

**Trans-Africa Division**  
**OUTLOOK**

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# For Such a Time as This The Thrill of Evangelism

by ROY A. ANDERSON

"Thou shalt catch men." Luke 5:10.

"WHAT'S IT LIKE to catch a fish?" The questioner awaited a reply, but the fisherman was busy. The sport was good. Catch after catch was landed. Some splendid specimens lay at his feet, and now he was baiting his hook again. His line cast out, he glanced over at the stranger and said: "You want to know what it feels like to catch a fish? Well, when you've caught one, you feel you want to catch another." True! And that is the very spirit of evangelism. "Catching another" becomes a life passion when the evangelist has the true fisherman's spirit. And what thrills there are in this fishing for men!

"I would rather be an evangelist than a cabinet minister or a millionaire," declared the British statesman, Lord Beaverbrook, "because the evangelist is the man who has the greatest capacity for doing good." That is a striking statement, but quiet reflection will reveal that it is not exaggerated. The evangelist surely does have the greatest opportunity for doing good, for his work is lifting men out of the sea of sin and establishing them on the Rock of Ages. This difficult but glorious work requires tact, talent, and technique. Merely to interest a man is not sufficient. He must be caught and landed.

## *Christ's Call to Fishermen*

Jesus spent His boyhood not far from the Sea of Galilee. He had watched fishermen casting, hauling, mending their nets until the whole operation became to Him a parable of His own mission to the world. When the time came to call the first evangelists, He chose fishermen. Listen as He speaks, "Come ye after me, and I will make you fishers of men." Matt. 4:19, A.R.V. What He really said was, "Come and live with Me; share My burdens and My joys; eat with Me; tramp the dusty roads with Me; visit the market places; come into the homes of these people; spend the night with Me in the silent sanctuary

of prayer; learn from Me to love, to weep, to watch, to pray; then you will be fishers of men." It was a great challenge and an unparalleled opportunity. Never has there been a greater.

Peter and Andrew were busy men. They were casting their net into the sea when Jesus called them. When the Lord wants workers He always looks for busy men and women. Read the account of the call of Elisha, of Rebekah, of Gideon, and of scores of others. They were all busy folk. A great preacher of the last century declared that no lazy man would ever get into the kingdom, much less would he become a toiler battling the waves of opposition in the effort to rescue men. No! Peter and Andrew were not retired, nor were they merely looking for something to occupy their time. Far from it! They were hard-working, red-blooded, rough-handed toilers of the deep, men with a purpose in life; men who had learned to work in all kinds of weather; men who did not count their time by hours, but rather by results; men who had already made a success in their chosen field of work.

These were the men He called. And

as fishermen they could learn more quickly the art of soulwinning, because their life business had been an unconscious preparation for the work of evangelism. Fishing is hard and hazardous toil. Of course, the spasmodic fisherman who spends his vacation lured by rod and line falls into an entirely different category from the man who makes fishing his life-work.

## *Lessons From a Fishing Village*

Many years ago I was visiting from home to home in the southern part of the state of Victoria, Australia. There I met a young man named Alec, who seemed to stand out prominently among his own group. We soon formed a pleasant acquaintance. He was a splendid type, with a fine physique and a charming personality. The little fishing town in which he lived might have been in another world, so quiet and restful everything seemed. It was a remarkable contrast to the big, busy capital city only seventy miles distant. All day long I had been visiting homes, discussing with those fisher folk the things concerning the kingdom of God. It was now evening, and I joined my new-found friend for a stroll on the jetty. We had a leisurely chat about our respective occupations, finding much in common—he was a fisherman, and so was I, but of a different kind. Soon some other young people joined us, and Alec, their undisputed leader, introduced them as a group of his friends and fellow-fishermen. They were whole-

## OUR WORKING CHURCH

THOSE in the church who will not work are usually remiss in other things. One who is enjoying a good Christian experience cannot be kept in inactivity. Idleness is a symptom of a deeper trouble. A man filled with the Spirit of God will not remain idle.

A spiritual church is a working church. The apostolic church was famous for its activity. That early church went everywhere preaching the Word. They were accused of turning the world upside down. They filled the world with their doctrine. During the first one hundred years they carried the message to the then-known world.

A greater task is committed to the remnant church than that given to the apostolic church. As regards population we live in a larger world. No future generation can do our work. Our message is the last and final one. To us as a people is committed the responsibility of warning and preparing the world for the second coming of Christ. This calls for an entire surrender and service of every member.

—HENRY W. PETERSON

## COVER:

### THE INQUIRING MIND

Photo by A. E. Cook.

some, unsophisticated folk. Those were the days when movies were in their infancy, and of course radio and television were undreamed of.

It was a lovely summer evening, and while the waves were lapping the jetty, we chatted and sang for a couple of hours. About ten o'clock we started to go home, when quite casually Alec remarked, "Well, in three hours I will be out there in my boat."

"Three hours!" I said. "Why, that will be one o'clock in the morning. Do you start work in the middle of the night?"

"Well, sometimes," he replied. "You see, the tides determine my working hours. I have to fish when the fish are running."

I was interested, too much so, in fact, to let him go. I was eager to know more. And so we talked for another hour. What things I learned that night about tides and tempests! At that particular coastal point the tide has a phenomenal rise and fall, varying between ten and fourteen feet according to the season. And Alec's whole life was geared to that natural phenomenon. His work was no holiday. When he got into his boat it was no mere pleasure cruise. Jumping out of the boat at three o'clock in the morning, then wading waist deep in ice-cold water for an hour or more while biting frosts were whitening the landscape, casting a net and not knowing what moment a sting ray or even a shark might dispute one's right of way—these are not the experiences to attract a coward! These and a score of other things equally unattractive he had been doing day after day and month after month for years, without vacation except Christmas Day. And here he was carrying on this rugged routine without complaint. In fact, he seemed thrilled, for each new day brought its own new interests and peculiar problems.

It was a fascinating story. Not only did it challenge me; it jolted me out of my self-complacency. It was late when I went to my room, but before retiring I did some thinking. Was I as eager to gear my life to the tides of human interest, and would I throw myself as willingly into hardship and hazard in order to catch men, as Alec and his friends did to catch fish? Soberly, humbly, and with a new devotion, I reconsecrated myself that night to God and His service.

Yes, *fishing* is hard work; so is *evangelism*. But there are compensations that far outweigh the hardships and hazards of this business of fishing for men.

—*The Shepherd-Evangelist*, pp. 17-20.

## Editorial—

# Are You Being Poisoned?

WE'RE ALL LIABLE to pick up toxic chemicals in the food we eat, on account of the pesticides that are sprayed on fruit, vegetables and grain-crops nowadays. *The Argus* of Cape Town, (17-1-70), warns that every person carries a certain amount of DDT, dieldrin, strontium and various other poisons, in his body. DDT slowly accumulates in our body fats. We are poisoned by degrees without realizing that it is happening. In America and Britain this situation has led to campaigns being organized to ban the use of pesticides. Experiments conducted in the U.S.A. have demonstrated that mice which were injected with small doses of these poisons at regular intervals, grew cancerous tumours.

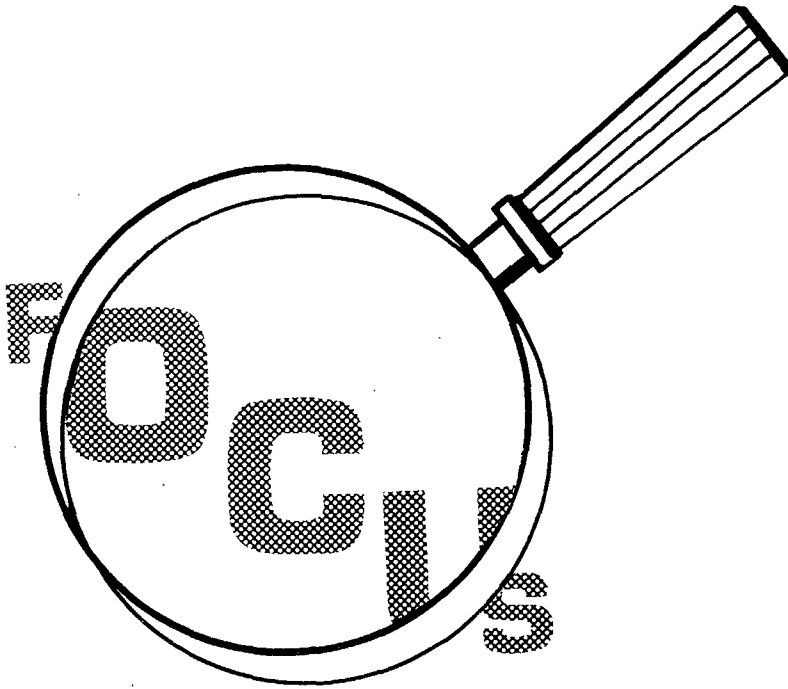
*This hazard also exists in the spiritual realm.* Just about everything we pick up to read these days has some evil mixed up with the much that is good. Take, for instance, our daily newspapers. They keep us informed about events that are taking place in the world around us. As believers we need to read the newspapers. How else would we be able to trace the fast fulfilling signs of the times? But in the process we cannot escape picking up the soul-deadening DDT of political propaganda, materialism, scepticism, worldliness and wickedness that abound in our reckless age. Then there are the magazines we read. They contain much that is helpful and educational. But, very skillfully and subtly, items that are destructive of faith and spirituality are interwoven with the worthwhile features. As a case in point we cannot help thinking of a particular journal of reputedly high standard which has been devoted for nearly a century to the promotion of geographic and scientific knowledge. Every issue contains excellent articles and superb photography. Yet nowadays this magazine is permeated with evolutionary ideas. Little by little the reader absorbs the DDT of doubt into his spiritual system, and his perceptibility for truth is numbed. *Even religious journals and books are often tinctured with traces of these toxins.*

There is yet another aspect to this problem: The writings of the Spirit of prophecy are sometimes quoted voluminously and sanctimoniously by those whose object and purpose it is to find fault, in a destructive way, with the church of God's appointing. On the surface, their pamphlets, magazines and books look safe because they are saturated with the Spirit of prophecy. The quotations are challenging and good in themselves. But as one scratches beneath the surface, the discerning seeker will find, alas, behind the facade of *reformation*, the seeds of *deformation*.

How can we safeguard our souls against these perils? Spend the minimum of time on newspapers and secular magazines. *Scan* rather than *read* them. When it comes to the Spirit of prophecy, it is always safest to go *directly to the original sources. Read these precious volumes in their authentic form, as produced by our denominational presses.*

The Bible and the Spirit of prophecy writings are an antidote to the spiritual DDT of Satan's devising. They represent the one form of spiritual food which Satan has not been able to spray with his deadly toxins. They are guaranteed to be 100 per cent poison-free because they are not only divinely inspired and divinely preserved, but also divinely protected against anything that can injure the soul. *For every hour we spend reading secular books and periodicals, we should spend at least two hours reading the Bible and the writings of the Spirit of prophecy.* It is safe food. It is heavenly manna. It is not polluted. It nourishes. It revives. It strengthens. Relish it as you do your daily bread. It will sustain you through every crisis, and will prepare you at last to enjoy the marriage supper of the Lamb.

*J. E. James*



ON

# SABBATH-SCHOOL



Sabbath-school for leper children at Malamulo, Malawi.



Vacation Bible School choir.



Sabbath-school leaders in Malawi pledge their support of the branch Sabbath-school program.

STANDING ABOVE the spillway of a large lake a few days ago I watched tons of water cascading over the spillway wall to crash in bubbling foam and spray on the concrete runoff trough fifty feet below. As I watched I noticed dozens of small fish, caught in the current, being washed over the spillway to destruction below. At first the water moved slowly and the fish, unwary of impending danger, floated with the current. As water flowed over the smooth sloping wall it gathered momentum and the fish, first apprehensive, suddenly became panic stricken and struggled violently against the wall of now fast-moving water. But it was too late. Trapped by their very environment they were dashed upon the concrete below.

How like the snares of Satan—smooth, subtle and seemingly safe till suddenly it's too late! For us there are many safeguards against the flow of evil. The Sabbath-school evangelistic program is one of these safeguards.

"To mould and fashion the character of the children and youth is a work of the very highest importance, and in this work it is essential to present Christ in His matchless love to the mind, that His counter and stronger charms may eclipse the attractions of the world."—Counsels on Sabbath School Work, page 52.

Plan now in 1970 for a greater evangelistic thrust through the Sabbath-school than ever before.

—G F. CLIFFORD, Secretary  
Sabbath School Department,  
Trans-Africa Division

# ≡≡≡ EVANGELISM ≡≡≡

# AROUND OUR UNIONS

## PROFILE



MISS MURIEL BOSCH, who comes from Cape Town, is perhaps the most "travelled" of our office secretaries, for her services have been in demand at Helderberg College, Malawi, Johannesburg, Bloemfontein, the Congo, Bulawayo, and three times in the Division office. Miss Bosch graduated from Helderberg College and in addition to her secretarial capabilities is an able and experienced accountant. She is currently secretary to Pastor M. E. Lind of the Division headquarters staff, and takes an active part in the program of the Salisbury church where she is church clerk, and assists in the kindergarten department of the Sabbath-school. She is friendly and pleasant, and in spite of a continuous stream of work is never too busy to be helpful.

## BRANCH SABBATH-SCHOOL GROWS INTO CHURCH

by Ronald D. Spear,

*Departmental Secretary,  
Tanzania Union*

RECENTLY an evangelistic effort was conducted in the town of Nansio on the island of Ukerewe in Lake Victoria where we have a branch Sabbath-school. Our meetings began on a Sunday afternoon with an attendance of about 200. That evening several hundred more were present, and so it continued every afternoon and evening for three weeks. On the last Sabbath of the meetings we were honoured by having some friends from America, Dr Walter Martin from Orange, California, and Pastor Henry Barron from La Sierra, also in California. They had just completed a lone flight across the Atlantic in a 206 CESSNA, which the doctor and his friends had donated to the Tanzania Union. Pastor Barron gave us a stirring sermon which was translated by our union president, Pastor Leonard Robinson.

Over 200 were in attendance that Sabbath morning, and that afternoon the sermon on "The Baptism of Jesus, the Door to the Church" was given by the writer. A good number of precious souls came forward and took their stand to follow their Lord through baptism. I have returned to the island every Sabbath since the meetings ended and have been thrilled to see

this small branch Sabbath-school grow into a large congregation. Every day at 4 o'clock in the afternoon the evangelist conducts a Bible class with seventy to one hundred in attendance.

One of our greatest joys came when the Protestant missionary family which had invited me to stay with them while I was conducting the meetings, became actively involved in helping me. The missionary even preached a sermon for us. He listened to the doctrines as I presented them from the Word of God, and sometimes we studied and prayed together far into the night. On my next visit to the island we attended the afternoon meeting together. The evangelist presented the Sabbath in the Bible study, and when he had finished he asked how many would take their stand to keep the Sabbath. A large number of hands went up and I was thrilled when I noticed out of the corner of my eye that my friend, the missionary, was holding his hand up also. It took much courage to witness in this way as many of his own church members were present. We praise the Lord Jesus for His marvellous grace, and we pray that the Holy Spirit will continue to lead these dear friends until they stand with us on the platform of the three angels' messages.

## EDUCATOR CONDUCTS EVANGELISTIC CRUSADE

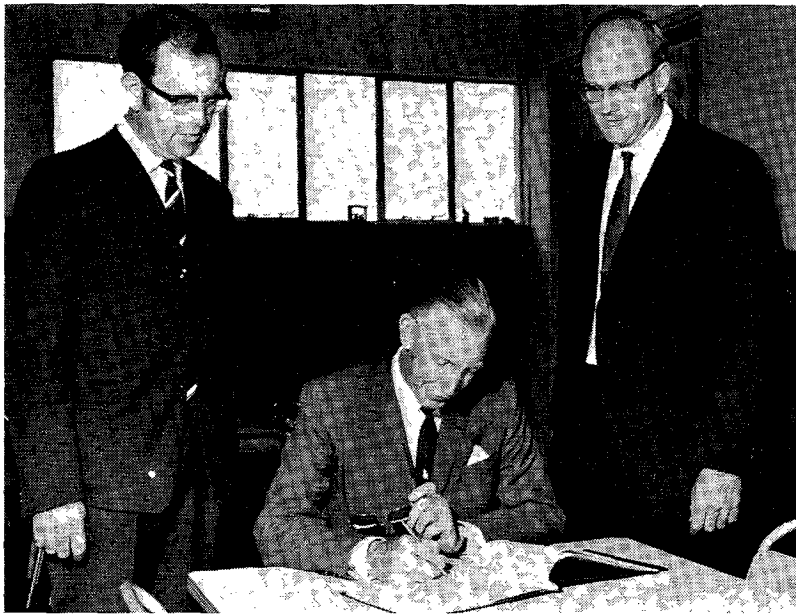
ON HIS WAY back from furlough in the United States, Dr Daniel Walther stopped off at Lubumbashi in the Congo to conduct a French-speaking evangelistic campaign. Formerly principal of Solusi College, and under appointment to connect with Helderberg College, he spent several weeks in Lubumbashi and held meetings every night and engaged in an intensive visitation program each day. He was assisted very ably by Pastor Max Church who conducted lively and interesting song services and Bible quizzes. In addition to these meetings, Dr Walther visited the University of the Congo and held meetings for the students.

A judge of the city remarked after listening to a lecture on the new birth, "While I listened this evening I have seen Christ."



Bible-class members with G. M. Ellstrom (extreme left) and Max Church (extreme right) in Lubumbashi, Congo.

# SOLUSI



Signing Solusi's visitors' book is the Right Honourable A. P. Smith, Minister for Education, Rhodesia, while Mr J. H. Beck, Provincial Education Officer, and Solusi's principal, Timothy V. Gorle, look on. This was during a visit by the Minister to the college.



An attractive view of

## A New Translation

by J. J. BLANCO,

Department of Theology,  
Solusi College

FOR MANY YEARS it has been the hope of the students and staff at Solusi College to see the book, *The Great Controversy*, translated into various African languages. The first step in this project was made possible by the translation of *Impending Conflict* into Shona.

The task was undertaken by volunteer labour of both staff and students at Solusi. The final checking was done by H. Dumba, formerly a translator of the Mashonaland Field who is now preparing to enter the ministry. In the accompanying picture, Brother Dumba can be seen on the left, with the writer in the centre, while Ephraim Muvuti on the right, who helped with the checking of the first draft, can hardly believe this great task is completed.

Pastor Warren Hewes, publishing secretary of the Zambesi Union, in collaboration with the Sentinel Publishing Association in Cape Town, is ready to take this book into the field as soon as it leaves the presses.

The translation from English to Shona, the checking from Shona to English, and the final editorial work took patience and time, and many who are not mentioned here are to be thanked for their valuable assistance.



Discussing the new translation are: H. Dumba (left), J. J. Blanco, (centre), and Ephraim Muvutu.

Already the students and staff are working on the next translation, this time into the Zulu language. In fact, this manuscript is nearly completed. It is with real anticipation that we here at Solusi College look forward to the day when more of our important message books are translated into the languages of the peoples of Southern Africa.

Right: Ready to break ground for Solusi's new library are (l. to r.) Mr F. W. Chard, Matabeleland South Inspector of Schools; Mr J. H. Beck, Provincial Education Officer; Mrs Ruth Gorle, librarian, Merle L. Mills, president, Trans-Africa Division; Frank Unger, Solusi's business manager; J. J. Blanco, Department of Theology. Seen in the background is Mr Kenneth Banda, maintenance worker.



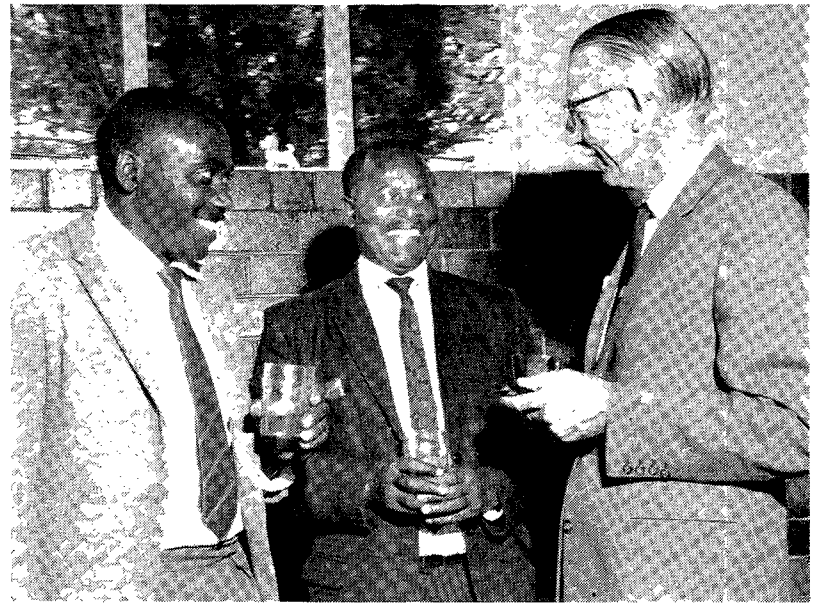
PHOTO

# OLLEGE



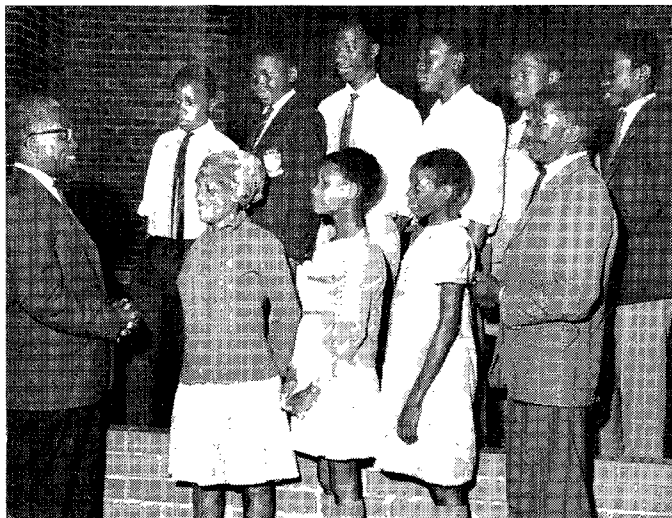
administration building.

The Right Honourable A. P. Smith, Minister for Education, Rhodesia, chats with Mr P. N. Masumbika (centre), head master of the primary school at Solusi, and Mr J. S. Tshuma, preceptor, during a refreshment recess when the Minister paid a visit to the college.



E. COOK

J. Mambala chats with some of the Bible class students recently baptized, whom he instructed.



## Week of Prayer at Solusi

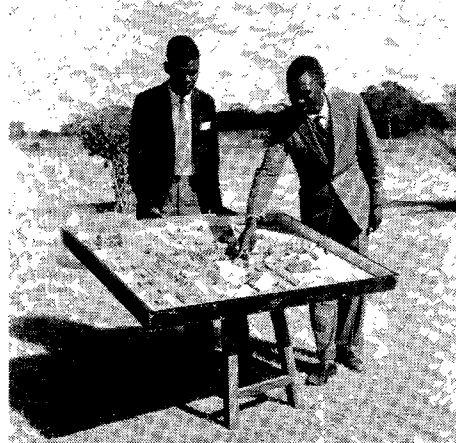
by J. J. BLANCO,  
Solusi Church Pastor

THE TRANS-AFRICA DIVISION'S Ministerial secretary, Alvin E. Cook, conducted an outstanding Week of Prayer at Solusi College in October. Over 70 young people took their stand for Christ. Some of these were currently in the baptismal classes and in addition a new class of 33 was organized. A baptism was conducted on the last Sabbath of the week when 16 young people went forward.

At Solusi there are four baptismal classes constantly in operation. Consequently, after the two Week of Prayer sessions and camp-meeting, a new group is ready to seal their faith in the baptismal waters as a witness to their fellow-students.

Pastor K. Mambala conducted the baptism and in the accompanying photo can be seen smiling approvingly at some of the candidates whom he had taught for over a year. Brother Mambala is originally from Malawi and is currently taking further theological studies at Solusi.

The first young lady from the left in the photo bravely took her stand for Christ after her parents had refused permission for her baptism. She wants to live wholly for her Saviour. She has requested prayer for herself and her family, for there is no work being done in her home area.



Studying a model of the Solusi campus.

## WITHIN A FEW MONTHS—ATLANTIC CITY

THE GENERAL CONFERENCE Central Planning Committee has been working for months on the program for the Session to be held in Atlantic City, New Jersey, June 7-20. The theme of every phase of the pre-meetings and the Session itself will be spiritual renewal—revival and reformation.

Before the Session opens on Thursday evening, June 11, there will be nearly a week of departmental and business meetings. Every one of these pre-session meetings is being planned prayerfully around revival and a finished work. Each morning the first service will be a deeply spiritual revival service followed immediately by prayer bands. Volunteer prayer bands among the various division delegations will be meeting all over Atlantic City. Each morning just before lunch the business meetings will be interrupted for an hour of old-fashioned Bible-in-the-hand Bible study. Prayer and the study of the Word must characterize the Session.

Fellow-believers around the world, *pray for this great gathering of God's people.* It must be a time of deep heart searching, of true conviction and conversion. It must be the place of beginning again for many of our dear people and for all of us it must be a season of deep spiritual challenge. *Pray earnestly and perseveringly for the General Conference Session.*

—ROBERT H. PIERSON

## “FIVE-DAY PLANS” IN BLANTYRE

by PHAIZE J. SALHANY,

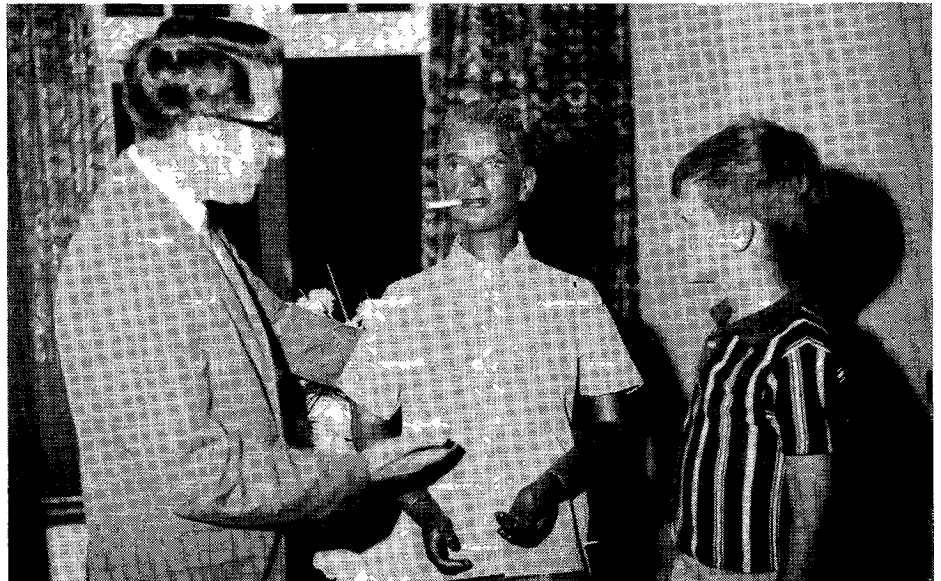
*Departmental Secretary,  
South-East Africa Union*

DURING the October campaign eleven smokers took part in the group therapy, nine completing the program with favourable results. Comments from these participants included this one from a 25-year smoker: “Thanks. You have given me a new lease on life.” A woman smoker said: “I want my children to know about the tragic effects of tobacco. For their sakes I am quitting,” and a mother-and-father team commented: “This experience has brought to us a new purpose for living.”

In December another Five-Day campaign took place in Blantyre when nine smokers attended, eight of them expressing appreciation for a new start in life. A 20-year smoker said: “What a relief. I've tried so many times before. This new approach is scientific and sensible.” A young mother's comment was: “Now my little girl will never know I smoked. I can now give her the best in life.” And a 22-year smoker declared: “The battle was rough but we won! Never

again will I smoke. Your program had a sound scientific approach in a wonderfully friendly and informal way.”

Drs Elton and Rheeta Stecker of Malamulo Hospital associated with the writer in these campaigns and gave invaluable help.



Phaize J. Salhany, co-ordinator of the “Five-Day Plans,” explains “Smoking Sam” to David Anderson who encouraged his father and mother to stop smoking.

## MV WEEK OF PRAYER

March 21-28

by B. E. JACOBS,

*Youth Leader,  
Trans-Africa Division*

WHEN ASTRONAUTS Aldrin, Collins and Armstrong were returning to earth after their history-making trip to the moon, they remarked how beautiful the earth appeared. There seemed to be a blue glow coming from the earth, and in the hearts of these astronauts no place could look more beautiful.

Even though sin has marred this old earth I am sure as the Lord looks down upon it, it is still beautiful to behold. And it must have added beauty to the heavenly host because God's children are housed on this planet, children for whom the Lord gave His life and whom He is longing to take home with Him to a better land when He returns.

Young people today are not so much interested in astronauts and rockets as they are in down-to-earth-living. They are wanting to be challenged by adults and mature thinking individuals to a better way of life. The MV Week of Prayer will give opportunity for many of us as adults once more to lead our youth to a closer walk with the Lord.

Since the year 1920 the MV Day and MV Week have come during the month of March. Dating all the way back to 1906, a particular day of the year has been set aside on which em-



phasis is given to the needs of our young people. March 21 to 28 has been set aside as MV Week in 1970. Valuable materials have been prepared for this special period and have been sent to all the unions. This is one of the great evangelistic opportunities of the church, a time when the whole church is dedicated to the saving of our youth.

We stand on the threshold of another MV Week. Just imagine what would happen if the 108,000 youth of the Trans-Africa Division could be filled anew with the Spirit of God and go forth to share their faith!

**MV WEEK—IT MUST SUCCEED, AND YOU MUST SUCCEED WITH IT!**

### FOCUS ON . . .

#### MV EVANGELISM 1970

by B. E. JACOBS

BY JUNE, 1970, the youth of the Trans-Africa Division will have won over 50,000 souls to Christ during the past four years. Our aim is to continue making soul-winning activities our No. 1 objective. Several new "tools" for personal evangelism are to be introduced this year.

#### Pathfinder Program:

This program is spreading like fire throughout the Division. Almost every union has done something to get started. To foster a strong program for 1970 we have a new Pathfinder film purchased by the South African Union Conference which will certainly spark the interest of junior youth. In addition, Pastor John Hancock of the General Conference MV Department will be with us to promote the Pathfinder program. This is his speciality and I am sure we will benefit greatly from his visit.

#### MV Camps:

In 1970 it is hoped that every union will have from one to ten MV camps. Last year the Tanzania Union conducted its first camp.



IN NOVEMBER 1969 our beloved Pastor and Mrs. A. C. Le Butt completed fifty years of fruitful service for the Master. They can relate many an experience which took place during the days before this Division was organized, and many are re-

# Fifty Glorious Years of Service

joining in the message today who were led to the Saviour by this dedicated and godly couple. Their fifty years of labour were spent in the Congo, Botswana, Rhodesia and South Africa, and currently Pastor Le Butt is chaplain at "Sunnyside" in Plumstead, Cape Town, where he ministers to the spiritual needs of our senior citizens living there, while Sister Le Butt is, as always, close at his side to add her cheery word of encouragement. Their desire? To have fifty more years to give to the Master. We esteem them for their years of consecrated ministry and thank them for the influence of their godly lives on ours.

#### Youth Congresses:

During 1970 three union youth congresses in the Zambesi, Southern, and South African Unions will be featured. These events will be conducted for two reasons: (1) to lead the youth to a closer experience in Jesus Christ; and (2) to inspire them in greater soul-winning activities.

#### MV Councils:

A Division-wide council is to be conducted from March 23 to 25. All union MV secretaries will be present as well as Brother Hancock of the General Conference. In addition every union plans to conduct a union council at the time Pastor Hancock and the writer are in their area.

#### Dates to Remember:

March 1-28: Youth Evangelism Month  
March 21-28: MV Week of Prayer  
September 12: Pathfinder Day

As we face this new year, we do so with the assurance that Christ who knows no failure will give us success in all our undertakings.

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SALISBURY,  
Rhodesia.

### SPOTGRAM

CONGO UNION: FAITH IN THE FUTURE GOD'S BOUNTIFUL BLESSINGS PEACE GROWING STABILITY AND PROMOTION HAVE WON US ANOTHER VICTORY STOP CONGO UNION TITHE FOR JANUARY TO NOVEMBER 1969 HAS JUMPED 48 PER CENT OVER SAME PERIOD FOR 1968 STOP HATS OFF TO OUR STEWARDSHIP BRETHERN STOP THIS IS JUST A BEGINNING WATCH FOR MORE GROWTH IN 1970 STOP THE CONGO UNION IS ON THE MARCH AGAIN.

—TOM STAPLES.

# IMPORTANT DATES IN MARCH

## March 14: SABBATH-SCHOOL VISITORS' DAY

### Points to Avoid:

1. Don't take an expense offering on Visitors' Day. It is perfectly proper, however, to invite guests to share in the blessing of giving a mission offering.
2. Caution *everyone* to *never* refer to non-Adventists as *outsiders*. Instead, refer to them as "Welcome Guests," "Friends," et cetera.
3. Take down all promotional posters, including the Visitors' Day poster.
4. Ask the Lay Activities leader to avoid promotion such as Ingathering. Suggest that capable members testify to their love of the Saviour, instead.
5. Caution Sabbath-school teachers not to talk too loudly.
6. Don't plan a program which will take any of the time the teachers should have for class time.

## March 14: V.O.P. DAY AND OFFERING (February 28 in S. A. Union Conference)

Seven Voice of Prophecy schools in our Division need your support. Please be liberal on March 14 when you consider the outstanding work of the Bible schools and their great and urgent need for financial assistance to keep the printed pages of truth flowing out to people already being enveloped in the gathering storms coming upon the earth.

## March 1 - 28: YOUTH EMPHASIS MONTH 21 - 28 MV WEEK OF PRAYER

### Objectives:

1. To lead the Christian youth of the church into a deeper and more significant fellowship with Christ.
2. To reclaim the discouraged for Christ and the service of the church.
3. To win the unconverted to Christ.
4. To challenge our own young people to be faithful and courageous participants in the SHARE YOUR FAITH movement.
5. To encourage the whole church and to arouse them to the urgency of saving our young people and of training them for God's service.

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SOSOLA.—R. Yokoniah, was born in approximately 1888 and passed away at Malamulo Hospital on November 8, 1969. He began his work for the Seventh-day Adventist Church as a teacher in 1912. In 1929 he was ordained to the gospel ministry and served in various places throughout southern Malawi. In 1961 Pastor Sosola retired after 49 years of active service, but maintained his connection with church activities, assisting at camp-meetings and other services.

He leaves to mourn his passing his third wife and 15 children as well as a host of relatives, friends, and fellow-workers.

## HOME AND HEALTH

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REPORTING ON

PEOPLE AND EVENTS

During January it was conference session time in South Africa. The first was held at Good Hope College for the Good Hope Conference. Pastor D. G. Theunissen was re-elected as president and Brother C. F. Scout was appointed as secretary-treasurer. At Anerley in Natal a new secretary-treasurer was elected in the person of Brother H. van der Ness to serve the Oranje-Natal Conference, since the former secretary-treasurer, Brother W. van Heerden, had already accepted a call to the Cape Conference. Pastor Eric C. Webster was returned as president of this conference.

Hartenbos was the venue for the Cape Conference session, and Pastor Francis Campbell was re-elected as president, and Brother W. van Heerden as secretary-treasurer. At Sedaven where the Transvaal Conference session was held, Pastor W. H. J. Badenhorst and Brother E. Armer were the choice of the believers as president and secretary-treasurer of this conference.

It is with sorrow that we record the deaths of Mrs Arthur Ingle, Mrs D. A. Webster, and Miss Mary Bell, and express our Christian love and sympathy to the sorrowing relatives.

G. J. A. Breedt is the new MV secretary of the South African Union Conference, replacing James D. Runkel who is studying at the University of Cape Town.

Before arriving at headquarters, Dr and Mrs Dunbar Smith spent some time in Malawi where Dr Smith assisted in the Blantyre Clinic. With them is Mrs Carrie N. Carbone, a relative of the family.

A new medical book, **Way to Health and Happiness**, compiled especially for African people by Dr and Mrs Marlowe Schaffner, has recently come off the press at the Sentinel and is now available.

The new V.O.P. Bible Correspondence school in Tanzania is rapidly gaining proportions and under the energetic leadership of Pastor R. H. Henning, president of the Tanzania General Field, promises to become one of the most thriving schools in the mission unions.

Two new clinics have been opened at Salima and Lilongwe in Malawi and will be included in Dr Jack Harvey's regular dispensary trips.

Mr Athol de Beer, recently graduated from Helderberg College, has joined the staff of the South-East Africa Union office, and Brother and Sister C. L. Pugh, new appointees, are at Rusangu Secondary School in Zambia.

Brian Paul, born at Monze in Zambia to Ronald and Cheryl Schaffner, arrived in October and after a hesitant start (he

weighed only 3lbs. 14oz.) rapidly developed into a bouncing boy. Our congratulations to the parents and also to grandparents, Dr and Mrs Marlowe Schaffner, now of Kettering Hospital, Ohio, U.S.A.

Brother and Sister C. J. van Ree of the South African Union Conference, and Brother and Sister G. Olschewski of the Sentinel, have returned permanently to their homelands, the United States and Germany, respectively.

Brother and Sister E. R. Weisser of the Central African Union and Pastor and Mrs Burton Wright have left on overseas furloughs, while Dr and Mrs M. Cooper of the Southern Union are on leave of absence. The P. A. Parks family has returned to Malawi from furlough.

**PLEASE HELP THE EDITOR:** Some time ago someone left a little travelling clock on the editor's desk with a request that the clock be repaired in the city. This was done and returned to the one whom the editor thought was the owner, Miss Ruth Carnahan of Rwanda. Miss Carnahan disclaimed ownership and returned the clock to headquarters where it is now in the possession of the editor. Would the rightful owner or someone who knows anything about this little travelling clock kindly communicate with Miss Peggy Dawkins at Division headquarters.

OUTLOOK

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SUNSET CALENDAR

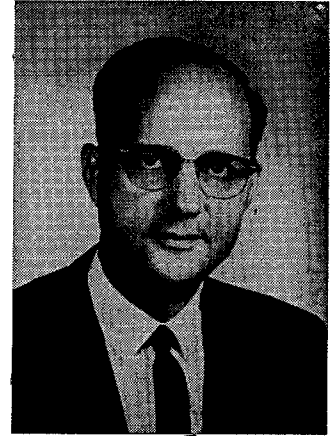
MARCH 1970

APRIL 1970

	6	13	20	27		3	10	17	24
Cape Town	7.17	7.08	6.59	6.48	Cape Town	6.38	6.31	6.22	6.14
Johannesburg	6.34	6.27	6.20	6.12	Johannesburg	6.05	5.58	5.52	5.44
East London	6.39	6.29	6.21	6.10	East London	6.01	5.53	5.45	5.37
Port Elizabeth	6.49	6.40	6.31	6.20	Port Elizabeth	6.10	6.03	5.54	5.46
Bloemfontein	6.43	6.35	6.28	6.18	Bloemfontein	6.10	6.03	5.56	5.48
P'maritzburg	6.27	6.18	6.11	6.01	P'maritzburg	5.52	5.44	5.38	5.30
Durban	6.25	6.16	6.09	5.59	Durban	5.50	5.43	5.36	5.28
Windhoek	7.16	7.09	7.03	6.55	Windhoek	6.49	6.44	6.38	6.30
Bulawayo	6.29	6.22	6.17	6.10	Bulawayo	6.04	5.59	5.54	5.48
Salisbury	6.17	6.10	6.06	5.59	Salisbury	5.54	5.49	5.45	5.39
Gwelo	6.25	6.17	6.07	6.00	Gwelo	5.54	5.49	5.44	5.39
Lusaka	6.29	6.21	6.11	6.06	Lusaka	6.00	5.55	5.50	5.47
Blantyre	6.01	5.56	5.52	5.46	Blantyre	5.39	5.36	5.31	5.28
Lubumbashi	6.29	6.26	6.22	6.18	Lubumbashi	6.12	6.08	6.05	6.03
Nairobi	6.48	6.46	6.45	6.43	Nairobi	6.39	6.38	6.36	6.35
Mombasa	6.38	6.35	6.33	6.27	Mombasa	6.25	6.24	6.21	6.20
Kisumu	6.58	6.55	6.54	6.52	Kisumu	6.49	6.48	6.46	6.46
Kampala	7.05	7.04	7.02	7.00	Kampala	6.56	6.56	6.54	6.53
Dar-es-Salaam	6.42	6.39	6.35	6.29	Dar-es-Salaam	6.26	6.26	6.25	6.22
Tabora	7.07	7.04	7.02	6.59	Tabora	6.52	6.51	6.49	6.48

# HOW DO YOU EAT?

by MERLE L. MILLS,  
President, Trans-Africa Division



DOES THIS QUESTION offend you because you consider it impertinent or personal? Nevertheless, we make no apology for discussing it. Our mental, physical and spiritual health and happiness are largely dependent upon our diet. Furthermore, Holy Writ states that our bodies are the purchased possession of Christ and that we are both obligated and honour-bound to give them the best of care. Because our eating and drinking has a direct relationship to our attitudes, thoughts and behaviour, we have been admonished, "Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God." 1 Cor. 10:31.

Some may reason that their diet is their own business, but a careful reading of our text makes it clear that this is not so. Our failure to eat and drink properly can bring dishonour and displeasure to God. In fact, we have been warned that if we are careless and insensitive concerning the laws of health, we will become unacceptable to God and will be denied a place in His kingdom. "If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are." 1 Cor. 3:17.

Our bodies, and life itself are only loaned to us. They have been purchased at an infinite price—that of the death of Christ on Calvary. It is heaven's plan that these bodies, having been cleansed from the defilement of sin, shall become the dwelling place of the Holy Spirit, making them living temples. Consequently, we must keep them pure and clean, eating and drinking nothing that will defile, abuse or destroy them.

We are admonished to eat and drink to the glory of God for another reason. The body is the most amazing product of God's creation. It is delicate, intricate and complex. Its function and mechanism are marvels of design. The interrelationship and operation of its various parts are a mystery, the secrets of which science is still probing. Our bodies are controlled by laws which, if violated, will lead to a break-

down in the operation, resulting in the aftermath of disease, suffering, sorrow and eventual death. Life under such circumstances becomes difficult and miserable. The loss of one's health can mar the the happiness and joy of living. God's desire that we enjoy life and be happy is shown by the counsel given in His Word. He wants us to be cheerful, effervescent and energetic, getting the most out of the few short years we are permitted to live in this world. Christ said, "I am come that they might have life and that they might have it more abundantly." John 10:10. Although sin has sullied the happiness of this world, it is God's desire that man shall enjoy life to the fullest. He takes no delight in human suffering and is anxious, despite the natural causes of sorrow, perplexity and tragedy, that we avoid needless disease, suffering, tears and heart-ache. The religion of Christ, if genuinely accepted and adhered to, induces a regime that produces peace, contentment and happiness. If we are to enjoy more abundant life, then we must safeguard our health by adhering to the laws which govern the operation of the body.

Through the counsel of the Spirit of prophecy we have been given a wealth of information concerning diet, and the foods that will contribute to the preservation of our health. For this reason, we should not lightly disregard these counsels. They point out the dangers of overeating. They stress the importance of abstinence from harmful beverages such as tea, coffee and all intoxicating drinks; from all food that does not contribute to the upbuilding of one's health; and from tobacco and narcotics.

With respect to our diet we have been told by the servant of the Lord, "We do not mark out any precise line to be followed in diet; but we do say that in countries where there are fruits, grains, and nuts in abundance, flesh food is not the right food for God's people. . . . If meat eating were ever healthful, it is not safe now."—

*Testimonies*, vol. 9, page 159.

"When flesh is discarded, its place should be supplied with a variety of grains, nuts, vegetables, and fruits, that will be both nourishing and appetizing. . . . In all cases, educate the conscience, enlist the will, supply good, wholesome foods, and change will be readily made, and the demands for flesh will soon cease."—*Ministry of Healing*, pages 316, 317.

"Health reform is to do among our people a work which it has not yet done," and "greater reforms should be seen among the people who claim to be looking for the soon appearing of Christ. . . ."—*Review and Herald*, May 27, 1902. (See *Counsels on Health*, page 575.) We are further admonished, "This is a work that will have to be done before His people can stand before Him a perfected people."—*Testimonies*, vol. 9, page 154.

In the light of the counsel we have received concerning our responsibility toward the care of our bodies, particularly in the area of diet, does it not require of us to become conversant with the laws of health? This places a great obligation upon the housewife and mother for she must know what constitutes a balanced diet in order to prepare nutritious meals for her husband and her family, thus helping them to develop strong bodies and to preserve their health. Furthermore, should we not all determine that the passion of appetite be brought under control, thus making the mind master of the body, permitting the intake of such food as is healthful? Only then can we be sanctified, enjoy life to the fullest in this present world, and made ready for the world to come when our corruptible bodies will be made incorruptible.