



Trans-Africa Division
OUTLOOK

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For Such a Time as This...

THE END OF THE CONFLICT

by F. G. CLIFFORD

WE ARE RAPIDLY nearing the end of the conflict. Passing events, the hearts and ways of men, the groanings of nature, and above all, the sure word of prophecy declare that the end is near.

The conflict has been long. It started in heaven, but it is to be finished on earth. Angels were involved, and made their choice. Those who remained loyal are now our sympathetic watchers and ready helpers.

The struggle for the souls of men is reaching its climax. We are in the centre of the conflict. What are the resources at our command which will enable us to be victorious? The list is impressive. First, we can choose to be on God's side. He has known, and will know, no defeat—as the scripture reminds us, "If God be for us, who can be against us?" The Bible record is interspersed with the accounts of victory by those who stood on the Lord's side. These precious lessons from the past should not be lost on us. We may profitably meditate on the lives of men of old who, through faith, worked the works of God. In *Steps to Christ* we read:

"God speaks to us in His Word. Here we have in clearer lines the revelation of His character, of His dealings with men, and the great work of redemption. Here is open before us the history of patriarchs and prophets and other holy men of old. They were men 'subject to like passions as we are.' We see how they fell under temptation as we have done, and yet took heart again and conquered through the grace of God: and, beholding, we are encouraged in our striving after righteousness. As we read of the precious experiences granted them, of the light and love and blessing it was theirs to enjoy, and of the work they wrought through the grace given them, the spirit that inspired them kindles a flame of holy emulation in our hearts and a desire to be like them in character—like them to walk with God."

—*Steps to Christ*, pages 87-88.

We also have the prophetic outline of the future to cheer our hearts. As

in the book of Revelation we trace the history of nations with special emphasis upon the religious aspect of such history we are led to find our place and mark our times as sharers in the climax. This climax is brought before us a number of times in this wonderful book of Revelation. The last phase of the church; the last efforts of the dragon; the last message to the world; the last plagues; the last judgment; these are but a few of the last things called forcibly to our attention. Best of all, as we near the end of the book, we find the last triumph, with the King of kings leading on to victory all who follow the Word of God (Rev. 19:11-16). Chapter 20 presents the picture of final victory over the devil and all his followers.

All this is but a prelude to the divine description of the home that awaits us. We should read chapters 21 and 22 again and again. Why we cannot fully understand and explain

all the details in these chapters is simply because human language is utterly inadequate to describe the glories and realities of the home that is prepared for those who love and serve God.

What a privilege is ours who live in such a time as this! The very thought should inspire us to deeper devotion, greater loyalty, and more faithful service in the cause of God. Daily, hourly, we must be certain that in all things we are on the Lord's side. Perhaps the best counsel in this respect comes from the servant of the Lord:

"Consecrate yourself to God in the morning; make this your very first work. Let your prayer be, 'Take me, O Lord, as wholly Thine. I lay all my plans at Thy feet. Use me today in Thy service. Abide with me, and let all my work be wrought in Thee.' This is a daily matter. Each morning consecrate yourself to God for that day. Surrender all your plans to Him, to be carried out or given up as His providence shall indicate. Thus day by day you may be giving your life into the hands of God, and thus your life will be moulded more and more after the life of Christ."

—*Steps to Christ*, page 70.

No sacrifice can be too great, no effort too taxing, for us to be ready to share in the soon-coming victory.

ATLANTIC CITY IS ALMOST HERE

JUST A FEW more weeks now and thousands of God's people will be gathered in Atlantic City, New Jersey for the 51st Session of the General Conference. Some 1,500 official delegates will be present to transact the business of the church. Many thousands more church members and friends will come in over the week-end to swell the attendance to an anticipated 30,000. What a gathering of the faithful it will be!

This General Conference Session must be more than just a gathering of the faithful—a time to meet old friends and enjoy fellowship with the saints. Our main objective for the session is to make a lasting spiritual impact upon God's church—an impact that will stir all of us to a richer, fuller experience in Christ Jesus. There is business to transact, it is true, and with God's help this will be cared for efficiently and effectively, but there is something even more important than the nominating committee report and the financial reports—this is the spiritual renewal of God's people that will prepare us all for a finished work.

The opening Sabbath has been set aside by the General Conference Committee as a day of fasting and prayer. It is our desire that the whole Session throughout the time we are together will move forward on the knees of revived, renewed members of the remnant church. We will fail except God be with us and we can expect His presence only as we are in right relationship to Him.

Pray, pray, brethren and sisters, for the Session soon to convene in Atlantic City. We need help from above and if we are prepared He is very willing to send that help!

—ROBERT H. PIERSON.

Editorial—

THE NEW ENGLISH BIBLE

PUBLIC REACTION to the New English Bible—which was published on March 16—has been mixed. Most press comments have been favourable. A few have been adverse. This is what one would expect. A new translation of the Scriptures is always held in suspicion by some. When the Afrikaans Bible was published in 1932, many conservatives felt that to deviate from the High Dutch Bible which had been used in South Africa for three centuries, was absolute sacrilege! Professor T. J. Haarhoff in his authoritative work on the rise of the Afrikaans language, tells of a devout deacon who declared with great fervour as he held his High Dutch Bible aloft: "What was good enough for Moses is good enough for me!"

Whatever one's feelings of reverence for the majestic King James Version may be, one cannot escape the fact that the New English Bible is a work of great scholarship. The New Testament we have, of course, had for several years. But one needs to get the feel of the whole Bible to grasp the significance of what the advent of this version means: *it ushers in a new era in the history of the Bible, and of the English language.*

One reviewer complains about the "triteness" of the language employed, and cites Isaiah 14:12, which the King James Version renders: "How art thou fallen from heaven, O Lucifer, son of the morning!" This, he says, "limps home in the New English Bible as, 'How you have fallen from heaven, bright morning star.'"

But this reviewer either read through the new translation wearing the spectacles of prejudice, or else he didn't look very far for literary gems. For he certainly would have found them—in abundance. The translation is rich in beautiful imagery. Take this magnificent passage from Psalm 139 as an example:

*"Thou it was who didst fashion my inward parts;
thou didst knit me together in my mother's womb.
I will praise thee, for thou dost fill me with awe;
wonderful thou art, and wonderful thy works.
Thou knowest me through and through:
my body is no mystery to thee,
how I was secretly kneaded into shape
and patterned in the depths of the earth.
Thou didst see my limbs unformed in the womb,
and in thy book they are all recorded;
day by day they were fashioned,
not one of them was late in growing.
How deep I find thy thoughts, O God,
how inexhaustible their themes!"*

Many obscure passages shine with new lustre in this exciting new version. When we explain the millennium, for instance, we have to wrestle with explaining that "the bottomless pit" is in fact simply a place of desolation and that it is identical to the expression "without form and void" in Genesis 1:2. The N.E.B. slashes right through this cumbersome explanation by rendering the expression as *abyss* in both Genesis 1:2 and Revelation 20:1. How forcefully one can drive home one's point that after the cataclysmic second coming of Christ the world will be a shambles, just like it was before God began His original creative miracle. Then after the millennium He is going to do again what He did in the beginning! The N.E.B. makes the story come alive.

There are other passages which are rendered more accurately in the

N.E.B. than in the K.J.V. One such passage is Psalm 121:1, 2, where "I will lift up mine eyes unto the hills, from whence cometh my help," would lead one to believe that it is from the hills, or from looking at them, that we receive help. This misconception is corrected by the N.E.B. which renders the verses,

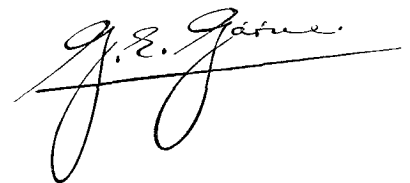
*"If I lift up my eyes to the hills,
where shall I find help?
Help comes only from the Lord,
maker of heaven and earth."*

The simplicity of the N.E.B. is another of its great qualities. Notice, for instance, how beautifully simple, and simply beautiful, is the psalmist's prayer in Psalm 19:14:

*"May all I say and think be acceptable to thee,
O Lord, my rock and my redeemer!"*

We grant that there are elements in the N.E.B. that are disappointing. To the ardent Sabbath-keeper it is disappointing to find that the fourth commandment which states so explicitly that "the seventh day is the sabbath . . .," is robbed of a bit of its punch with, "the seventh day is a sabbath . . ." One must not, however, permit these disappointing features to mar one's appreciation of a monumental and sincere effort to render the Bible accurately in the English of today. One must remember that the articles "the" and "a" were often missing in the original manuscripts and were supplied by translators. Changes in these do not in any way invalidate the efficacy of the Bible's message.

There is a great deal of genuine pleasure in store for the reader of the New English Bible. But don't give your King James Version away. Studying them together will increase your enjoyment of both!



COVER:

A fine study of Helderberg's Spartans in action.

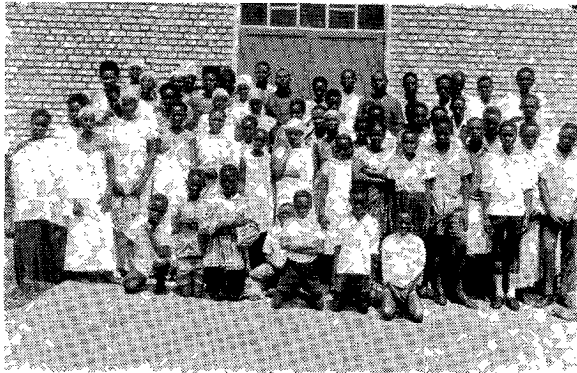
FOCUS ON

OPERATION GO

For Quadrennium, 1966 to 1969.
(Including the East African Union**)

Accessions (Baptisms and Profession of Faith)	124,348
Membership	307,699

(**The East African Union is included in these figures since it was included in the Trans-Africa Division for three years of the quadrennium.)

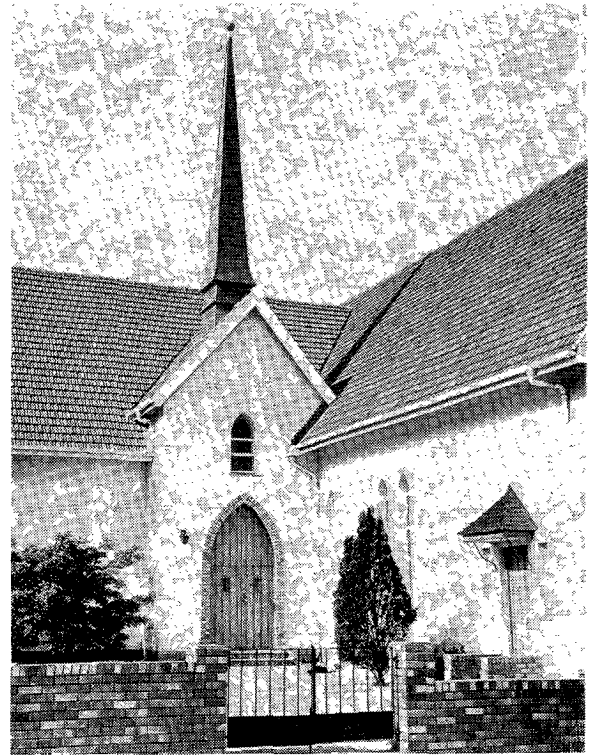


Sixty persons were baptized in the first baptism after W. W. Fordham's campaign in Kigali, Rwanda. Pastor Fordham is from the General Conference. More fruitage from this campaign will join the Church later.

The singing-evangelist is an important asset to any public crusade.



E V A N G E L I S M



The dignity of a well-constructed and well-cared-for church building aids evangelism and becomes a haven for the new convert.



Sabbath-school evangelism at Malamulo Mission in Malawi.



The passing of an old friend, The Youth's Instructor.

YOUTH HEAD ADVENTIST YOUTH MAGAZINE

by M. CAROL HETZELL

Bureau of Public Relations, General Conference

[At the end of April, 1970, the **Youth's Instructor** which, for 118 years (since 1852) has been the esteemed and valued magazine for our youth, is to publish its last issue. Many will regard its passing with nostalgia as it becomes an honored part of our denominational history.—ED.]

AN EDITORIAL STAFF including two associate editors in their early twenties will edit the new Seventh-day Adventist youth publication scheduled to make its first appearance in May.

Chuck Scriven, 24, of Seattle, Washington, and Miss Pat Horning, 23, of Hollister, California, are sharpening new skills as they, with editor Don Yost of Takoma Park, Maryland, wrestle to bring the new magazine to life.

The new publication will take the place of the church's historic youth journal, *The Youth's Instructor*, begun in 1852 and doomed to stately demise at the end of April. Reason for its demise? Officials say it failed to com-

municate with its audience. *The Youth's Instructor* holds the record in North America among religious journals for the journal longest published under the same name.

The editor of the new magazine, Frank Donald Yost, has a varied background of association with youth as one-time assistant editor of a youth journal, journalism teacher, assistant in the youth department of the denomination, and most recently associate editor of the Adventists' church journal, *Review and Herald*. He holds a Master of Arts degree in journalism from American University and is nearing completion of work on a doctoral program in Communications at Syracuse University.

Chuck (Charles Wayne Scriven) is the son of Pastor and Mrs Wayne Scriven of Seattle, Washington, and a graduate of Walla Walla College in 1966 and Andrews University in 1968. He holds the Bachelor of Divinity degree and graduated *cum laude* from both schools.

At Walla Walla College, Chuck edited the campus paper, *Collegian*. At Andrews he was chairman of the Student Forum Committee. He spent one summer in London working among the hippies and drifting youth of Trafalgar Square and Piccadilly Circus.

Patricia June Horning is also a *cum laude* graduate—from Southern Missionary College, Collegedale, Tennessee, with a B.A. in Communications. After her junior year Pat served a summer editorial internship at the Review and Herald Publishing Association and upon graduation in 1968 took her first job, as editorial secretary on *Liberty* magazine.

The new publication will be a weekly with an entirely new format and content beamed primarily at the college-age level. Editors are spending considerable time feeling the pulse of their prospective audience.

Article submissions and queries are invited. Publishers of the new youth magazine will be the Review and Herald Publishing Association of Washington, D.C., U.S.A.

NEW YOUTH MAGAZINE NAMED

by PAT HORNING
Associate Editor

THE NAME *Insight* has been selected for the new Adventist youth magazine, which will make its debut on May 5.

The name was selected by a committee of nine judges from more than 3,400 entries in the "Help the Happening" contest. Winner of the \$100 first prize is Miss Kit Watts, 26, of Adelphi, Maryland, who was the first of 25 persons to submit *Insight*.

Second and third prizes go to two students of Southern Missionary College: Mike Foxworth, 21, collects \$50 for entering *Impact*, and John Eggenberger receives \$25 for *Dimension*.

After the judging committee narrowed the choice down to twelve names, Kaaren, staff research assistant, surveyed more than 600 students and adults on their name preference. The prize-winning names were well accepted by those tested.

RECORD

Foundation

THE EDITOR

North American Division will be taking
d. These funds are our only source
o-year period.

taken outside the North American
everywhere should know what our
ly handicapped people. These services
may be in your own division.

we have prepared a series of short
ing a set of these in case you should

ngthened as they are better informed
t this large group of handicapped
ministry. Continue to pray for it.

tian concern,
bert L. Sheldon,
ublic Relations.

BLIND SPOT NO. 5

Seven braille Bible courses are offered free by the Christian Record Braille Foundation. In addition, two courses are on records and another on recorded tape which is loaned to the student.

The Foundation continues to bring the advent message to the blind. Every day's mail brings letters of appreciation for these Bible courses. The 70 field representatives of the Christian Record Braille Foundation constantly search for new blind people. Not only are the services of the Foundation offered them, and they are all free, but they are encouraged to study one of the courses best suited to their needs.

One blind person, when asked if he would like to have his sight, commented, "I know that when Jesus returns I will receive my sight. The first thing I want to see is the face of my Saviour!"

Know of a blind person or a person who has difficulty in reading? We want to know about them. Our address is Box 6097, Lincoln, Nebraska, 68506, U.S.A.

BLIND SPOT NO. 6

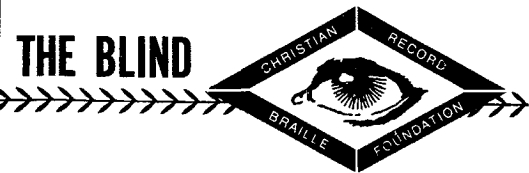
If you are blind you probably know that the Sabbath-school lessons are produced on tape each month. Many blind people are shut-ins and they appreciate the lessons, music, and mission features of this service. Other blind people are Sabbath-school class teachers and depend on the tape to prepare their lesson each week. R. A. Gibson is the editor. This service is free to all who qualify for it.

The **Review and Herald** is published quarterly with selected articles and reports. This is another service provided by the Christian Record Braille Foundation.

BLIND SPOT NO. 7

Water skiing, archery, swimming and horseback riding are all summer camp activities. Would you, however, expect to find all of them at a camp for blind children? Of course! Every summer the Christian Record Braille Foundation co-operates with several states in holding camps for blind and visually handicapped children.

"See and Touch" is a popular game where different animals are introduced to the campers. Amateur night is also outstanding as many blind children have a special talent for music. Morning and evening worship are highlights long remembered after returning home.



PROFILE



G. BREEDT NAMED MV DEPARTMENT SECRETARY FOR SOUTH AFRICAN UNION CONFERENCE

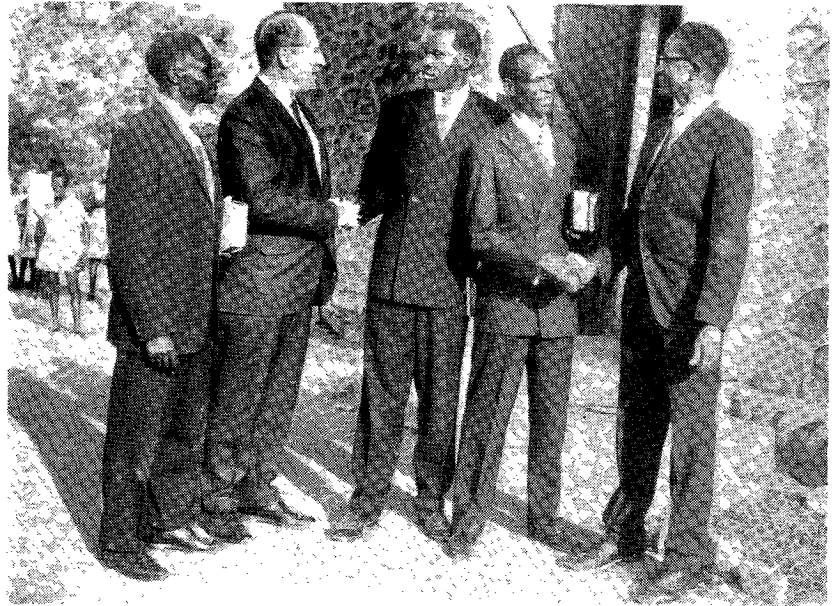
by B. E. JACOBS

Director, Youth Activities

WE TAKE PLEASURE in introducing our new South African Union departmental secretary to the constituency of the Trans-Africa Division. For the past four years, Pastor J. D. Runkel has served the MV, Lay Activities and Temperance Departments of the South African Union. Upon his request to further his studies at Cape Town University, he has been granted a leave of absence. We are sorry to lose Brother Runkel from our MV team but we wish to extend a hearty welcome to our new secretary, Pastor G. Breedt.

Brother Breedt graduated from Helderberg College in 1957 and since that date most of his time has been spent in the Transvaal Conference. Five years were spent in pastoral-evangelistic work and four years as MV, Lay Activities and Welfare secretary. He served just over a year in the Cape Conference as pastor-evangelist for the Port Elizabeth district. Since June 1969 he has been serving as secretary for the MV, Sabbath School and Education Departments of the Transvaal Conference and just recently was asked to give departmental leadership at Union level.

Brother Breedt and his wife Sally have two children, Deon (10) and Michelle (8). We welcome Brother Breedt and his family to our team of Union MV Department secretaries and trust that the Lord will richly bless him as he gives leadership to the South African Union.



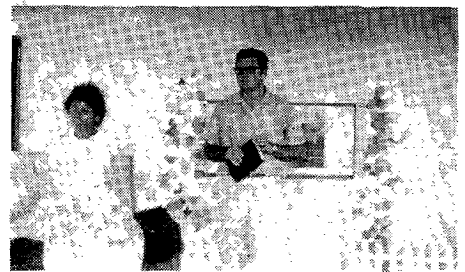
ORDINATION: Being welcomed into the ministry are Pastor D. Ogillo (third from left) and Pastor B. Mafwimbo (second right) at their ordination in the Central Nyanza Field in Tanzania. Pastor Ogillo is the Publishing Department secretary of the Field, and Pastor Mafwimbo is a district leader. Greeting them is (extreme left) Pastor E. Wanjara, president of the field, Pastor Leonard C. Robinson, president of the Tanzania Union, and on the extreme right, Pastor S. D. Otieno, administrative secretary of the union. The ordination of these two workers will bring strength to the Central Nyanza Field.

SABBATH-SCHOOL WORKSHOP AT LOWER GWELO

"SPREAD THE WORD! Mrs Ondrizek is sponsoring another workshop at Lower Gwelo!"

This good news spread throughout the districts around the Lower Gwelo Training College, and 27 Sabbath-school leaders representing 16 churches, and about 1,500 children arrived on the campus for a busy week of instruction.

A devotional talk was given each morning by a member of the college staff, and this was followed by a demonstration of a model Sabbath-school program by Mrs R. Childers, Mrs R. Tarr, or Mrs C. E. Ondrizek. Each day's program included a good story which matched the theme of the workshop, and leaders received copies of these stories at the end of the week as well as attention devices and memory verse charts. Many new songs were learned and the practical work was entered into enthusiastically. Scissors, crayons, flannel and flannelboards were handled with care and dexterity, and each day new devices and charts took shape. Cutting out the over one hundred pieces of the

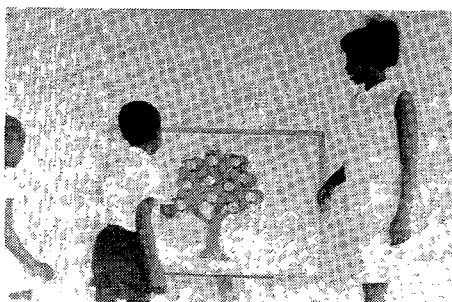


Sabbath-school leaders attending the S.S. Workshop.

R. A. Burns, principal of Lower Gwelo Training College, presenting a devotional message.

set for teachers and filing them into envelopes was a full day's occupation. Some 30 angels on sticks were made and sanded as homework one evening. Some of the more unusual "creations" such as a little girl with green arms and brown legs, were corrected before the handiwork was taken back to home Sabbath-schools.

The Zambesi Union supplied funds for materials and the college gave wood and other commodities which assured the success of this Sabbath-school workshop.



Mrs Ethel Kona with the guava tree device.



Gilbert Gammah making flannel-board holders.

SAUC OFFICE SECRETARIES' COUNCILS

A FIRST in the South African Union Conference was an Office Secretaries' Council. Sensing a need for getting our office secretaries together, the officers of the Union voted to hold councils in Cape Town and Johannesburg, and to these centres the ladies serving in nearby offices and institutions were invited. Pastor K. G. Webster, secretary-treasurer of the South African Union, was the organizer of these meetings, and he was very ably assisted by his wife, Mrs Loris Webster.

The proceedings of each of the two council days commenced with devotional services, conducted in Cape Town by Pastor G. E. Garne, and Pastor R. E. Clifford. In Johannesburg these were conducted by Pastor F. G. Clifford (Snr.) and Pastor D. H. Swanepoel.

Among the guest speakers was Miss Peggy Dawkins, secretary to Pastor M. L. Mills and also editor of the OUTLOOK, who with Pastor and Mrs Webster attended both councils. Other guest speakers in Cape Town included Dr W. E. Birkenstock who spoke on the health and need of exercise of the office secretary; Mrs Lois Webster of Helderberg College, on typing skills; and Mrs Daphne Pullin of the Sentinel Publishing Association, on personal finances and budgeting. At the Johannesburg council, Pastor P. W. Willmore drew from his long experience in the denomination and in the commercial world. His presentation put into a nutshell the essential attributes of an office secretary. Brother Eric Armer, secretary-treasurer of the Transvaal Conference, and Mrs Hettie Buckley, secretary to Pastor R. E. Clifford of the South African Union, drew comparisons between working in the denomination and in the business world.

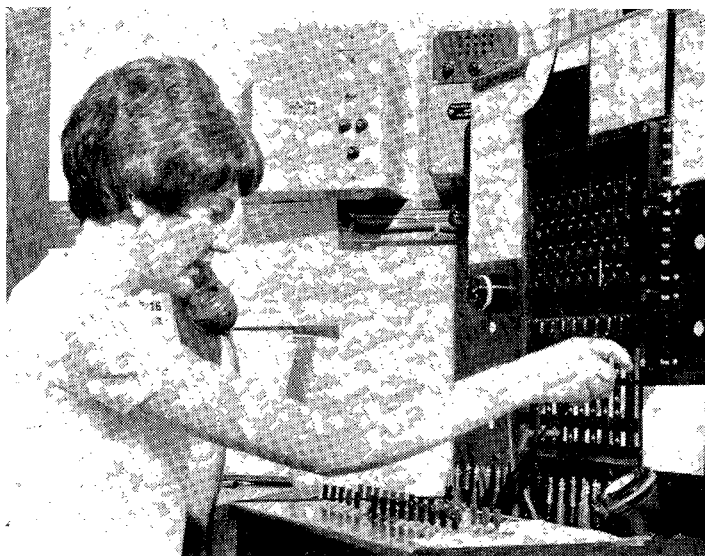
Pastor Webster dealt with such topics as the typing of financial statements, workloads, effective use of time, the worksheet, and related subjects. Mrs Loris Webster's paper was

on accurate and effective filing, while Miss Dawkins' contribution included the psychological aspects of relationships, attitudes, and development. Her lectures were geared towards the development of a rich and full life, well rounded and well balanced on all levels, which gives back to the work of God experienced, intelligent, faithful, and efficient service.

Our lady office secretaries are among the most loyal and dedicated servants in the cause of the Master.

Many times, with limited and outdated equipment and sometimes in not so comfortable nor congenial offices they labour on, seldom counting the hours and with a willingness to serve at all times. Many times they know the highly confidential and innermost details of workers' affairs, and yet how loyally they hold these confidences and shield the reputations of our workers.

We salute our faithful office secretaries!



A telephonist-receptionist in one of our offices faithfully carries out her duties.

IMPROVING ONE'S TALENTS

Can you always give an answer for the hope that is within? Do you need credit in the field of religion? Or do you seek doctrinal studies for use in doing missionary work?

Enrol for

BIBLE DOCTRINES

Prices and details on request from:

HOME STUDY INSTITUTE, c/o Trans-Africa Division office.
(Available only in English)

ANDREWS UNIVERSITY EUROPEAN TOUR

A.U. Public Relations Department

YOU CAN make your sermons come alive, your history classes more real, and your Bible studies more meaningful by participating in a guided tour to be conducted by Andrews University to Roman Catholic and Reformation lands, from July 19 to August 16, 1970.

The tour is planned to give Seventh-day Adventist ministers, educators, and laymen an opportunity to participate in such a trip without Sabbath-keeping conflicts and with vegetarian meals available at choice on the complete tour.

Director of the tour, Raoul Dederen, professor of theology and Christian philosophy at Andrews University, is particularly well qualified for the job, having had 17 years of experience

working in the Southern European Division.

Carefully planned, the twenty-nine-day tour will include such places as Paris, Lourdes, Carcassonne, Rome, Berne, Geneva, Florence, the Albigensian country, and the Waldensian valleys. It offers the rare opportunity to discover and to understand a little of the age-old Reformation heritage of Europe, and at the same time get a close and realistic look at some cultural and religious aspects of Roman Catholicism. The Middle Ages and the Renaissance, Roman Catholicism and the Protestant Reformation, the Albigensian and the Waldensian struggles for toleration, will come to life vividly in these areas of France, Italy, and Switzerland. The participants will be



Dr Raoul Dederen, Professor of Theology and Christian Philosophy, Andrews University, U.S.A.

able to trace the main lines of these historical developments by an on-the-spot visit. The itinerary features places of historical significance, and the sight-seeing is filled with spectacular landmarks that will never be forgotten by the student of Biblical prophecy.

For further information concerning the tour, registration, and itinerary, write to Dr Raoul Dederen, Andrews University, Berrien Springs, Michigan 49104, U.S.A.

At Rest

LONGWE.—Herbert P., was born in January, 1913, in the Mzimba district, northern Malawi, and passed away on January 16, 1970. Following two years of training at Malamulo Mission he taught in various schools in the northern region of Malawi. In 1948 he took the ministerial course at Malamulo. His ministerial work included pastorates in the Masungu district, Malamulo and Mombera. In 1965 he served as union evangelist and held meetings in all parts of Malawi. He was serving in this capacity and making plans to conduct an effort in Chipati at the time of his death.

Pastor Longwe is survived by his wife, 8 children and 2 granddaughters. The large groups which attended the memorial services at Mombera and Soche on the day of the main funeral at Malamulo give evidence of the high regard in which Pastor Longwe was held by fellow-workers, church members, and other friends in Malawi. His strong, appealing voice will be missed in the churches and halls of

Malawi. Hundreds have accepted his call to surrender their lives to Jesus. These and many others look forward with confidence and expectation to the first resurrection when the dead in Christ shall rise.

—N. L. DOSS.

TARR.—Pastor Walter Claude was born in 1878 in the Grahamstown district, a descendant of British settlers. He attended the first Seventh-day Adventist college in South Africa, Union College. His first mission experience was in 1902 when he was asked to relieve for a time at our earliest mission station in Africa, Solusi, near Bulawayo.

In 1904 he married Hilda Willmore. They were together for over 64 years until she passed away in November, 1968. After their marriage they worked in Cape Town for some time before being called to Rhodesia again for mission work. In 1910 they became permanent missionaries and pioneered the work in the Transkei, where in 1916 they founded Bethel Mission, now Bethel Training College.

In 1940 Pastor and Mrs Tarr retired from mission work which had taken them to many parts of South Africa and Rhodesia. After retirement, however, Pastor Tarr gave many years of part-time service, mainly in connection with the Bantu work in Natal.

In August, 1967, Pastor and Mrs Tarr went to England to live with their son-in-law and daughter, Pastor and Mrs W. Duncan Eva. On March 4,

1970, he was laid to rest in North Watford cemetery. Nearest relatives who cherish the memory of a valiant servant of the Lord are: Dr and Mrs E. W. Tarr of Washington, D.C., Pastor and Mrs W. D. Eva of St Albans, England, three grandchildren, Mr Shaw Tarr (brother) of Camps Bay, Cape Town, and Mrs H. Baer (sister) of Natal.

Pastor Tarr's life and experience spanned the entire history of the Advent movement in Southern Africa. He had seen the membership develop from less than fifty members to today's several hundred thousand. He rests from his labours, but his works do follow him.

—J. Paul Sundquist.

REMEMBER:

Spirit of Prophecy Day May 9.

*Disaster and Famine Relief
Day and Offering* June 13.

Challenge to Youth Day
June 20.

REPORTING ON PEOPLE AND EVENTS

A recent visitor to headquarters was Mrs Elsa Smith, younger daughter of Pastor and Mrs M. E. Lind. Mrs Smith lives in the United States but is en route to join her husband in Pakistan for a six-month term. Two grandchildren, a boy and a girl, delighted the Lind home during their visit.

Pastor and Mrs Alf Kohen also paid a visit to headquarters while staying with their daughter, Mrs Sandra Smith of Salisbury.

A fruitful evangelistic campaign has concluded in the Harare Township of Salisbury. Under the directorship of Pastor J. J. Blanco, head of Solusi's Theological Department, and assisted by Brother Keith E. Farnsworth, this campaign was a training school for the ten theological students, who took part. Over 120 requests for baptisms were received and 40 of these received this sacred rite on Sabbath, March 14. During their visit to headquarters office, many of the students spoke enthusiastically about the thrill of seeing men and women find the Saviour.

Pastor and Mrs Aubrey V. Bambury writing recently from Australia sent greetings to their many friends in Trans-Africa through the OUTLOOK, and concluded their letter by saying: "The years we have spent in Australia have been in pleasant and satisfying service, and we enjoy our pastoral and evangelistic work in this huge field, but we can never forget the field where we entered the work. We continue to pray for the Lord's worldwide work and rejoice to see the many omens that mark the coming of the great day of His return."

We learn from the General Conference MV Department that "a special MV summer camp for boys and girls between the ages of ten to sixteen will be conducted during the General Conference 1970 Session for children of delegates and others who may be attending the Atlantic City meetings."

Kutumikira, volume 1 and number 1, has just made its appearance. This is the official monthly bulletin of Mwami Hospital School of Nursing.

A number of workers have returned from furlough or overseas study leave. Pastor and Mrs John M. Stephenson and family are settled now in Johannesburg where Pastor Stephenson is the secretary-treasurer of the Southern Union. Pastor and Mrs Burton L. Wright are back at Mombera Training School in Malawi. And Mrs Pauline Long is again gracing the dining-room at Solusi College after her furlough in the States.

Mrs Vera Bell has returned to Anderson School in Gwelo, and Miss Lilian Bradley to Malamulo College in Malawi

after their furloughs in South Africa. Miss Mavis Orr is serving at Mwami Hospital in Zambia after her furlough in Australia.

A transfer results in Brother and Sister Andries Tredoux moving from Helderberg College to Lower Gwelo College, their old "stamping ground."

Workers from the Good Hope Conference who have accepted calls to the South-East Africa Union are Miss J. Heeger, Miss E. Pekeru, Miss G. Volkwyn, and Miss F. Rosseau.

New appointees who recently arrived from overseas include Miss R. A. Brown from the United States who comes to us after a term of service at Benghazi Hospital in Libya, now serving at Kanye Hospital in Botswana; Miss Gloria Davy, younger daughter of Pastor and Mrs Arthur Davy, serving at Mugonero Hospital in Rwanda; Mr and Mrs Clifford H. Emde on a two-year term as builder at Gitwe Seminary in Rwanda; and Mr and Mrs Gary March to Ikizu Training School's Bible Department.

Two medical-missionary brothers have commenced their first terms of service in Trans-Africa. They are Dr and Mrs Kenneth W. Hart, serving at Mwami Hospital in Zambia, and Dr and Mrs Lewis H. Hart, serving at the Blantyre Surgery in Malawi.

Returning to Trans-Africa from Australia are Mr and Mrs Allen H. Stembridge who take up their new work at Solusi College in the Commercial Department.

OUTLOOK

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SUNSET CALENDAR

MAY 1970

	1	8	15	22	29
Cape Town	6.06	5.59	5.33	5.50	5.46
Johannesburg	5.39	5.34	5.30	5.28	5.25
East London	5.30	5.23	5.17	5.14	5.10
Port Elizabeth	5.38	5.31	5.25	5.22	5.18
Bloemfontein	5.43	5.36	5.32	5.29	5.26
P'maritzburg	5.24	5.17	5.13	5.10	5.07
Durban	5.22	5.15	5.11	5.08	5.05
Windhoek	6.26	6.21	6.18	6.16	6.13
Bulawayo	5.43	5.39	5.36	5.34	5.33
Salisbury	5.34	5.30	5.28	5.26	5.26
Gwelo	5.35	5.31	5.30	5.29	5.29
Lusaka	5.43	5.42	5.40	5.40	5.38
Blantyre	5.24	5.20	5.17	5.16	5.15
Lubumbashi	5.59	5.55	5.53	5.53	5.53
Nairobi	6.33	6.32	6.31	6.32	6.33
Mombasa	6.17	6.15	6.14	6.16	6.16
Kisumu	6.44	6.43	6.42	6.44	6.45
Kampala	6.51	6.49	6.49	6.50	6.52
Dar-es-Salaam	6.19	6.15	6.13	6.14	6.15
Tabora	6.44	6.41	6.40	6.42	6.42

JUNE 1970

	5	12	19	26
Cape Town	5.44	5.44	5.44	5.46
Johannesburg	5.23	5.23	5.24	5.26
East London	5.08	5.08	5.08	5.10
Port Elizabeth	5.16	5.16	5.16	5.18
Bloemfontein	5.24	5.24	5.25	5.27
P'maritzburg	5.05	5.05	5.05	5.07
Durban	5.03	5.03	5.03	5.05
Windhoek	6.12	6.13	6.14	6.15
Bulawayo	5.32	5.33	5.34	5.35
Salisbury	5.25	5.26	5.27	5.28
Gwelo	5.26	5.26	5.28	5.29
Lusaka	5.37	5.38	5.39	5.40
Blantyre	5.15	5.16	5.17	5.19
Lubumbashi	5.54	5.55	5.56	5.58
Nairobi	6.33	6.35	6.37	6.38
Mombasa	6.16	6.16	6.18	6.19
Kisumu	6.45	6.46	6.48	6.48
Kampala	6.52	6.53	6.55	6.55
Dar-es-Salaam	6.15	6.16	6.18	6.18
Tabora	6.42	6.43	6.45	6.45

HOW DO YOU THINK?

Part 2

by MERLE L. MILLS,

President, Trans-Africa Division



DID YOU KNOW that the state of your physical health is greatly influenced by **what** you think, and **how** you think? In recent years medical science has discovered that there is an indissoluble union between mind and body. Physicians, psychiatrists, and psychologists agree that thoughts rooted in bitterness, hate, retaliation, malevolence, fear, guilt and selfishness are seminal factors which lead to a host of physical ailments. Yet, had man taken the Bible seriously, he could have known long ago that a calm and contented mind is a prerequisite to good health. That is why the apostle Paul has admonished us: "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things" Phil. 4:8.

Now, the mind not only gives birth to the thought which is parent of the deed, but it is also the nerve centre which controls the emotions. These can be either edifying or destructive to both soul and body. Consequently, Holy Writ avers that it is our positive duty to discipline the mind, to dwell on those things which are constructive, wholesome and elevating. To allow the mind to be controlled by malicious thoughts will open the floodgates to negative and carnal forces which engender discontent, distress and pain. To seek revenge, to cherish rancour in the heart, to refuse to ask or grant forgiveness, to be envious of another, or yield to fear and worry, will inevitably result in a life of misery and suffering. What is more, people who subject themselves to such tension and turmoil will in time impair their physical health.

A father accompanied by his 14-year-old son went to a physician's office to get some medicine for his

wife. The boy overheard his father say: "I have come to get some more pills for my wife." Immediately the son asked: "Well, Dad, who has Mom collided with now?" A heavy price is paid by one who fails to control his thoughts and gives vent to his feelings. Whatever is permitted to germinate and burgeon in the mind will inevitably produce a harvest of either good or evil.

Have you ever heard the story of John D. Rockefeller who spent the early years of his life amassing a fortune? He made his first million by the time he was 33. By concentrating every waking moment, he built a financial empire that, at 43, made him the biggest businessman in the world. When he was 53 he became a multi-millionaire. But during these years, his thoughts were of himself. He achieved his goal at the expense of other people's happiness. So much so that his enemies hanged him in effigy and he was forced to surround himself with bodyguards. What is more, he lost his health, developing alopecia, a disease which causes the hair to drop out, including the eyelashes and eyebrows. Neither peace nor happiness were his in spite of his enormous wealth. He could not sleep and his health began to deteriorate rapidly. It was said by one of his friends that he looked like a mummy. He thought he was going to die. During the restless hours of the night he began to do some serious thinking and to realize that he had lived a self-centred life doing little or nothing for others. Then it was that one sleepless night he came to the greatest decision of his life; he decided that during the remaining days he had to live he would use his wealth to help the needy. Rather than hoard his wealth he would share it. The next morning he set about implementing his plan. His money was channelled into humanitarian causes. He established the Rockefeller Foundation

which became world-famous because it sponsored worthy projects which brought great blessings to mankind. Millions of dollars were given to universities, hospitals, mission work and underprivileged peoples. His contributions aided in ridding the southern States of hookworm and in the development of the miracle drug, penicillin.

From that time on Rockefeller's health took a turn for the better. Whereas it was thought he would die at 53 he lived to 98. This is a pertinent example of what effect the mind can have upon one's health. If it is purged of such thoughts as selfishness, self-pity, acrimony, resentment, guilt, anxiety and doubt, life will take on a new dimension, for these causative factors which mis-shape and deform personalities and lives will be removed. The road-blocks to good health and happiness will be overcome. This is emphasized by the wise man who said, "A merry heart doeth good like a medicine." Prov. 17:22.

But you ask, how can one avoid the irresistibly negative compulsions of life and not give unbridled licence to the carnal passions and emotions? The answer is found in the creation of a new heart. This requires a complete submission of the will to and acceptance of Christ as our personal Saviour. It involves a power beyond any human capability and this can be found only as we enter into communion with God.

Friend of mine, do you wish to have this power which will enable your mind to be master of your body? Then, go to Christ as your Source of help and by faith claim the promise, "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee." Isa. 26:3.