever you are, my sisters, work in simplicity. If you are in a home where there are children, show an interest in them. Let them see that you love them. If one is sick, offer to give him treatment. Help the care-worn, anxious mother to relieve her suffering child.

"Some of you expect to go abroad as canvassers. Sometimes you may wish to canvass a man whose time is fully occupied. You may have to put off your canvass, and it may be possible that you can join him in his work and talk with him then. The sermon which you thus preach by your helpfulness will be in harmony with the sermon which you preach with your tongue; and the two together will have a power that words alone could never have.

"When staying at the homes of the people, share the burdens of the household. Be thoughtful enough to keep the water-bucket filled. Help the tired father do the chores. Take an interest in the children. Be considerate. Work in humility, and the Lord will work with you.

"My brethren and sisters who are under appointment as missionaries, I greatly desire that your hearts shall be filled with Christlike

pity, love, compassion. As I bid you farewell and return to my home, do not think that I shall soon forget you. We will offer our petitions to God in your behalf, pleading with Him to open doors for you. He will hear our prayers; He has promised to hear us. And He is just as ready to answer your prayers for strength and wisdom to do your work. He has said that He is more willing to give the Holy Spirit to them that ask Him than parents are to give good gifts to their children. Wherever you go, pray to Him in the morning, at noon, and at night. Pray in faith, without wavering.

"Some of the members of our churches may feel that we are sending away too many conference laborers, and that the work in the home field can not be done by the few who remain. But this is not the proper view to take of the matter. Those in the employ of the conference are not the only ones who should work for souls. Let the church-members go to work. Let them communicate to others the knowledge they have received. In many churches in California, the members have heard discourse after discourse, and yet they do not seem to have a large measure of the Holy Spirit. While I was in Australia, many of them sent letters to me across the broad Pacific, inquiring why they did not receive more power from above, and requesting me to pray for them. They did not seem to comprehend the reality of the Saviour's promise, 'Lo, I am with you always, even unto the end of the world.' They did not seem to realize that they could gain spiritual strength by imparting to their neighbors and friends the light they had received. They had not learned of the blessing that comes to us from telling our fellow-beings, enslaved by appetite, of that divine power which will enable them to overcome the desire for every harmful indulgence.

"Let those who teach the truth, teach in simplicity. Let them not try to drive the truth home with a vim that will arouse antagonism. Let the voice express sympathy and tenderness. Christ's voice was full of pathos. By persevering effort we can cultivate the voice,

riding it of all harshness. Let us ask in faith for a converted voice, a converted tongue, and for Christlike sympathy and tenderness, that we may win souls to the truth we teach.

"None of our churches need be barren and unfruitful. But some of our brethren and sisters are in danger of starving to death spiritually, even when they are constantly hearing the truth presented by our ministers; for they neglect to impart that which they receive. God requires every one of His stewards to use the talent entrusted to him. He bestows rich gifts upon us in order that we may bestow them freely upon others. He keeps the heart flooded with the light of His presence in order that we may reveal Christ to our fellowmen. How can those who fold their hands in ease, content to do nothing, expect God to continue to supply their necessities? The members of all our churches should labor as those who must give an account.

"Brethren and sisters, when these workers go to their fields of labor across the seas, will you close up the ranks in the home conference? Will you put on the Christian armor? 'We wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand.' Will you stand firm for the truth, even though your church may not often be visited by a minister? I ask you, in the name of Jesus of Nazareth, to put on 'the whole armor of God,' and be sure to wear the gospel shoes. Do not neglect to put them on. They will enable you to tread tremblingly, softly, in approaching the souls that you desire to lead to the Saviour.

"Your feet shod with the preparation of the gospel of peace," you will be prepared to walk from house to house, carrying the truth to the people. Sometimes you will find it very trying to do work of this kind; but if you go forth in faith, the Lord will go before you

and His light will shine upon your pathway. As you enter the homes of your neighbors to sell or to give away our literature, and in humility to teach them the truth, you will be accompanied by the light of heaven. Learn to sing the simplest of songs. These will help you in house-to-house labor, and hearts will be touched by the influence of the Holy Spirit. Christ was often heard singing hymns of praise; and yet I have heard persons say Christ never smiled. How mistaken their ideas in regard to the Saviour! There was joy in His heart. We learn from the Word that there is joy among the heavenly angels over one repentant sinner, and that the Lord Himself rejoices over His church with singing.

"What a privilege it is to labor for the conversion of souls! Our calling is high. We may enjoy the companionship of the heavenly angels. We may not discern their forms, but by faith we may know that they are with us. 'Are they not all ministering spirits, sent forth to minister for them who shall be heirs of salvation?' Brethren, sisters, God invites us to unite with the angels in their ministry. Thus every one of us may become His helping hand. To fit us to do this work, He will strengthen our minds as verily as He strengthened the mind of Daniel. As we give to those in darkness the truths that have enlightened us, God will enable us to understand these truths still better. He will give us apt words to speak, communicating to us through the angel standing by our side. Let us pray for the faith that works by love and purifies the soul. Let us seek for living power from above, that we may indeed be laborers together with God.

"May the blessing of God rest upon every one in this congregation. The presence of God is here. His angels are in the midst of us. And the evil angels also are here. Let us close the windows of the soul earthward, and open them heavenward. Let us not allow earthly things to take possession of the mind, but let us keep it open to receive the communications that the heavenly angels are ready to give to us.

"May the Lord bless and strengthen you who are under appointment to go to other lands. We may never meet again in this life, but I pray that we may meet in that glad day when the gates of the city of God shall swing back on their glittering hinges, and the nations that have kept the truth shall enter in, there to hear Christ saying: 'Come, ye blessed of My Father, inherit the kingdom prepared for you from the foundation of the world.' 'Enter into the joy of thy Lord.' Then, with all the redeemed, we shall cast our crowns at His feet, crying, 'Worthy, worthy is the Lamb that was slain.'

"As we recognize among the ransomed ones some whom we were instrumental in saving, gladness unspeakable will fill our hearts. Touching our harps, we shall fill all heaven with rich music. Oh, what songs of praise for redeeming love will resound through the heavenly courts!

"While living this probationary life, shall we not encourage one another to be steadfast? Shall we not impart a knowledge of the truth for this time to those in our very neighborhoods who have not heard it? Shall we not, by our prayers and by our means, support those who are sent to other lands to proclaim this truth? Shall we not practise self-denial on every point, that we may have more to give for missionary work abroad? Shall we not keep before us, in our homes, a contribution box in which to place offerings for missions?

"Let us teach our children to deny self in order to help sustain the Lord's work. Let us tell them that God, in giving His Son, gave all heaven to save not only us, but those who as yet have not so much as heard of Him. Let us tell them how, in order to redeem mankind, Christ laid aside His kingly crown and royal robe, left His high command in the heavenly courts, and came to this world to live a life of poverty and hardship, a life of toil and suffering, and to die a death of shame. Shall He have died in vain for us? Shall He have died in vain for those whom by self-sacrifice we could save?

"Brethren and sisters, will you to-day pledge yourselves before

God to pray for these workers who have been chosen to go to other lands? Will you pledge yourselves not only to pray for them, but to sustain them by your tithes and offerings? Will you pledge yourselves to practise strict self-denial in order that you may have more to give for the advancement of the work in the 'regions beyond'? We feel moved by the Spirit of God to ask you to pledge yourselves before Him to lay by something weekly for the support of our missionaries. God will help and bless you in doing this. Give those who are under appointment to go abroad evidence that you will sustain them by your prayers and by your means. Let those who willingly, freely, gladly make these pledges before God to-day, signify it by rising to their feet. [Nearly the whole congregation—about a thousand—arose.]

"Thank the Lord. As these missionaries go to their new fields, they will have an assurance that their brethren and sisters in this conference will be faithful in doing their part at home. The time may come when some of those who remain will go to distant fields. We expect to see the Lord taking men from the plow, and sending them out to proclaim the truth. We expect to see children bearing a message that their parents can not bear. Let us all stand ready to respond to God's call to duty, whatever the sacrifice."

Dear brethren and sisters, all you who were not at the meeting to make your pledge by rising to your feet with the others, please just where you are make that pledge now, and let us all stand together in pushing to success as never before the work of the third angel's message in the California Conference, and in all the world.

CAL. CONFERENCE COMMITTEE,
Per A. T. Jones.

California Conference

TITHE RECEIPTS FOR THE MONTH
OF OCTOBER, 1902

Alameda, \$96.70; Alton, \$14.15; Arroyo Grande, \$51.65; Berkeley, \$30.60; Bishop, \$31.40; Calistoga, \$24.70; Chico, \$91.92; Crows Landing, \$10; Eureka, \$208.30;

Ferndale, \$128.30; Fresno, \$626.35; Grangeville, \$122.20; Grass Valley, \$111.10; Glennville, \$45.42; Guerneville, \$31.15; Hanford, \$162.07; Healdsburg, \$521.42; Lemoore, \$1.10; Lockwood, \$17; Lodi, \$4.50; Monterey, \$49.26; Morganhill, \$58.52; Napa, \$51; North San Juan, \$3.50; Oakland, \$603.69; Paso Robles, \$38.25; personal, \$275.29; Petaluma, \$96.10; Red Bluff, \$81.40; Redding, \$58.90; Reno, \$286; Sacramento, \$165.56; San Francisco, \$637.05; Sanitarium, \$58.81; San Jose, \$241.76; San Luis Obispo, \$10; Santa Cruz, \$47.85; Santa Rosa, \$43.50; Sebastopol, \$150.61; Smith River, \$8.50; Soquel, \$26.75; St. Clair, \$58; St. Helena, \$223.25; Stockton, \$3.00; Tres Pinos, \$31.43; Tulare, \$34.90; Ukiah, \$123; Vacaville, \$82.25; Valencia Street, \$64.05; Woodland, \$95.20; Watsonville, \$153.77; total, \$6,191.18.

TRUST FUNDS

Arizona Medical Mission.....	\$ 46 85
Christiania	5 50
English Tent Fund.....	155 15
Foreign missions.....	530 16
Home of the Friendless.....	125 67
Material Fund.....	371 24
Raratonga school.....	1 00
Southern Publishing Ass'n.....	1 00
Total.....	\$1,236 57

M. H. B.

Santa Cruz and Monterey

Since the state camp-meeting I have visited Santa Cruz and Monterey. At both places we received precious blessings.

Brother Osborne went with me to the latter church, to assist them in planning for a church-school. We spent Thursday in visiting, and called a meeting in the evening.

The members are poor, and the majority are sisters, who have only the usual income of those who are alone in church work.

The response made by the few exceeded what we had dared hope. Means enough were promised to make the outlook encouraging.

Friday Brother Osborne left for Fresno, and Sunday the writer presented the subject of the second tithe. More support was pledged for the school, a board was elected, and arrangements are to be speed-

ily completed for the opening of the school.

A regiment of United States soldiers from Manila is now stationed here, and the government is erecting permanent buildings for a military post.

As I thought of the soldiers and their needs, it seemed that many "Object Lessons" might be placed in their hands.

I went at once in search of the chaplain, and found him an experienced canvasser, and he gladly received the book and gave it a critical examination, and wrote two testimonials.

Sabbath Brother Huff, late from Virginia, was baptized, and joined the church. He accepted the truth since he came here.

The Lord revealed His presence in very precious blessings of love.

Everywhere I find a response to the sentiment that prevailed at our recent camp-meeting.

D. T. Fero.

Georgia

I have been visiting some of the churches and scattered Sabbath-keepers in the southern part of this empire state of Georgia. Many of these were still using swine's flesh, tea, and coffee, and quite a number were using tobacco. The most of them decided while I was with them to give up these hurtful things, and hereafter remember Paul's injunction, "Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God."

A goodly number determined to eat no more flesh, and to follow all the light God has given in regard to caring for these temples of the Holy Spirit. The Lord was with us at Jugtown, Macon, Tifton, Brookfield, Dixie, and Savannah. I buried one precious soul in the watery grave at Dixie.

We are made to praise God for the good news that comes to us from the California camp-meeting. Elder A. T. Jones wrote me that the conference is sending us three workers to aid us in this great state of Georgia. Just as the sad news came that, on account of lack of funds, the General Conference Mission Board could not send the usual

appropriation for this mission field, come these good words from California: "We send you three workers,—Elder Douglass and Elder Shaeffer and wife. And California will pay their fare to you and their weekly wages after they reach you." Many a one wept for joy on receiving this news. We hope to see an ingathering of the harvest that will make the hearts of our brethren in California rejoice that they have sent these laborers.

Elder G. B. Douglass arrived here last Friday, and we understand that Elder Shaeffer and wife are on their way, but have stopped to visit friends.

Our canvassers have all been sick with malarial fever. We will now have four ordained ministers and two Bible-workers and four or five canvassers to spread the third angel's message among the 2,225,000 people of Georgia.

Pray for this needy field. May God help us to be channels through whom He can work.

H. F. Courter.

Atlanta, Ga., November 5.

British Columbia

Since camp-meeting no time has been lost, and certainly the prospects are promising. All are of good courage in the Lord.

The treatment-rooms are now in good running order. They are located in the very center of town, and already are patronized by the best people. They are so well fitted up as to be a real credit alike to the city and the conference. Brother C. W. Enoch is in charge, and is proving both popular and efficient. Later on arrangements are to be made for the accommodation of female patients.

THE CANVASSING WORK

So far little has been accomplished in this line, but arrangements are being made for regular work to be done in this branch of the message.

LABORERS AT THE LATE CAMP-MEETING

In our report of workers at the recent camp-meeting, the name of Dr. Holden was inadvertently omitted. The doctor delivered al-

most half a dozen addresses on health and temperance. Good audiences greeted him, and it is hoped good will result from his efforts.

J. J. Dougan,
Conference Secretary.

Johannesburg

It has been my privilege to spend the past seven weeks laboring for the advancement of the "everlasting gospel" in the city of Johannesburg. During this time we have held meetings each Sabbath, and, having secured a public hall, have held Sunday-night meetings for the past five weeks. I have several standing invitations to hold meetings on week nights in the suburbs of the city. In one of these places I meet each Tuesday evening with two families and a class of young men who desire to fit themselves for work in the Master's vineyard. None of these young men are acquainted with the whole truth for the last generation, but they manifest great interest in the study of the Word. The studies are conducted wholly on the plan of encouraging each member of the class to ask any question on any point of religion or any passage of Scripture. It has never been my privilege to have a more interesting class.

We have two Sabbath-schools in this widely-scattered city, and are planning for a third.

On the 21st instant we organized a church of twenty adult members, seven of whom are men and thirteen women. In this number thirteen families are represented. The church has a full complement of officers, who were elected and ordained on the occasion of the organization of the church. The ordinances of the Lord's house were also celebrated. The Lord's presence was manifestly with us, and all hearts were melted to tenderness. I consider this a good, strong, and very promising church; it contains material which we expect to see utilized in the advancement of the message in South Africa. We expect several more to join this company in the near future. This is our first church in the city of Johannesburg and in the Transvaal.

We trust that, with the blessing of the Lord, many more such organizations may be effected in this fruitful field in the near future. The Lord be glorified for all that has been accomplished.

G. W. Reaser.

Sept. 24, 1902.

Port of Spain, Trinidad

The face of the "Pacific Union Recorder" is a welcome visitor in our sunny southern home, and we thought a few lines from the battle in this part of the field might be of interest.

Trinidad is an island of some 200,000 inhabitants, lying at the mouth of the great Orinoco River, where the waters of the stormy Atlantic and the blue Carribean meet. The third angel's message has made good progress, and nearly three hundred believers are loyal to it. We are all trying to do our part in pushing the work in this portion of the field. Thousands of pages of books were sold last year, and many pages of tracts and periodicals.

Port of Spain, the capital of the island, is a large and wealthy city, and presents a most interesting field for missionary labor. English, French, Spanish, Portuguese, and East Indians meet here in one common center. We have a church-membership of 125 in the city. As yet we have no place of worship, our meetings being held in halls. On account of wandering missionaries, who have come here from the eastern part of the United States, worked a little while, until they had worked off their zeal, then returned with their money, and left the people who had come out from the churches as sheep without a shepherd, our work is seriously handicapped as long as we stay in halls. Now we know of nothing that will give the work so great an impetus, under God, as the building of a church in this large city. We have just secured a splendid lot in the center of the city, but can not go further without some assistance. We need money at once, and are sure the brethren and sisters of the Pacific Union Conference desire to be comrades with us in this great

work. All money should be sent to the Mission Board.

Our courage in the Lord was never stronger nor our hope brighter. Remember Trinidad in your prayers.

Geo. F. Enoch,
Mrs. Geo. F. Enoch.



Branch Sabbath-Schools

How often we hear young people express a desire to "go somewhere and do missionary work," forgetting the fact that the missionary work which they can best do is right where they are! The planning of active missionary work in the home, in the neighborhood, in the town or city where they live, is the first work to be considered by all who desire to become missionaries. The Spirit of the Lord has pointed out an opportunity which many are passing by: "There is a most precious missionary field in the Sabbath-school." By the organization of "branch" schools, thus spreading the truth to other homes, it has been proven that the Sabbath-school work need not be confined to the members of our own church. Branch Sabbath-school work is ideal work for young people. The schools are held for the children of those not of our faith, and can be conducted wherever a few children can be brought together. In one city one hundred and forty children were brought into various branch schools which were conducted almost wholly by young people of our church. The results of this work were most satisfactory.

Busy mothers have gathered the children of the neighborhood into their homes on Sabbath afternoons, and taught them the Sabbath-school lessons. The following from a sister who began the work with but few children will reveal the possibilities in this direction: "Our branch Sabbath-school has gone far beyond anything we had looked for. Last Sabbath we had an attendance of forty-two. I am

having some blessed experiences that give a deeper joy than anything the world can give. It means hard work, oh, yes, for every Sabbath we have to go out and bring them in, but the Lord has richly rewarded our efforts. I am becoming acquainted with many of my neighbors, whom I would probably not have met in any other way, and almost without exception they are warm friends. Some of the parents, men as well as women, say they are coming to our Sabbath-school. Of course, I am glad to extend to them a hearty welcome. The school is held at my home Sabbath afternoons, at four o'clock."

Does not this experience seem a complete fulfilment of the words: "Parents who can be approached in no other way are frequently reached through their children. Sabbath-school teachers can instruct the children in the truth, and they will in turn take it into the home circle." Are there not many who wish to do missionary work who will try this plan? There are two young ladies in different locations in the South, who are all alone in the truth, and they each have a fine school. The attendance of each averages fifteen children. What a wonderful factor in spreading the truth this branch Sabbath-school work might be, if it were taken up by every church, and, as far as possible, in every home! These little schools would become centers of light, reflecting truth to all who should come within their influence. The light from such schools would form no small part of that great light which fills the whole earth with its glory.

The experience gained by the workers is of incalculable value. One of our ministers, who became interested in the work in his home school, says: "Nearly all the members of our regular school have something to do in branch Sabbath-school work. Even the children seem to feel a responsibility in bringing others to the schools. I do not know of anything that we have taken hold of yet that has in it the possibility of developing workers that this work has."

We all rejoice because of the

success of this work. It means the development of workers and the spreading of the message.

Mrs. L. Flora Plummer.

"Saviour, I follow on,
Guided by Thee,
Seeing not yet the hand
That leadeth me;
Hushed be my heart, and still,
Fear I no further ill;
Only to meet Thy will,
My will shall be.

Harvest Ingathering at Arroyo Grande

It was suggested two weeks ago that we have an ingathering service at our little church. After getting the unanimous consent of all, the time was set for Sabbath morning, November 1, and the next day preparation for the event was begun. The children were drilled after the outline of the service given in a late "Youth's Instructor." Quietly the work went on, and some of us were quite agreeably surprised to see the neat work of decoration that had been done by the children. They did it almost wholly by themselves. The main decorations were done in beautiful broad-leaved sycamore boughs. There were also various products of field and orchard and garden displayed upon the platform.

The program was carried through without a hitch, and all enjoyed the service very thoroughly. One outsider who was present carried off a large ear of corn, saying, "I am going to decorate this with a ribbon and hang it up in my room as a memento of this happy day." Another said, "No wonder you can get off a good entertainment, your children are all so bright." Probably there was a good reason for the brightness and readiness of the children to work. No doubt God helped us all in the service. The best part of it all was at the last, when the donations were made. One by one the children came forward and gave their bright silver, and told the superintendent which was his preferred mission. "The most needy fields" was the favorite. South Africa and the South were remembered, and the orphans' home was not forgotten, either.

All held their breaths in surprise when the sum total of \$29.35 was announced. Everybody voted it the happiest day so far of the year.

By vote of the school, the fruits and flowers were donated to the most needy person in town.

E. L. Paulding.

Repentance and Reformation Essential to Healing. No. IV

RESULTS OF REFUSING CORRECTION

"In vain have I smitten your children; they received no correction." Jer. 2:30.

The penalty of transgression, at first corrective, calling the sinner to repentance, if permitted to long continue, gradually becomes a destroying weapon. God has said, "My Spirit shall not always strive with man." The heart that is not softened by His tender pleadings, ere long becomes calloused and hardened.

"O Lord, are not Thine eyes upon the truth? Thou hast stricken them, but they have not grieved; Thou hast consumed them, but they have refused to receive correction; they have made their faces harder than a rock; they have refused to return. Therefore I said, Surely these are poor; they are foolish; for they know not the way of the Lord, nor the judgment of their God." Jer. 5:3, 4.

The soul that refuses to walk in the way of obedience to the divine precepts, in so doing rejects divine healing. Those who refuse to acknowledge the sacred demands of God's law, and yet who claim to be special channels of divine healing in the world, are deceiving themselves as well as those who accept their false teaching. "To the law and to the testimony; if they speak not according to this word, it is because there is no light in them." Isa. 8:20.

When mercy and truth, signs and wonders, sorrows and sufferings, did not succeed in softening Pharaoh's heart, these very agencies, when he had finally rejected them, hardened his heart, until he became a trifler with God and His people. It is refusal of correction that ultimately brings destruction.

That which would have corrected us to-day, had we accepted it, if we continue to refuse to submit to its warnings and admonitions, will some day become the agent of our destruction. The bright presence of our Lord as He appears at His second coming in the clouds of heaven causes great joy to the hearts of those who can say, "Lo, this is our God; we have waited for Him, and He will save us;" while to those who have refused God's corrections, this transcendent glory, so acceptable to the righteous, strikes terror to their impenitent hearts. They are consumed by the brightness of His coming, and implore the rocks and mountains to fall on them, and hide them from the face of Him who sits upon the throne. The thorns and thistles of sorrow and suffering were all arranged by the loving hand of God to turn men from the path of disobedience back into the way of truth and life everlasting. There is healing and health for those who will be corrected, while for those who refuse His correction there is only darkness and death in the future.

"But they mocked the messengers of God, and despised His words, and misused His prophets, until the wrath of the Lord arose against His people, till there was no remedy" (margin, "healing"). 2 Chron. 36:16.

This class, who have mocked the messengers of God, trampled underfoot the message of truth, turned their backs upon the light of heaven, and presumed to eat and think and worship according to the desires of the sinful heart, are represented in Jer. 14:19: "Hast Thou utterly rejected Judah? hath Thy soul loathed Zion? why hast Thou smitten us, and there is no healing for us? we looked for peace, and there is no good; and for the time of healing, and behold trouble!" Again those who have looked forward expectantly for a time of healing find in its stead a time of trouble.

There are some misguided individuals who look for the time when the Christian doctor, the consecrated nurse, and nature's remedial agents will not be needed by suf-

fering mortals. They expect to see the time when power will be given men to lay their hands upon their fellow-men, and in this way heal all manner of disease, without the cooperation of the human agent, and without the use of any means whatsoever. But to such as look forward to a time of divine healing without human cooperation, there can only await them the bitterest disappointment. Those who do find the more abundant healing when it comes, and as it comes, will be those who, day by day, have conscientiously utilized every facility for sowing for health and cooperating with the divine Healer in His great ministry of life and healing. W. S. Sadler.

The Lower Lights

"I don't believe I'll go to church to-day," said Ruth one Sunday morning at the breakfast table. "Somehow I don't feel like it, and nobody will ever know the difference whether I'm there or not."

"My dear," said Aunt Margaret, "I've often heard you singing 'Let the Lower Lights Be Burning.' I wonder if you know the story that suggested it."

"No," answered Ruth, "I never so much as heard that there was one."

"Some years ago a steamer in a terrific gale was trying to make the harbor of Cleveland, Ohio. There were two lights at the entrance of the harbor, one the upper light on the bluffs of the shore, the other the lower light on a bar at the other side of the entrance. The pilot peered out anxiously to catch a glimpse of the friendly lights, and presently caught sight of the upper one. But that alone was not sufficient; he must also see the other to know just where to go. But for some reason it was not lighted on time. Beaten by wind and wave, the steamer staggered on as best she could, while the hearts of all on board trembled with fear. If she missed the entrance, there was little hope of her escaping the rocks. Suddenly the lower light appeared, but, alas! it was too late; the steamer had missed the entrance, and, in the

attempt to turn about, went down with all on board."

"I suppose," said Ruth, with a laugh, "you mean that even if I am the most insignificant member of our church, and sit in the very back seat, it is my duty to be there in my place."

"You remember George Eliot's poem of the violin maker, who said that, if he did not make the very best violin possible for him to make, God would miss the music. If we are not each one of us faithfully doing our duty, be it small or great, there is silence or discord where there might have been music. More than that, our lives are bound together; we must needs lift up those about us or drag them down. We are bidden to sow our seed at all times, for we know not whether shall prosper, either this or that, or whether both shall be alike good."—Our Young Folks.

How He Won

A young man from Massachusetts had made his way to a bustling Western city, and hung out his lawyer's "shingle." Then he sat down to wait, in anxiety, but with determination, for his first case. It came at last, an important case from the point of view of an older and more experienced lawyer, but the event of a lifetime to this youth. He threw himself into it with as much fervor as if it involved a fee of thousands of dollars.

From the beginning, chances seemed to be against him.

The trial was before a justice of the peace, in a turbulent settlement three miles away. The court-room was up-stairs over a saloon. The preliminaries convinced the young lawyer that he had small chance of justice, and he asked for a change of venue, but the court indignantly refused, and he then availed himself of his remaining right, and demanded a jury. The jury was impaneled, the trial began, and the young lawyer fought with all his strength, for the case, against which he knew a strong prejudice to exist, but which he believed to be just.

The jury brought in a verdict in his favor, and the young lawyer

was surprised by a cheer which shook the court-room. Jury and witnesses joined in the applause, which the lawyer found was in his own honor. Even the judge did not withhold admiration for the plucky young attorney.

"Come down-stairs and have a drink," shouted his client, and led the way to the door. The whole company followed, and bore him with it to the door of the saloon.

"Thank you," said the young man, "but I do not drink."

"But just one drink to celebrate your first case," said the client, and it would have been easy for the young man to yield.

"No, thank you," he said, "I think you'll have to excuse me. I can't do it."

"Well, a glass of beer, then," cried one of the crowd, still holding his arm.

"No, not even beer."

"Nor wine?"

"No, nor wine."

The men were warm-hearted and generous, although rough, and were disinclined to yield to the young fellow; but he remembered the habits of his home,—the little home in the Berkshire hills, where he had been reared,—and he took new courage.

"Well, come and have a cigar, anyway," his client said.

"Thank you," said he, "but I never learned to smoke."

"Ah, well," cried some one, in disgust, "let him go, then." And so he did, walking back alone the long three miles, and feeling as depressed over the apparent disgust of his new friends as he had felt elated over his victory.

He often referred to it afterward as the hardest struggle of his life, and he debated over and over again whether principles so rigorous as his were suited to his new environment. But he resolved to be true to himself and to his early training. It cost him a struggle to decide, but he decided once and for all, and in that same decision settled many other questions without knowing it.

He did not lose by his fidelity. Even the men who ridiculed his Puritanism knew that their interests were safe with a man of such principles, and before long it came to be recognized that temptations

and ridicule were wasted upon him. So were laid the foundations of a successful career at the bar and of influence in the community.

"I had two cases that first day," said the lawyer, years afterward, "and by the grace of God I won them both."—Youth's Companion.

Read This Slowly and Think

Does my life please God?

Am I studying my Bible daily?

Am I enjoying my Christian life?

Is there any one I can not forgive?

Have I ever won a soul to Christ?

Have I ever had a direct answer to prayer?

Is there anything that I can not give up for Christ?

Just where am I making my greatest mistake?

How does my life look to those who are not Christians?

How many things do I put before my religious duties?

Have I ever tried giving one-tenth of my income to the Lord?

Is the world being made better or worse by my living in it?

Am I doing anything I would condemn in others?—Presbyterian Endeavorer.

The Lessons of the Vine

Of all trees, I observe, God hath chosen the vine, a low plant that creeps upon the helpful wall; of all beasts, the soft and patient lamb; of all fowls, the mild and guileless dove. . . . When God appeared to Moses, it was not in the lofty cedar, nor the sturdy oak, nor the spreading plain, but in a bush—a humble, slender, abject shrub, as if He would by these selections check the conceited arrogance of man.—Owen Feltham

Nothing more wins men to the gospel and Christ than the witness of a bright life; and that witness we have all of us within our power to bear.—R. W. Barbour.

"Keep a clear conscience, and remember the golden rule."



Healdsburg College's Opening

The total enrolment of Healdsburg College, in both the primary and collegiate departments, at present is 190. Ninety of these are in the primary department and 100 in the college proper, or collegiate department. The opening of college is not quite as large this year as last. There are two or three reasons for this: (1) California has another college, the Fernando College, in the southern part of the state, about twenty miles from Los Angeles, which opened October 1. This college naturally draws students from Southern California and Arizona, and thus takes from 15 to 20 students who otherwise would attend Healdsburg College. (2) The state camp-meeting held at Fresno just before college opened hindered some from entering school at the first of the year. These, with other reasons, have caused a smaller attendance at the opening of school, but there is prospect that a large number will come in a little later, especially at the beginning of the winter quarter, which opens December 18. We have a fine class of young people in the college this year, and the work has started off very encouragingly. The industrial phases of our work are more encouraging than ever in the history of the institution. About 50 students are engaged in learning different trades. The following trades are now being studied by the students: Carpentry, baking, blacksmithing, broom-making, printing, cooking, dressmaking, upholstering, painting, nursing, and drawing. These lines are taken up just the same as regular studies, and constitute a regular part of the students' daily program. Healdsburg College never had a better faculty to carry on its work than it has this year; and they are putting their best strength and effort into the work of training young men and women who have come to the college that they may be speedily fitted for work in the

cause of God. Are there not others throughout the state that should be in college this year? If you do not have sufficient means to go to school, it may be that the college can help you in giving you an opportunity to work out part of your expenses. Below you will find some opportunities noted that have been planned whereby worthy young persons with limited means might obtain a Christian education, thus fitting themselves for Christian service. If after considering these opportunities you feel impressed to take advantage of one of them, please write at once. For further particulars, address the undersigned, Healdsburg College, Healdsburg, Cal.
M. E. Cady,
President.

The Opportunities Explained

The industrial departments at Healdsburg College have grown to such proportions that a larger amount of work can be furnished to faithful, industrious students than ever before in the history of the institution. One of the strongest reasons for connecting the trades with the college was that worthy students, with limited means, might be able to do sufficient work to meet their expenses, in whole or in part, while attending the college. The following opportunities are now open to all persons who are willing to comply with the conditions.

These opportunities are for students of limited means only.

OPPORTUNITY NUMBER ONE

(For day-school students.)

1. On payment of \$75, persons may enter the college as regular students, and pay the balance of their school expenses (from \$75 to \$100, according to cost of board, room, and tuition) by working for the college during the summer months. 2. The \$75 must be paid on entering the college, and this amount, with the labor performed during the summer, will cover the expense of board, room, tuition, light, heat, and plain laundry. The expense of books, clothing,

and other incidentals must be met by the student. 3. That the college may be properly secured, those availing themselves of this opportunity must secure some one as sponsor, who will make up any deficit in case the student should fail to fulfil the conditions.

OPPORTUNITY NUMBER TWO

(For evening-school students.)

Hours, 5 to 9 P. M. On the payment of \$50, and the willing and faithful performance of thirty-six hours' labor per week, the student will be entitled to board, room, light, heat, plain laundry, and tuition during the college year ending June 2, 1903. The expense of books, clothing, and other incidentals must be met by the student.

OPPORTUNITY NUMBER THREE

(For evening-school students.)

Hours, 5 to 9 P. M. A limited number of persons who are able-bodied, and love to work, will be admitted to the college and given sufficient work to pay their expenses as far as board, room, light, heat, plain laundry, and tuition are concerned. Fifty hours' work per week will be required of students who enter under opportunity No. 3. Overtime will be allowed, so that students can earn sufficient means to meet the expense of books and working clothes.

OPPORTUNITY NUMBER FOUR

Fifteen or twenty able-bodied, willing-hearted young men are wanted at once to cut wood a few miles distant from the college. The students will work at wood cutting forty-five hours per week, and attend the evening school from 4 to 9 P. M. each day. One of the college teachers and his wife will live with the students, and the school will be conducted on the place. Students in this school will have opportunity to enjoy the Sabbath privileges with the Healdsburg church each Sabbath.

The college reserves the right to discontinue any of the above opportunities to students in case of immoral conduct or of failure to perform willingly and faithfully all work assigned.

No one will be admitted to the

college under the above-mentioned opportunities without making arrangements before coming.

M. E. Cady.

Special Quarter for Christian Workers

AT HEALDSBURG COLLEGE, BEGINNING DECEMBER 18

The winter quarter, beginning December 18, and continuing until March 10, has been set apart by the college for the benefit of our workers in the field. During this quarter special instruction will be given in Bible, physiology, history, nature and revelation, hydrotherapy, cooking, and dressmaking. Should any desire to devote their entire time to one or two lines of study, they will have the privilege of doing so. Each student will be allowed to advance as rapidly as possible in the line or lines of study chosen. Every church ought to have one or more in it that can teach the principles of rational treatment of simple diseases, of healthful dress, and of hygienic cookery. It is a part of the third angel's message to give to the people the gospel for the body as well as the gospel for the soul. This winter quarter will furnish excellent opportunity for churches to educate one of their number for these important lines of missionary work. We shall be glad to hear from our churches in regard to this matter. For further information, address M. E. Cady, president Healdsburg College, Healdsburg, Cal.

The Church-School Work in Western Oregon and Western Washington

These two conferences, formed out of the territory of the North Pacific Conference, began, at their organization, to plan for church-schools. An educational department was established in each under the supervision of a field secretary or superintendent. On account of the scarcity of laborers, it was decided to place the educational departments of both conferences under the management of one superintendent.

After attending the Healdsburg institute, field work was begun by visiting churches in the interest of Christian education. August 29 to September 4 we held our first institute, at Olympia, Wash. There were ten teachers present. The first part of the time was devoted to a discussion of principles of true education, and to the work of the church-school teacher. The rest of the time was spent in methods of teaching and in examination of teachers.

We have a fine class of teachers in this field. They are located as follows: Nellie Clark, Hoquiam, Wash.; Maggie Geissler, Aberdeen, Wash.; Faith Burch, Tacoma, Wash.; Magda Madsen and Mrs. Cornell, Seattle, Wash.; C. S. Channing, Vancouver, Wash.; C. L. Butterfield, Montavilla, Ore.; R. L. Wildman, Salem, Ore.; Irene Anderson, Chitwood, Ore.; Effie M. Merrill, Roseburg, Ore.

The schools at Mount Vernon, Wash., and Cottage Grove and Johnson, Ore., have yet to be supplied with teachers. The Gravelford Academy, Gravelford, Ore., is under the direct management of the undersigned. The educational outlook is very encouraging. It is expected that the field secretary will visit each school at least once during the school year.

With our corps of good, faithful teachers, we expect definite results.

Frank S. Bunch,
Field Secretary.

Gravelford, Ore., Oct. 28, 1902.

A distinguished theological professor once said, "If I had a son, I should tell him many times a day to make himself as big a man on the inside as possible."

Young men too often want to be big men on the outside; to occupy positions which fit them as a turtle's shell fits a clam.

Never mind your position, young man. Whatever it may be, try to fill it. The duties which you have to perform may seem trivial, but because it is a small position is no reason why you should be a small man. You may be big inside, you know, if you are small outside.

At any rate, better be a big man in a small place than the opposite.

MEDICAL MISSIONARY

Sanitarium, California

Dear Brethren and Sisters in California Conference: It is a pleasure to me to report to you concerning your work here. Whether the conditions are what you would wish or not, it is right that you should know what they are, in order that you may be able to perfectly cooperate. And I hope that in the future you may have through the "Recorder" more frequent glances at what is being done, and why, and in what way, and how.

Of course, it is needless to say that there is very, very much to encourage us. Believing, as we do, that any work established upon gospel foundation principles is bound to triumph ultimately over all hindering causes; and knowing also that God has been doing this very thing here; and having besides the direct promise that success will come to the work and workers of this sanitarium, we can only be of good cheer, and express our confidence whenever we have opportunity.

We have at present a family numbering about seventy-five. Of this number there are comparatively few who are not having a good Christian experience, so far as we are able to ascertain. The spirit of unity, good-will, and whole-hearted service is manifest in all departments. This is due to the fact that in the work of reorganization the principle of brotherly love and Christian frankness was fully set forth, was adopted by the workers, and is being constantly applied. And you know by experience that where confidence and love dwell, there unity and power and progress are found.

Constant effort is put forth to keep every worker in touch with the thought that our success as physicians, nurses, bookkeepers, business men, call-boys, or whatever our calling, depends upon a living experience in God. Our services, therefore, are all directed to that end. Twice each day, at 6:30 in the morning and at 1 o'clock in

the afternoon, we meet for prayer and study and communion. Each service is well attended. Sometimes a physician will take charge, sometimes a visiting worker, sometimes the writer. At present we are studying the thought of living without sin, as brought to view in 1 John 3:9.

As has been the case in years past, the patronage is not always as extensive as we would like, nor as we believe it ought to be and will be when we are prepared to care for it as God designs. This is the case now. However, we are making every effort possible to cut down the working force to a minimum, and otherwise to curtail expenses. The prevailing spirit is that each one take hold anywhere he may be called, and thus help to carry the financial burden. As an illustration, it may be stated that our young men of the nurses' training class gladly go out and, as far as their numbers will extend, do the work of those drawing salary (in this way a saving of many dollars is effected weekly), the places of the young men being filled, wherever consistent, by our strong, able-bodied, willing young women nurses. There is a practical belief obtaining that the money which you have so willingly intrusted to our care is to be regarded as belonging to Him for whom we labor, and must not in the least be foolishly squandered.

It is a great source of gratitude to note the growing interest in the hearts of the workers, expressed by a desire to really invest their hard-earned means for building up the work of the institution. This is as it should be. He who labors simply to draw out his salary has not yet learned what organization or reorganization really is. Every one should be a profitable servant; but to be so, his heart must be enlisted in his service; and where his heart is, there his treasure will be. This is a normal condition.

As stated at first, there are but few who are indifferent in Christian experience. And, sooner or later, these will leave. Not that they will be forced to leave, but, as in the past, they will find this an undesirable place, and voluntarily choose another field. God has

greatly blessed in this, and has taken this way of separating the chaff from the wheat.

Now, brethren and sisters, we invite you to interest yourselves in us and in the work we are doing as you have not and could not in the past. This is your work. And while we can not hope to have you here in person, at least to no great extent, we certainly shall hope to receive suggestions and friendly criticisms from you. As at a distance we are sometimes able to note defects in matter or method which do not appear at close range, so you who are a little farther removed may be able to point out the better things and the better ways, to the betterment of this precious line of work. Will you not do it? In whatever way you can help, take hold. Your prayers, your letters, your means, your influence,—all will be helpful to us just now, and God will reward you.

C. L. Taylor.

Nov. 2, 1902.

An Open Letter

To Those Who Have Stomachs—

Dear Friends: Formerly the writer rather held aloof from the health-food business, because to him it appeared more like a commercial enterprise than a part of the message. But the following and similar statements from a source which we all respect has caused him to change his attitude toward the health-food question:—

“It is God’s purpose that health foods shall be manufactured in many places.”

“By many, the health foods are looked upon as man’s devising, but they are of God’s originating, as a blessing to His people.”

“The knowledge of how to manufacture health foods, God has given to His people, as a means to help sustain the cause.”

These are only a few selections from pages of typewritten matter the perusal of which has influenced the writer of this article to adopt a diet consisting quite largely of health foods, with the result that he is living cheaper than before—

if time is any object—and with a much better-behaved stomach.

For those who raise their own products, the question of economy may have a different aspect, but for one who has to purchase everything he eats, green vegetables and fruits are expensive luxuries as compared with health foods. One of the great fallacies current among people generally is the belief that we are nourished according to the quantity of food we eat. Many fill an overworked and dilated stomach with food of poor nourishing quality, requiring a great amount of work for its digestion. Such people never know what it is to be unconscious that they have a stomach. Heaviness after meals, bad taste in the mouth mornings, and similar symptoms, tell that nature is being abused. Some of these people, thinking the health foods too expensive, go back to meat as a last resort, not realizing that meat is far more expensive than properly-selected health foods.

A change to a diet consisting largely of well-selected health foods will in nearly every case result in a gratifying change in the condition of the stomach, and it is surprising how little of such foods one requires to nourish the body.

The writer will be pleased to answer questions relating to this important subject.

G. H. Heald, M. D.

Sanitarium, Cal.

Donations to San Francisco Medical Missionary and Benevolent Association

Previously acknowledged, \$1,131.67; C. Rasmussen, \$2.50; E. Anderson, \$2.00; a friend, \$1.00; Henry Timm, \$3.00; F. A. Lashier, \$5.00; Mrs. C. Castberg, \$5.00; Clara Patterson, \$5.00; Oakland Young People’s Society, \$0.50; Santa Rosa Society, \$9.62; M. Mossford, \$0.90; Valencia Street Society, \$1.25; V. S. Vincent, \$2.20; Mrs. S. James, \$2.00; Mrs. L. White, \$0.75; Mrs. Waugh, \$0.50; Wm. Dumont, \$0.50; Mrs. C. H. Ward, \$1.00; Dr. G. A. Droll, \$0.50; Mrs. W. Hildibrand,

\$1.00; C. W. Peter, \$0.25; Dr. L. J. Belknap, \$1.00; Mrs. M. Cushman, \$0.25; Mrs. S. Pine, \$0.50; Mrs. C. Anderson, \$0.25; Mrs. A. Bell, \$0.50; Sena Thorp, \$0.10; Mrs. G. A. Unger, \$0.10; B. Stillwell, \$0.25; A. Caddwell, \$0.25; H. A. Smith, \$0.25; G. W. Blair, \$0.10; G. H. and M. A. Taylor, \$0.50; Mrs. E. M. Carter, \$0.50; P. J. Striplin, \$0.10; E. Bond, \$0.50; Mrs. L. B. Whitney, \$0.25; a friend, \$0.90; a friend, \$0.15; R. P. Gray, \$0.50; Mrs. C. E. Smith, \$0.50; C. D. M. Williams, \$0.25; Mrs. R. C. May, \$0.25; Miss Jennie Chester, \$0.50; Mrs. M. J. Mayer, \$0.25; Mrs. Annie Blake, \$0.25; J. Hutchings, \$0.25; Wm. Grant, \$0.25; Miss L. Hutchings, \$0.10; Mrs. C. Hutchings, \$0.25; Dr. J. M. Bond, \$1.00; Mrs. R. Halan, \$0.50; Mrs. M. Hansen, \$0.25; C. Saal, \$0.25; E. L. Carly, \$0.50; Mrs. E. M. Brown, \$0.50; a friend, \$2.00; Mrs. S. E. Leoni, \$2.50; Mrs. M. Robertson, \$1.00; Mrs. W. Leininger, \$1.00; Mrs. C. J. Smith, \$0.50; R. A. Brown, \$0.10; Miss M. Jorgensen, \$0.25; Mrs. F. A. Jorgensen, \$0.10; Mrs. A. R. Gearing, \$0.20; Mrs. S. L. Walrath, \$0.10; Mrs. J. F. Flory, \$0.50; S. Zim, \$0.15; H. D. Reynolds, \$0.50; Mrs. P. J. Striplin, \$0.05; Mabel M. Skelton, \$0.35; Mr. Cole, \$2.00; E. R. Palmer, \$0.50; Mrs. W. U. Walder, \$0.25; Mrs. J. Harvey, \$0.50; Dr. Paulding, \$1.00; Mrs. A. C. Bainbridge, \$1.00; George Fulton, \$1.00; Monterey church, \$5.00; Dr. L. Keem, \$0.50; total, \$1,221.04. E. E. Parlin,

Treasurer.

Nov. 3, 1902.

Physical Morality

The preservation of health is a duty. Few men seem conscious that there is such a thing as physical morality. Men’s habitual words and acts imply the idea that they are at liberty to treat their bodies as they please. Disorders entailed by disobedience to nature’s dictates they regard simply as grievances, not as the effects of a conduct more or less flagitious. Though the evil consequences inflicted on their dependents, and on future generations, are often as

great as those caused by crime, yet they do not think themselves in any way criminal. It is true that in the case of drunkenness the viciousness of this bodily transgression is recognized, but none appear to infer that, if this bodily transgression is vicious, so, too, is every bodily transgression. The fact is that all breaches of the laws of health are physical sins.—Herbert Spencer.

MISSIONARY WORK

The Book Work

CALIFORNIA

Report for Month Ending October 31, 1902

MARVEL OF NATIONS

	Orders.	Value.
M. S. Drake, Fresno.....	12	\$ 16 50
C. B. Secord, S. Francisco...	62	92 50

BIBLE-READINGS

Sarah Stem, Fresno.....	13	22 50
C. B. Secord, S. Francisco...	2	4 00

GREAT CONTROVERSY

George Cary, Redding.....	101	306 00
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HOME HANDBOOK

Wm. Whitmore, Whitmore.....	1	9 25
Total.....	191	\$450 75
Miscellaneous sales.....		62 00

MONTANA

Report for Month Ending October 31, 1902

COMING KING

	Hours.	Orders.	Value.
Petra T. Skadsheim.....	113	45	\$53 00
Miscellaneous sales.....			66 85

UTAH

Report for Two Weeks Ending Nov. 8, 1902

HEALTH BOOKS

	Days.	Orders.	Value.
A. D. Guthrie.....	10	\$140 00
W. R. Hanson.....	7	102 00
Total..	17		\$242 00

Work in Alaska

"During 1901 I gave out 1,010 papers, 18,216 pages of tracts, loaned books, wrote letters, and had Bible studies with several parties. In 1902 I gave out 1,808 papers, 30,200 pages of tracts (less a few on hand now), loaned books, wrote to inquirers, held Bible studies occasionally, and Sabbath-school regularly.

"The other day a little boy ran out after me, and said, 'Mama

wants another paper for papa, for the other one made him cry.'

"I give my 'Signs' away instead of selling them, and, as a result, a man asked me, 'Where do you get off at?' I asked him if he liked them, and he said, 'Yes, they are real instructors.' 'Well,' said I, 'I accept that as my pay in full.'"

The above is taken from a private letter from Brother George Rice, who is in Dawson City. In this letter he states that no second-class mail of any kind will be brought in there until next June. For this reason his club of "Signs" will either have to be sent at letter rates or discontinued. How fortunate it is that but few of us are thus denied the privilege of obtaining missionary material! H. H. Hall.

Every-Day Experiences in Christian-Help Work

The command, "Go work to-day in My vineyard," is to all who have taken Christ's name upon them. As Christ's life was one of ministry, so ours should be.

Did every case Christ helped come to Him, or did He seek the needy? Watch Him as He visits the homes of the poor, talking with them, turning the conversation upon heavenly things; and even in the crowded thoroughfare He finds time to speak to little Zaccheus.

Notice how His eyes have caught sight of the impotent man by the pool of Bethesda. Mark how gladly the sympathizing word and offer of help are accepted.

Christ knew that physical relief must be given to many before their minds could be directed to spiritual things. His interest in their temporal necessities opened the way to their hearts—made ready the fallow ground, where good seeds could be planted.

We are so slow to learn the mighty influence of apparent trifles in their bearing upon the salvation of souls. Yet we have Christ's example before us, and we have the same power to be helpful and loving to others that He had.

I will relate a few personal experiences to emphasize the thought I wish to impress.

One morning I called upon a lady with whom I expected to have a Bible study, but found her so busy preparing apples to make jelly that the study seemed entirely out of question. Imagine her surprise when I offered to help her with the apples. We had a pleasant visit while working together, and when I left, her hearty, "God bless you in your work," more than repaid me for the time spent, and ever afterward she took a deeper interest in her Bible study.

Going to another lady, I found her sick in bed. I could have no study with her that day, but instead gave her a treatment, repeating it for three or four days, until she was restored to health. Do you not imagine that she, too, listened more eagerly to Bible truths from that time on?

In another home a sick child was relieved almost instantly by the application of simple treatments. This had an influence among the neighbors for good, and an entrance for the truth was effected.

At another place lessons in hygienic cooking were given. As a result of the lessons and studies held afterward, six individuals are rejoicing in the light.

A Bible-worker was once visited by a worldly young girl, who was longing for spiritual help. But the Bible-worker failed to discern the desire for encouragement, and the opportunity for helping a struggling soul passed by.

If we did but diligently watch each day for the little opportunities of doing a good deed and speaking a kind word, how much more would be accomplished!

Minnie Pond.

Sanitarium, Cal.

"Keep thy tongue from evil, and thy lips from speaking guile."

"It is good neither to eat flesh, nor to drink wine, nor anything whereby thy brother stumbleth."

"Go ye into all the world, and preach the gospel to every creature."

"Keep thy heart with all diligence; for out of it are the issues of life."

Western Oregon

It is so good to think that God is more interested in this work than we are! It is comforting to know that God loves the sinner to-day as much as ever, and that as at one time He sent forth His only-begotten Son, to sow the world with seeds of truth, even so does He now send forth His other sons and daughters, those who have received the adoption and become partakers of the divine nature, to carry forward the same work.

The first Son suffered and was tried, yet ever manifested the Father. So God now permits those who are dear to Him to suffer, that the Father's long-suffering and patience may be revealed. But let us remember that "He was tempted in all points like as we are, yet without sin," and "God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it."

Those who are taking up the canvassing work seem to realize, to some extent, its importance, and God will surely work with them as they trust in Him.

A company of canvassers is starting in at Grant's Pass, Ore. Its personnel is Frank Chitwood, Homer Rue, and Herman Irons, all young men.

H. H. Johnson.

Ripening Fruit

We are nearer the coming of the Lord than last fall. Changes are fast taking place all about us, and as we look out upon the land and see the ripened fruit and grain, we are reminded of the great ingathering soon to take place. The voice of victory is going up from the camp of Israel, and we can see omens of advancement, not only in the home field, but also in foreign lands.

Fruit is ripening thick and fast, and we have reason to think that the coming year will mark a new era in the work of the Lord in the newly-organized field called Western Oregon Conference. While there are many reasons for rejoicing, we especially rejoice to see

the work that is being accomplished along the line of personal missionary effort. The canvassers are doing no small part to bring about this grand forward march with Gideon's small army.

Our books are being scattered from one end of this conference to the other, and places which have been called "burnt territory" have been worked with pleasing results. The canvassers are of good courage, and this branch of the Lord's work never looked more hopeful. There is no special boom, but a gradual growth, and our canvassers are being taught to enter the field from a wholly missionary standpoint. They, too, are backed by the conference officers and our good brethren all over the field. In some instances the officers themselves, with our ministers, are taking books under their arms and going out. This is encouraging to the faithful canvasser, and we hope to see more of the true spirit of leadership manifest among our ministers, who are called of God to thus stand.

The names of those who purchase our books are sent into the office, and our societies will be invited to use them in the work of missionary correspondence. Thus the work of the canvasser becomes the work of the denomination. Some of our societies have taken up this work, which we can confidently say is heaven-born, and will not only write to them, but send them other reading matter.

The reports from the field show nearly 100 per cent of orders delivered in most cases, and in some instances other books were sold. Our state missionary agent has gone to Southern Oregon, where he, with several new canvassers, will carry forward this good work. Some five new canvassers are going out this week, and we hope that we shall not have so-called "rainy-day men."

They are calling now for the preacher to follow up this summer campaign, and one brother writes that two have taken a stand for truth and others will soon follow. We hope to have a conference of missionary workers and canvassers during the coming campaign for "Christ's Object Lessons." To

God be all the praise for omens of good.

G. W. Pettit,
Miss. Sec. W. Oregon Conf.

Our canvassers are having good success, and are paying up well, and some of them even in advance. Five or six start to-day for Southern Oregon, and we expect to see others falling into line. There seems to be a general awakening as to the import of this work. I shall do what I can to help in this good beginning, which is growing gradually.—Extract from a letter written by Geo. W. Pettit.

Adolescence

ITS PHYSICAL SIGNIFICANCE

"The period of adolescence may be considered to be the years between fourteen and twenty-one, although its beginning may be several years earlier than fourteen, and its prolongation for some years after twenty-one. Puberty is the marked entrance into this land of adolescence, or youth. . . . As they approach the boundaries of that mysterious land of the 'teens,' there comes a change."—Quoted from the opening of one of the fifteen articles on "Adolescence," by Dr. Mary Wood-Allen, which will appear in the "Signs," beginning with the new year.

MENTAL SIGNIFICANCE OF ADOLESCENCE

"The child who has heretofore been amiable and docile, perhaps now begins to manifest perversity and wilfulness. . . . The girl is peevish and petulant, the boy unamiable, or even impudent. . . . Many mothers suffer greatly with the feeling that everything is going wrong."—From article with above title, by Mrs. Dr. Mary Wood-Allen, soon to appear in the "Signs of the Times."

"If ye fulfil the royal law, thou shalt love thy neighbor as thyself, ye do well."

A heart thankful to God for all His blessings is the greatest blessing of all.—R. Lucas.

PACIFIC UNION RECORDER

PUBLISHED BIWEEKLY

By the

PACIFIC UNION CONFERENCE OF SEVENTH-
DAY ADVENTISTS

1059 Castro St., Oakland, Cal.

Subscription Price, Fifty Cents a Year

Editorial Committee

J. J. IRELAND M. H. BROWN CARRIE R. KING

Entered as Second-class Matter at Oakland, Cal.

A church building is being erected by the brethren at San Pedro, Los Angeles County, California.

Elders W. T. Knox, A. T. Jones, and W. C. White have been called to Battle Creek, Mich., to attend the fall meeting of the General Conference Committee.

In the Western Oregon Conference 5,393 copies of "Christ's Object Lessons" are yet to be sold before their quota of books will be distributed.

The "Life Boat" for December will be a special holiday number. Begin early to plan for its extensive circulation.

Address your state tract society.

The canvassers in the Western Oregon Conference have finished their fall delivery of books, and are ready for the winter campaign. The prospects for a large work are good.

The Upper Columbia Conference has started a campaign to sell the balance of their quota of "Christ's Object Lessons," 4,500 books, during the months of November and December.

There were thirty-seven students at Fernando College on the first day of the present term. This number has been increased to forty-three, and more are yet to enter a little later in the season. The church-school at Fernando has a membership of sixteen.

Our brethren in the British Columbia Conference have secured,

fitted up, and opened treatment-rooms at 338 Cambia Street, in the basement of the Flack Block, Vancouver, British Columbia. The rooms are in charge of graduate nurses. It is expected that a competent physician will connect with this work in Vancouver at an early date.

cent interest, payable semiannually, have been issued.

The board will be pleased to correspond with any having money to loan. Address Elder H. W. Decker, Corner First and Montgomery Streets, Portland, Ore.

Easy Steps in the Bible Story

A CHILD'S BIBLE IN SIMPLE FORM

Written with a view to present to the growing mind a consecutive knowledge of Biblical history. The order of the Bible narrative is not changed, and a practical application is made of all the lessons taught.

"THE BEST BOOK FOR CHILDREN"

Thoroughly illustrated; 160 pages; 25 cents and 50 cents. Address your state tract society.

"Testimonies for the Church," Vol. VII

This volume is now in press, and will be hurried through as rapidly as is possible, consistent with good work. It is of the greatest interest and importance, especially to our laborers now. About 300 pages. Price, 75 cents in cloth, and \$1.25 in limp leather.

"Power for Witnessing"

This volume of life and power will soon be ready in paper binding. Price, 25 cents. Orders for both books may be sent through state tract societies, as usual.

Notice

The Portland Sanitarium has been in operation about eight years, in a rented building, and is in a very prosperous condition. Largely increased patronage, lack of room, and lease about to expire, make it necessary to erect a new building. Land has been purchased, and a building is now well under way.

In order to raise money to carry forward the work, bonds secured by real estate, and bearing five per



A Thanksgiving number of the "Signs of the Times" will be issued, under date of Nov. 26, 1902. The first page, greatly reduced, is shown here. The second page will be devoted to the description of excellent books, while the third will contain portions of the 104th psalm, illustrated. The text will be up to the usual high standard of the "Signs of the Times."

It will be ready November 21.

Prices will be as follows: 10 to 25, 2 cents each; 50 or more, 1½ cents each.

Address "Signs of the Times," Oakland, Cal.

Situations Wanted

A sister with two children seeks for a position as cook or at general housework. Address Mrs. C. H. Goodwin, Campbell, Cal.

Mrs. J. M. Mayer seeks for a position in the West at housework, where she may have home privileges for herself and child, and also church-school advantages. Address Mrs. J. M. Mayer, 90 Mary Street, Binghamton, N. Y.