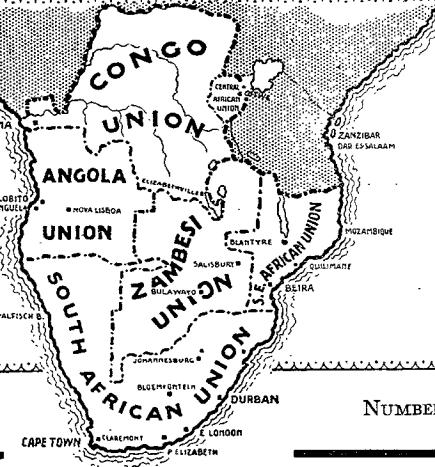


The SOUTHERN AFRICAN DIVISION OUTLOOK

VOLUME XXXIII

KENILWORTH, CAPE, FEBRUARY 1, 1935
(Registered at the General Post Office as a Newspaper)

NUMBER 2



Appeal for Reapers

I. H. EVANS

O men of God! These are the last, last hours;
Before us, all the whitened harvest field,
Unreaped, untouched by sickles such as ours,
This closing message will a harvest yield,
If we, His messengers, in zeal proclaim
The everlasting gospel in His name.

O men of God! Jesus our Priest awaits
On high to close His ministry; to take
His crown as King of kings; to ope the gates
Of heaven to all His ransomed ones; and shake
The powers of heaven; to wake the sleeping dead;
Receive His kingdom as its kingly Head.

O men of God! These are the last, last hours
Of time, Eternity is drawing near.
A lost world's doom should wake our drowsy powers
To deeds of valour in His name; and clear
Our title to a starry crown to wear;
Enjoy the mansions Jesus will prepare.

O men of God! These are the last, last hours
When mercy waits the sinner. Shall we sleep
In ease till all is lost? Or pray for shower
Of latter rain to fructify and keep
Our labours strong in spirit, win the lost
To love our Lord, regarding not the cost?

O men of God! These are the last, last hours
When labours count and bring a rich reward.
In yonder danger lines the heavenly powers
Unfurl His blood strained banner, we to guard!
Who'll follow where the Master leads the way?
Go, reap in every land, while lasts the day.



Retreat or Advance?

THE last days—these very days—are a time of trouble. So the prophets foretold—and so we see, upon whom “the ends of the world are come.” In vision the prophet Daniel saw the time “of the end,” and he thus described earth’s closing events:

“And at that time shall Michael stand up, the great Prince which standeth for the children of thy people: and there shall be a time of trouble, such as never was since there was a nation even to that same time: and at that time thy people shall be delivered, every one that shall be found written in the book. And many of them that sleep in the dust of the earth shall awake, some to everlasting life, and some to shame and everlasting contempt. And they that be wise shall shine as the brightness of the firmament; and they that turn many to righteousness as the stars for ever and ever.” Dan. 12:1-3.

During the time of the end the messages of Rev. 14:6-12, which constitute the finishing of God’s work in the earth, and which are to go to “Every nation, kindred, tongue and people,” are to be proclaimed. While angels are said to proclaim these messages, they represent the people of God, or the church. God has always used men to do His work. Or if an angel is commissioned to do a work, he becomes the invisible power, generally manifested through men who are the visible angels, to accomplish God’s will.

Whatever God desires to have done, He puts it into the hearts of His chosen agents to do at the proper time. Nor is man left to work unaided and alone. Through the Holy Spirit, God guides and inspires men to do His work in His own way and at His own time. The Macedonian cry is a compelling call that must find a response in the hearts of God’s chosen people. His Holy Spirit opens doors, and the same Spirit prompts His people to enter these opened doors. The call and the answer are under the control of the same Spirit. When Cornelius was moved by the Holy Spirit to seek the Lord, he was commanded to send men to Joppa to inquire for Simon Peter. And the Holy Spirit that spoke to Cornelius in Caesarea also prepared Simon Peter in Joppa to receive the messengers of Cornelius and to return with them to preach the gospel to the centurion and his household.

In these days when the third angel’s message is due the world, the Holy Spirit has gone before the messengers, opened the doors of nations, and made all things possible for the preaching of the message. In many lands the people, long in ignorance and sin, are calling: “Come over . . . and help us.” In such hitherto inaccessible lands as Thibet and the western border lands of China, the cry is, “Send us work-

STATEMENT and RESOLUTION adopted at the FALL COUNCIL

ers.” From Indo-China and the native peoples of Borneo, and from the beautiful East Indian islands, and the isles of the Caribbean, the people are uttering the Macedonian cry, “Come over . . . and help us.” From the Inca Indians in the wilds of the Andes in South America, from the vast plains of Brazil and the fever-smitten regions of the Amazon, the call is heard: “Send us help.” From the mountain peaks of Colombia and Venezuela, from the hills and valleys of Central America and Mexico, the same call comes. From Nigeria to Madagascar, from the Congo, from Angola and Tanganyika in distant Africa, the cry is repeated, “Come over . . . and help us.”

How strange that all these calls for help should come from the four quarters of the earth at this very time—the time when the judgment-hour message is due the world!—unless the Holy Spirit is controlling in this work. It would be impossible to explain how our people, without previous mission experience, and poor as we are, could have occupied such strategic centres as we now occupy, with well-trained, consecrated workers numbered by the thousands; how we could have opened more than 2,000 schools and made provision for the education and training of more than 95,000 students in them in a single year (1933); how our printing houses could be printing literature on this message in 161 languages, in the form of 6,902 books, pamphlets, and tracts containing 510,952 pages (the total cost of a single copy of each amounting to £401); how our working force numbering more than 22,000 could be supported by this denomination; how we could provide and operate sixty-six sanitariums and fifty-seven treatment rooms and dispensaries, employing 4,466 nurses and physicians, treating more than 432,500 persons annually;—how can all this be explained—these agencies and facilities for spreading the truth at the very time when the doors of all the world are swinging wide open inviting us to enter—if God has not prepared the world for the message and also at the same time inspired His people to prepare to finish His work.

Why should our sons and daughters, educated and trained in our own schools, wait year after year for an opportunity

to enter the hardest fields of the world to preach the gospel, when they are willing and anxious to go? They are not afraid of arduous work. New languages to be mastered, unfavourable climatic conditions to be met, dangers and hardship, do not turn them from their desire to answer these calls. There is but one deterrent for failing to fill these providential openings—the lack of funds.

Never have there been such rapid gains in membership as during the last four years. During this time our membership has increased 84,596. This means that during the past four years we have increased our church membership by as many members as we had in all the world up to the year 1908.

What does this mean? Shall the call for help go unanswered when the Holy Spirit is so manifestly at work? “Thy people shall be willing in the day of Thy power.” (Ps. 110:3) is the promise,—a promise that has again and again been verified. The Exodus, the return from Captivity, and the conversions on the day of Pentecost—all demonstrate that God directs and controls His work in the earth.

Shall We Advance?

Shall we advance? Ten thousands of voices answer, “Yes!” Our watchword must ever be, “No retreat!” On one of Napoleon’s great battlefields, it is said, his men were falling back; the enemy appeared to have gained the victory. Napoleon raised his field glasses, and saw the disaster. He called a young bugler and commanded him, “Play the retreat.” The young man began playing an “Advance,” and in answer to that music the retreating forces halted. Napoleon rebuked the young man saying, “I commanded you to play a retreat, and you are playing an advance.” The youth replied, “General, my commander never taught me how to play a retreat, but I can blow an advance till every soldier will rally, and we will defeat the enemy.” And in response to his bugle call, the retreating forces turned on the enemy and gained a great victory.

So far, in the eighty-nine years of our work, Seventh-day Adventists have not learned to retreat. They do not engage in that kind of warfare—they know only how to advance. With cut appropriations during 1933, we opened work in twenty countries and islands, and in nineteen new languages. The truth is taking possession of men’s minds and hearts for their salvation. It is for our conquering King we labour and sacrifice. He died for us. Our meagre service of sacrifice and faith, weak as they may be, are His greatest joy. And the angelic hosts rejoice over each sinner who is brought to repentance.

Our great Commander said, “Go . . .

make Christians of all nations." This we are to do, at every cost and sacrifice, this is our duty and assigned task—to finish God's work. He has said that He will finish His work, and we know that He will finish it with the aid of His loyal servants. God will see completed what He has purposed. He never forgets. He may be delayed or hindered by His people, but all His promises will be fulfilled.

Our own eternal reward is dependent on what we do personally. The winning of souls, the witnessing for Christ in helping to lead men to faith, is our highest privilege, and will bring to us our supreme reward. "They that be wise shall shine as the firmament; and they that turn many to righteousness as the stars for ever and ever." Dan. 12:4.

In order that the church may answer the Macedonian appeal for help, and keep step with the evident opening providences of God; that the entire church may share in the eternal reward in winning souls to

Christ; and in order that during 1935 the General Conference budget may be balanced and our work be advanced under the leadership of the Holy Spirit,

Be It Resolved, 1. That all our divisions outside of North America undertake to increase their mission offerings during 1935 over those of 1933, fifteen to twenty-five per cent.

2. That all conferences in North America endeavour during 1935 to reach the mission offering goal of forty cents a week per member, and secure as large an overflow as possible.

That in conferences where this goal cannot be fully attained, they undertake to raise a definite amount equivalent to fifteen to twenty-five per cent more than the offerings received during 1934.

That each union conference fix the goal of the local conferences in their respective fields that are unable to reach the full forty-cent-a-week goal.

The Christian Spirit of Sacrifice

A. E. NELSON

FROM the eternity of the past to the present the plan of salvation has been marked in a special way with sacrifice. God the Father made a great sacrifice in giving His only begotten Son to the world; Jesus made the supreme sacrifice in giving His life a ransom for many; the saints of God are called to sacrifice for the cause of Christ. The spirit of sacrifice, therefore, is indeed the spirit of Christ.

This spirit is prominently palpable in the life and experience of Abraham. When God called Abraham, His chosen servant was enjoying the domestic charities of his family and relatives, and the benefits of the fertile valley of Mesopotamia. The gentle quietness of his domestic enjoyment was broken by a call from God which would lead him to a land with which he was unfamiliar. With characteristic fortitude he left behind the tender scenes and familiar environment of his homestead and faced the future—untried and unfamiliar—going, he knew not where, but confident that where God shall lead that is the best place to go.

Later, when God graced Abraham's homestead with the frolicing voice of an only son, endeared and cemented to the love of Abraham and Sarah by twenty happy years, another sacrifice was called for by God. In the quietness of the night God called to Abraham, and then issued a summons of authority which would tear from his heart his dearest treasure, and dash to pieces his fondest hopes. Abraham was called to sacrifice his son on Mount Moriah. Was the same spirit of sacrifice which burned so brightly on the altar of Abraham's heart when he left Mesopotamia still shining with its characteristic effulgence? The test must be made to ascertain the answer to this question. The trial proved that Abraham was still a friend of God—one in whom the spirit of sacrifice was not a small flickering flame, but the effulgence of the Shekinah. Abraham had heard the call of sacrifice, and nobly responded.

As children of Abraham, the remnant church of God would accordingly possess a spirit of sacrifice. This is brought to view is one of the psalms which the sweet singer of Israel probably composed and may have often sung,—Psalm 50:3-5:

"Our God shall come, and shall not keep silence: a fire shall devour before him, and it shall be very tempestuous round about him. He shall call to the heavens from above, and to the earth, that He may judge His people. Gather My saints together unto Me; those that have made a covenant with me by sacrifice."

The gathering of the saints at the coming of our blessed Lord will be directed according to the same test which Abraham endured—the test of sacrifice. "Gather

The 1935 WEEK OF SACRIFICE

J. F. WRIGHT

DURING the recent meeting of the Division Committee, February 9-16 was decided upon as Sacrifice Week for the present year. And now we desire to bring the matter to the attention of both workers and lay members.

As we note the receipts for 1934 we observe a falling off in comparison with former years. We regret this and feel such a decline should not be. And it ought not to be so for times are better and certainly the needs of the cause in advancing into new territory are much greater now than at any previous time. Hence this year we wish to earnestly appeal to our laymen as well as our workers to devote their full income for one week to this special call to sacrifice.

Now, as each one gives consideration to this appeal, permit me to invite your attention to the following from the Spirit of prophecy:

"The foundation of the plan of salvation was laid in sacrifice."—*Vol. III, page 387.*

"He asks a return of the gifts that He has entrusted to us to aid in the salvation of souls."—*Vol. III, p. 390.*

"He has given His blood; He asks our silver."—*Vol. III, p. 390.*

Surely these statements are clear and forceful. They are to the point and need no comment. They, of a truth, urge us to full co-operation in making the Week of Sacrifice this year a mighty factor in the promotion of our missions programme.

Then, too, in addition to the foregoing quotations from the servant of the Lord, your attention is directed in a special manner to the article appearing on the front page of this issue of the *OUTLOOK*, namely, "Retreat or Advance?" Be sure to read it as it expresses to our laity world-wide the call of the General Conference Committee assembled in Autumn Council. You will observe the call is one for every division to increase mission gifts during 1935 from fifteen per cent to twenty-five per cent over the mission funds of 1933.

Naturally the question for us as individuals here in the Southern African Division to face is what will we each do in answer to this appeal? There can be but one response. We must unite our efforts in making the increase a reality. Therefore, we sincerely trust, and with confidence we will expect the 1935 Week of Sacrifice to be a forward step in making the needed increase possible.

My saints together unto Me; those who have made a covenant with Me by sacrifice."

The remnant church was started in sacrifice; it will triumph in the same spirit. Careworn, the pioneers struggled with the gigantic problem of warning the world, receiving little or no compensation, and using their own private means to start the work. God honoured their faith and sacrifice by multiplying their figurative loaves and fishes until we can see today monuments of their devotion—souls reborn—in every continent of the world. These pioneers sacrificed, that is, they rendered to God that which they actually needed. We have seen such sacrifice in our day,—the saint of God who does without a meal; the faithful sister who goes without a new dress, the missionary family who contributes a week's salary, the colporteur who gives his largest week's earnings,—all have done this in order to provide funds for the Week of Sacrifice offering.

Our workers have responded in the past to the call at the time of the Week of Sacrifice. Once again, not as an obligatory rule, but as an invitation, workers are asked to give a week's salary back to God. We invite our brethren and sisters to join the workers in this dedication of the week's income.

S.A.U. Conference

N. C. Wilson President
J. E. Symons Secy.-Treas.
Box 468, Bloemfontein, O. F. S.

Quiet Talks With the Medical Secretary

WHAT shall we have for dinner?

"It is the Lord's design that in every place men and women shall be encouraged to develop their talents by preparing healthful foods from the natural products of their own section of the country. . . . In the use of foods we should exercise good sound common sense. When we find that a certain food does not agree with us, we need not write letters of enquiry to learn the cause of the disturbance. Change the diet; use less of some foods; try other preparations. . . . As intelligent human beings, let us individually study the principles, and use our experience and judgment in deciding what foods are best for us.

"The foods used should be suited to the occupation in which we are engaged and the climate in which we live. . . . It is well to discard rich desserts. . . . There are poor families whose diet consists largely of bread and milk. They have little fruit, and cannot afford to purchase the nut foods. In teaching health reform . . . we are to meet people where they are. Until we can teach them how to prepare health

reform foods that are palatable, nourishing, and yet inexpensive, we are not at liberty to present the most advanced propositions regarding health reform diet."—*"Counsels on Health," pp. 476-478.*

Don't you see, my friend, how sympathetic and full of common sense are the teachings of the Spirit of prophecy concerning our diet. There are certain well-defined principles that should guide us in our choice of a diet and the preparation of our meals. The details, however, are left to our individual tastes and desires.

But what shall we have for dinner? It is usually best to have some variety, but not too much. One kind of protein and two of vegetables is sufficient variety, and the proper proportion. By protein we mean beans, peas, lentils, or nuts, milk, eggs, or cottage cheese. By vegetables we mean one each of these two groups: 1. Starchy,—rice, potatoes, (Irish or sweet) carrots, beets, parsnips, turnips, lima beans or sweet corn. 2. Non-starchy,—greens of all kinds, cabbage, green beans, tomatoes, cauliflower, asparagus or eggplant.

Besides these, raw vegetables in the form of salad may be taken, as lettuce, celery, cabbage, cucumbers, radishes, carrots, tomatoes, watercress or spinach. Bread and butter or ripe olives may properly be a part of each meal.

A simple dessert makes a nice ending to the meal. This may be honey, simple cake, junket, blanc-mange, or raisins, dates, or figs.

Now, one or two suggestions about the preparations of these foods. These can be only general in our limited space. It is not wise to use grease or oil of any sort freely in the preparation of the food. It makes it much more difficult to digest. Boiling, when properly and efficiently done, is good. Baking, under proper conditions, is perhaps even better. It retains more of the flavour of the food, and when it is served it is more dry, and this conduces

to proper chewing of the food. Salt should not be freely used. Pepper, mustard and vinegar should not be used at all. For salads, lemon juice is more tasty and much more wholesome.

Always serve the food daintily, and make it look as appetising as possible. While it is wise to educate the children to use all sorts of wholesome food, let this be done in a tactful, gradual way. Sledge-hammer methods are out of place at the table. The dining table should be the happiest, cheeriest meeting place of the family.

S. A. Conference

L. L. Moffitt President
P. W. Willmore Secy.-Treas.
Box 256, Bloemfontein, O. F. S.

Frankfort Effort

C. E. LUND

FOR the encouragement of our members throughout the conference, I thought it would be of interest to give a brief summary of the effort and work at Frankfort. Prior to our arrival there was a gentleman conducting special meetings here. These meetings aroused opposition and later when our meetings were advertised prejudice ran high. Efforts were made to warn the people. After it was learned which denomination we represented books and pamphlets written against us were distributed. The warning had some effect on the people, for our meetings were not so well attended as we expected, yet we claimed God's promise,—"If God be for us who can be against us." With this thought and prayer we went forward in the power of Him who has never failed us. Our



INTERESTED PERSONS AT FRANKFORT.

faith and courage is good knowing that our heavenly Father will call the honest in heart to the truth that will soon triumph. Brother Herboldt who is conducting the effort has been kept very busy. We feel that many prayers have ascended to God's throne on behalf of the work here. We thank you for your interest; kindly continue to pray for us. There are seventeen adults attending our baptismal classes, hence our effort here has not been in vain. God has richly blessed; to Him be all the honour and praise. We look forward to that great day when Jesus will return and we shall go home with those for whom we have laboured.

Congo U. Mission

C. W. Bozarth — Superintendent

M. Duplouy — Secy.-Treas.

*Gitwe Mission, P.O. Usumbura,
Urundi, via Elisabethville*

Belgian Congo

W. H. ANDERSON

THE work was started in the Congo in 1920. God has richly blessed the missionaries there even though, in the beginning, the work advanced slowly. It was hard to gain the confidence of the natives in those days; but that time was the seed sowing; now we are reaping the harvest.

For every forty-five pupils in Sabbath Schools in the entire world, there is one in the Congo. For every nine pupils in Seventh-day Adventist schools in the world there is one in the Congo. The Gitwe Mission is as large in members as the entire Southern African Division was when the Division was organised in 1921. It is also an interesting fact that Gitwe Mission was started the same year the Division was organised. There are now nearly ten thousand keeping the Sabbath in the Congo.

Our hearts go out to the millions yet beyond our influence. Those fields that we have never touched will probably be as fruitful as the territory that we have begun to work.

The Union desires to open three new missions during 1935. Do you know our present experience leads us to believe that twenty-five pounds will raise up a church of one hundred and fifty to two hundred adherents in entirely new territory? "If ye know these things, happy are ye if ye do them."



Buganda Mission

E. M. DAVIES

So many have given funds in aid of our mission work either through the Sabbath School offerings, Investment offerings, or

through other funds raised for the furtherance of the everlasting Gospel in Africa, that it might be interesting to know how the donations are used, and can be used on our mission stations. From time to time articles appear on this subject which inspire confidence and liberality.

So far as we, who are located on Buganda, are concerned the work keeps us very busy. As funds come in we start repairing or building neat schools, dispensaries, or other buildings. Some of the buildings are erected to replace those which are old and worn-out, that have been in use for many years. If the funds are not used for buildings we use them for placing teachers in the surrounding districts. Many are the needs in this particular respect, but great is our joy when we are able to meet these needs.

In the training of native Christians it is interesting to know that the boys advance more rapidly than the girls. This is due to the fact that the girls have always been kept in the background, as is customary with the native people. In our mission work we are striving hard to better the condition of the girls for we realise that we cannot improve the condition of the native people until we better the condition of the native women. It is a difficult task to fight against native custom, nevertheless we are working hard toward the end of helping the native girls of Urundi.

Among other things, the native girls are taught to sew. In our sewing class articles are made which can be sold, the proceeds of which are to be used for a "Girls' Compound." It is almost indispensable in the training of native girls to have a compound where cleanliness, neatness, and every other condition for their betterment can abound. The girls at the mission are very enthusiastic about their training, and do their work with happy contentment. Of course, we are only at the beginning of

a great task which must be accomplished; nevertheless we believe that with patience and courage we shall accomplish what we have set out to do. We are encouraged by the fact that the girls no longer wish to be kept back. They have come to realise that it is part of the Christian life to be neat and clean in everything. They have also found a hope and a desire to live in that better home which will last forever, and accordingly they are willing to put forth their best efforts in their training. We should like to express our appreciation for your interest and help in the past. Without this help we should not have accomplished what has been done in the Congo. It is surely true that by giving to advance the everlasting gospel we are laying up treasures in heaven.

S. E. Afr. Union

H. M. Sparrow — Superintendent

Miss G. P. Fortner, Secy.-Treas.

Box 51, Blantyre, Nyasaland

God's Way

M. M. WEBSTER

"O THE depth of the riches both of the wisdom and knowledge of God! how unsearchable are His judgments and His ways past finding out." Rom. 11:33. What I desire to emphasise is God's way in dealing with His children. He moulds and fashions us in various ways and through various tests, and if we are able to stand the tests we become more efficient.

Many times we plan, we advise, we desire things only to find that the plan, advice, and desire of God is entirely different. Because of these differences we have to be led into strange circumstances until we learn to understand that God doeth all things well. We have to be tried, as it were, by fire.

It may be we are led into difficulties, or suffering is brought upon us, so that we may be an example to unbelievers. Perhaps God sees some trait that should be developed in us in order to make us more useful, or to save us from destruction. Pride may be ruling in our hearts so He finds a way to humble us. Covetousness may be entwining itself into our hearts and the Master takes from us the things that will spell our ruin. On the other hand we may be depending too much on money or on the arm of flesh, and God considers it necessary to bring us to our desired goal or to the accomplishment of His task, by a round about way. He may make the circumstances seem so impossible so that we might learn to lean more heavily upon Him.

Difficulties are not necessarily to be shunned or feared, for the greatest triumphs

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Bloemfontein, O. F. S.

have come to the cause of God because of difficulties and persecutions. It was when the apostolic church was persecuted that they scattered and preached the gospel to every creature. The persecution against the Waldenses brought out the mettle that was in them, and led them to give their lives for the cause. The growth of our work today in Russia has had many hindrances, but in spite of them all God has expanded His work.

Men of renown, of thought, of leadership, men of God have been developed in dungeons, through isolation, sacrifice, and self-denial. It was in the dungeon that John Bunyan wrote his famous "Pilgrim's Progress." Some of the best works of Paul were written while in prison at Rome. In the fifty-first chapter of Isaiah, verse 2, we read of Abraham, "Look unto Abraham your father, and unto Sarah that bare you: for I called him alone, and blessed him, and increased him." The work that has cost the most to open has brought the greatest results.

We do not understand the purpose of the long delay in the opening of the work in Portuguese East, but we believe that God will work out His will somehow, sometime. I do not want to infer that I am a Paul, a Moses or a John Bunyan, but in enduring patiently the experiences that we have gone through God has directed our attention heavenward; He would have us gain greater confidence in His leadership and less in our own. What His purpose is concerning this people we do not know. Neither do we know how He plans to bring them to the light of the gospel. We only know that they are in dire need of light and we hope that God will reveal His way to us. We also invite your prayerful interest in the work here, remembering that, "The effectual fervent prayer of a righteous man availeth much." James 5:16.

* * *

Result of Signs and Tekens Campaign

A LARGE number of enquiries have come in to us with reference to the result of the *Signs and Tekens* Campaign which was recently conducted to increase the subscription lists of the above-named papers. We are presenting below the names of the churches that took part in the campaign together with the number of subscriptions obtained for the *Signs* and *Tekens*, as shown in the first and second columns, and then in the last column the total number of subscriptions sent in to us.

CHURCH	SIGNS	TEKENES	TOTAL
Ailwal North	22	15	37
Beaconsfield	19	1	20
Bethlehem	58	32	90
Bloemfontein	27	18	45
Brakpan	31	35	66
Boksburg North	6		6
Cape Town	76	2	78
Claremont	59	2	61

East London	80	7	87	Wynberg	34	3	37
Elim Church	7	8	15	Miscellaneous	180	160	340
Elsie's River	10	4	14				
Durban	88	4	92	Bulawayo	1,610	562	2,172
Ermelo	20	5	25		62	5	67
George	2		2	Salisbury	36		36
Germiston	17	25	42				
Grahamstown	12		12				
Hlobane	9	6	15				
Johannesburg	158	14	172				
Kimberley	58	9	67				
Kingwilliamstown	42		42				
Kroonstad	53	22	75				
Krugersdorp	5	5	10				
Ladysmith	46	5	51				
Maritzburg	70		70				
Parys	14	11	25				
Port Elizabeth	105	12	117				
P. E. Donkin Street	51	2	53				
Potchefstroom	24	31	55				
Pretoria	123	65	188				
Queenstown	7		7				
Rokeby Park	10		10				
Sweetwaters	5		5				
Standerton	18	32	50				
Salt River	21	15	36				
Uitenhage	14	3	17				
Worcester	29	9	38				

BEDTIME STORIES

"Bedtime Stories" Number 11 is the latest book of this popular series, and we are pleased to announce that we have a good supply in stock. The price is the same as for the other numbers, 1/6. The contents are up to the high standard of "Uncle Arthur," the author.

The first six books of this series are now out of print, but fortunately we had a good supply on hand at the time these earlier numbers were discontinued, and therefore for a limited time we shall be able to supply all numbers—up to and including number 11 (excepting numbers 2 and 5, which are all sold out.) Very few books remain in stock of some of these first numbers.

"Bedtime Stories" are the most popular of all children's books that we have ever stocked. Order all of the numbers available if you do not already have them. If you have some, then order all of those that you do not have (excepting 2 and 5) and make your set complete.

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P. O. Box 6, Claremont, Cape

As the subscriptions came in, it gave us great courage to note the interest that was being manifested in this important campaign by our people throughout the field. Special mention should be made of some of the smaller churches where the number of subscriptions sent in, as compared with the size of the church membership and the population of the district, is indeed good when compared with some of the larger churches in the more thickly populated centres.

On behalf of the Home Missionary Department of the Division and South African Union Conferences, through whose offices this campaign was promoted, we thank all who took part in sending in this large number of subscriptions for our missionary papers for the present year. We worked very hard to get the stencils cut as fast as the subscriptions came to hand, and the January issue of the paper was posted out promptly within a few days' time, and in some cases on the same day that the subscriptions came in. So far we have had no complaints at all this year, and we trust that if there is any address that has been sent in that should be altered, and those who took the subscription learn of same, they will promptly notify us so that we can keep our mailing list up-to-date.

J. G. SLATE, *Manager, Sentinel Publishing Company.*

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Terugval of Voortruk?

DIE laaste dae—ons dae—is dae van benoudheid. So was dit deur die profete voorspel—en so vind ons dit ook, op wie „die eindes van die eeuw gekom het.” In 'n gesig het die profeet Daniel die tyd „van die einde,” gesien, en hy het die laaste tonele op die aarde as volg beskryf:

„En in die tyd sal Migael, die groot vors wat oor die kinders van jou volk staan, optree; en dit sal 'n tyd van benoudheid wees daar nie gewees het vandat 'n volk bestaan het tot op dié tyd nie; maar in dié tyd sal jou volk gered word, elkeen wat in die boek opgeskrywe staan. En baie van die wat in die stof van die aarde slaap, sal ontslaak, sommige tot die ewige lewe en sommige tot groot smaadheid, vir ewig afgrylslik. En die verstandiges sal glinster soos die glans van die uitspansel, en die wat baie tot regverdiging lei, soos die sterre vir ewig en altoos.” Dan. 12:1-3.

Gedurende die tyd van die einde moet die boodskappe van Openb. 14:6-12, wat die voltooiingsboodskap is van die werk van God op die aarde, verkondig word aan alle nasies en stamme en tale en

volke." Terwyl dit gemeld word dat engele hierdie boodskappe verkondig, verteenwoordig hulle die volk van God, of die kerk. God het nog altyd mense gebruik om Sy werk te doen. Waar 'n engel opdrag ontvang om 'n werk te doen, word hy die onsigbare mag wat deur die mens, die sigbare werktuig, Gods wil volbring.

Wat God ook al wil gedaan hé, lê Hy in die harte van Sy uitverkore werktuie om op bestemder tyd gedoen te word. En die mens word ook nie alleen gelaat om die werk sonder hulp te doen nie. Deur die Heilige Gees, besiel en lei God mense om Sy werk op Sy wyse en Sy tyd te verrig. Die roepstem uit Macedonië is 'n dringende roepstem en een wat weerklink moet vind in die harte van Gods uitverkore volk. Deure word deur Sy Heilige Gees geopen, en dieselfde Gees spoor Sy volk aan om in te gaan. Die roepstem en die antwoord daarop is onder die kontrole van dieselfde Gees. Toe Kornelius deur die Heilige Gees beweeg was om die Here te soek, was hy beveel om manne na Joppe te stuur om Simon Petrus te ontbied. En die Heilige Gees wat met Kornelius te Cesarea gepraat het, het ook Simon Petrus in Joppe voorberei om die boodskappers van Kornelius te ontvang en hulle te versesel om die evangelie te verkondig aan die kaptein en sy huis.

In hierdie dae waarin ons die boodskap van die derde engel aan die wêreld verskuldig is, het die Heilige Gees voor die boodskappers uitgegaan, die deure tot die volke oopgemaak, en alles moontlik gemaak vir die verkondiging van die boodskap. In baie lande waar die mense lank in onkunde en sonde verkeer het, roep hulle nou: „Kom oor, . . . en help ons." Uit voorheen geslotte lande soos Tiebet en die lande aan die westelike grense van China, kom die roepstem nou, „Stuur werkers." Uit Indo-China, Borneo, die pragtige Oos-Indiese Eilande, en uit die eiland van die Karibiese See word die Macedoniese roepstem gehoor, Kom oor, . . . en help ons." Van Inka Indiane in die Andes geberge van Suid-Amerika, van die uitgestrekte vlaktes van Brasilië en die koersagtige streke van die Amasone, kom die roepstem: „Stuur hulp." Van die bergspitse van Columbia en Venezuela, van die berge en dale van Sentraal-Amerika en Meksiko, word dieselfde roepstem gehoor. Van Nigerië tot Madagaskar, uit die Kongo, Angola, en Tanganjeka in Afrika, word die roepstem herhaal, „Kom oor, . . . en help ons."

Hoe vreemd dat hierdie roepstemmais juis op hierdie tyd uit die vier windstreke van die aarde moet kom—die tyd waarop die oordeelsuurboodskap na die wêreld moet gaan!—as dit nie was dat dit die werk van die Heilige Gees is nie. Dit sou anders onmoontlik wees om te verklaar hoe ons mense, sonder vorige ondervinding in sendingwerk, en arm soos hulle is, die strategiese posisies kon inneem met goed opgeleide en toegewyde werkers wat nou by die duisende getel word; hoe ons oor die 2,000 skole kon stig, en voorsiening kon

maak vir die opleiding van meer as 95,000 studente in één jaar (1933); hoe ons drukperse lektuur kan druk wat hierdie boodskap bevat, in 161 tale, in die vorm van 6,902 boeke, pamphlette, en traktate wat altesame 510,952 bladsye beslaan (teen 'n koste van £400 vir 'n enkele oplaag); hoe ons werkerskorps van oor die 22,000 deur die genootskap onderhou kan word; hoe ons ses-en-sesig sanatoria kon bou en aan die gang hou, asook sewen-en-vyftig verpleeginrigtings en apteke, waarin daar 4,466 verpleegsters en dokters jaarliks oor die 423,500 persone behandel;—hoe kan dit alles verstaan word—al hierdie werktuie en middels waardeur die waarheid kan versprei word op die juiste tyd dat die deure van die hele wêreld wyd oopswai en ons uitgenodig word om binne te tree—as dit nie is dat God die wêreld vir die boodskap voorberei het nie en ook tershelfertyd Sy volk besiel het om stapte te doen om Sy werk te voleind nie?

Waarom moet ons seuns en dogters wat klaar opgelei is, jaar na jaar wag op 'n kans om na die swaarste arbeidsveldie in die wêreld te gaan om die evangelie te verkondig, daar hulle so gewillig en gretig is om te gaan? Hulle is nie bang vir swaar werk nie. Nuwe tale wat moet aangeleer word, die ongesonde klimaat, gevare en ontberings laat hulle nie afsien van hul begeerte om gehoor te gee aan hierdie roepstemma nie. Daar is net een ding wat ons terughou om hierdie openinge te baat te neem—naamlik, gebrek aan fondse.

Nog nooit het ons ledetal so vinnig aangegroei as gedurende die afgelope vier jaar nie. Oor hierdie tydperk was daar 'n aansienlike aantal van 84,596 lede. Dit beteken dat ons oor die afgelope vier jaar net soveel lede gewin het as wat ons in die hele wêreld in die jaar 1908 gehad het.

Wat beteken dit alles? Sal ons nalaat om gehoor te gee aan die roepstemma wanneer die Heilige Gees so gewis werk? „U volk sal baie gewillig wees op die dag van u krysmag" (Ps. 110:3) is die belofte,—'n belofte wat keer op keer verwesenlik is. Die Uittog, die terugkeer uit die ballingskap, en die bekerings op Pinksterdag—dit alles bewys dat God Sy werk op die aarde bestier.

Sal Ons Voorstruk?

Sal ons voorstruk? Tienduisend stemme antwoord, „Ja!" Ons leuse behoort altyd te wees, „Nooit terugval nie!" Dit word vertel dat in een van Napoleon se groot veldslae sy manne begin terugval het; dit het geskyn asof die vyand die oorhand gekry het. Napoleon het deur sy verkyker die ramp aanskou. Hy het 'n jong trompetblaser geroep en bevel gegee, „Blaas die aftog." Die jong man het die sinjaal „Voorwaarts," blaas, en die terugvallende manskappe het vasgesteek. Napoleon het die jong man 'n skroobering gegee, en gesê, „Ek het jou beveel om die aftog te blaas, en jy blaas ,voorwaarts.'" Die jong man het geantwoord, „Generaal, my bevelvoerder het my nooit geleer om die aftog te blaas nie, dog ek kan die ,voorwaarts'

blaas totdat al die soldate weer bymekaar staan en ons sal die vyand 'n neeraag besorg." En as gevolg van sy blaas het die terugvallende manskappe omgedraai en 'n heerlike oorwinning behaal.

Tot dusver in ons negen-en-tachtig jaar se werk, het Sewende-dag Adventiste nog nie geleer om terug te val nie. Hulle maak nie op daardie manier oorlog nie—hulle weet alleen om voort te ruk. Met 'n besnoeiende begroting in 1933, het ons nuwe werk begin in twee-en-twintig lande en eilande, en in negentien nuwe tale.

Die waarheid neem besit van die verstand en harte van die mense tot saligheid. Dit is vir ons oorwinnende Koning wat ons arbei en opoffer. Hy het vir ons gesterf. Ons bietjie diens, opoffering en geloof, swak soos dit ook al is, is Sy grootste vreugde. En die engele skare verbly hulle oor elke sondaar wat tot bekering gebring word.

Ons groot Bevelvoerder het gesê, „Gaan, . . . maak Christene van alle volke." Dit moet ons doen teen grote koste en opoffering; dit is ons opgelegde plig en gewe taak om Gods werk te voltooi. Hy het gesê dat Hy sy werk sal volbreng, en ons weet dat Hy dit sal doen met die hulp van Sy getroue diensknegte. God sal toesien dat wat Hy Hom voorgeneem het, tot volvoering gebring sal word. Hy vergheet nooit. Die werk mag verhinder of vertraag word deur Sy volk, dog al Sy beloftes sal in vervulling tree.

Ons eie ewige loon hang af van wat ons persoonlik doen. Die win van siele, om vir Christus te getuig om mense te help om te glo, dit is ons hoogste voorreg, en sal aan ons ons groot beloning besorg. „En die verstandiges sal glinster soos die glans van die uitspansel, en die wat baie tot regverdigheid lei, soos die sterre vir ewig en altoos." Dan. 12:3.

Ten einde die kerk in staat te stel om gehoor te gee aan die Macedoniese roepstemma om hulp, en om tred te hou met die voorsienigheid van God; sodat die hele kerk mag deel hé aan die ewige loon in die wins van siele vir Christus; en ten einde die wêreldkonferensie in staat te stel om hul begroting gedurende 1935 te laat klop en ons werkzaamhede onder die leiding van die Heilige Gees uit te brei,

Besluit ons, 1. Dat al ons divisies buitekant Noord Amerika sal onderneem om hul sending offerandes gedurende 1935, bo die van 1933 met van vyftien tot twintig persent te vermeerder.

2. Dat alle konferensies in Noord Amerika sal trag om gedurende 1935 die gestelde doel van veertig sent per week per lid te bereik, en om die doel met soveel moontlik te oortref.

Dat in konferensies waar hierdie doel nie kan bereik word nie, hulle sal onderneem om 'n bepaalde som byeen te bring wat die offerandes van 1934 met van vyftien tot vyf-en-twintig persent sal oortref.

Dat elke unie konferensie die doel van hul plaaslike konferensies, wat nie die veertig sent per lid per week kan behaal nie, sal vasstel.

Week van Opooffering 1935

J. F. WRIGHT

DIE Divisie Komitee het op hul onlangse vergadering, 9 tot 16 Februarie vasgestel as die Week van Opooffering vir hierdie jaar. En nou wil ons graag die saak onder die aandag bring van beide onse werkers en kerklede.

Waar ons let op die bedrag wat in 1934 ontvang is, merk ons 'n vermindering vergeleke met vorige jare. Ons is jammer hieroor en voel dat dit nie behoort te wees nie. Dit behoort nie so te wees nie want tye is beter en die behoeftes om nuwe velde binne te dring is baie groter as ooit tevore. Daarom maak ons hierdie jaar 'n dringende beroep op die leke sowel as die werkers om 'n volle week se inkomste af te staan in verband met hierdie spesiale oproep.

Waar u hierdie oproep in oorweging neem, laat my toe om u aandag op die volgende uittreksels uit die Gees van profesie te vestig:

„Die fondament van die verlossingsplan was in oopoffering gelê.”—Deel III, bls. 387.

„Hy vra om 'n teruggawe van die gawes wat Hy aan ons toevertrou het, om te help in die redding van siele.”—Deel III, bls. 390.

„Hy het Sy bloed gegee; Hy vra ons silwer.”—Deel III, bls. 390.

Hierdie aanhalings is gewis quidellik en kragtig. Hulle is saaklik en behoef geen kommentaar nie. Hulle dien waarlik om ons aan te spoor tot heelhartige samewerking om die Week van Opooffering hierdie jaar 'n magtige faktor te maak in die uitvoering van ons sendingprogram.

Dan wil ons, behalwe die voorgenomeerde aanhalings uit die geskrifte van die diensmaag van die Here, ook u aandag vestig op die artikel getitel, „Terugval of Voortruk, Watter?” wat in hierdie uitgawe van die Outlook voorkom. Lees dit seker want dit verkondig aan ons leke oor die wêreld die oproep van die Wêreldkonferensie Komitee by hul Lente Raadsitting. U sal opmerk dat daar 'n beroep gemaak word op elke divisie om hul sendingofferandes gedurende 1935 met van vyftien tot vyf-en-twintig persent te vermeerder bo dié van 1933.

Die vraag natuurlik, waarvoor ons as individue hier in die Suidelike Afrikaanse Divisie te staan kom, is, wat gaan elkeen van ons doen in antwoord op hierdie oproep? Daar kan maar slegs een antwoord wees. Ons moet saamstaan om die vermeerdering te verwesenlik. Daarom hoop ons van harte, en verwag ons met volle vertroue dat die 1935 Week van Opooffering 'n poging sal wees in die verwesenliking van die voorgestelde vermeerdering.



„LAAT daar in die siel geen klippe, doornes, of ander hindernisse wees wat die groei van die graan belemmer nie; laat daar ryk skoon grond wees, en dan sal die warm son, wat anders sou verskroei, 'n dieper kleur aan die plantegroei gee.”

Die Christelike Gees van Opooffering

A. E. NELSON

VAN ewighed af het die verlossingsplan gepaard gegaan met oopoffering. God die Vader het 'n groot oopoffering gemaak toe Hy Sy eniggebore Seun aan die wêreld gegee het; Jesus het die hoogste offer gebring, toe Hy Sy lewe gegee het om vele te red; die kind van God moet oopofferingsmaak vir die saak van Christus. Die gees van oopoffering is dus die ware gees van Christus.

Hierdie gees is by uitstek waarneembaar in die lewe en ondervinding van Abraham. Toe God Abraham, Sy gekose dienskneg, geroep het, het hy die liefde van sy huisgenote en bloedverwante geniet, en die voordele van die vrugbare vallei van Mesopotamië. Die rustige stilte van sy huisklike geluk was verbreek deur die roeping van God wat hom sou lei na 'n vreemde land. Met die moed hom eie het hy die geliefde tonele en bekende omgewing van sy tuiste verlaat en die toekoms tegemoet gegaan—onbeproef en onbekend. Hy het nie geweet waar hy heengaan nie, maar hy was oortuig dat

TIENDE BULLETIN, No. 10

Van Adam tot die Einde van Tyd

„Die tiendestelsel het bestaan vóór die tyd van Moses. Gifte en offerandes vir godsdienstige doeleinades was van die mens verwag vóór die definitiewe stelsel aan Moses gegee was; dit gaan selfs so ver terug as die tyd van Adam.”—„Testimonies,” Deel. III, bls. 393.

VAN GODDELIKE OORSPRONG

„Almal mag dit aanneem met geloof en moed, want dit is van goddelike oorsprong.”—„Testimonies,” Deel III, bls. 388.

BEDOEL OM 'N GROOT WAARHEID TE LEER

„Die stelsel van tiendes en offerandes was bedoel om 'n groot waarheid aan die verstand van die mens te bring,—n.l. dat God vir Sy skepsels die bron van alle seën is, en dat die mens aan Hom dankbaarheid veruskuldig is.”—„Patriarchs and Prophets,” bls. 525.

„Nie alvorens God ophou om Sy kindere te seën, sal hulle verpligting om die vereiste deel aan Hom terug te gee, ophou nie.”—„Acts of the Apostles,” bls. 339.

„Ook al die tiendes . . . behoort aan die Here; dit is heilig aan die Here.” Lev. 27: 30.

„Van al ons inkomste behoort ons eerste aan die Here Sy deel te gee.”—„Testimonies,” Deel IV, bls. 474.

'N VLOEK UITGESPREEK

„Maar terwyl Hy 'n seën uitspreek oor die wat hul tiendes inbring, spreek Hy 'n vloek uit oor die wat dit agterhou. Net onlangs het ek op hierdie punt direkte lig van die Here ontvang dat baie Sewende-dag Adventiste die Here in tiendes en offerandes beroof, en dit is duidelik aan my geopenbaar dat Maleachi die saak voorgestel het soos dit werklik is. Hoe durf iemand selfs in sy hart dink dat die gedagte om die tiendes en offerandes agter te hou, van die Here is?”—„Testimonies to Ministers,” bls. 60.

“NAMATE SY VOORSPOED IS”

„Volgens die bedrag wat ontvang is, is die bedrag wat gevra word. Hoe groter die kapitaal wat aan ons toevertrou word, hoe waardvoller die gif wat die Here verwag. As 'n Christen tien of twintig duisend pond besit, is die eise van God bindend op hom, nie alleen vir sy deel volgens die tiendestelsel nie, maar ook om sy sondoffers en dankoffers aan die Here te bring. Die Levitiese bedeling het op 'n merkwaardige manier uitgemunt weens die heililing van besittings. As ons van die tiende praat as die standaard vir die Jood se bydrae vir godsdienstige doeleinades, dan praat ons sonder verstand. Die Here het Sy eise op die voorgond gestel en in byna elke ding moes hulle aan die Gewer dink deurdat hulle verplig was om aan die Here te offer. Hulle was verplig om 'n losgeld te betaal vir hul eersgeborene seun, die eerstelinge van die kudde, die eerste insameling van hul oes. Hulle was verplig om die hoekie van hul oeslande aan die armes oor te laat. Wat gedurende die oes uit hul hande gevall het, is vir die armes laat staan. En een keer in elke sewe jaar het hul lande vanself vir die behoeftiges voortgebring. Verder was daar die offerandes vir oortredings, vir sondes, en elke sewende jaar die kwytskelding van al die skulde. Ook was daar heelwat onkoste vir gasvryheid en gifte aan die armes en daar was heffings op hul eiendom.”—„Testimonies,” Deel. IV, bls. 467.

waar God lei, dit die beste sou wees.

Later, toe God Abraham se huis begunstig het met die vrolike stem van 'n enigste seun wat vir Sara en Abraham dierbaarder geword het gedurende twintig gelukkige jare saam, het God 'n verdere offer verlang. In die stilte van die nag het God Abraham geroep, en met gesag 'n bevel gegee wat sy dierbaarste skat van sy hart sou skeur. Abraham moes sy seun offer op Moria. Het diesselfde offervaardige gees, wat op die altaar van Abraham se hart gebrand het toe hy Mesopotamië verlaat het, nog met diesselfde glans geskyn? Die toets moes gemaak word om die antwoord op hierdie vraag te vind. Die uitslag het bewys dat Abraham nog die vriend van God was—iemand in wie die gees van oopoffering nie 'n klein, flikkerendevlammetjie was nie, maar 'n goddelike vuur. Abraham het gehoor gegee aan die oproep tot selfopoffering.

As kinders van Abraham, behoort die oorblyfsel kerk van God 'n ooreenkomslike gees van oopoffering te besit. Dit kom uit in een van die psalms wat die gevleuelde sanger van Israel waarskynlik gekomponeer en dikwels gesing het:

„Onse God kom en kan nie swyg nie. Vuur verteer voor Sy aangesig, en rondom Hom storm dit geweldig. Hy roep na die hemel daarbo en na die aarde om Sy volkte oordeel. Versamel My gunsgenote vir My, hulle wat My verbond by die offer maak.” Ps. 50:3-5.

Die vergadering van die heiliges as Jesus kom, sal geskied volgens diesselfde toets wat Abraham moes deurmaak—die toets van oopoffering. „Versamel My gunsgenote vir My, hulle wat My verbond by die offer maak.”

Die oorblyfsel kerk was gestig in selfopoffering; dit sal sêvier in diesselfde gees. Afgetrek het die baanbrekers geworrelt met die probleem om die wêreld te waarsku; hulle het geen vergoeding ontvang nie en moes hulle eie private inkomste gebruik om die werk te begin. God het hul geloof en oopoffering ryklik geseën en hul figuurlike brode en visse vermenigvuldig totdat daar vandag wedergebore siele in alle lande van die wêreld is as monumente tot hulle getrouheid. Hierdie baanbrekers het opgeoffer deur aan God te gee wat hulle werlik vir hulself nodig gehad het. In onse tyd het ons ook al sulke selfopoffering gesien,—die kind van God wat sonder 'n maaltyd bly, die getroue suster wat sonder 'n nuwe tabberd klaarkom, die sendeling wat 'n week se salaris bydra, die kolporteur wat sy voorspoedigste week se profyt afgee—almal het dit gedoen om die fondse van die Week van Oopoffering te styf.

Ons werkers het nog altyd in die verlede gehoor gegee aan die oproep met die Week van Oopoffering. Dit word nie van u gevverg nie, maar nogeens word die werkers genooi om 'n week se salaris aan God terug te gee. En ons nooi ons broeders en susters om saam met die werkers 'n week se inkomste aan die saak van die Here te wy.

S. A. Unie-Konf.

President

J. E. Symons Sekr.-Tes.

Bus 468, Bloemfontein, O. V. S.

'n Onderhoud met die Mediese Sekretaris

WAT sal ons klaarmaak vir die middagete?

„Dit is die wil van die Here dat manne en vroue oral sal aangemoedig word om hul talente te ontwikkel deur gesonde voedsel voor te berei van die natuurlike produkte van hulle deel van die land. . . . In die gebruik van voedsel moet ons ons gesonde verstand gebruik. As 'n sekere voedsel nie met ons akkordeer nie, is dit nie nodig om brieve te skrywe teneinde die oorsaak van die moeilikhed vas te stel nie. Verander die diëet; gebruik minder van sekere kossorte; probeer ander. . . Laat ons as intelligente mense self die beginsels studeer en ons ondervinding en oordel gebruik om te besluit watter voedsel die beste vir ons is.

„Die voedsel wat ons gebruik moet geskik wees vir die werk wat ons doen en die klimaat van die land. . . . Dit is goed om ryk nageregte te laat staan. . . . Daar is arm gesinne wat grootliks van melk en brood lewe. Hulle kry min vrugte en kan nie neute bekostig nie. In ons onderrig van gesondheidshervorming . . . moet ons die mense neem waar hulle is. Voordat ons hulle kan leer om gesonde voedsel wat smaaklik en voedsaam is, voor te berei, het ons nie die reg om die uiterste posisies aangaande gesondheidshervorming te verkondig nie.” „Counsels on Health,” blss. 476-478.

Sien u, my vriend, hoe simpatiek en vol gesonde verstand die onderrig in die Gees van profesie aangaande ons diëet is. Daar is sekere beginsels waarvolgens ons ons voedsel moet kies en voorberei. Die besonderhede word egter aan ons eie smaak en voorkeur oorgelaat.

Maar wat sal ons klaarmaak vir die middagete? Dit is goed om verskeidenheid te hê, maar nie te veel nie. Een soort protiéne en twee groentesoorte is genoeg verskeidenheid, en die regte verhouding. Deur protíenes bedoel ons bone, erte, lenses, of neute, melk, eiers, of suurmelkaas. Deur groente bedoel ons een uit elke van die volgende groepe:

1. *Styselagtig*,—rys, aartappels, patattas, wortels, witwortels, rape, limabone of groenmielies.

2. *Nie-styselagtig*,—groen groente van alle soorte, kool, groenbone, tamaties, blomkool, aspersie of eierplant.

Behalwe hierdie geregte, mag rou groente in die vorm van slai bedien word, soos: kropslaai, selery, kool, komkommer, radyse, wortels, tamaties, bronkors of spinasie.

Brood en botter of ryp olywe kan tereg deel uitmaak van elke maaltyd.

'n Eenvoudige nagereg is lekker om die ete mee af te sluit. Dit kan heuning, eenvoudige koek, junket, blanc-mange, of rosyne, dadeljies of vye wees.

Nou net 'n paar wenke aangaande die voorbereiding van hierdie voedsel. In ons beperkte ruimte kan dié maar net van algemene aard wees. Dit is nie verstandig om te veel vetterigheid of olie in die voorbereiding van ons voedsel te gebruik nie. Dit is onverteerbaar. Kook is goed, as dit reg gedaan word. Bak, op die regte manier, is nog beter, want dan behou die voedsel sy smaak en dit word droër bedien, wat aanleiding gee tot beter kou. Sout moet baie matig gebruik word. Peper, moster en asyn moet gladnie gebruik word nie. Vir slaii is suurlemoensap baie smaakliker en gesonder.

Bedien altyd die voedsel op 'n aantreklike manier en laat dit so eetluswekkend as moontlik lyk. Dit is verstandig om die kinders te leer om alle soorte gesonde voedsel te gebruik, maar dit moet op 'n taktvolle manier geleidelik gedoen word. „Voorhamer metodes” hoort nie tuis aan tafel nie. Om die eettafel moet die gesin opgeruimd en vrolik wees.

S. A. Konferensie

L. L. Moffitt President

P. W. Willmore Sekr.-Tes.

Bus 256, Bloemfontein, O. V. S.

Kroonstad se Strewers

A. W. STAPLES

DIE Strewers het groot belang gestel in die werk op Kroonstad. Nie alleen het hulle die fondse vir die pogings bymekaargemaak nie, maar hulle het ook voortdurend gebid dat die Here Leraar Raubenheimer en sy medewerkers in daardie dorp moes gebruik. Die oopoffering was nie tevergeefs nie; al ons gebede is verhoor.

Ek het die voorreg gehad om die Kroonstadse kerk te besoek. Hulle hou hul dienste in die Masonic tempel en beskik oor al die fasilitate nodig vir 'n nette en gerieflike Sabbathuis. Ons het 'n groep ernstige en intelligente gelowiges daar ontmoet. God het 'n nuwe kerk aan hierdie genootskap in Suid-Afrika gegee.

Ons was grootliks geïnteresseerd in die jongmense. Daar is 'n lewendige Strewersvereniging. Onder leiding van Suster Raubenheimer het die jongmense hul lewe aan die Here oorgegee en hulle marsjeer saam met ons onder die Strewersbanier, getrou aan ons doel en ideale.

Op Woensdagaand, 28 November het 'n groot aantal belangstellendes in die tempel bymekaargekom. Daar het 'n gees van opgewondenheid geheers; dit was „Vriend” bekledingsaand. Elf „Vriende” het hulle beloftenisse afgelê en gepraat van hul ideale as Strewers. Een vir een het hulle vorentoe

gekom om hul spelde te ontvang. (Ons sien hierdie groep saam met Mevr. Raubenheimer en die skrywer op die foto op bladsy 4 van laaste uitgawe wat in die tempel geneem is na die diens).

Ons verwelkom die Kroonstadse Strewers tot onse geledere. Mag die Here hulle almal getrou maak as ware workers. Hulle het alreeds begin om vir siele te werk en om oopofferings te maak vir die Graaf Reinets poging.

* *

Die Frankfortse Poging

C. E. LUND

TER aanmoediging van ons lede dwaarsdeur die konferensie wil ek 'n kort verslag gee van ons poging en werk te Frankfort. Voor ons aankoms het 'n man hier 'n reeks spesiale dienste gehou. Hierdie dienste het teënstand verwek, en later toe ons dienste begin was daar baie vooroordeel. Daar was pogings aangewend om die mense te waarsku. Toe dit later bekend word watter denominasie ons verteenwoordig was boeke en pamphlette wat teen ons geskrywe is onder die mense uitgegee. Die waarskuwings was nie sonder uitwerking nie, want ons dienste was nie so goed bygewoon as ons verwag het nie, maar ons het onself die belofte toegeëien: „As God vir ons is, wie kan teen ons wees?” Met hierdie gedagte en gebed het ons ons werk aanvaar in die krag van Hom wat ons nog nooit teleurgestel het nie. Ons is vol moed en ons geloof is sterk want ons weet dat ons hemelse Vader die opregtes van hart in die waarheid sal bring. Broeder Herholdt wat die poging hou, is baie besig. Ons weet dat daar baie gebede opgegaan het vir die werk hier en ons wil u bedank vir u belangstelling. Volhard tog in die gebed vir ons. Daar is sewentien grootmense in die doopklas, dus was ons poging hier nie tevergeefs nie. God het ryklik geseen; aan Hom sy al die eer en lof. Ons sien uit na die grote dag wanneer Jesus weer sal kom en ons huis-toe sal gaan saam met dié vir wie ons gearbei het.

* *

Verpleegwerk

SAL applikante asseblief kennis neem dat al die vakature vir verpleegers in die Goewermentshospitaal te Maritzburg gevul is. Dit is moontlik dat daar nie meer plekke sal oopval voor die einde van die jaar nie, derhalwe word diegene wat applikasie gemaak het, aangeraai om nie op 'n aanstelling te reken of te wag nie. As daar toevallig 'n plek oopval sal die applikante, wat nie suksesvol was nie en wie se applikasies aangeteken is, persoonlik in kennis gestel word.

DR. E. W. INGLE.

* *

Betrekking Gevra

SEWENDE-DAG Adventiste jong man wil baie graag werk hê. Het baie jare onder-

vinding met motors en motorploë. Het kennis van masjienerie en elektrisiteit. Is skilder van beroep en kan ook messelwerk doen. Is in besit van getuigskrifte. Deskundige in hoenderboerdery, en het kennis van landbou, sitrusbedryf, en beesboerdery. Het goeie opleiding en dus bevoeg vir kantoor werk. Is ook in besit van die St. John's Ambulanssertifikaat. Gewillig om na enige deel van Afrika te gaan en vir enige redelike salaris te werk. Afskrifte van getuigskrifte op aanvraag.

Doen aansoek by: Redakteur, OUTLOOK, Grovelaan, Claremont, Kaap.

* *

Getrouheid Beloon

DIE Here toets Sy volk op verskillende maniere in verband met die Sabbat. 'n Geval het ons pas ter ore gekom van 'n persoon wat op die proef gestel was, die toets deurgegeloof het, en eindelik beloon was vir sy getrouheid. Hier volg die geval:

„Leraar Kaplan het 'n roerende toespraak gehou oor die „Tuiste van die Saliges” waarby hy 'n groot skildery wat himself gemaak het, vertoon het. Die prent het 'n toneel op die nuwe aarde weergegee soos dit in die Bybel beskrywe word. Aan die einde van die lesing het hy 'n beroep gemaak op sy gehoor en gevra dat diegene wat begeer om die waarheid aan te neem hulle hande moet opsteek. Vyf het gehoor gegee. Een was 'n jonggetroude man wat in 'n groot winkel in New York gewerk het. Hy het 'n interessante ondervinding vertel. Hy sê dat hy kort tevore besluit het om die Sabbat te hou en na die hoof van sy departement gegaan het en aan hom gesê het, „Ek sal my betrekking moet neerlaat aanstaande Vrydag.” „Waaron?” vra die man verbaas. „Omdat ek by die Sewendag Adventiste Kerk gaan aansluit en voortaan die Sabbat gaan hou.” Toe die bestuurder merk hoe ernstig hy is, sê hy, „Miskien is dit nie nodig vir u om te bedank nie. Laat ons na die hoofbestuurder gaan en sien wat ons kan doen.” Die uitslag van die saak was dat hy die Sabbat af gekry het, en dat hy ook aangemoedig was om te staan vir sy beginsels.”

dae maar moeilik gegaan om die vertroue van die inboorlinge te win; maar dit was die saatyd; nou oes ons.

Vir elke vyf-en-veertig lede in ons wêreldssabbatskole is daar een in die Kongo. Vir elke nege in ons dagskole oor die wêreld is daar een in die Kongo. Die ledetal van die Gitwe Sending is so groot as die van die hele Suidelike Afrikaanse Divisie was toe dit in 1921 georganiseer is. Dis ook interessant om daarop te let dat die Gitwe Sending aangelê was in dieselfde jaar toe die Divisie georganiseer was. Daar is op die oomblik byna tienduisend Sabbathouers in die Kongo.

Ons harte gaan uit na die miljoene wat ons nog nie bereik het nie. Daardie veldelike wat ons nog nie binnegedring het nie sal waarskynlik net so vrugbaar wees as dié waar ons alreeds werk.

Die Unie is van plan om drie nuwe sendingstasies in 1935 aan te lê. Weet u dat die ondervinding ons geleer het dat ons met vyf-en-twintig pond 'n kerk van honderd-en-vyftig tot tweehonderd lede kan oprig in heeltemal nuwe terrein? „As julle hierdie dinge weet, salig is julle as julle dit doen.”

* *

Buganda Sending

E. M. DAVIES

So vele gee bydraes om ons sendingwerk te steun deur middel van ons Sabatsskoolofferandes, Beleggingsofferandes of ander fondse wat versamel word om die ewige evangelië in Afrika te verkondig, dat ons voel dat u graag sal wil weet hoe die donasies gebruik word en kan gebruik word op ons sendingstasies. Van tyd tot tyd verskyn daar artikels oor hierdie onderwerp wat vertroue en vrygewigheid inboesem.

Wat ons hier op Buganda betref, hou die werk ons baie besig. Nadat die fondse inkomaan, rig ons nette skoolgeboue, apteke, en ander geboue op, sommige om die plek in te neem van geboue wat oud en bouvallig is en al baie jare in gebruik is. Anders word die fondse gebruik om onderwysers te verskaf aan die omliggende distrikte. In hierdie oopsig is die behoeftes baie groot en dit verskaf ons groot vreugde as ons in die behoeftes kan voorsien.

'n Interessante feit in die opleiding van naturelle, is dat die mans baie gouer ontwikkel as die vrouens. Dit is te wyte aan die gewoonte onder die inboorlinge om die vrouens op die agtergrond te hou. Ons doen ons bes om die toestand van die vrouens te verbeter, want ons besef dat die toestand van die inboorling alleen dan sal verbeter as die vrou opgehef word. Dit is nie maklik om tenstryde te trek teen hulle gewoontes nie, maar ons werk hard om die vrouens van Urundi te help.

Onder andere leer ons hulle hoe om die naald te hanter. Die artikels wat in die naaldwerkklas gemaak word, word verkoop en die opbrings sal gebruik word vir 'n „Girls' Compound.” Dit is onmoontlik om die meisjies goed op te lei tensy ons 'n „compound” kan hê waar netheid, rein-

Kongo U. Sending

C. W. Bozarth — Superintendent
J. du Plouy, —————— Sekr.-Tres.Gitwe Mission, P.O. Usumbura,
Urundi, via Elisabethville

Belgiëse Kongo

W. H. ANDERSON

DIE werk in die Kongo was in 1920 begin. Hoewel die werk in die begin maar min vordering gemaak het, het God die sendelinge ryklik geseen. Dit het in daardie

heid, en al die ander toestande wat onontbeerlik is vir hul opheffing heers. Die meidjies op die stasie is baie entoesiasties oor hul opleiding, en is gelukkig en tevrede in hul werk. Ons staan natuurlik nog maar aan die begin van 'n groot taak, nogtans glo ons dat ons, met geduld en moet, ons doel sal bereik. Dit moedig ons aan om te sien dat die vrouens nie meer wil agterbly nie. Hulle begin besef dat dit 'n deel uitmaak van die Christelike lewe om net en skoon te wees. Daar is ook by hulle 'n hoop en 'n verlange om in daardie beter huis te woon wat vir ewig sal duur, en daarom doen hulle hul bes in hul werk.

Ons wil graag ons waardering te kenne gevir u hulp en belangstelling in die verlede. Daarsonder kon ons nie doen wat gedaan is in die Kongo nie. Dit is voorwaar 'n feit dat ons skatte in die hemel vergaar as ons middele verskaf vir die bevoerding van die ewige evangelie.

S. O. A. Unie

H. M. Sparrow Superintendant
Mej. G. P. Fortner Sekr.-Tes.
Bus 51, Blantyre, Niasaland

Gods Weg

M. M. WEBSTER

O DIEPTE van die rykdom en wysheid en kennis van God! Hoe ondeurgondelik is sy ordele en onnaspeurlik sy weë!" Rom. 11:33. Wat ek graag nadruk op wil lê is Gods weg in Sy handelinge met Sy kinders. Hy maak en vorm ons op verskillende maniere en deur verskillende beproewings, en as ons die beproewings kan deurstaan word ons meer bekwaam.

Baiemaal maak ons planne, gee ons advies, en begeer ons dinge, om maar net te vind dat die planne, die advies, en die begeertes van God heeltemal anders is. Omdat dit so is, moet ons langs vreemde weë geleid word totdat ons leer om te verstaan dat alles wat God doen welgedaan is. Ons moet as 't ware deur vuur getoets word.

Miskien word ons in moeilikhede geleid, of ons word geteister, sodat ons 'n voorbeeld vir die ongelowiges mag word. Miskien sien God dat daar 'n karaktertrek in ons ontwikkel moet word om ons meer bruikbaar te maak, of om ons van ondergang te red. Hoogmoed mag miskien heerskappy voer in ons hart, daarom moet Hy ons verneder. Begeerlikheid mag ons harte miskien omstrengel en dan moet die Meester die dinge wat ons tot val kan bring, verwijder. Op die anderhand mag ons te veel op geld of op die arm van vlees steun, en dan, na die goedgunst van die Here, word ons langs 'n omweg geleid om ons taak te volvoer of ons doel te bereik. Hy mag die omstandighede ook so onmoontlik laat skyn dat ons kan leer om meer op Hom te steun.

Ons hoef nie juis bang te wees vir moeilikhede of te probeer om hulle te vermy nie, want die grootste oorwinnings in die saak van die Here was behaal juis omdat daar moeilikhede en vervolgings was. Dit was toe die apostoliese kerk vervolg was dat hulle uitmekaar versprei het en die evangelie aan alle mense verkondig het. Die vervolging wat die Waldense moes verduur, het hulle net meer vurig gemaak, en hulle het hul lewens vir die saak gegee. Die ontwikkeling van ons werk in Rusland het met baie moeilikhede te kampe gehad maar ten spyte van alles het God Sy werk daar uitgebred.

Beroemde manne, denkers, leiers, manne van God, het in die gevangenis, deur isolasie, oopoffering, en selfverloëning ontwikkel. Dit was in die kerker dat John Bunyan sy beroemde „Pilgrim's Progress" geskryf het. Party van sy beste sendbriewe het Paulus in die gevangenis te Rome geskryf. In Jesaja 51:2 lees ons die volgende omtrent Abraham: „Aanskou Abraham, julle vader, en Sara wat julle gebaar het; want as eenling het Ek hom geroep en hom gesêen en hom vermenigvuldig." Die werk wat die meeste gekos het om te begin, het die grootste resultate gelever.

Ons begryp nie waarom daar so 'n lang oponthoud moet wees in verband met die werk wat ons in Portugese Oos-Afrika wil open nie, maar ons glo dat God Sy wil sal laat geskikk op Sy tyd en op Sy wyse. Ek wil nou nie beweer dat ek 'n Paulus, 'n Moses, of 'n John Bunyan is nie, maar in die geduldige verduring van die dinge wat ons deurgemaak het, het God ons oë hemelwaarts gerig; Hy wil hê dat ons groter vertroue in Sy leiding sal stel en minder in ons eie. Wat die Here se plan is met hierdie volk weet ons nie; en nog minder weet ons langs watter weë Hy die lig van die evangelie aan hulle wil bring. Ons weet slegs dat hulle baie groot behoefté het aan die lig, en ons hoop dat God Sy wil aan ons sal bekend maak. Ons versoek u ook om vir die werk hier te bid, en onthou „Die vurige gebed van 'n regverdigde het groot krag." Jak. 5:16.

❀ ❀

Kennisgewing

DIEGENE wat artikels en rapporte instuur vir die OUTLOOK, moet sorg dat die stukke betyds die Redakteur bereik. Ter inligting van ons medewerkers het ons 'n skedule voorberei met die datums waarop stukke die Redakteur moet bereik om in sekere uitgawes geplaas te word. As u b.v. 'n artikel in die uitgawe van 1 April wil hê, moet dit die Redakteur nie later as 21 Maart bereik nie. Hier volg die skedule:

UITGawe	MOET REDAKTEUR BEREIK OP
15 Februarie	5 Februarie
1 Maart	22 Februarie
15 Maart	5 Maart
1 April	21 Maart
15 April	5 April
1 Mei	19 April
15 Mei	6 Mei

1 Junie	21 Mei
15 Junie	5 Junie
1 Julie	20 Junie
15 Julie	5 Julie
1 Augustus	22 Julie
15 Augustus	5 Augustus
1 September	21 September
15 September	5 September
1 Oktober	20 September
15 Oktober	7 Oktober
1 November	21 Oktober
15 November	5 November
1 Desember	20 November
15 Desember	5 Desember
1 January 1936	20 Desember

❀ ❀

Notice

THOSE who contribute articles and reports to the OUTLOOK, should dispatch their copy to the Editor in sufficient time to have it included in the desired issue. To assist contributors we have prepared a schedule of dates not later than which copy should reach the Editor's desk. For example: Should copy be prepared for the April 1 issue, it must reach the Editor not later than March 21. The following is the schedule of dates:

ISSUE	COPY SHOULD REACH EDITOR
February 15	February 5
March 1	February 22
March 15	March 5
April 1	March 21
April 15	April 5
May 1	April 19
May 15	May 6
June 1	May 21
June 15	June 5
July 1	June 20
July 15	July 5
August 1	July 22
August 15	August 5
September 1	August 21
September 15	September 5
October 1	September 20
October 15	October 7
November 1	October 21
November 15	November 5
December 1	November 20
December 15	December 5
January 1, 1936	December 20

❀ ❀

Kennisgewing

DIT is dikwels nodig vir werkers en leke in die Unie van Suid-Afrika om geld te stuur aan persone in Rhodesië. Ter informasie van almal wat hierin betrokke is, wil ons aan die hand gee dat as u geld stuur, u dit deur middel van 'n poswissel of Britse posorder doen, omdat daar dan geen wisselkoers gevorder sal word nie. Moenie 'n Unie posorder gebruik nie want dit kan alleen binne die Unie uitgewissel word.

❀ ❀

„ONS bevoegdheid vir diens word bepaal, nie deur ons talente nie, maar deur die beloftes van God."

The Southern African Division Outlook

Published semi-monthly by the General Conference of Seventh-day Adventists (Southern African Division)
Subscription price, 2/6 per annum

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General News Notes

We are glad to welcome a number of missionaries at the Cape. Some of these have come from overseas and others from upcountry.

MISS RENA CURTIS recently arrived to take up work in Nyasaland. She left on the "Llanstephan Castle" for Beira.

MR. AND MRS. G. R. NASH and daughter arrived at Cape Town on the "Windsor Castle" and will proceed north to Malamulo where they will continue their mission work.

BROTHER AND SISTER LYNDON TARR and family are enjoying a pleasant furlough at Kalk Bay with Mrs. Tarr's mother.

BROTHER AND SISTER D. E. DELHOVE and children arrived at Helderberg recently. Brother Delbove is planning to leave two of his children at the college while the others of the family proceed overseas on their furlough.

DR. PARSONS and family arrived at Cape Town recently and are located at Claremont. Dr. Parsons has arranged to do some observing in surgery at the Somerset Hospital. With the Parsons also came Bruce Bredenkamp who has not been enjoying very good health lately. At the present time he is staying with Brother and Sister J. V. Wilson at Helderberg College.

BROTHER AND SISTER O. I. FIELDS have also been enjoying their furlough at Claremont and Helderberg College. The management at the college have greatly appreciated the help which Brother Fields has given in connection with the construction work now going on.



"Words to Writers"

In this new little booklet, "Words to Writers," is contained much timely advice to those who write or want to write. The author, Miss Mable Hinkhouse, is

both a writer and a proofreader who has been connected with one of our main publishing houses for years and is speaking from practical experience.

To be able to express clearly and convincingly our message of truth through well-written articles, stories, reports, poems, etc., is an accomplishment well worthy of highest endeavour. There are many in our ranks who should qualify for greater efficiency at the point of the pen.

A few of the valuable sections contained in the booklet: Life's Greatest Moments, Self-expression, Qualifications, Learning to Write, Writing Technique, What to Write About, Nothing New? How Writers Write, References, The Writer's Tools, Braving the Editorial Den, etc.

The booklet contains 36 pages, including a four-page supplement to Seventh-day Adventist writers. Price 1/6. Order your copy today from your Book Depository.



The Lesson Help That Fits

DURING the first quarter of this year we are studying a series of Sabbath School lessons different from any we have ever had. The entire set is based upon the "love chapter" of the Bible,—1 Corinthians 13. It will be a good time to memorise the entire chapter. It is short, only thirteen verses.

We have a Lesson Help that fits the lessons. One chapter for each lesson. A booklet that will help you through the quarter, and which you will delight to read again and again.

The Lesson Help was written by Elder S. A. Wellman, associate-secretary of the Sabbath School Department after the lessons were in the hands of the Department in complete form. He wrote each chapter of the book to fit a lesson.

Send in your order early. The book "God's Greatest Gift," sells for 1/6. Order through your Book Depository. You will need the Lesson Help. You will use it. You will enjoy it.

L. FLORA PLUMBER.



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SEVENTH-DAY ADVENTIST young man wants work urgently. Possesses many years motor and tractor experience. Understands mechanical and electrical work. Painter by trade, also does brick-laying. Holds testimonials for efficiency in many lines. Expert poultryman, and has knowledge of agriculture, citrus and cattle. Well educated, thus suited for clerical work. Holder of a St. John's Ambulance Certificate. Willing to go to any part of Africa and to start at a reasonable wage. Copies of testimonials on request.

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