

# THE WEST MICHIGAN HERALD.

"Watchman, What of the Night?"

VOL. I.

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No. 15.

## THE WEST MICHIGAN HERALD.

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WEST MICHIGAN S. D. A. CONFERENCE.  
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### IT PAYS

It pays to wear a smiling face  
And laugh our troubles down;  
For all our little trials wait  
Our laughter or our frown.  
It pays to make a worthy cause,  
By helping it, our own;  
To give the current of our lives  
A true and noble tone.  
It pays to comfort heavy hearts,  
Oppressed with dull despair,  
And leave in sorrow-darkened lives  
One gleam of brightness there.  
It pays to give a helping hand  
To eager, earnest youth,  
To note, with all their waywardness,  
Their courage and their truth,  
To strive, with sympathy and love,  
Their confidence to win;  
It pays to open wide the heart  
And "let the sunshine in."

—Selected.

### Evangelical Department

#### TWO THOUSAND DOLLARS FOR CEDAR LAKE ACADEMY

IN a recent issue of the Herald (March 25) a somewhat detailed account was given of the improvements which it is proposed to make on the Cedar Lake school property; and it was there stated that the plans decided upon will involve an expenditure of at least two thousand dollars. The improvements contemplated are all very much needed in order to put the school in a position to do effectively the work which it was designed to accomplish. The school has labored under a disadvantage from the beginning on account of a lack of proper facilities in some of its departments. Both teachers and students have borne patiently with this, but the management feel that the time has come when a strong effort should be made to place things in a proper condition. We believe that our people throughout the conference will sustain us, morally and financially in this move. While it is not necessary that the students should be provided with luxurious apartments, or extravagant conveniences, we feel sure that all will agree that they should have accommodations equal to those which the majority of them have left at home, and should be given educational opportunities, both in the class room and on the farm, which will be a proper compensation for the

money and the labor which they exchange therefor. We do not intend to convey the impression by this that good work has not been done in the past, nor that the students have not been content. With a few exceptions the students and patrons of the school have considered the large expense and great amount of labor which are involved in starting a new enterprise of that kind, and have been willing to labor under some inconveniences. But we believe that the good, impartial judgment of our people will say that the conditions of the school should now be put in keeping with the dignified character of the work which it is to perform.

Acting upon this supposition, we have decided to raise \$2,000, as stated above, to be expended in improvements; and Sabbath, May 16, has been selected as the day on which cash donations and pledges may be made to this enterprise. This matter will be brought before the people of every church in the conference on that day, and we trust all of the people will so arrange their financial affairs that it will be possible for them to make a liberal contribution at that time. It has been a long time since any special call was made for this school, and with the prosperous times which God has given us in this State during the last few years there should not be any difficulty in securing the required amount. God has made us stewards of his funds, and we should consider it a privilege to invest them in his cause as the demands arise. And there is no part of the work which will bring larger returns for the investments made than our educational institutions. A few dollars invested in the training of young men and women as workers in this cause are worth more than hundreds of dollars invested in other departments, for the investment will increase according to the possibility of growth and development of the individual. "The greatest need of the world to-day is men,—men who can not be bought and sold", men who will be true to principle under all circumstances. It is the mission of our schools to develop, with God's help, that kind of men and women,—and they are developing that kind. Every dollar invested in them, every word of encouragement, every act of assistance of any kind, will bring to the donor a blessing far out of proportion to his gift.

It is not expected that all will be

able to manifest the full measure of their generosity by a cash contribution on the 16th of May. To provide for this class, pledge blanks have been prepared, and will be in the hands of the church elders on that day. Those who find it impossible or inconvenient to pay any money at that time, or who may be able to contribute only a portion of their gift in cash then, may signify on the pledge the amount which they will pay at a later date. The pledges should be made payable as early in the season as possible, that the improvements may be completed before the opening of the school in the fall.

Send all money and make all drafts and money orders payable to the West Michigan Conference, 220 Plainfield Avenue, Grand Rapids, Michigan.

ACADEMY BOARD.  
CONFERENCE COMMITTEE.

#### WEST MICHIGAN CHURCH ELDERS, ATTENTION!

You are respectfully requested to carefully read the article found on this page entitled, "Two Thousand Dollars for Cedar Lake Academy," and then preserve this paper and read the article in your church on Sabbath, April 25, three weeks previous to the time of taking the collection. This will bring the matter to the attention of any in the church who may not be subscribers to the HERALD, so that all will have opportunity to prepare for the offering on May 16.

We trust that you will give this matter the attention which its importance demands. If you take a lively interest in it, urging its necessity and contributing as liberally as your means will justify, the brethren and sisters will catch the spirit and a generous offering will be the result.

CONFERENCE COMMITTEE.

WHEN his words of instruction have been received, and have taken possession of us, Jesus is to us an abiding presence, controlling our thoughts and ideas and actions. We are imbued with the instruction of the greatest Teacher the world ever knew. A sense of human accountability and of human influence, gives character to our views of life and of daily duties. Jesus Christ is everything to us,—the first, the last, the best in everything.—Mrs. E. G. White.

## Educational Department

### PRACTICAL EDUCATION NEEDED

SOME of the speakers at the recent charter day exercises of the University of California gave expression to sentiments regarding modern educational methods and their results which are worthy of notice. Perhaps the most significant is the following from Dr. David Starr Jordan, president of Leland Stanford university: "One-fourth of our professors could not earn a living if they were forced upon a job." "A good many college men could not possibly earn a living in any other profession."

It may be that Dr. Jordan has stated the matter too strongly; but it must be admitted that there is a large element of truth in what he says. It can not be doubted that the school system of this country contains too little of that practical training which fits the students to bear the responsibilities of life. It fills the mind with facts without teaching the student how to use them intelligently. But it is not facts that are needed so much as mental power and adaptability. Given these, the facts will be acquired as needed. Not that we would undervalue the importance of knowing facts. Let the student acquire as many as possible of those that are essential; but do not make that the chief concern. There is something higher than that. A man may be a walking encyclopedia and be utterly useless because he has not learned the art of giving out in forceful, valuable labor that which he has acquired by reading and reflection. Such a man's education is of no particular value to himself or anyone else. He is out of gear with the great work-a-day world,—an educational hermit. Men with far less knowledge of books, but who have mastered the art of putting to a practical use what they do know, will far outstrip him in the race for life.

In this age of intense activity it is men who can do things, and who can do them better and quicker than anybody else, whose services are in demand. Positions of trust are being created to-day faster than men are being developed to fill them. Why should not the schools adapt their instruction to the new conditions? Many things unknown to our fathers are embraced in the modern curriculum; but it may honestly be doubted if it has been for the betterment of the schools. Outside of the industrial and technical institutions, too little attention is given to training the student for the stern realities of life. A little more of the good, old-fashioned kind of education is much needed.

We do not call attention to this merely for the purpose of pointing out what seems to us to be a serious defect in our educational system, but mainly to emphasize the importance on our part of providing schools which will give our children and youth the proper training. Greater skill and tact are required for the proper management of the Lord's work than are demanded in worldly enterprises. If, as Dr. Jordan maintains, the secular schools are not as successful as they should be in fitting students to fill successfully their place in this world's affairs, how can we expect that they will produce competent laborers for the higher and more responsible positions in God's cause? It is idle to look for any such result. In view of this there is clearly but one thing to do,—maintain our own schools for the education of the children and youth among us, and bring to the upbuilding of these schools the wisdom and strength which God imparts to the denomination. Only in this way can we hope to have our boys and girls trained solidly and symmetrically.

S. M. BUTLER.

### THE POWER OF EARLY IMPRESSIONS

ELDER A. J. BREED, of the Upper Columbia conference, who has been long and honorably connected with the cause, related the following personal experience in one of the morning social meetings of the late General Conference. It well illustrates the power of early impressions to influence the conduct in later life.

"The first thing that I can remember reading is that the seventh day is the Sabbath of the Lord. On one occasion while examining my mother's family Bible my eyes fell upon the words which God used relative to the sacredness of the Sabbath day, and it made an impression on my mind that has never been effaced. I can also recall the first definite idea that I received of the advent movement in 1884. My father was a builder at that time, and it was while sitting among the shavings on the floor of his shop that I overheard a conversation between him and a neighbor relative to William Miller and his associates in that great work. Later as I was riding with my father and a friend we passed a certain house in which they remarked that an Adventist family was living. These things all deeply impressed my childish mind.

Afterward I came into the western states, where I connected with several fraternal organizations, but all of the time there was a sense of need which none of these things could supply. But finally two Adventist ministers pitched a tent in our neighborhood and com-

menced to present the truths of the message, the germ of which I had heard in my father's shop and read in my mother's Bible so many years before. The logical simplicity of the truth captivated my mind, and its spiritual power satisfied the longings of my soul as nothing that I had ever found. I there embraced the message with all my heart, and by God's grace I have endeavored to be loyal to its principles. I am with you to labor until the end, and I hope then to share with you in the reward."

### HINTS ON TEACHERS' MEETINGS

LAST week we considered some of the advantages of a teacher's meeting. This week we wish to continue the subject a little further and notice some of the things which should receive attention at these meetings.

As the object of a teachers' meeting is for prayer, counsel, and the consideration of the Sabbath school work; it is essential that all the teachers and Sabbath school officers attend.

The meeting should be opened by prayer. If a teacher feels a burden for any one of her scholars, it would be proper to mention this scholar by name, and unitedly ask God's blessing to rest upon him, remembering the promise is sure which says: "If two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven."

A few minutes may then be spent in considering some of the needs of the school and the best methods of advancing its interests. Under this head different topics may be chosen from week to week, and a teacher be selected the week before to spend five minutes in speaking, or reading an original article on the subject chosen. Such topics as the following may be chosen: "The Use of Helps in the Sabbath School," "Qualifications of Teachers," "Need of Genuine Religion in our Sabbath School", etc. At the close of these exercises a few minutes may be spent in discussing the subject, care being taken to avoid controversy or lengthy remarks.

Five minutes may then be spent in the study of the Testimonies on Sabbath school work, after which the lesson for the next Sabbath may then be considered. For this study let some one be chosen the week before who will give the subject careful attention during the week, so that a short synopsis may briefly be given in such a manner that helpful thoughts may be gleaned by the teachers.

To avoid routine or dull formality, let there be variety in the exercises and diversity of talent. MRS. S. M. BUTLER.

### Medical Department

#### THE VALUE OF PURE AIR

THERE is nothing more essential to health than fresh air and sunshine, not only in outdoor exercise, but in the home. Especially must the living and sleeping rooms have sunlight and ventilation. Many cases of inactive skins and scalp troubles and poor complexions are due to sleeping in badly ventilated rooms. It should be understood generally that one of the missions of the sun is to deodorize and purify. There is vitality in the sunlight.

The sun is the great enemy of disease germs. Let the sun have a chance to do its work in the sleeping rooms. A prejudice in favor of having one's housework done early in the day, should not beguile the mistress into having her beds made up before they are thoroughly aired. The care of beds and bedding bears most directly on the health. Every article of clothing should be removed from the bed, piece by piece, as soon as the occupant leaves it, and placed where the fresh air from the opened windows may circulate through the fabric. The mattress should be exposed to light, and, if there are two, the top one should be thrown back and the other permitted to cool and air.

In chambers having a western exposure, the beds should frequently be left unmade until the afternoon, in order that the clothing may have the full benefit of the sun. No false notion of tidiness should be permitted to defeat the higher purpose of keeping the home pure and healthful.

It seems that in winter we take every possible means to guard against admitting the cold into the house. Storm doors are hung, extra windows are fastened on, and every crack and crevice where a breath of air could enter is closed. We are sheltered from the supposed enemy, little realizing we are refusing admittance to our best friend—pure air.

Poisoned air is inhaled all night long when the windows have been opened and the room aired in the morning for a few moments, and then closed until the next day. The odors from the different departments of the house are not confined to the lower part of the house, but reach the sleeping rooms as well. This is the kind of air thousands of intelligent, educated persons breathe in the cold months. Even on the coldest days the windows should be down at the top, and up at the bottom, if only a few inches. This will give good ventilation, the impure air going out at the top, and the pure air coming in at the bottom.

When undergarments worn during the

day are to be put on again, they should be turned inside out, and hung loosely about the room for airing during the night. The night robes should be aired by day in the sun. The habit of hiding them away in dark closets, or rolling them up closely and packing them behind pillows is bad. Expose the garments to the light, and, better still, have them cleaned and freshened by hanging on a line in the air and sun.

Fresh air and sunshine should be had in every conceivable way. They are Nature's free gifts to all; so don't shut them out of your lives.—*American Homes in Good Health.*

#### THE EATING OF FRUIT

IF people ate more fruit, they would take less medicine and have better health. There is an old saying that fruit is gold in the morning and lead at night. As a matter of fact it may be gold at both times, but it should be eaten on an empty stomach and not as a desert, when the appetite is satisfied and digestion is already sufficiently taxed. Fruit taken in the morning before the fast of the night has been broken is very refreshing, and it serves as a stimulus to the digestive organs. A ripe apple or an orange may be taken at this time with good effect. Fruit, to be really valuable as an article of diet, should be ripe, sound, and in every way of good quality, and, if possible, it should be eaten raw. Instead of eating a plate of ham or eggs and bacon for breakfast, most people would do far better if they took some grapes, pears, or apples,—fresh fruit, as long as it is to be had, and after that they can fall back on stewed prunes, figs, etc. If only fruit of some sort formed an important item in their breakfast, women would generally feel brighter and stronger, and would have far better complexions than is the rule at present.—*Selected.*

#### THE CHEMICAL VALUE OF THE HUMAN BODY

An ingenious chemist has made the claim that the average human being is worth about \$18,300 from the chemical standpoint. His calculations are based on the fact that the human body contains three pounds and thirteen ounces of calcium; calcium, just now, is worth \$300 an ounce.—*Scientific American.*

"The surest and most effective way of improving humanity is to direct your efforts toward the improvement of that part of it represented by yourself."

### News From the Field

#### BAUER

MARCH 23, ten of the children and youth, accompanied by three of the older members of the church at Bauer went again to Holland to distribute the four new tracts.

We met with very good success, selling over four hundred tracts besides giving away quite a number.

We also took copies of the *Life Boat*. As we explained the nature of the work being carried on in Chicago, and showed the *Life Boat*, the people seemed much interested and thought at some future time they might become subscribers. We took three subscriptions.

Three of our number returned on the noon train to Hudsonville and canvassed the village but only sold nineteen tracts there, as some had been distributed, and the people were quite well supplied.

We all felt well paid for the effort, and realized that God had blessed us. We hope and pray we may see souls in the kingdom as the result of our work. There is nothing so satisfactory as working for Jesus.

MILDRED WILSON.

#### TRINIDAD

RECENT letters received by relatives in this city from Elder W. G. Kneeland, Port of Spain, Trinidad, British West Indies, give good news of the progress the truth is making in that difficult field.

Several canvassers have recently entered the work and are having success. A Methodist minister accepted the message and immediately started out as a canvasser. Through the liberality of a brother in South Dakota this promising native worker has been enabled to take up evangelical work. One church has been organized recently and a church building dedicated. Several other churches are in progress of erection.

It is hoped that through the settlement of the recent Venezuelan difficulties, opportunity will be given to push on from Trinidad to that field; a part of the great "neglected continent" where our message has not been carried.

Elder Kneeland makes an earnest appeal for help in entering these new fields and in erecting small houses of worship for the companies that are being organized.

#### VERMONTVILLE

We were glad to have two students from the College with us during the special campaign for the sale of "Christ's Object Lessons." Their visit did us good. Good impressions were left even where they sold no books. We

have since taken orders in some of the homes where they canvassed.

The elder of our church, although over eighty years of age, took an active interest in the work and sold two copies of "Christ's Object Lessons", besides selling thirty-one copies of the February number of the *Life Boat*. Twelve subscriptions for the *Life Boat* have been taken at this place.

Although our membership is widely scattered, making it hard to meet regularly, still the Lord blesses us.

Six families in this church are subscribers to the WEST MICHIGAN HERALD, and feel they would not like to be without it. CLEMENT W. CRAPO.

#### MAPLE GROVE

OUR entire church membership of twelve engaged in selling "Christ's Object Lessons", and we have now sold more than our quota.

We are now working with the tracts. Three hundred have been purchased and nearly distributed, and we have ordered one hundred more. As a result of this work some are accepting portions of our doctrine and are earnestly studying farther.

One lady, and her three little girls, has been added to the membership of our Sabbath school during the last quarter.

We are all of good courage to continue in the Master's work.

ETHEL HANES.

#### HORR

I HELD nine meetings with the church at Horr. Having had but little ministerial labor for some time in the past, they seemed to appreciate the present opportunity. The weather was very bad while I was there, yet when it was at all favorable, the house was well filled. Sunday evening, March 8 the house was filled to its utmost capacity. Two accepted Christ and I am sure others will follow. I expect to return to this place after the General Conference to finish the work.

There is a very kindly feeling toward us there, and I do pray that we may be kept out of sight, that the people may come face to face with the Saviour and see his lovely character.

A church school is greatly needed in Horr as they have about twenty pupils, some of whom live over three miles from the public school.

W. C. HEBNER.

#### TITHE RECEIPTS

JANUARY 1 TO MARCH 31, 1903.

Allegan.....	\$ 142 09
Allendale.....	39 36
Bushnell.....	87 90
Battle Creek.....	131 00
Burlington.....	7 50
Bedford.....	82 45
Benton Harbor.....	71 95
Belding.....	3 00
Berrien Springs.....	219 03
Byron Center.....	15 21
Blendon.....	51 74
Brookfield.....	9 40
Carson City.....	101.73
Clifford Lake.....	34 93
Carlton Center.....	43 34
Coldwater.....	95 06
Cedar Lake.....	179 83
Covert.....	17 00
Ceresco.....	12 38
Decatur.....	300 20
Diamondale.....	34 75
Denver.....	45 79
Douglas.....	52 75
Edmore.....	94 75
Eaton Rapids.....	2 00
Fremont.....	23 41
Glenwood.....	15 42
Grand Rapids.....	331 44
Gowen.....	11 21
Grandville.....	7 04
Grand Lodge.....	114 98
Greenville.....	160 10
Homer.....	15 03
Hastings.....	52 09
Howard City.....	122 00
Hesperia.....	2 80
Horr.....	12 41
Individuals.....	202 51
Kinderhook.....	33 90
Kent City.....	35 98
Kalamazoo.....	41 70
Lake View.....	89 97
Lowell.....	67 60
Lyons.....	15 26
Lawrence Company.....	4 00
Muskegon.....	15 50
Mendon.....	54 01
Maple Grove.....	48 66
Monterey.....	150 27
Mt. Pleasant.....	56 92
Mecosta.....	11 21
Orange.....	122 29
Otsego.....	152 50
Potterville.....	23 35
Paw Paw.....	97 92
Quincy.....	85 67
Sand Lake.....	51 16
Shelby.....	114 42
Trufant.....	97 45
Vermontville.....	29 32
Wright.....	145 11
West Leroy.....	16 00
Waverly.....	36 23
	\$4542 00

#### EGGS from winners for HATCHING.

Black Minorcas,  
Buff Orpingtons,  
White Wyandottes,  
Buff Plymouth Rocks.

My pens are all headed with first-premium birds at the Allegan fair and either first or second prize winners at Holland, Allegan, and Grand Rapids poultry shows.

J. B. BUCK, South Monterey, Mich.

#### News and Notes

—The secretary of the Allegan Sabbath school writes that the school at that place has been growing in interest during the past quarter.

—The Greenville Sabbath school has adopted the plan of each one in the school repeating a verse from the lesson. It is a good thing to memorize the Scriptures.

—Money was received from the following churches last week on the sale of "Christ's Object Lessons": Carson City, \$11.25; Shelby, \$7.00; Grand Rapids, \$75.00; Glenwood, \$33.50.

—\$8.79 has just been received on the Tent Fund from two churches in District No. 1. This fund is created for the purpose of buying a new tent to be used in the district in which the money is raised.

—Martin V. Taylor of Jenison, called at this office Friday of last week to have his address for the WEST MICHIGAN HERALD changed to Rockerville, South Dakota, where he expects to locate.

—In a report from Trufant, we learn that they have a live missionary society in their church. They have just elected the new officers, and are preparing for more active service in the Lord's work.

—From a letter received from Brother R. E. Tefft we note the following: "We are still holding meetings at Huber and are having some interest despite the bad roads, dark nights, and quite a good deal of sickness in the community."

—The key-note that evidently thrills the hearts of the believers today is the old, old Advent message of the coming of the Lord. It is the dominant note in the Conference, and we trust that the reports in the "Bulletin" may pass on the joyful sound to the brethren and sisters in all the world.—*General Conference Bulletin*.

—We learn from a letter received at this office that Brethren A. L. Evans and James Thorpe are holding meetings at the Frost school house, four miles north and east of Stanton. They are having a good interest, and four have begun the observance of the Sabbath of the Lord. April 2, they were joined by Brother Fred Brink.

—From the *General Conference Bulletin* we glean the following: "Elder J. N. Anderson writes from Honan, China, reporting the baptism of six adult Sabbath-keepers in that province, in the far interior, where Brother E. Pilquist has been laboring. A church was organized and native workers are ready for service. God is opening the way into the darkest corners of the earth."