

# The Central Advance

"Speak unto the children of Israel, that they go forward"

Vol. I

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No. 11

## The Central Advance

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### Shining for Jesus

ARE you shining for Jesus, dear one,

Shining just everywhere?

Not only in easy places,

Not only just here and there?

Shining in happy gatherings

Where all are left and known

Shining where all are strangers,

Shining when quite alone?

Shining at home and making

True sunshine all around?

Shining abroad and faithful,

Perhaps among faithless found?

Are you shining for Jesus, dear one,

Not for yourself at all?

Not because dear ones watching

Would grieve if you should fall?

Shining because you are walking

In the sun's unclouded rays,

And you cannot help reflecting

The light on which you gaze?

Shining because it shineth

That you must let out the gladness,

And you must show forth His love?

—FRANCES R. HAVERGAL.

### Scatter Our Publications

It is certainly well-pleasing to the Lord to have the work of the gospel carried on in a systematic and well-balanced manner. All branches of this great work need attention, and not a single branch should be neglected. A very important work is that of getting our

publications before the people, and yet how few are engaged in this grand work!

We are told that if there is one work of more importance than another it is that of getting our publications before the people, and it seems so strange that so few people are engaged in this work. But we have a cheering message to the effect that the canvassing work is to be revived. We should praise the Lord for this, and take courage.

During this year, 1903, there should be scores in every conference selling these books containing the message of the soon-coming Saviour. The world is to be warned, and the Lord expects His people to accomplish this work. We cannot afford to disappoint Him. The call today is, "Go work in My vineyard,"—work for souls, spread the light of truth everywhere. Will you not respond to this call and take hold of this work at once? You could not be a recruit for a better work, and the wages are sure, the reward most sweet and blessed.

E. T. RUSSELL.

### Encouraging Outlook for the Canvassing Work

THERE are evidences that new life is coming into the canvassing work throughout the field. The canvassers' institutes which have been held recently have been well attended, and from them a large number of canvassers are going out to engage in the work.

The *Pacific Union Recorder* of April 23 says: "The outlook for a successful year in circulating the printed page in western Oregon and western Washington is very encouraging."

Reporting a twelve hours experience, A. S. McCully, writing to the *Southwestern Union Record* says: "I recently made a trip to visit some canvassers in the field, and while out spent twelve hours canvassing for 'Coming King' with the following results: Exhibitions given, twenty-seven; orders taken, twenty-five; value,



\$31.50. I never saw the people more willing to buy books than at the present. The season is now advancing nicely, and prospects are bright. Let us who are canvassers press our work by putting in faithful time."

A large number of canvassers have gone into the field in Kansas. A good number are to go out this summer in Nebraska, and following the canvassers' institute to be held at Union College the latter part of May, many students expect to engage in the canvassing work during vacation, in the different conferences in the Central Union. Some of our brightest and best students in the College are by this means making their way through school. And we do not know of a better way they could do it.

So altogether the outlook for the canvassing work is encouraging. More attention is being given to this line of work than has been given to it for some time, and we may expect to see gratifying results.

W. A. COLCORD.

#### The President's Speech at Lincoln

ON his return from the west, among other places President Roosevelt stopped a short time at Lincoln, Nebraska, and made a brief speech at the Capitol grounds. Among other things he said:—

There is nothing peculiar or wonderful in getting a good government any more than there is anything peculiar or wonderful in a man's making a success in private life. The same qualities that make a good man in his family, a good husband and father, a good neighbor, a man with whom you like to work or to deal, these same qualities make him a good citizen.

We need honesty, we need courage, we need common sense. The man that counts is the man, the honorable man, who has got the stuff in him to go out into the world, into the hurly burly of actual life, and hold his own among men. That is the man that counts. You have got to have energy and courage, the qualities of virile manhood, in addition, the qualities of honesty and decency. But this is not enough. I do not care how honest a man may be, and how brave he is, if he is a natural born fool you can do but little with him. In addition to courage, in addition to honesty, you must have the saving grace of common sense. Shame to the man whose heart is hard! I want softness of heart, but I do not want it to extend to softness of the head.

We do not need brilliancy or genius in citizenship. We need most of all the capacity which makes a man do well the ordinary things of life: we need the development of the ordinary qualities which we feel the average citizen should possess: the qualities that make a man, and that make a good man; the qualities that make a man good to his family, good in his relations with his neighbors, and a square and brave man in dealing with the state; the qualities that go to make up what we call character."

#### Work for the Master

WITH every age God's plan deepens and broadens. His people are to adjust their movements to His progressive plan. They are to move forward with the force of Omnipotence, because they move in harmony with the divine purpose. They are to seize every opportunity to bless the world lying in darkness.

Our church members should show greater devotion. They should labor with greater zeal for the promulgation of the last message of mercy. Now is the time for all to work. Now is the time to separate from every species of self-indulgence. Those who are engaged in the Lord's service are to labor unselfishly, pressing together in Christian unity. They are to love as brethren; they are to be kind and courteous; their influence is to be a savor of life unto life.

Many young men and women now engaged in secular labor will feel impressed to give themselves to the service of God. Some will feel a desire to enter the canvassing field, and will become able evangelists. Let these be given opportunity to obtain an education for the work of God.

Those who are impressed to enter the work, whether in the home field or in the regions beyond, are to go forward in the name of the Lord. If they depend on God for grace and strength, they will succeed. At the beginning, their work may be small, but if they follow the Lord's plans, it will enlarge. God lives. He will work for the unselfish, self-sacrificing laborer, whoever and wherever he may be.

God does not ask His servants to show their devotion to Him by burying themselves in monasteries, or by going on long pilgrimages. It is not necessary to do this in order to show a willingness to deny self. It is by working for those for whom Christ died that we show true love for Him. By humiliation, suffering, and death Christ purchased the salvation of human beings. Those who love Him will think of how He laid aside His glory, and came to this earth to live the life of the poorest, suffering often from hunger. "Foxes have holes, and the birds of the air have nests," He said; "but the Son of man hath not where to lay His head."

To each human being God has assigned a work. Abraham was called to go forth from his home, a light-bearer to the heathen. And without questioning, he obeyed. "He went out, not knowing whither he went." So to-day



Christ's servants are to go where He calls, trusting Him to guide them and give them success.

God's people are to feel a noble, generous sympathy for every line of work carried on in the great harvest field. By their baptismal vows they are pledged to make earnest, self-denying efforts to promote, in the hardest parts of the field, the work of soul saving. God has placed on every believer the responsibility of striving to rescue the helpless and the oppressed.

To those who profess to believe in Him, God says, "Go forth to all parts of the world, and diffuse the light of My truth, that men and women may be led to Christ." Let us awake to our duty. Let us do all that we can to help forward the Lord's work. Let superficial excuses be blown to the winds of heaven. No longer grieve the spirit of God by delaying. Forget not the words, "We are laborers together with God." Cooperate with the angels sent down from the heavenly courts to minister to those who shall be heirs of salvation.

Time is passing; the end is near. While you are unconsecrated, golden opportunities for helping souls to see Jesus as He is—full of grace and truth—are passing by, never to return. That which you have not done as a devoted Christian in the year now passed into eternity, you can not now do. But through the grace of Christ, you may redeem the time by redoubling your efforts. Let your interest in the souls for whom Christ has died deepen and broaden. Inquire not, "What shall this man do?" for then Christ would say to you as He said to Peter, "What is that to thee?" Keep your own soul in the love of the truth, and work with untiring endeavor to win souls to the Saviour.

Earnest, self-sacrificing workers are needed, workers who will go to God, and with strong crying and tears plead for the precious souls who are going to ruin. There can be no harvest without seed-sowing, no result without effort.

The work is fast closing up, and on every side wickedness is increasing. We have but a short time in which to work. Let us awake from spiritual slumber, and consecrate all that we have and are to the Lord. His Spirit will abide with true missionaries, furnishing them with power for service. God is an overflowing

fountain of strength. The gospel is the power of God unto salvation to every one that believes. When this power is utilized, it will be found to be more than sufficient to meet the power of the enemy.

MRS. E. G. WHITE.

#### Have You Taken the Lord into Partnership?

THOUSANDS of prosperous business men are ready to admit that they owe their wonderful success to the fact that, years ago they were fortunate enough to secure a good business partner. The chief difference between the greatest missionary and the most unsuccessful Christian is the fact that the former took the Lord into partnership, and the latter tried to work alone.

There are many who are willing to have the Lord for a partner in their Sabbath-school and prayer-meeting work, but they forget that the Lord is as willing to be their partner in the house cleaning, in the farm work, in their school work, and in all the common vocations of life. Only those who have discovered this fact, have tasted the real sweetness of the Christian life.

Dear reader, if you have not yet accepted the Lord as your partner, make the necessary arrangements at once and your associates will soon discover that a new era has dawned in your life.

DAVID PAULSON, M. D.

#### Officers of the General Conference

THE officers for the General Conference for the coming two years are as follows:—

President, A. G. Daniells; first vice-president, L. R. Conradi; second vice-president, W. W. Prescott; secretary, W. A. Spicer; treasurer, I. H. Evans; auditor, D. B. Parmelee; executive committee, A. G. Daniells, H. W. Cottrell, G. I. Butler, G. G. Rupert, E. T. Russell, C. W. Flaiz, W. T. Knox, W. H. Thurston, O. A. Olsen, L. R. Conradi, P. A. Hansen, W. S. Hiatt, G. A. Irwin, B. G. Wilkinson, J. W. Westphal, W. A. Spicer, L. A. Hoopes, A. T. Jones, W. C. White, David Paulson, J. C. Ottoson, A. J. Reed, Frederick Griggs, W. C. Sisley, S. N. Haskell, R. M. Kilgore.

WHEN the best things are not possible, the best may be made of those that are.—*Hooper*.

There is only one person you should judge, and that is yourself. You can judge yourself only by the law of God.



## From the Field

### Hemingford, Nebraska

SINCE returning from the field we are at home putting in our crops. Our visit to the Sand Hills was very profitable. We found many interested people. The territory covered in our work was north of the B. & M. R. R., one hundred and twenty-five miles north-east of Alliance. We drove from ranch to ranch selling books, and taking orders for our periodicals. We sold about \$40 worth of books, gave away two hundred papers and several pages of tracts. Public meetings were held at Bingham and at Curlew, and we found many precious souls inquiring for Bible truth. Where public meetings could not be held, we studied the Bible with the people at their homes.

DANIEL MONK.  
ED. LOOMIS.

### Kansas

It has been some time since I have reported. My last report found me at Turkville, Kans., where I held a successful meeting. Leaving there I went to Wakeeney, where I held another series of meetings. Four persons went forward in baptism. From Wakeeney I went to Palco, and held a short meeting, in which five decided to obey, three of whom went forward in baptism, the other two not being ready, but expecting to be baptized soon. I also revisited Turkville and found the little company of good courage. I will be at my home in Ellsworth for a few days.

T. GODFREY.

### German Work in St. Louis

BRO. A. A. MEYER writes:—The work here is onward and the truth victorious. In all we can offer only words of praise and encouragement, and can see that the hand of God has been with us and blessed us all the way through. The Lord has opened the doors and hearts of the people, so that about twelve are rejoicing with us in the glorious truths for this time. A number of others of the best class of people are deeply interested and convinced of the truth. We hope that they will soon become obedient to it. As one interested in God's people, and His great truth, I ask an interest in your prayers for the work here.

## Missionary

Conducted by Miss Katie Coleman

### I Shall Not Pass This Way Again

I shall not pass this way again!  
The thought is full of sorrow:  
The good I ought to do to-day  
I may not do tomorrow.  
If I this moment shall withhold  
The help I might be giving,  
Some soul may die, and I shall lose  
The sweetest joy of living.

Only the present hour is mine—  
I may not have another  
In which to speak a kindly word  
Or help a fallen brother:  
The path of life leads straight ahead;  
I can retrace it never:  
The daily record which I make  
Will stand unchanged forever.

To cheer and comfort other souls,  
And make their pathway brighter;  
To lift the load from other hearts,  
And make their burdens lighter;  
This is the work we have to do—  
It must not be neglected;  
That we improve each passing hour  
Is of us all expected.

I shall not pass this way again!  
O, then with high endeavor,  
May I my life and service give  
To Him who reigns forever!  
Then will the failures of the past,  
No longer bring me sadness,  
And His approving smile will fill  
My heart with joy and gladness.

—Selected.

### Circulate Our Literature

IN the Province of Entre Rios, Argentine, South America, there is a little company of eight persons keeping the Sabbath. These individuals are pure Argentinians. No doubt you are interested to know how they came to accept the truth. One of our brethren passed through that place, Mancilla, and secured a subscription from one of the persons for El Faro, our Spanish paper. In about a year he yielded himself to God, and soon afterwards others joined with him in obeying the truth.

In another place some tracts were left, and the Sunday-school teacher soon began to use them for text books. The scholars got their lessons from them as we do from our regular prepared Sabbath-school lessons. He then sent money for some more tracts.

From Malbertine, Cordoba, a call came for a minister to preach to them. For several months a little company had been sending some papers and tracts there, and had made that place a subject of prayer. In a few weeks



after the minister came there a company of twenty souls were obeying the truth. The brother who labored there was not ordained, so I baptized these souls later. They are still holding up the light, and their influence will be much felt as they speak both the French and Spanish languages, and one of them speaks German also. Circulate our literature!

F. H. WESTPHAL.

**Tract Work in Nebraska**

Those who are working with the tracts are having good experiences. About 13,000 of the new tracts have been sold by the Nebraska Tract Society. This makes 208,000 pages. About the same number of other tracts have also been sold during the same time. Let the good work go on, brethren and sisters. God says that His word shall not return unto Him void, but that it shall accomplish that whereunto He sent it. May we not expect that the blessings of the Spirit of God will attend these tracts, and that there will be some who will be saved as the result of the reading of these tracts which have been placed in the hands of the people. "Let us not be weary in well doing, for in due season we shall reap if we faint not."

C. H. MILLER,  
For Nebraska Tract Society.

**Report of the College View Missionary Society**

I HAVE thought that the readers of the ADVANCE would be interested in knowing to what funds we have contributed during the quarter ending March 31. The statement given below includes only the funds which have passed through the librarian's hands. Pledges and donations that have been paid to the Tract Society, or through other channels do not appear.

English Sanitarium.....	\$ 95.31
Washington Church.....	42.45
First Day Offerings.....	11.33
Christiania Publishing House.....	6.25
Nyassaland.....	46.81
Missionary Acre Fund.....	7.00
State Poor Fund.....	15.13
Campmeeting Pledges.....	7.00
Fourth Sabbath donations.....	33.07
Sale of tracts.....	7.74
Dorcas Work.....	8.70
Periodicals.....	39.25
One "Object Lesson".....	1.25

Total.....\$321.29

Our Fourth Sabbath donations and money received from the sale of tracts constitute our fund

for the distribution of free literature. We have about 2,400 of the new tracts; more than 2,000 of these are, or have been, in the hands of the people to be distributed. Several of our brethren and sisters go to Lincoln each week with tracts. They find many who are interested and are investigating the truths for to-day. We were sorry to be unable to get our tracts for the winter campaign, nevertheless we have a few who can press the work in spite of the busy season. The intermediate department of our Sabbath-school is doing tract work by correspondence. We hope to have something of interest in this line for our next report.

Last month I mentioned our small club of *Signs* and *Sentinels*—we have also mailed some books, tracts and periodicals. With this work accomplished our treasury still contains \$15.06.

Our Dorcas Society work is carried on by private donations. One quilt has lately been sold to add to the fund. The Nyassaland fund has been used in making garments for the natives of Nyassaland. All have put forth earnest efforts to complete this work. The Lincoln church sent in their garments, and have also assisted in making ours. The Omaha church, too, has sent in a number of pieces to be forwarded with ours.

When all the sewing was done, the society gave a program, assisted by the Lincoln church school pupils, and some of the college young people. A troop of children, and some of the larger boys and girls, were dressed in these garments when they took part in the exercises. "Little Missionaries" was sung by three little girls dressed in African apparel.

Five hundred and twelve garments have been made and shipped; two hundred and six by the College society and three hundred sixty-six by the College View church society.

Prof. Floyd Bralliar gave a very interesting talk on the work as it is being carried on in this land, and in the course of his remarks presented the great need of pins and needles, and how much the natives appreciate them. A good supply was sent, many being contributed by those not of our faith.

"When saw we thee a stranger, and took thee in? or naked, and clothed thee? And the King shall answer and say unto them, Verily I say unto you, inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me."

MRS. M. I. REEDER, Librarian.



### Word From Our Workers in England

ALTHOUGH we are many miles away from our native land, we still feel as though we were one with you, because the *ADVANCE* is a welcome visitor to us. Our stay here in London for the past six months has been a very pleasant one, and we owe much to both teachers and students for the pleasant associations we have had. We are taking full work in school, and of course that keeps us very busy.

We never saw a more consecrated band of young men and women than there is here. On Sunday morning the office is crowded with students getting their packages of "Good Healths" and "Present Truths" which they sell readily to the middle and poor classes of people in this great city. Mrs. Nethery and I have sold about four thousand copies of these papers since coming here, and have enjoyed many good experiences, although we have many to greet us at the door with a "no thank you." Paper work is about all that can be done for the lower classes of people, as they are too poor to buy a book, and unfortunately many of them can not even read. We are glad that we can do something in the Lord's work; for there is so much to do here and so few workers.

After school closes in May, our field of labor will be in Edinburgh, Scotland, and we ask that your prayers may accompany us and that we may be kept faithful until Jesus comes.

MR. AND MRS. JAY NETHERY.

### A Plea for Hospital Patients

THERE are more than one hundred thousand suffering patients in the hospitals in this country. Those who have been sick know how slowly time drags by even when they have had all the kindly attention that the home circle could provide. But let such try to imagine what it would be like in a hospital ward where perhaps *one* busy nurse must care for the needs of nearly a score of patients. Add to this the feeling of the uncertainty of their physical condition, and we can readily understand why they should be glad to have the companionship of the saving gospel.

When the *Life Boat* has found its way to the hospital wards, it is passed from patient to patient until it is fairly worn out.

How many will put in one day selling *Life Boats*, and donate their commission to supply the hospitals in their state? If there is a hos-

pital in their neighborhood, they can distribute the papers themselves on visiting days.

This is such a worthy cause that it will appeal sufficiently to those not of our church that, if thought best, a subscription paper may be passed around among them and a small amount can quickly be raised that will be ample to supply the need.

DAVID PAULSON.

### Whom Shall I Send?

I CAN bear emphatic witness to the truth of the testimony which says: "The Lord imparts a fitness for the work, to every man and woman who will cooperate with divine power. All the requisite talent, courage, perseverance, faith and tact, will come as they put the armor on." I believe more would enter the canvassing work if they realized this truth. The Lord wants more canvassers for our books, and there are many who might receive a rich blessing if they would cut loose from their moorings and launch out into undivided service for the Master.

Probably there are some who have considered the canvassing field, and are inclined to think that they ought to enter it; and if they could only assure themselves that success awaits them, they would; but they are afraid to make the start. They fear to face the rebuffs of the world, or are too timid to leave the neighborhood of their homes or the circle of their acquaintances, and face strangers. Brother, is not a permanent residence in that "City that hath foundations" worth a little sacrifice to obtain? If we are God's and we refuse His call to service, are we not in great danger of losing all?

Satan has many devices to keep us from the work: worldly entanglements, enticing offers, brilliant openings and lucrative positions, should have no influence with the child of God while there is such great need of his service in the Master's vineyard. These things should only serve as a warning of the crafty presence of him who "knoweth that his time is short," and who, dreading to see the work completed which shall forever seal his doom, strives with great power to delay or stop the work.

The call is now going forth, "Whom shall I send, and who will go for us?" Who will have the courage to respond, "Here am I, send me"?

CHAS. B. PLUMMER.



### Living Epistles Known and Read of all Men

THERE is a fascination about letters that all enjoy. Upon receiving them we look first at the handwriting, then at the postmark. We open them and read the contents, and no other eye than our own need read it. These are written epistles. But we wish to notice the living epistles for a few moments. There is no covering to hide them from view. They are "known and read of all men." What do people read when they see us?

I wish to relate the incident that brought this question to my mind. A short time ago my mother and I were returning home on the train from a visit. I was watching those who got off and on at the different stations, for truly people are restless and running to and fro. My attention was attracted by a young lady who came in alone. I knew at the first glance that she was an active worker in the Master's vineyard. She removed her hat which was neat and plain, her hair was combed without puffs or curls, her natural form was becomingly adorned by an untrimmed dress, well suited for traveling. There was nothing lacking in taste or necessary expense. She was well dressed. I noticed her shoes, the sole was thick and the heel low. She wore a smile and a peaceful look on her face. Such an epistle! It did me good to read it.

When opportunity afforded I spoke to her. I thought she must be a Seventh-day Adventist, but she told me that she was a member of the Presbyterian church, but there was a warm place in her heart for our denomination for some of her relatives were Adventists. She had been called from her post of duty in a mission school in Utah by the sickness of her mother who lives in Missouri, and was returning to her work.

My dear sisters, when people look at us do they see that we are clad in garments suitable to enter "the city that hath foundations whose builder and maker is God?" or does our dress, as well as our conversation, say that we are serving the gods of this world? "Living epistles," whether good or bad, "known and read of all men,"—solemn thought. May the Lord help us to carefully consider this matter that our influence may tell on the side of Christ.

LUCY E. MAYO.

"Down in the human heart, crushed by the tempter,  
Feelings lie buried that grace can restore;  
Touched by a loving heart, wakened by kindness,  
Chords that were broken will vibrate once more."

### Notes from Nebraska Canvassers

A. Horn:—"I am still of good courage and believe that I will have success in my work, although I have taken but few orders so far. Pray for me that I may do the will of the Lord in all things."

Wm. McCabe:—"I am of good courage in the Lord, and praise Him for His many blessings, to me."

P. A. Field:—"I am ready for another good week's work. We have the promise of strength and success if we ask for it."

Lizzie Lockwood:—"Last Friday as I was walking on the street, a gentleman called to me, 'Are you the one that sold the *Life Boat* at the store the other day? Come into the store please. I am very much taken up with that institution after reading that paper, and want to help a little.' He then gave me a dollar for the *Life Boat* work. I am supplying him with tracts, and he is reading."

Otto Eisele:—"This is a poor country, but the Lord gives me some success in taking orders. One school teacher whom I canvassed paid me for his book in advance. At another place I was showing my book to a gentleman, and after listening a few minutes he sent me in the house to show it to his daughter. She at once said that the book was a Mormon book. But on being told that it was not, she said, 'Well it is an Adventist book then. They always have something to say about beasts, and I would like to know where they get these things, as they cannot be found in the Bible.' I then asked her to get her Bible and read the second and seventh chapter of Daniel. After reading she seemed much surprised at finding these things in her Bible. We had a good time together. Pray for me that I may be found faithfully doing my work."

### A Mean Man!

"THAT'S the meanest man I ever ran across," said the book agent.

"What has he done?"

"Kept me calling day after day, and finally said he didn't care anything about reading, but that he enjoyed hearing me talk."

THE man or woman who will drink or eat simply for pleasure will be very likely to do other things from the same motive, and thereby lose spiritual experience for pleasure. Such are "dead while they live."



## Canvassing Report

## KANSAS

## Four weeks ending April 22

No. canvassers.....	28
" hours.....	1977
" exhibitions.....	2646
" orders.....	689
Value of orders.....	\$1084.05
No. orders delivered.....	187
Value of orders delivered.....	\$176.85

## COLORADO

## Seven weeks ending April 25

No. canvassers.....	12
" orders.....	235
Value of orders.....	\$497.25
" " helps.....	\$67.85
No. deliveries.....	72
Value of deliveries.....	\$123.76

## IOWA

## Week ending April 17

No. canvassers.....	10
" orders.....	90
Value of orders.....	\$55.25
" " helps sold.....	\$4.70
Total value.....	\$59.95
Value of deliveries.....	\$46.50

## NEBRASKA

## Three weeks ending April 24

Name	Ord.	Value	Helps
Ottoe Eisele	26	\$62.00	\$ 7.90
Lizzie Lockwood	16	42.25	30.50
C. S. Wilbur		41.07	26.32
H. Langenberg	17	38.35	3.75
Ralph Woolsey	3	3.75	3.50
A. Horn	7	14.75	3.10
Willie McCabe	11	16.75	1.00
P. A. Field	3	21.75	8.25
Total	83	\$240.67	\$84.32

## Jefferson's Ten Rules.

NEVER put off until tomorrow what you can do to-day.

Never trouble another for what you can do yourself.

Never spend your money before you have earned it.

Never buy what you don't want because it is cheap.

Pride costs more than hunger, thirst, or cold.

We seldom repent of having eaten too little.

Nothing is troublesome that we do willingly.

How much pain the evils have cost us that have never happened!

Take things by the smooth handle.

When angry, count ten before you speak; if very angry, count a hundred.


**Health Department**


Conducted by Mrs. Lyla B. George, M. D.

"Prosper and be in Health"

## Home Influence

THE home consists not in the walls that shelter, or the tables that supply the food, but it is rather made by the joys and sorrows, the pleasures and disappointments of the members of its family. The structure may be small, the appearance modest, yet a hundredfold more peace and contentment may reign in that home than in the one with spacious rooms and magnificent furnishings.

What makes the happy home? What chain is it that binds the heart to the familiar spot? What power is it that holds your boy or girl at home while others seek companionship in the broad halls of sin? The answer is plain,—it is the gentle influence of a godly mother, the unwavering faith of a praying father, and the united efforts of parents and children to increase each others' joys and share each others' burdens.

Nothing that will add to the comfort or happiness of any of its members, nothing that will tend to make the home more cheerful and attractive, is too small to receive careful attention. All should share in the work and responsibility. Let the children be given their tasks to perform, and when these are well done, do not forget to speak words of appreciation. Make the ordinary duties about the house interesting and instructive, and let no girl, or boy either, ever feel that any task which another must perform is too lowly for them.

Teach them how to sweep the floor without leaving dust in the dark corners, show them how to make the bed nicely, to set the table neat and tidy. Let them help with the washing, the ironing, the scrubbing; instruct them in the methods of healthful cooking. It is a good thing for the mother and children to study the principles of health reform together. This will make the preparation of the food a pleasure rather than a drudgery, and the blessing of health will come to the family as a result.

Gather up all the rays of light that shine across your pathway concerning the care of the wonderful temple in which you live. Not only



the sick ones should do this, but those who have good health should lay hold of every possible means of preserving it.

While proper exercise, sleep, and diet bring happiness, the most essential thing in a well-regulated home is the study of God's word. Read the Bible to your children and with your children; pray for them and pray with them. What an influence for good will go out from such a home, where the bloom of health glows in every face, and the sweet influence of the spirit of Christ shines forth in every life!

Do you long to be a foreign missionary? You have a great missionary field at your door. The influence of your home should go forth among your neighbors as a rich blessing, preparing the way for the minister, the canvasser, and the medical missionary.

MRS. LYRA H. GEORGE, M. D.

### Fear Hath Torment

GERMS, germs, germs! We hear a great deal about germs now-a-days, germs in the water, germs in the milk, germs in the air, germs in the sleeping rooms, germs in the dishrag, germs everywhere!

No doubt germs are plentiful and even on the increase. No doubt they are multiplying their forces and stealing marches and making disastrous raids upon the unsuspecting and unprotected. No doubt every disease has its peculiar form of propagating germs, and that under favorable conditions these small, mysterious forms of fungus growth increase with almost incredible rapidity.

For all these reasons it is well to boil the water, if there is any question as to its purity; to scald the milk, if you are not personally acquainted with the cow giving it; to roll up the blinds and "let a little sunshine in;" to open the windows and breathe only God's pure air; and to make a raid on the cellar and back yard, and storm every place which in any way may offend the sense of smell.

But when all this is done it is well also not to worry about the germs, for aside from an absolutely weak and run-down condition of the system, fear of taking a disease is no doubt one of the best predisposing causes to disease. "Fear hath torment," and torment is not conducive to health. A person who all the time fears he is going to be sick probably will be sick. One who fears that what he eats is not going to

digest, will doubtless suffer from indigestion. To follow every mouthful one eats to the stomach will itself produce stomach trouble. After having selected our dietary, we should, like the early disciples, eat our food with "gladness and singleness of heart, praising God," who, giving us rain and fruitful seasons, fills our hearts "with food and gladness," and gives us liberally "all things to enjoy."

Germs, microbes and bacteria are not the proper themes for table talk. We have much sympathy for the man who said:—

"I want a chance to eat a meal without a microbe yell,  
To breathe a little atmosphere without a microbe cell.  
I long for that bright country of the peaceful and the  
blest,  
Where bacteria cease from troublin' an' the microbes  
are at rest."

W. A. COLCORD.

## Sabbath-School Dep't.

### Suggestive Program for Kansas S. S. Conventions

#### FORENOON SESSION.

- 10:00-10:15—Singing by the school.  
Scriptural reading, Psalms 67.  
Prayer.
- 10:15-10:50—God's call to work. (A call into the Kingdom, means a call into the harvest field.  
Find good thoughts in Matt. 9.  
Discussion  
Song by the children.
- 10:50-11:20—What is the greatest present necessity in our school, and how shall it be provided for?  
Discussion.
- 11:20-11:30—Intermission.
- 11:30-12:00—The effect of home training on S. S. pupils.  
Discussion.
- 12:00-12:30—Childrens' exercise. (Make practical with illustrations.)  
Song, (Solo, duett or quartette.)

#### AFTERNOON SESSION.

- 2:00-2:15—Opening exercises.
- 3:15-2:45—How to make the teachers' meetings more interesting and practical.  
Discussion.
- 2:45-3:00—Nature study (or Christ's manner of teaching).  
General Discussion. Music.
- 3:00-3:45—Work for definite results. (Lesson from Testimonies on S. S. work. Page 20, 1st ¶, last sentence. Page 42, 1st ¶, Page 43, 1st ¶, Page 46, 2nd ¶, Page 47, 1st ¶, Page 68, 1st and 2nd ¶, Page 108, last ¶, Page 112, 3rd ¶, Page 115, 1st paragraph.  
Assign different ones these paragraphs to read or commit to memory.
- 3:45-4:15—Opening of the question box. Reading of Secretary's report. Closing song.



### How to Make the Teachers' Meetings More Practical and Instructive

From "Echos from the Field"

**FIRST**—Let every teacher come thoroughly prepared on the lesson under consideration, so that the thoughts gained by private study will be a help to every teacher of the Sabbath-school.

**Second**—Before attempting to impart to others, let every teacher seek the Lord earnestly, with his whole heart, for special light upon the subject.

**Third**—A short season of prayer, right to the point, imploring the divine blessing upon the meeting, should never be omitted.

**Fourth**—The superintendent should choose some good, live, spiritual person to lead the meeting. This person should be notified the week previous, that there may be time for a thorough preparation of the lesson.

**Fifth**—Let every member of the class be free to make suggestions as to the manner and ways of teaching; methods in conducting class study; how to deal with unruly members; plans by which our donations may be increased, etc.

**Sixth**—Let every teacher bear in mind the fact that he stands between the people and the Lord, and that for the way in which the Saviour is presented to the scholar, he must give an account at the judgment bar of God. How important then that the teachers make every possible effort to fit themselves to do the best work in the short time allotted them, and that they do not lose sight of the great value of the teachers' meeting in this preparation!

**Seventh**—The teachers' meeting is not the place for disputes over controverted points in the lesson, much less for points outside the lesson. It is a place where each and every teacher of the school should meet, and in the spirit of the Master, seek to give and receive such things as will be helpful in the great work of teaching.

**Eight**—Let all Sabbath-school teachers remember that preaching is not teaching. The best definition of a teacher is, "One who imparts knowledge." The teacher must draw out until the class is empty, and then pour in of his abundance until they are full. This will apply as well to the leader of a teachers' meeting as to the teacher before the class.

**Ninth**—What the Sabbath-school is will be determined largely by the interest manifested in the teachers' meeting.

C. H. BATES.

## Notices

### Canvassers' Institute at the Close of the Spring Term

We wish to call the attention of the conference presidents, and their committees to the fact that at the close of each school year, at Union College a canvassers' institute is conducted for the benefit of the students who expect to enter immediately the canvassing work.

It is very essential that each conference in the school district be represented at the institute by its state agent, or some one especially appointed to look after this work. Our experience has demonstrated to us the fact that if we do not plan for these students, some one else will plan for them, and that, too, under very unfavorable circumstances. The district agent will be present; and together with the state agents, ought to be able to organize a thorough and systematic canvass for the entire Union Conference field, so far as their force of laborers will extend. We see no reason why this institute may not be a profitable one, not only for the field, but as an educational factor for the students who may attend. Each state should be represented, and see that its own students are being directed to the right field, and are receiving the encouragement that they should.

L. A. HOOPES.

### The Summer School

THE summer school for the teachers of the Central Union Conference, and all others who desire to attend, will be held at Union College, College View, Nebraska, beginning June 10, and lasting eight weeks. A thorough course has been outlined, and all who contemplate teaching the coming year should plan to attend. To accommodate those from a distance it has been arranged to offer them board and room in the College dormitory at the low rate of \$2.25 a week. Tuition will be free. Announcements giving the course of study, and such other information as may be desired, will be mailed free to all who are interested. Let each church plan to send a teacher to be prepared to teach them a successful school next year.

FLOYD BRALLIAR,

*Educational Secretary.*



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## News and Notes

LUCY E. MAYO, of Beaver City, Neb., writes: "While I miss the *Reporter*, I do enjoy the *ADVANCE*. I do not think that we need withhold any of the state news, and we hear from the sister states in addition to our own, so I rather like the change."

ELDER N. P. NELSON, Doctor W. A. George and Brother Callahan of the Nebraska Sanitarium, returned to College View, Friday, May 1, from attending the recent meetings in Battle Creek. Elders E. T. Russell and L. A. Hoopes returned Monday, May 4.

ELDER C. A. BURMAN, a former student of Union College, and his wife have been visiting their relatives, Mr. and Mrs. Summey, of College View, Neb., for the past week. Eld. Burman has lately been recommended to take the presidency of the South Dakota Conference.

MR. AND MRS. PEARSON and their daughter Lulu, of Pitkin, Colorado, have been visiting for some time in College View. They left last week for Iowa, where they will remain until the close of school here, when they will return and accompany their son home from college.

THERE will be an educational conference held at College View, June 12 to 21. Educational representatives will be present from every part of the United States. It is also expected that many of the General Conference committee will be present at this conference.

AFTER receiving the last number of the *General Conference Bulletin*, collect all the numbers together in order, and bind them together in some way so that they may be read and referred to again. There is matter in them that everyone would do well to note and read over several times, such, for instance, as that found on pages 31, 58, 59 and 85-90.

PROF. H. A. WASHBURN, Principal of the Bethany (Wisconsin) Academy, made a short visit at College View last week on his way from the General Conference. Prof. Washburn was one of the early students of Union College, and graduated seven years ago. Tuesday, April 28, he gave a very interesting talk to the students in the College chapel. He gives an encouraging account of his work in Wisconsin.

It has been decided that both the headquarters of the General Conference and the Seventh-day Publishing Association shall be removed from Battle Creek to some suitable location in the East. Where the place will be has not yet been determined, and perhaps will not be for some little time. It will doubtless be near some large city, but not in the city, as a rural site would be preferable for many reasons, especially for the health and interests of the workers concerned.

BRO. C. W. HARDESTY is now in Afton, I. T., assisting in a canvassers' institute.

THE Union College commencement exercises will be held from May 22 to 25. The baccalaureate address will be given Sabbath, May 23, at 12 a. m., and the address to the class will be delivered June 25, at 10 a. m. On this occasion it is expected that Elders Prescott, Butler, Spicer and others will be present.

ELDER N. P. NELSON left yesterday for his field of labor, as he was requested, at the late General Conference council, to take the presidency of the Southwestern Union Conference. His many friends in Nebraska will feel sorry to have him leave, as he has a warm place in the hearts of the people for whom he has labored.

THE snow storm, heavy frost, and exceptionally cold, winter weather which prevailed over so large a territory in the West April 29 and 30, and did so much damage to the fruit crop, may lead some to think where their fruit came from last year, and of how dependent all are upon the providence of God and the blessings of Heaven.

ELDERS BUTLER and Haskell will attend the Iowa camp-meeting, May 28 to June 7. We feel certain that this will be a treat to our Iowa brethren to meet Elder Butler who took such an important part in the work in that state in the pioneer days of the message. It is refreshing to hear those who have been long in the work present the precious jewels of truth that brought us out as a people, and have so long held us separate from the world.

AT the recent General Conference a recommendation was passed that hereafter the General Conference Committee be the Mission Board of the denomination. It also voted that the offices of the General Conference should be moved to "some place favorable for its work in the Atlantic States." It seems quite significant that the message which started in the eastern states, swept to the Pacific Coast, and now girdles the earth, should take up its headquarters at the point from which it started.

FORTY-SIX thousand copies of the March *Advocate*, above the regular edition, were mailed during the month of March. When the call was made for all to take hold and give this issue a wide circulation, many heartily responded. One state alone placed 16,650 copies in the hands of its public school teachers. The April number has very forcibly presented the many openings there are for consecrated teachers; and doubtless those who have read this issue have been impressed to answer the call and give themselves to the work. The May number will be another splendid issue. It will take up the questions, "What do our teachers lack?" and "How can they become more efficient?" Let us put forth our best energies in giving this excellent little journal a wide circulation during the month of May.